

June 3rd 2026 EDITION

CHRIS⁺**T**OUR
SAVIOUR
— FELLOWSHIP —

weekly
connection!

www.cosfchurch.com
info@cosfchurch.com

Join Us Every Sunday at 10:30am
250 Bayview Drive Unit #4 Barrie, ON L4N 4Y8



summer buzz

We here in Canada love our summers. We all scramble around this time and try to get the most out of the short summer months we have. After all, not too long ago we were shoveling snow in that minus 30 cold blustery weather (although you wouldn't know it by all our complaining about the heat and humidity come July and August). But every year, once the flowers have bloomed, the leaves have come in, and the grass is green again, we all come out of hibernation, The patio furniture comes out of storage (minus those spiders that lived rent free in our shed

all winter), the barbeque gets dusted off, and maybe the golf clubs too. For some of us camping season already started a few weeks ago during the Victoria Day long weekend; the unofficial start to summer for most Canadians. At least the weekend cottage traffic would suggest so. Who doesn't love the cookouts, campfires, the fresh air, the frigid spring lake temperatures!

And let's not forget the bugs! Mosquitoes are unfortunately an integral part of summer for most of us. We try to power through our summer and all those planned activities, but sometimes the buzzing and the bites become too much to ignore, and

before you know it those little pests have taken over our afternoon and our season. The bugs become the focal point instead of the joy of family, relaxation and rest. Sound familiar?

As disciples of our Lord and Saviour Jesus Christ, we too love summer and spending it in fellowship, relaxation and rest. At church, we barbeque regularly in the summer and enjoy meals together. Some of our church's youth have even been out on different summer excursions and adventures (Paintball?!?! I will pass - I bruise easily 😞).

Among all this summer fun, scripture reminds us to guard ourselves against an even more



menacing adversary than the lowly mosquito. We read in *1 Peter 5:8* “*Be of sober spirit, be on the alert. Your adversary, the devil, prowls around like a roaring lion, seeking someone to devour.*”

Now lions are definitely scary, but statistically they don't even come close to the number of victims mosquitoes take every year. Mosquitoes actually top the animal kingdom for most human fatalities annually. Mosquitoes are responsible for up to one million human deaths worldwide each year! On second thought, I guess we should listen to our mother when she tells us to pack that bug spray.

The top ten list of animals responsible for human deaths is littered with familiar creatures we would not want to meet in the wild or anywhere else for that matter; hippos, crocodiles, snakes, even scorpions! Easy to say we would all avoid those beasts like the plague or even malaria, yet we willingly throw ourselves into the mosquito's natural habitat every year, all so we don't miss out on those summer rays.

Think about this in the context of our walk with Jesus Christ; we strap on the armour of God and stand in the strength and power of our Lord against all the lions, tigers and bears (oh my!) the adversary sends our way. We persevere and lock our eyes in these situations on our Lord Jesus, fixed on Him and the Cross, and not those beasts all around us.

But the father of all lies knows us better than we know ourselves. The adversary knows what situations we knowingly avoid and to which we willingly subject ourselves and are susceptible to. Nothing, and I mean NOTHING! is off limits or out of bounds for the adversary, and before you know it people, things around you and relationships closest to you are WEAPONIZED! - taking you out of that peace and rest that you have in our Lord Jesus. One buzz, two buzz, one bite, two bites followed by an onslaught of bites and full-blown chaos ensues!

The adversary is looking to devour each and every one of us and will stir up things functioning in

those around us, usually those closest to us, to whip us all into a frenzy. It could be that dirty dish (again), that chair that has been turned into a coat and/or hat rack, those missing car keys (again!), or something much more hurtful like passive aggressive comments, or even a reoccurring family drug or alcohol problem. One bite after another bite will mount up until that is all you can think about. Just like that, those mosquito bites (and not the rest and peace we have in our Lord and Saviour Jesus Christ) is front and center in your day, mind and heart.

Thank God our Lord and Saviour never leaves us nor forsakes us AMEN & HALLELUJAH! We all have trials that God uses to grow us and see us change and transform as servants in His kingdom. For this growth to happen, God requires more than a change in our attitude or behaviour; a heart change is necessary and absolutely critical. This kind of change only comes from an honest surrender of all things to God as we read again out of Peter's epistle, *1 Peter 5 6 Therefore humble yourselves under the mighty hand of God, that He may exalt you at the proper time, 7 casting all your anxiety on Him, because He cares for you.*"

And in the same chapter we are encouraged that we are not alone and to persevere, *1 Peter 5 9 [d]But resist him, firm in your faith, knowing that the same experiences of suffering are being accomplished by your [e]brethren who are in the world. 10 After you have suffered for a little while, the God of all grace, who called you to His eternal glory in Christ, will Himself perfect, confirm, strengthen and establish you. 11 To Him be dominion forever and ever. Amen.*

Left to our own devices we would only focus on the bites and not the blessings all around us. It is only in our Lord and Saviour Jesus Christ that we are strengthened, that we can persevere in all the attacks and secret mosquito bites when we are not looking. Let us be sober brothers and sisters, on the alert, HUMBLE, casting all our anxieties on God who cares for you more than you know; more than you could ever care for yourself! Let go and let God. He is perfect in all things AMEN!. Including the most perfect repellent for those mosquitoes.

See you Sunday @10:30


Pastor Ted - Who will you invite?

*“Sing to the Lord a
new song;
Sing to the Lord, all
the earth.”
Psalm 96:1*

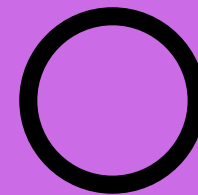
The COSF Hymnbook is here! We're excited to bring you the songs and hymns that we sing unto the Lord so that as a global church we can sing forth glorious praises to our Lord Jesus.

The book is set up in a digital format and also available on our website. Each song provides the lyrics and the musical key/chords for congregations and worship teams



CHRIST  **OUR SAVIOUR**
— FELLOWSHIP —
Hymn Book

Scan the QR code or click the link above to download

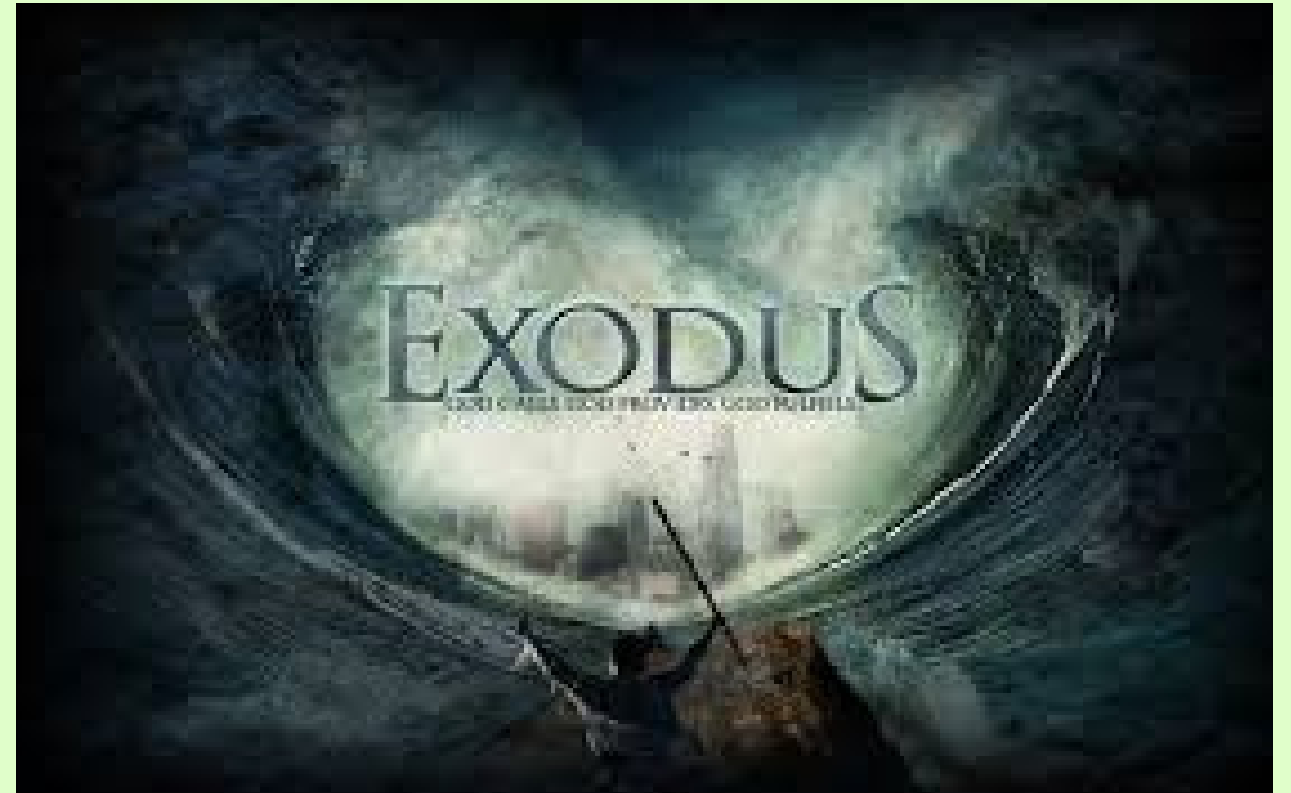


Did You Miss Sunday?

We gather at 10:30 am every Sunday at the church to worship, praise and hear the Word of God.

Wondering what our Sunday services look like?

- 10:30 ~10:50 Worship & Praise
 - 10:50 ~11:25 Sermon
- 11:25 ~ 11:40 Worship & Praise
 - Closing prayer



To view the most recent Sunday service from Christ Our Saviour Fellowship, please click on the link/image above.

To view the service archives please click [HERE](#)



What's Happening at COSF?

Upcoming Events & Services



- COSF YOUTH Group- Fridays 6:45pm
- COSF Florida Church plant
 - Growth Forward
- Fall 2026/27 Mission Trip - South Africa, Kenya & Uganda
- COSF Alpha Course - Global courses



COSF ORIGINAL PRODUCTIONS

In harnessing the latest media tools the COSF social media & production team, being led by the Holy Spirit, are overjoyed to share with you COSF ORIGINAL scriptural video productions! Our hope is these will touch the hearts of the people and be used globally to help lead people to the truths and glory of our Lord and Saviour Jesus Christ. Be sure to check back frequently as we are full steam ahead in production!

[click here](#)
[to see more](#)



Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.

2 Corinthians 9:7

[CLICK HERE TO DONATE](#)

We thank the Lord for ALL He has done and the magnificent labour that we are being led to do in His righteous name. COSF continues the programs that we have been led to offer along side regular Sunday services.

**-International / Local missions & revival events
-Variety of classes and courses to strengthen God's people:
-Alpha film series, Alpha Youth, Conquer series
-Discipleship series, Mentorship-based Ministry Leadership Certificate**

YOUTH WALK

Jacob Martins &
Laura Morris

Hi everyone,

We hope you are all having a great week and are continuing to labour well in your courses as you round the final corner of the school year. It seems like no time ago that we were at the start of the year ... and now the end is in sight :) We wanted to talk today about when the Lord blesses us with new opportunities. I'm sure we've all had moments, maybe recently, where we recognize the Lord has opened a door before us. This might be a new way to serve, a new career path, an opportunity to witness to a friend or so on.

What do we do when we're in these exciting seasons of life? Well, it's possible to look at these changes and panic or become intimidated ... thinking to ourselves "this is too much for me, I don't know if I can do this?" We should instead reflect upon what God has done so far in our lives, recognizing His faithfulness and praising Him for every amazing opportunity.

In 2 Corinthians 3:5 we read, "Not that we are adequate in ourselves to consider anything as coming from ourselves, but our adequacy is

from God." If we stop to look, we can see how the Lord has clearly led and upheld each one of us, not according to our ability, but the Lord's grace and mercy. With humble hearts, we see that God was at work the whole time. Looking forward, we must know that even in the new things, when we rely on God, He will continue to uphold us. When we try to rely on our own strength, we will see that our efforts are in vain. That is why our Lord Jesus says in John 15:5 "Apart from Me, you can do nothing". God will continue to work in and through us, no matter the challenge and pushback. Don't focus on those things, but instead fix your eyes upon the Lord and His marvellous glory. We want to encourage you all as you continue to grow into the men and women that the Lord has made you to be ... keep the Lord ever before you and seek Him in all that you do. We hope you all have a wonderful week, see you Friday! :)

Jacob and Laura



YOUTH SUMMER PROGRAM

July 13-24 - Barrie, ON

We are excited to announce the Christ Our Saviour Fellowship YOUTH Summer Program! This camp is youth in grades 8-12. Whether you are new to the faith or are looking to deepen your relationship with Our Lord Jesus, grow stronger in faith and your walk with the Lord, this course is for you!

COURSE DATES: July 13 to July 24 - Mon-Fri - 9am to approx. 3pm

CURRICULUM OVERVIEW : Youth Alpha Series, Life Revealed Series, Prayer time/Worship/Bible Study and Various Activities (On and Off-site): including sport days, laser tag, etc.

FOOD: Lunches provided on certain days

If you have any questions, you can reach Pastor Gerald or Youth Leader Jacob at info@cosfchurch.com and we would be happy to answer any questions.

**REGISTRATION
WILL OPEN
THIS WEEK**

Highschool Faith

@ COSF YOUTH GROUP :

THIS IS A GREAT OPPORTUNITY TO GROW, SUPPORT AND SHARE OUR FAITH WITH EACH OTHER. EACH WEEK WE GATHER TO LEARN OF THE LORD, PLAY GAMES AND SING WORSHIP. AS PART OF OUR GROUP INITIATIVE WE ARE LAUNCHING "MADE FOR THIS", A NATIONAL PRAYER FOR SCHOOLS. WE ARE FOCUSING OUR EFFORTS AND PRAYERS IN THE BARRIE AREA. WE WELCOME YOU TO JOIN US ON THIS EXCITING JOURNEY !

CONTINUING EP. 3 OF OUR NEW SERIES...

**LIFE
ON
PURPOSE**

BROUGHT TO
YOU BY ALPHA



DON'T FORGET:

FRIDAY NIGHT YOUTH GROUP

EVERY WEEK @ 6:45PM

LET US KNOW YOU'RE COMING HERE

SCHOOLS WE'RE PRAYING FOR:

ST. JOSEPHS HIGH SCHOOL

EASTVIEW SECONDARY SCHOOL

BARRIE NORTH COLLEGIATE

ECOLE SECONDAIRE NOUVELLE-ALLIANCE

UNITY CHRISTIAN HIGH SCHOOL

INNISDALE SECONDARY SCHOOL

HERITAGE CHRISTIAN ACADEMY

ST. JOAN OF ARC HIGH SCHOOL

BEAR CREEK SECONDARY SCHOOL

ECOLE SECONDAIRE ROMEO-DALLAIRE

ST. PETERS SECONDARY SCHOOL

MAPLE RIDGE SECONDARY SCHOOL

THE ^{IN} LIFE

Hello everyone, I hope you have all had a great week! This week I have been speaking with a brother from Uganda, who has some needs, and prayer requests for his local church. They are struggling with transportation, and being able to get everyone to the church for services; as well as seeking more Bibles, and a keyboard for their worship. Lord Jesus, we just lift our brothers and sisters in Uganda up to You. We praise and we glorify You. We know You are able to do all things, and provide according to Your will. We lift up the needs of our brothers and sisters, that You would get Your people to Your house. We thank You for their desire for Your Word, and pray you provide them with Bibles according to Your will. We pray that You equip them to praise and worship You, that it would be a sweet sound of praise to Your throne. We pray this in Jesus' name, Amen!

Noah Martins

Hello everyone,
I hope your week is going well!
One of our sisters has been messaging me a lot recently and has been suffering a lot of trials, both her and her family. Currently, her daughter has been really ill and not getting better. Please continue to pray for them and commend them to the Lord. The many trials that come upon us in life can be too much to bear and we need a refuge, we need strength to continue on, and we cannot do it on our own. We need the Lord Who is our refuge and our strength and so I pray Lord God that You would show Your children that You are with them as their Strong and Mighty tower, please uphold them in the trials coming upon them and please make a way for them Lord, showing them the way forward. Please heal the wounds Lord, Lord You can for You are our Healer. Glory be Your Name. In Jesus' Name I pray, amen

Emma Censoni



classes & study

Alpha Film Series

The Alpha Film Series is emotive, engaging and epic in scale and scope. Nicky Gumbel and two new presenters, Toby Flint and Gemma Hunt, walk through the basics of the Christian faith in a way that everyone can relate to. The episodes feature inspiring stories and interviews from all around the world, as well as visual illustrations and motion graphics.

ALPHA film series - IN PERSON

Begins **MARCH 31st 7:30 pm**

**Location: Christ Our Saviour
Fellowship**

**Address: 250 Bayview Dr. Unit # 4,
Barrie ON**

Cost : FREE

TryAlpha

Alpha Film Series

TryAlpha

EVER WONDER



TryAlpha

The Alpha Film Series is emotive, engaging and epic in scale and scope. Nicky Gumbel and two new presenters, Toby Flint and Gemma Hunt, walk through the basics of the Christian faith in a way that everyone can relate to. The episodes feature inspiring stories and interviews from all around the world, as well as visual illustrations and motion graphics.

ALPHA COURSE COSF GLOBAL -ONLINE

India-Pakistan- Bangladesh Region

Course - Jun 2nd 6:30PM-IST English

Kenya Region

Course - May 5th 5:00PM EAT English

Uganda, Africa

Course - May 5th 5:00PM EAT English

Zambia Region

Course - May 5th 4:30PM CAT. English

Uganda & Kenya Pastors - May 8th 5:00PM EAT English

Alpha YOUTH! Series



The **2:7 Series** is a discipleship training curriculum with a proven track record. Each of its three workbooks is an 11-week course in a small discussion group format. The series leads participants through the fundamentals of discipleship to strengthen their daily walk with God.

Alpha Youth Series is designed to engage students (11-18) in conversations about life, faith and Jesus. Discussion time interspersed throughout the short talks to make it simpler for them to share their thoughts and questions.

**New session of Alpha YOUTH series
FALL COURSE - FRIDAY YOUTH GROUP**

**Location: Christ Our Saviour Fellowship
Address: 250 Bayview Dr. Unit # 4, Barrie ON
Cost : FREE**

**New session of the 2:7 Series will begin in 2026
SUMMER/COURSE - TBD**

**Location: Christ Our Saviour Fellowship
Address: 250 Bayview Dr. Unit # 4, Barrie ON
Cost : TBD**

2:7 Discipleship Series

The PRE Marriage Course



The Pre-Marriage Course

The PRE - Marriage Course is an opportunity for you to invest in your relationship through five in-person or online date nights created to help you to learn to communicate well, understand and appreciate your differences, and prepare for potential challenges.

New Sessions Begins in 2026- stay tuned
Location: Christ Our Saviour Fellowship
Course Journal required: a free PDF provided OR
The Pre Marriage Journal available to purchase for \$15 each.

The Marriage Course runs over seven sessions, and each session begins with sharing dinner as a couple, followed by a fun, insightful video covering topics that are relevant for every couple like Good Sex or Resolving Conflict. In short? Your marriage. But better challenges.

New Sessions Begins in 2026- stay tuned
The Family Unit is vital and we're excited to introduce the Marriage course at COSF to help support the family unit! Please contact us if you are interested in participating in this course please contact us.

Location: Christ Our Saviour Fellowship

Cost: workbook approx \$18



The Marriage Course

The Marriage Course

Men's Conquer Series

The Conquer Series is a powerful cinematic study that is transforming the lives of men around the world. Now in two action packed volumes, each containing Biblical teaching and proven principles to help men conquer porn and walk in freedom.

Men are finding freedom by the thousands. Dr. Ted Roberts, host of the Conquer Series, has personally counselled over 10,000 men with a 90% success rate. He's taken his proven Biblically-based process and incorporated it into the Conquer Series. We are now seeing thousands of men finding freedom from porn and remaining free for years!

2026 Course Dates - TBD

[Contact us](#) to find out more OR if you would like sign up for the upcoming course.



2 year Associates Degree - Certificate of Completion - Micro credentials



MINISTRY LEADERSHIP

2 YEAR DIPLOMA

DETAILS: 15 OR 20 COURSE PROGRAMS, EACH COURSE 8 WEEKS COMPLETED AT OWN PACE, ALL COURSES PER ROUTE COMPLETED WITHIN 2 YEARS

15 COURSES - CERTIFICATE OF COMPLETION

20 COURSES - DIPLOMA (ACCREDITED) APPLIED TOWARDS 25 COURSE DEGREE WITH KAIROS.

WHERE: ONLINE, MENTORED

MATERIAL: PROVIDED PER COURSE

COSF has partnered with ARTOS ACADEMY formerly Our daily Bread Ministries international institute to offer a mentorship-based 2 year ministry leadership certificate. By participating in this program, you are at the forefront global theological training for the nations!

We thank the Lord for His leading in this!

ENDING NOW - FAITHFUL SPIRITUAL LIVING

NEXT COURSE:

MAY 9TH '26 - HOLISTIC THINKING

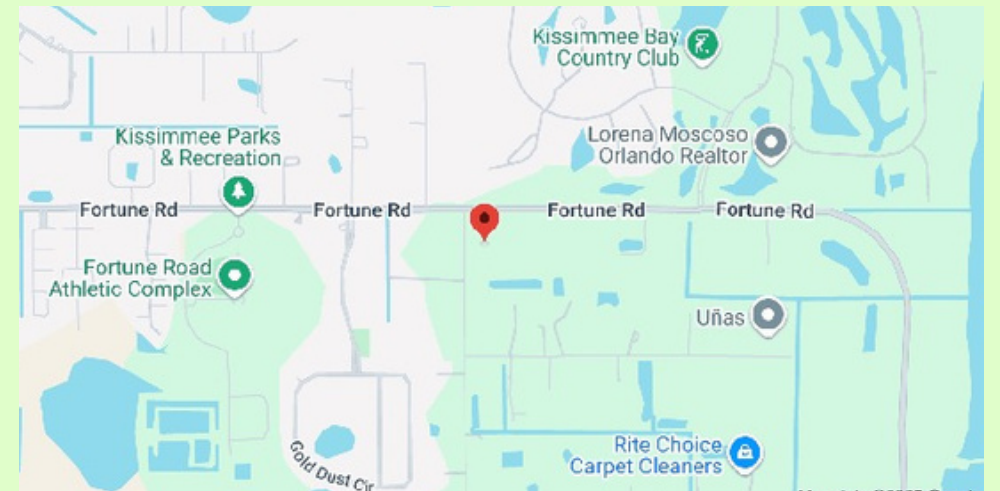
Competency based learning - Self paced - Mentor Guided -Online - Globally Developed and Application

COSF

FIELD notes

Christ Our Saviour Fellowship Florida

We have been called to plant and grow the church in the Kissimmee area of Orlando. The city is one of the top “post Christian” thinking cities with high levels of travellers from throughout the world. Please pray the Lord lead us in the building of HIS CHURCH!



***COSF Church Plant
Kissimmee, Florida***

***Click here to help support
COSF Florida Church***

CHRIS  **OUR
SAVIOUR**
— F E L L O W S H I P —
F L O R I D A

AFRICA MISSION

2026

Are you being called?

CHRIS  **OUR SAVIOUR**
— FELLOWSHIP —
AFRICA

Stay tuned and prayerful about the new mission field for COSF. We will be involved in visitation to COSF Africa- Kenya & Uganda, Durban South Africa camp, Biblical teachings for children and more.



As part of COSF Caribbean we are called to the area to help service through :

The Shepherds Table- feeding the poor and hungry

Preaching the Good news of the Gospel

Teaching and Discipleship - local body of Christ and future leaders

Upcoming events for 2026:

Nov 29th Church Service - Crusade & Shepherd's Table



Pastor David Brinard

MISSION FIELD

Shalom!!! Greetings in the matchless name of our Lord and Saviour Jesus Christ. The Kingdom of God is endless and its progressive no matter what circumstances. The one who is in us is greater than the one who is in the world. His word never go in vain. We are pressing on to the goal to preach the good news of Jesus Christ and planting church. We need your prayers and support. Please do stand with us as a team of COSF to make the difference in the lives of these Indians and to expand the kingdom of God here in India..



COSF @ Home

The Shepherd's Table

Our Shepherd's Table Ministry provides warm, nutritious meals for those in need locally and in the missions field where we are called.

We will be out this Saturday from 1:00-3:00.
Thank you all for your support and participation in the street ministry in Barrie.

Menu: LAST WEEK - chilli
June - BBQ chicken & mac salad
[Please click here to support](#)

Need a Ride to Church?

**COSF &
Right Now
Media
Library**



We have launched the right now media app. As we populate some of the rooms, you may receive an email asking you to download the app and join. If you are already using the right now media app (scan the QR code below) you can find the message rooms at the bottom in the message bubble. One of these groups is for Sunday transportation if you require a ride to Church on Sundays. Please let us know if you require a ride prior to Sunday as this will help us to coordinate things easier.



Have you seen the COSF Library...

Unmasking

Evil

Evil is unlike anything else on earth. It's destructive, but humans are strangely attracted to it. Dr. Young peels back evil's deceptively appealing veneer in his new 5-message series, Unmasking Evil, and shows you how to disarm and defeat the ugliness of evil and sin all around you. In this series you'll discover why God must allow suffering to continue for a time...how to respond to the evil in our world...and God's ultimate plan to rid His creation of pain and heartache forever.

rightnow
MEDIA®

Pray For The Saints

Church Prayer - Tuesday Mornings both your pastors are praying for YOU during our church prayer time. If you have a specific need or request please email us at: info@cosfchurch.com

Please Pray For:

- Gerald & family as they seek to follow in the directing of Lord for COSF, COSF Florida and the Global church.
- pray for all of the brothers in Africa for provision to take the leadership degree program
- for the COSF Church in Africa to be led by the Lord in His plan for evangelism of the communities
- healing fort those in Africa- Mathias, martin, Dan, James's Monther in law, the young child injured by the falling tree

- Please pray for those participating in the leadership program. There are always challenges we face as we draw closer to the Lord: Please pray for: Laura, Robin, Anna, Ted, Gina, Jacob, Noah, Emma, Gertie, those in Africa
- Please pray for the street mission and continued support for feeding and providing for the Lord's people

- COSF Florida please pray for the growth and sustaining of the Church

Please pray for Selvan's ministry and all the Lord has called him to labour in for His name

Please pray for peace and strength for the people of the world to persevere in our Lord's name in trials they face: poverty, heath, homelessness, persecution

- Please pray for TRANSFORMATION of the hearts of everyone, for help of the Lord to overcome challenges of the past, rebuke the lies of the evil one, grow in the Lord and to realize the glory of God in their lives.

Scripture Memory Verse

“ Be of sober spirit, be on the alert. Your adversary, the devil, prowls around like a roaring lion, seeking someone to devour.”

1 Peter 5 :8



Are you ready to accept our Lord Jesus Christ as your personal Saviour and be obedient unto His command of Baptism? Please speak with us.

“ BE OF SOBER SPIRIT, BE ON THE ALERT. YOUR ADVERSARY, THE DEVIL, PROWLs AROUND LIKE A ROARING LION, SEEKING SOMEONE TO DEVOUR.”

1 PETER 5 :8