June 25th, 2025 EDITION

# WEEKLY CONNECTION

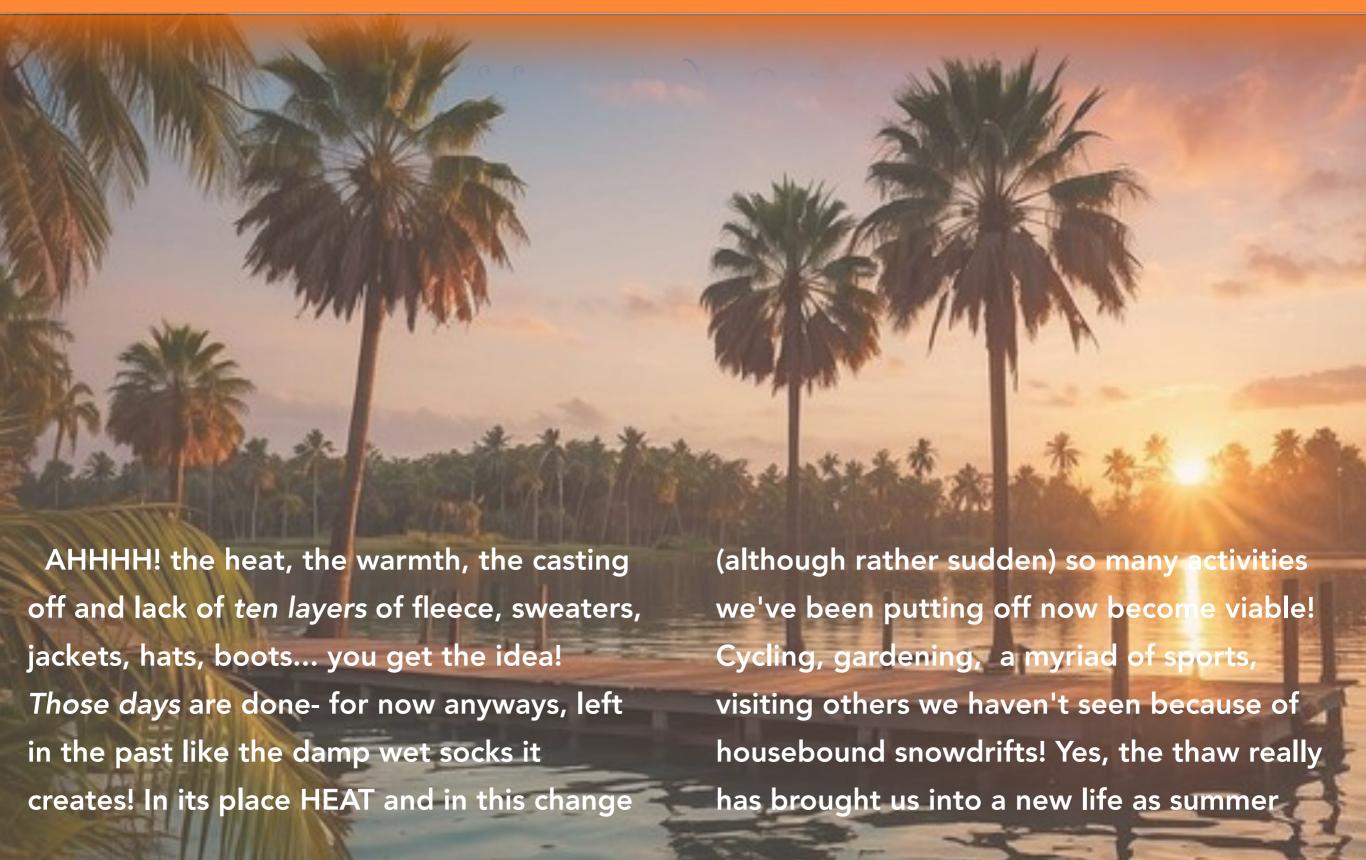


Join Us Every Sunday at 10:30am

250 Bayview Drive Barrie, ON L4N 4Y8

www.christoursaviourfellowship.com info@christoursaviourfellowship.com

## Summer Begins Here...



begins. Our schedules, that were already full, become jammed as we try to fit in as many fishing trips, weekends visits, BBQ's while the weather is hot. When we look at the difference of our season schedules, it truly is amazing the increase we have during the summertime.

We love to cook in the summer; our outdoor stove and grill is fired up almost daily. There's nothing like cooking outdoors. If you add to that camping, canoeing, fishing, sleeping and being outdoors ...well, now you're talking about my kind of summer!

In all the fun and games that one can think of, there is the "R" one that truly does resonate with the majority of people ... relaxing! It really is an art to be able to do nothing for a period of time. In order to be successful at this, it's important we are equipped. How is that you ask? Well, if you are trying to occupy your time by relaxing on a wooden bench or a metal chair, it might not go

over as well as one would hope. The discomfort of the chosen resting tool does not live up to expectations. Constant shifting to get find that comfortable sweet spot, that doesn't last long. BUT, if one were to choose a hammock or cushioned lounger, *many hours* may be found of relaxation nothingness ... just ask my daughter who is a PRO at resting! Certainly she would take it to the next level with pillows, screen for shade ...

With the relaxing, the food, the family and friends stopping by (better put some more burgers on) the hours tick by. Suddenly, you find with all the activity you need rest from what was supposed to be rest! Maybe that Sunday hike should be canceled, or better yet, cancel everything on the Sunday and just ... relax! A make-up day for lack of rest on Saturday. Yup, birds chirping, shade, comfy and all is good in the backyard.

It's odd though, sometime no matter how much we try to relax, our kids keep whirling away! The hammock was bought exactly for that reason, the pillows added, bell to call the for a refreshing juice or snack is within arms reach. YET, why can't the mind be at rest? Why can't I relax?

#### **GOOD QUESTION!**

See, when we fill our weekend schedules and have to cancel ALL Sunday activities to *rest*, that would probably include our regular Sunday time at Church! Now, periodically, we are away and busy, but if we are taking on too much and not finding rest in what one is doing, we may need to rethink things.

Summer is here and we should enjoy all that it is, all the comforts and joys that come with the season. Yet, we must remember that we are called to:



"seek first His kingdom and His righteousness, and all these things will be given to you" Matthew 6:19

If seeking the Lord is priority in our lives above *all* things, there is great peace, the ONLY peace that is in HIM, our Lord Jesus. Remember how relaxing being on that hammock or chair was, but short lived with the mind racing? It kind of ruined the relaxation plan, didn't it?! The carnal mind is difficult to tame, and so, no wonder there was no rest.

In the Bible we read, again:

"Come to Me, all who are weary and heavyladen, and I will give you rest." Matthew 11:28

It IS <u>ONLY IN CHRIST OUR SAVIOUR</u> that we have freedom from the oppressive attack of the carnal mind, true REST for the weary and times of refreshing in His Word. We can have all the fun (and we should, as there is joy IN THE LORD) and relaxing weekend plans we want, but if we're not rooted in our Lord Jesus, plans can go astray quickly.

You've all experienced it: trying to slow things down, take it easy and then suddenly a thought, the mind triggers stress, anxiety or an old behaviour (broken cycle). What are we to do? How do we overcome? In our Lord Jesus, trusting, living, walking, being with Him!

"For though we walk in the flesh, we do not war according to the flesh, for the weapons of our warfare are not of the flesh, but divinely

powerful for the destruction of fortresses. We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ, and we are ready to punish all disobedience, whenever your obedience is complete."

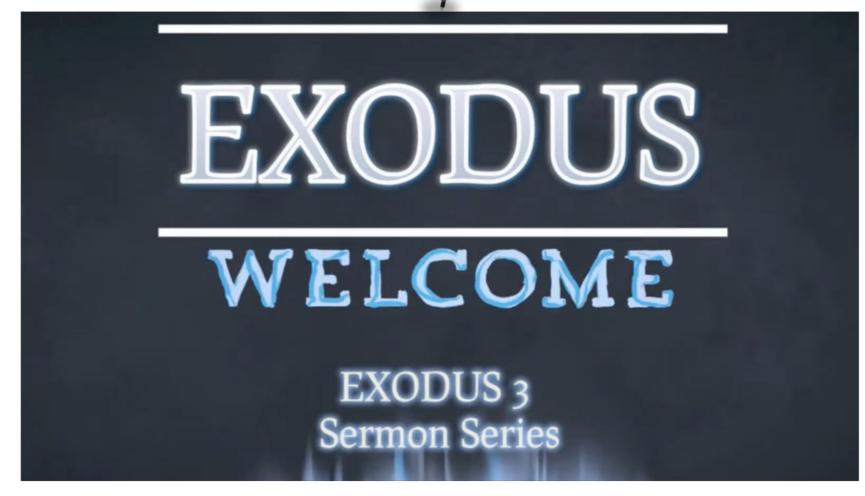
2 Corinthians 10:3-6

Walking with God, being found obedient, waiting on His mercy and grace, commending our hearts and minds to the Lord. WOW! That sounds like a good recipe for rest and relaxation, regardless of the where we are or what may come upon us, because we have surrendered to the Lord.

See you Sunday 10:30am Pastor Bhawani Who will you invite?

# **Did You Miss Sunday?**

We gather at 10:30 am every Sunday at the church to worship, praise and hear the Word of Godlike?



Wondering what our Sunday services look like ?

• 10:30 ~10:50 Worship & Praise

• 10:50 ~11:25 Sermon

• 11:25 ~ 11:40 Worship & Praise

Closing prayer

Click image to view most recent Sunday Service

To view the most recent Sunday service from Christ Our Saviour Fellowship. please click on the link / image above.

To view the service archives please click HERE





# What's Happening at COSF?

#### **Upcoming Events & Services**

- COSF Summer Clean Up- TBD
- COSF BBQ- June 29th after service
- Africa Revival and Crusade -Jul/Aug 2025 TBD
- COSF YOUTH Summer Youth Discipleship Program
- COSF Florida July 26th Service
   "I AM...KINDNESS"
- Psalmy August A month of singing the Psalms to the Lord



# SUMMER YOUTH DISCIPLESHIP PROGRAM

GLOW UP WITH JESUS
THIS SUMMER!



It's time to shed some of the winter accumulation! If you would like to help clear and clean the house of the Lord please speak to Anna. Stay tuned for details ... elbow grease required!



Hot diggidy dog -Summer's hot and so is the COSF grill!

Join us after service on June 29th for our first BBQ of the season!

Burgers - hotdogs - salad



Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver. 2 Corinthians 9:7

We thank the Lord for ALL He has done and the magnificent labour that we are being led to do in His righteous name. COSF continues the programs that we have been led to offer along side regular Sunday services.

#### **CLICK HERE TO DONATE**

- -International / Local missions & revival events
- -Variety of classes and courses to strengthen God's people:
- -Alpha film series, Alpha Youth, Conquer,
- -Discipleship series, Mentorship-based Ministry Leadership Certificate



Hello everyone! I hope you are all staying cool in the heat this week and excited for summer as school wraps up. Laura and I wanted to take some time today to talk about something that has been at the forefront of our thoughts and the recent meditation of our hearts; God's faithfulness.

In the Youth Walk, we have spent the past couple months discussing characteristics of God, the promises of God for our lives that never fail and encouraging ourselves in the Lord, knowing that God can and will do all good things for those who love Him. And we just want to take a moment to remind you all of this truth today.

I invite you to pause and think about how God has moved in your life so far and has blessed you, how He made you, redeemed your life through the death of His son Jesus and how He desires to have a relationship with you as you navigate life here on earth with Him. Does reflecting on these things not just melt your heart; doesn't that truly sound like love? God Almighty, our Lord Jesus, simply loves us and that will never change.

We live in a world of severe unpredictability and instability, we don't know what can happen in the very next moment. But God's faithfulness never changes and no matter the circumstance we have rest in Him. Like the sun that rises every day, like the flower that blossoms every spring, Jesus is always faithful.

Therefore, "let us hold unswervingly to the hope we profess, for He who promised is faithful" (Hebrews 10:23). Laura and I encourage you in this, rejoice and believe that God is faithful. Give Him thanks and come away from any thoughts that are contrary. There is great comfort in knowing that the Lord's faithfulness and promises are the one thing that will forever remain constant. He is the one we are to always cling to.

COSF Youth Summer DISCIPLESHIP Program Registration NOW OPEN (visit <u>website</u> for details)



### IN THE LIFE ....

Hello everyone, this week I wanted to share a message that a brother sent me! It was a great encouragement to me.

No matter what you're facing, God has a plan to give you hope and a future (Jeremiah 29:11). When you trust in Him, He will renew your strength and help you rise above every challenge (Isaiah 40:31). His promises are sure, and He is working all things together for your good (Romans 8:28).

This message blessed my heart, and served as a reminder that when we cannot see an end to the struggle or situation we are in, God is for us, God loves us, and God is with us. God is greater than any circumstance we might find ourselves in, and we share in the Victory of Christ Jesus. We just need to have faith in Him and seek His mercy.

God bless you all!

This week I have been speaking with a woman dealing with anxieties and worries with her current situation. Her and her husband are both without a job, they are almost to the point of taking their children out of school because they cannot pay the fees, and some days they are left without food on the table. We continue to lift up the family to our Lord, as He is faithful to heal, restore, and uphold His people in ALL things. We pray Lord please keep Your children fed and fed by Your word that they may be encouraged in You, in Jesus Name. "But seek first His kingdom and His righteousness, and all these things will be provided to you." Matthew 6:33.

Emma Censoni

**Noah Martins** 

### Classes & Studies

#### **Alpha Film Series**

The Alpha Film Series is emotive, engaging and epic in scale and scope. Nicky Gumbel and two new presenters, Toby Flint and Gemma Hunt, walk through the basics of the Christian faith in a way that everyone can relate to. The episodes feature inspiring stories and interviews from all around the world, as well as visual illustrations and motion graphics.

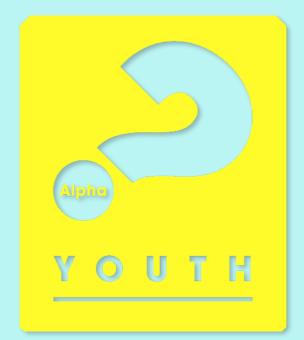
SUMMER session of the ALPHA film series - TBD

**Alpha** 

Location: Christ Our Saviour Fellowship

Address: 250 Bayview Dr. Unit #7,

Barrie ON Cost : FREE



Alpha Youth Series is designed to engage students (11-18) in conversations about life, faith and Jesus. Discussion time is interspersed throughout the short talks to make it simpler for them to share their thoughts

and questions.

New session of Alpha YOUTH series SUMMER COURSE COMING SOON

Location: Christ Our Saviour Fellowship

Address: 250 Bayview Dr. Unit # 7, Barrie ON

Cost: FREE

**Alpha YOUTH! Series** 

#### **The PRE Marriage Course**



The PRE - Marriage Course is an opportunity for you to invest in your relationship through five inperson or online date nights created to help you to learn to communicate well, understand and appreciate your differences, and prepare for potential challenges.

New Sessions Begins in 2025- stay tuned Location: Christ Our Saviour Fellowship

Course Journal required: a free PDF provided OR The Pre Marriage Journal available to purchase for \$15 each.

The Marriage Course runs over seven sessions, and each session begins with sharing dinner as a couple, followed by a fun, insightful video covering topics that are relevant for every couple like Good Sex or Resolving Conflict. In short? Your marriage. But better challenges.

New Sessions Begins in 2025- stay tuned The Family Unit is vital and we're excited to introduce the Marriage course at COSF to help support the family unit! Please contact us if you are interested in participating in this course please contact us.

Location: Christ Our Saviour Fellowship
Cost: workbook approx \$18

The Marriage Course

**The Marriage Course** 

#### **Men's Conquer Series**

The Conquer Series is a powerful cinematic study that is transforming the lives of men around the world. Now in two action packed volumes, each containing Biblical teaching and proven principles to help men conquer porn and walk in freedom.

Men are finding freedom by the thousands. Dr. Ted Roberts, host of the Conquer Series, has personally counselled over 10,000 men with a 90% success rate. He's taken his proven Biblically-based process and incorporated it into the Conquer Series. We are now seeing thousands of men finding freedom from porn and remaining free for years!

2025 Course Dates - TBD

Email us to find out more OR if you would like sign up for the upcoming course.



#### 2 Year

# Ministry Leadership

**Diploma** 

Duration: 15 courses, 8 weeks per module completed at own pace during the 8 weeks

Where: Online

Material: all resources provided for each course

Course Dates: Begins SOON

**JULY 2025** 

IT"S NOT TOO LATE!
REGISTER HERE





COSF has partnered with ARTOS ACADEMY, a highly reputed *Our daily Bread Ministries* international institute to offer a mentorship-based 2 year ministry leadership certificate. By participating in this program, you are at the forefront global theological training for the nations! We thank the Lord for His leading in this!

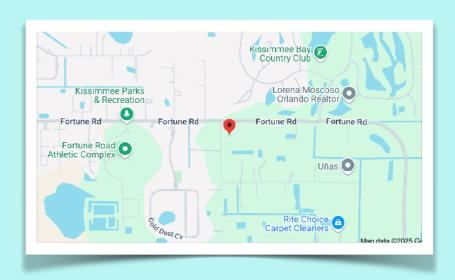
#### **UPDATES:**

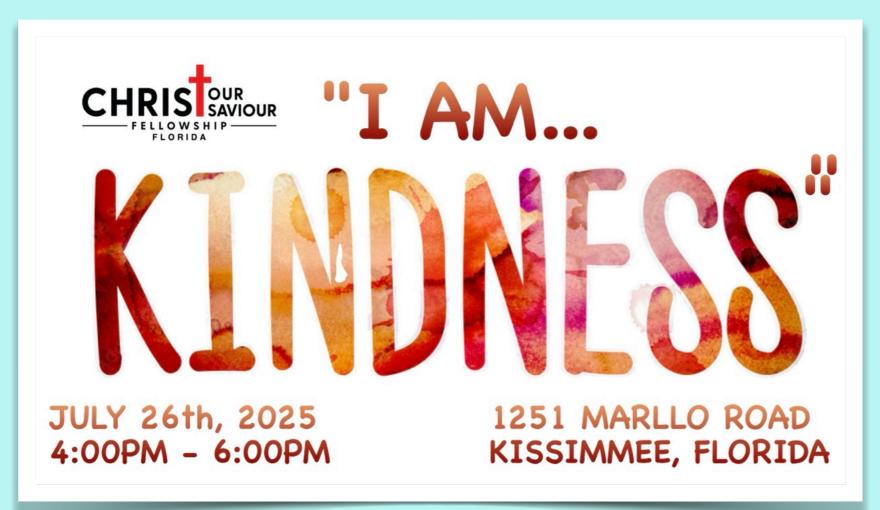
- 1. Artos Academy in their name transition from Our Daily Bread is slightly behind in the rollout from the admin side of the program, They are ensuring it is operating properly prior to beginning but emails should be going our shortly.
- 2. The start date for the program will will discuss and determine so watch for a meeting link so we can organize and prepare.

### **COSF In The Field**

#### Christ Our Saviour Fellowship Florida "I AM ....KINDNESS"

We are looking forward to our next service in Florida! As we seek the Lord for guidance and preparations are under way, please pray for those who are again going forth as we continue to preach through the series on Galatians 5.





**Dates: July 26th, 2025** 

Times: 4:00pm - 6:00pm

Location: 1251 Marllo Road,

Kissimmee, Florida

Click here to help support
COSF Florida Church

# COSF International & Mission Notes

We continue in 2025 and we see the Lord leading us into His harvest field. This is an exporting to the regions we are called to of what we have been called to do at home - preaching the Word, make disciples, feed the poor. This is unfolding as we engage with our brothers and sisters in each region, and we pray the Lord continue to bless and to lead us in the labour of His glory and righteous name.



#### **COSF Africa**

COSF Africa - we still work and labour to build up our brothers in Kenya and Uganda. They have all experienced pushbacks of some sort having begun the discipleship program. We have been working through the discipleship course book 2 and are heading into the extended tine with God. Please pray for them and the Lord's leading in the region, His provision for the church.





#### **COSF Caribbean**



The waters of baptism await as the Word is preached and hearts are turned by the grace of the Lord. Please pray the Lord continue to move in the hearts of those throughout the region.



**COSF India & Pakistan Region** 

We begin the studies and discipleship training in the Pakistan and India region. Please pray for TRANSFORMATION of the hearts of the people and those studying and being prepared by the Lord.



**COSF Central & South America** 

## COSF @ Home



# Need a Ride to Church?

COSF &
Right Now
Media
Library



We have launched the right now media app. As we populate some of the rooms, you may receive an email asking you to download the app and join. If you are already using the right now media app (scan the QR code below) you can find the message rooms at the bottom in the message bubble. One of these groups is for Sunday transportation if you require a ride to Church on Sundays. Please let us know if you require a ride prior to Sunday as this will help us to coordinate things easier.





Scan QR code for FREE access

#### **Have you seen the COSF Library...**

# JOURNEY OF THE SOUL



Are you feeling stuck in your faith walk? Finding it hard to hear God's voice? Praying for a breakthrough and not seeing it? Struggling to trust God?

The healthy Christian life is one of continuing spiritual, emotional, and relational growth, but sometimes we feel stuck or stagnated at one stage of the journey.

In Journey of the Soul, Bill and Kristi Gaultiere draw on over 70,000 hours of experience providing therapy and spiritual direction to help you get unstuck and identify the next steps you need to take to grow emotionally and spiritually—no matter where you are or how long you've been following Jesus.

This 7-session series can be used with a small group or individually to help you thrive in your relationship with Jesus.

# Prayers For The Saints

Church Prayer - Tuesday Mornings both your Pastors are praying for YOU during our church prayer time. If you have a specific need or request please email us at info@christoursaviourfellowship.com

#### Please Pray For:

- We want to uplift Katie and pray the Lord give her wisdom in how to prioritize Him in her life.
- Please pray for those participating in the leadership program that begins in the next few weeks. Pray the Lord uphold each of them, that they are successful in this: Sandy, Laura, Robin, Ellie, Anna, Ted, Gina, Jacob, Noah, Emma, Gertie
- COSF church location we are seeking the Lord in finding a possible new location due to extremely high costs. Pray that the Lord lead us to where He wills for His house in a quick and joyous way!

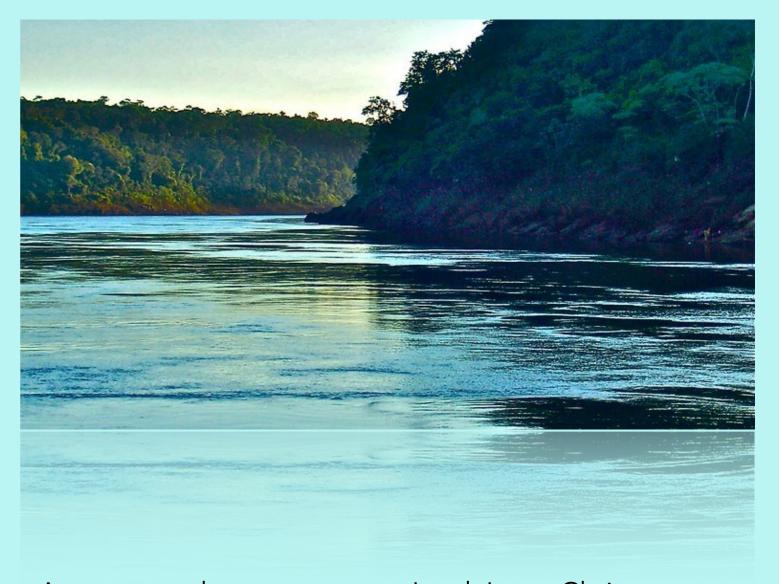
- The Youth need prayer and support please pray that as we launch the summer youth discipleship program that the Lord lead the youth today to participate and grow closer to Him. Please pray for all those leading and assisting in the youth discipleship program this summer.
- Sam and His family, as the Lord is moving in his life and His wife's. Pray the Lord lead them to His side and that they learn of His goodness and truth
- Please pray for the street mission and continued support for feeding and providing for the Lord's people
- COSF Worship Service Jul 26th- Please pray the Lord lead us in delivering His word to the people of Kissimmee Florida, safety and provision.
- Please pray for the leading and provision for COSF Africa and the July/August conference and crusades.
- Please pray for everyone in the congregation for help of the Lord to overcome challenges of the past, rebuke the lies of the evil one and to realize the glory of God in their lives.

# Scripture Memory Verse

#### **A Changed Heart**

"And I will give them one heart, and put a new spirit within them. And I will take the heart of stone out of their flesh and give them a heart of flesh"

Ezekiel 11:19



Are you ready to accept our Lord Jesus Christ as your personal Saviour and be obedient unto His command of Baptism? Please speak with us.