May 14th, 2025 EDITION

CHRIS OUR SAVIOUR - F E L L O W S H I P WEEKLY CONNECTION

250 Bayview Drive Barrie, ON L4N 4Y8 Join Us Every Sunday at 10:30am www.christoursaviourfellowship.com info@christoursaviourfellowship.com

TODAY HEDULE...

CAUTION MEN AT WORK

Busy Busy Busy or is it Dizzy Dizzy Dizzy?

Our schedules today are so hectic and we compress things so much to meet our daily goals. We can try to be as efficient in completing these tasks, but there still isn't enough time in a day! Have you ever felt (or do you feel!) this way? Some people, sadly more then we realize, develop anxiety and become highly stressed over not being able to complete their work routine *that they* set out to achieve.

Some of us have a great capacity to pack our schedules and challenge ourselves to finish them; our daily challenge game! Others can only handle a few items before they are beyond their capacity. Either way, how do we choose the structure of our day? Is there a purpose to the maddening calendar we have created? How do we manage this? Great questions! Anyone have an answer???

I look at my day for an example, overseeing four COSF Church locations - YES, you read that

correctly, FOUR!! Barrie, Florida, Uganda/Kenya, Pakistan/India - Praise the Lord! Oh all the courses, planning, counselling, training, preaching. In addition to this work/business, family life, personal tasks...WOW!!! Ok, slowly, breathe....

How can I/we ever achieve and complete all this work before us? Truthfully, WE (I) CAN'T!! More often then not, we fail (if we measure success by this...*don't*!) and only a portion may be completed. So what do we do? We prioritize! I like to work through a list, yes, handwritten.

Firstly we have to ask what is important? The dentist appointment (yikes!), the grocery list, the haircut that's weeks overdue? It comes down to our perspective and *priority in life*. Are we trying to check as many things off a list as possible? Are we trying do a few things really well and be thorough? What and WHERE is our priority? As Christians, we have an answer and the answer is not an object or achievement, it is a <u>WHO</u>...that is, our Lord Jesus Christ! We read in the book of Colossians:

"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters" - Colossians 3:23

<u>Whatever you do</u>! You see, when we have the Lord in proper focus and position in our lives - that is in the primary position and above ALL things - we WANT to labour and work as it is done unto and WITH our Lord and with joy! We read, again, as a reminder:

"But <u>seek first</u> his kingdom and his righteousness, and all these things will be given to you as well." - Matthew 6:33

The Kingdom of God is most important and it is vital we have this in view of our lives, daily. As we plan our days, what is important? Is that important to oneself or to the kingdom? If we have to choose between the two, what is most pressing? The Kingdom - we are to keep God as priority in our lives. Now, this may seem challenging to many. How do you live life and put God first?

Well...how about we <u>LIVE LIFE WITH GOD!</u> We are to seek FIRST His Kingdom and then ALL will be added; sounds like a promise to me, doesn't it? If we follow these directions, it will help us to be found obedient to God in our lives. WOW, is it that easy? YES!!! In choosing to live for and with God, our lives looks a little different and it really does make planning so much easier.

So how? Well, instead of having ical or outlook dictate our days (we will refer to them), we plan with our Lord Jesus in mind. As I mentioned, I work through a handwritten list divided into two parts. The top of the page is priority - Kingdom things - Bible reading, prayer, meditation, study, church items etc. and at the bottom, *daily life*, chores and tasks and everything else (like cleaning the car).

The important items (kingdom things) take precedence, but at times, the daily life item(s) are urgent and command attention. Rightfully so, as we do live in and navigate a carnal world. So, those items get moved up to the primary list ... something to get to *today*.

In this way, we have our focus during our daily lives on our Lord Jesus. Its amazing how when we plan this way, we live life WITH GOD and how much can actually be accomplished in a joyous and effective manner. We read:

"Commit to the Lord whatever you do, and He will establish your plans."

- Proverbs 16:3

Yes we can plan all we want, *it is God* who will direct us and we must be listening. In our discipleship course (highly recommended!), there was a lesson about the priorities of urgent and important tasks for each day in which I explained this approach to managing life and our schedules. It's amazing when we do obey "<u>seek first his kingdom and his righteousness</u>", then TRULY it is that "all these things will be given to you".

So how did/is this working out for me today? Well, it's noon and Bible reading, prayer, car repairs, phone calls, Africa discipleship course, newsletter (you're reading) are done. *Only* Sunday prep, leadership course setup, cooking dinner, picking up the kids, worship practice, more phone calls, business planning for tomorrow is left! Fun right?! Yes, because we read and trust: "you will fill me with joy in your presence" - Psalm 16:11

See you Sunday 10:30am Pastor Bhawani

Who will you invite?

Missed

Sunday?

 We gather at 10:30 am every Sunday at the church to worship, praise and hear the Word of God

Wondering what our Sunday services look like ?

- 10:30 ~10:50 Worship & Praise
- 10:50 ~11:25 Sermon
- 11:25 ~ 11:40 Worship & Praise
- Closing prayer

EXODUS

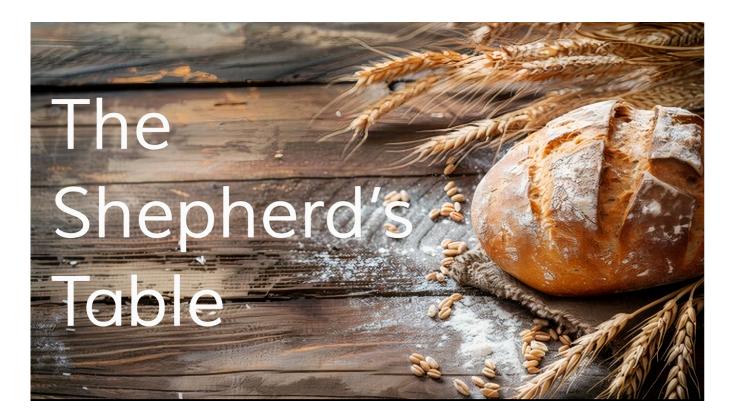
WELCOME

EXODUS 3 Sermon Series

Click image to view most recent Sunday Service

To view the most recent Sunday service from Christ Our Saviour Fellowship. please click on the link / image above.

To view the service archives please click HERE



What's Happening at COSF?



Upcoming Events & Services:

- COSF Florida Service "I AM...PATIENCE" June 7th
- Father's Day June 15th
- Africa Revival and Crusade -Jul/Aug 2025 TBD
- COSF YOUTH summer camp
 and Discipleship coming soon



Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver. 2 Corinthians 9:7

CLICK HERE TO DONATE

We thank the Lord for ALL He has done and the magnificent labour that we are being led to do in His righteous name. COSF continues the programs that we have been led to offer along side regular Sunday services. -International / Local missions & revival events
-Variety of classes and courses to strengthen God's people:

-Alpha film series, Alpha Youth, Conquer, -Discipleship series, Mentorship-based Ministry Leadership Certificate

Youth Walk

Hi everyone, Laura and I wanted to take a moment today to reflect on something that is a common experience to a lot of us growing up. Can you remember a time where your know when your parents grounded you for something you did? In that moment, it probably didn't feel like a loving thing. I bet most of us would've put up a bit of a fight, too. How about a difficult situation in life? I remember growing up always wanting my parents to do the things that scared me.

Having to call a stranger on the phone was the worst, I hated it! And so I would go to my mom and ask if she would do it for me. But sometimes she would say that she wanted me to do it myself! In the moment, it seemed crazy. I would ask, "don't you love me enough to do this for me?" Looking back at when I was younger, I realize that my parents disciplining me or letting me go through these tough moments was for my benefit. And I am thankful for these tough moments now.

Our life is a similar thing with our Heavenly Father. God says in His word through the apostle Paul, in Romans 8:28, "and we know that in all things God works for the good of those who love him."

This bible verse promises two things to those that love him; firstly, God is in complete control of all circumstances in their lives. This verse says that God *works all things* for our good, meaning He takes control of *every* situation in our lives. That, especially, includes situations that are difficult, challenging, and stressful. Secondly, God does this because He loves us. Just like our earthly parents teach us so we grow, our Heavenly Father wants us to spiritually grow up. His wants for us to be able to handle more in life and grow closer to Him through every situation because H<u>e loves us.</u>

Think about that for a second, isn't that awesome!?! Our all-powerful, all-knowing Father is in complete control of the lives of His children. And so no matter what it is, even something that seems *reaaaallllllly* impossible, we should be thankful to God and recognize that He is in control!

> STAY TUNED: COSF Youth Summer events, Studies and ... DISCIPLESHIP !!!



IN THE LIFE

Noah Martins

I have been speaking with a brother from Kenya who is pastoring a church and running an orphanage. We have prayed together for God's provision and blessing upon them. He has now planted a second church which is growing faster than ever expected. The people are incredibly hungry for the Word of God. Glory be to Jesus Christ who brings His saving grace to His people. It is incredible to see God's blessing and providence upon those who humbly and obediently serve him!



This week multiple women have messaged about a war that has broken out between India and Pakistan. India had sent 12 drones into Pakistan dropping cables (these are bomb/ missile carrying drones), one being 5km away from one of the women's home. Many of them have been instructed to pack resources and evacuate, unable to acquire the resources needed to sustain them. All of us have been fervently praying for the Lord's peace and resolve on this war and for the protection of His people. It has not even been a week and both countries have both agreed to ceasefire after an intervention from the USA. The Lord has heard the cries of His people and by His Mighty hand has brought reprieve! Praise the Lord!

Emma Censoni

Classes & Studies

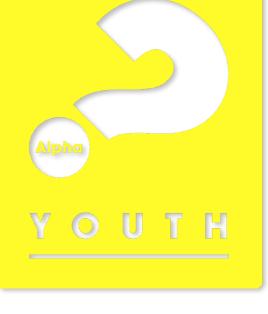
Alpha Film Series

The Alpha Film Series is emotive, engaging and epic in scale and scope. Nicky Gumbel and two new presenters, Toby Flint and Gemma Hunt, walk through the basics of the Christian faith in a way that everyone can relate to. The episodes feature inspiring stories and interviews from all around the world, as well as visual illustrations and motion graphics.

Winter session of the ALPHA film series SUMMER session TBD

Location: Christ Our Saviour Fellowship Address: 250 Bayview Dr. Unit # 7, Barrie ON Cost : FREE





Alpha Youth Series is designed to engage students (11-18) in conversations about life, faith and Jesus. Discussion time is interspersed throughout the short talks to make it simpler for them to share their thoughts and questions.

New session of Alpha YOUTH series SUMMER COURSE COMING SOON

Location: Christ Our Saviour Fellowship Address: 250 Bayview Dr. Unit # 7, Barrie ON Cost : FREE

Alpha YOUTH! Series

The PRE Marriage Course

The Pre-Marriage Course

The PRE - Marriage Course is an opportunity for you to invest in your relationship through five inperson or online date nights created to help you to learn to communicate well, understand and appreciate your differences, and prepare for potential challenges.

New Sessions Begins in 2025- stay tuned Location: Christ Our Saviour Fellowship

Course Journal required: a free PDF provided OR The Pre Marriage Journal available to purchase for \$15 each. The Marriage Course runs over seven sessions, and each session begins with sharing dinner as a couple, followed by a fun, insightful video covering topics that are relevant for every couple like Good Sex or Resolving Conflict. In short? Your marriage. But better challenges.

New Sessions Begins in 2025- stay tuned The Family Unit is vital and we're excited to introduce the Marriage course at COSF to help support the family unit! Please contact us if you are interested in participating in this course please contact us.

> Location: Christ Our Saviour Fellowship Cost: workbook approx \$18

The Marriage Course

The Marriage Course

Men's Conquer Series

The Conquer Series is a powerful cinematic study that is transforming the lives of men around the world. Now in two action packed volumes, each containing Biblical teaching and proven principles to help men conquer porn and walk in freedom.

Men are finding freedom by the thousands. Dr. Ted Roberts, host of the Conquer Series, has personally counselled over 10,000 men with a 90% success rate. He's taken his proven Biblically-based process and incorporated it into the Conquer Series. We are now seeing thousands of men finding freedom from porn and remaining free for years!

2025 Course Dates - TBD

<u>Email us</u> to find out more OR if you would like sign up for the upcoming course.



2 Year Ministry Leadership

Diploma

Duration: 15 courses, 8 weeks per module completed at own pace during the 8 weeks

Where: Online

Material: all resources provided for each course

Cost: ~ \$195 per course

Course Dates: Begins June 2025

IT"S NOT TOO LATE! REGISTER HERE



We have been praying that the Lord lead and show us how we may continue to encourage those wishing to become leaders in the church today. COSF has partnered with an international institute to offer a mentorship based 2 year ministry leadership certificate. We thank the Lord for His leading in this!

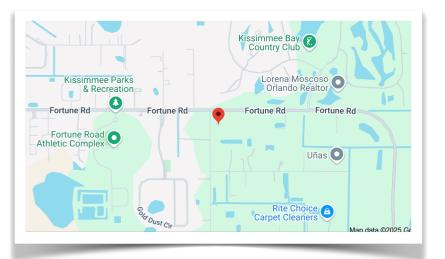
UPDATE: there's still time to sign up for the leadership course, if interested please register with the link. Initial emails for payment and system access will be going out in the next week or two. If you have any questions, please contact Pastor Bhawani.

COSF In The Field

Christ Our Saviour Fellowship Florida "I AMPATIENCE"

We are looking forward to our next service in Florida! As we seek the Lord for guidance and preparations are under way, please pray for those who are again going forth as we continue to preach through the series on Galatians 5.





Dates: June 7th, 2025

Times: 4:00pm - 6:00pm

Location: 1251 Marllo Road, Kissimmee, Florida

> <u>Click here to help support</u> <u>COSF Florida Church</u>

COSF International & Mission Notes

We continue into 2025 and we see the Lord leading us into His harvest field. This is an exporting to the regions we are called to of what we have been called to do at home - preaching the Word, make disciples, feed the poor. This is unfolding as we engage with our brothers and sisters in each region, and we pray the Lord continue to bless and to lead us in the labour of His glory and righteous name.







COSF Africa- It's crop time soon! The rains have been falling and we are seeing the fruit of the Lord! Our brothers in Uganda & Kenya have been labouring in the discipleship course and God is leading them into the a deeper and closer relationship with Him! Praise the Lord! Please pray for and encourage them: Pastor James, Emmanuel, Yoram, Geoffrey, Mathias, Dan, and Martin.



COSF Carribean



The waters of baptism await as the Word is preached and hearts are turned by the grace of the Lord. Please pray the Lord continue to move in the hearts of those throughout the region.



COSF India & Pakistan Region

Praise the Lord as we have seen a selection of people the Lord has brought for us to labour together in Pakistan and India. Pray for them as we begin the same discipleship process as Canada and Africa!



COSF Central & South America

COSF @ Home

Our Shepherd's Table Ministry provides warm, nutritious meals for those in need locally and in the missions field where we are called.

UPDATES: We will be out this Saturday from 1:00-3:00. Thank you all for your support and participation in the street ministry in Barrie

> Menu: LAST WEEK- Jerk Chicken, Rice & Beans, Coleslaw May 17th - Beef and Vegetable Goulash

> > Please Click here to Support

Need a Ride to Church?

We have launched the right now media app. As we populate some of the rooms, you may receive an email asking you to download the app and join. If you are already



using the right now media app (scan the QR code below) you can find the message rooms at the bottom in the message bubble. One of these groups is for Sunday transportation if you require a ride to Church on Sundays. Please let us know if you require a ride prior to Sunday as this will help us to coordinate things easier.

COSF & Right Now Media Library





Scan QR code for FREE access

Have you seen the COSF Library...

What Happens When We Die?

Is death the end? Answers to this and other questions about death—and what happens after we die—vary widely, even among Christians. In *Heaven, Hell, and the Afterlife*, pastor Léonce Crump brings clarity and conviction to this sometimes tricky, often unsettling topic. Join Léonce in this five-session series and strengthen your faith in the God who defeated death to give us eternal life. to the truth of his Word

The Community Practice



Prayers For The Saints

Church Prayer - Tuesday Mornings both your Pastors are praying for YOU during our church prayer time. If you have a specific need or request please email us at info@christoursaviourfellowship.com

Please Pray For:

Salvatore Papandrea- health concerns and his lungs to be healed and the Lord continues to uphold him and his family

Tracy Morieira Lucas - she is recovering from brain surgery, please pray for a speedy and full recovery

 COSF church location - we are seeking the Lord in finding a possible new location due to extremely high costs. Pray that the Lord lead us to where He wills for His house in a quick and joyous way!

- Sam and His family, as the Lord is moving in his life please pray the Lord lead them all to His glory.
- Please pray for the Lord to reveal His will for COSF regarding the missions and nations we are called to; that funding be provided to deliver the Gospel, and food to feed His people.
- There is great persecution of the church worldwide, please pray for the global church.
- COSF Worship Service Jun 7th- Please pray the Lord lead us in delivering His word to the people of Kissimmee Florida, safety and provision.
- Please pray for the leading and provision for COSF Africa and the July/August conference and crusades.
- Please pray for everyone in the congregation for help of the Lord to overcome challenges of the past, rebuke the lies of the evil one and to realize the glory of God in their lives.
- The waters of Baptism await those in Trinidad, please pray for encouragement in the hearts of those the Lord has begun a work in and reveal the truth of Himself to.
- Please pray for the COSF YOUTH programthe summer activities and discipleship intensive.

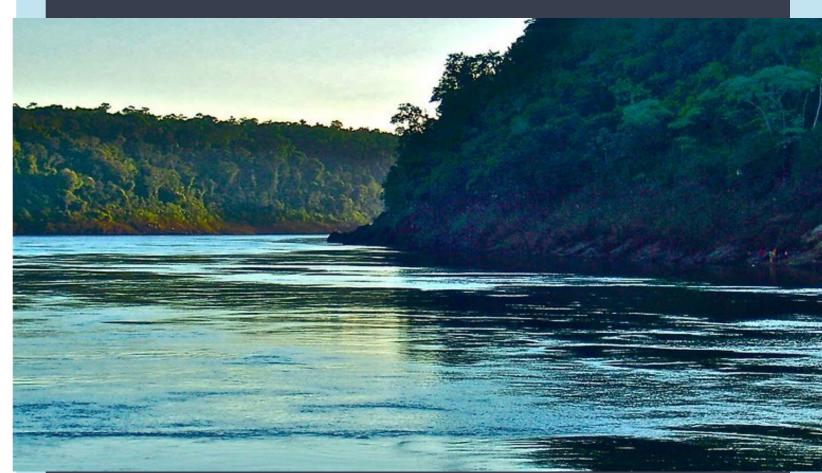
Scripture Memory Verse

Assurance of Victory

No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it.

1 Corinthians 10:13

Baptism



Are you ready to accept our Lord Jesus Christ as your personal Saviour and be obedient unto His command of Baptism? Please speak with us.