

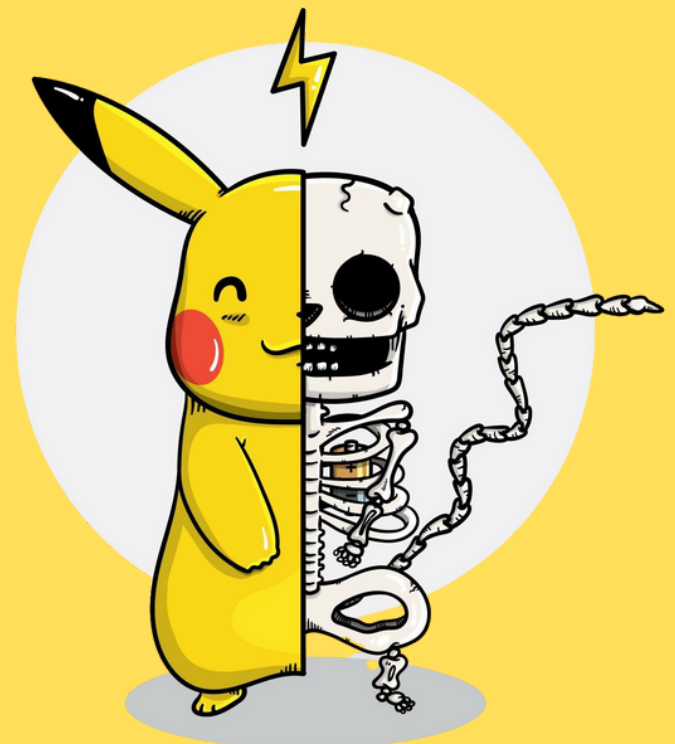
September 24th, 2025 EDITION



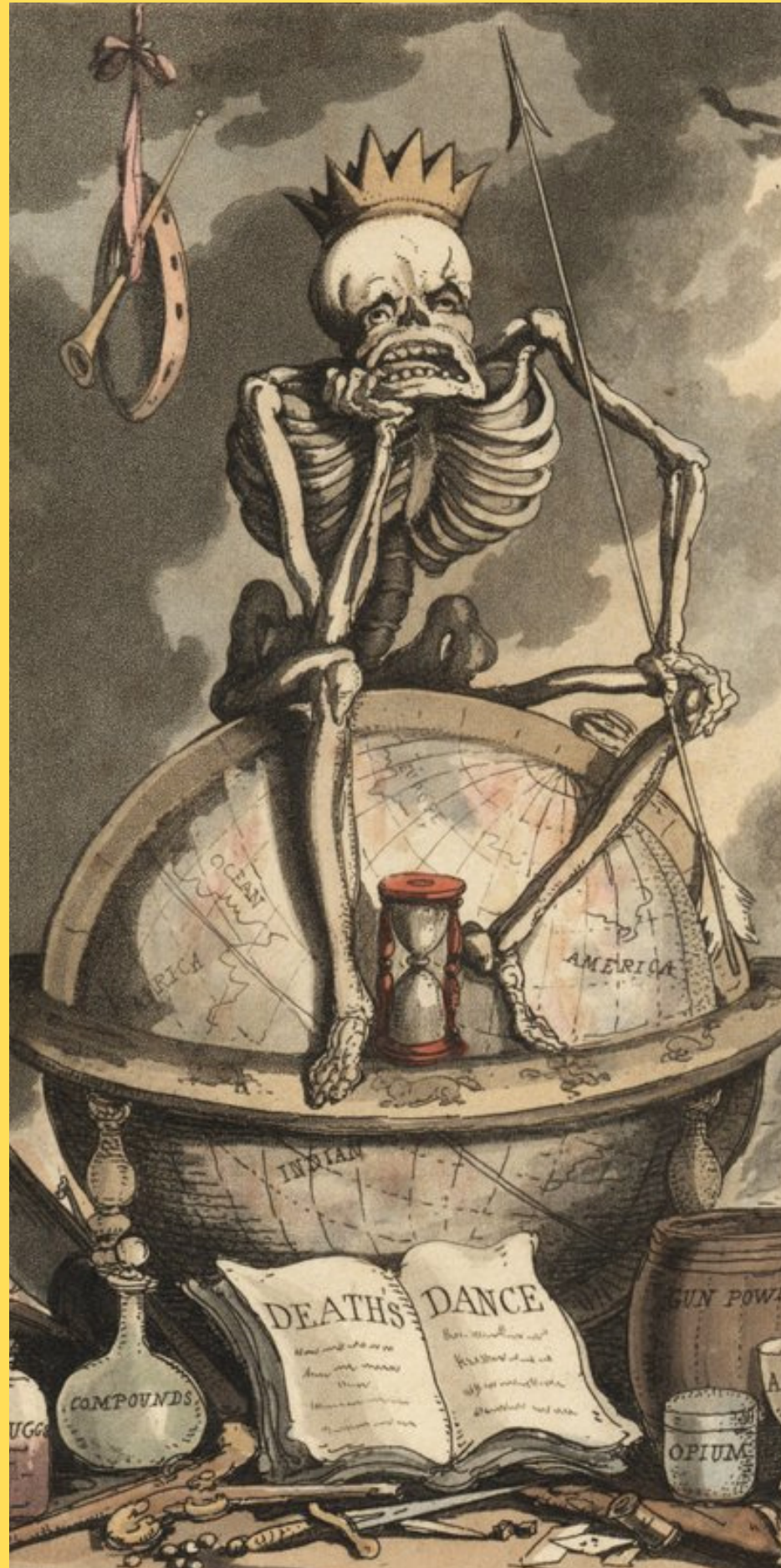
WEEKLY CONNECTION

Join Us Every Sunday at 10:30am
250 Bayview Drive Unit #4 Barrie, ON L4N 4Y8

www.christsaviourfellowship.com
info@christsaviourfellowship.com



The Things of This World Are Death



We all know it but we can't help it; just seeing it brings the cravings, the desire or the "I-MUST-HAVE" trigger. Admitting it is the only hope of recovery from that sugar addiction. The sweet sweet taste of chocolate especially when it melts in your mouth is so creamy, satisfying the sugar craving...mmmm!! AHH, the mind is happy with the sudden rush (not to mention the surge of sugary energy surging through at that moment)

Maybe chocolate isn't for you, possibly it's cookies...will that be Oreo or Peak Freans? Maybe the Werther's toffee is more your taste; you can't just have one or even three! I will admit I've been know to have

a sour patch kid or two in my day.

Whatever your fancy to satisfying that sugary sweet, the cravings can overtake you quickly. *Once we give in to the urge and temptation* it's a very slippery slope from just one crispy cream donut to three dozen or just a few chips to a Costco size bag being empty!!

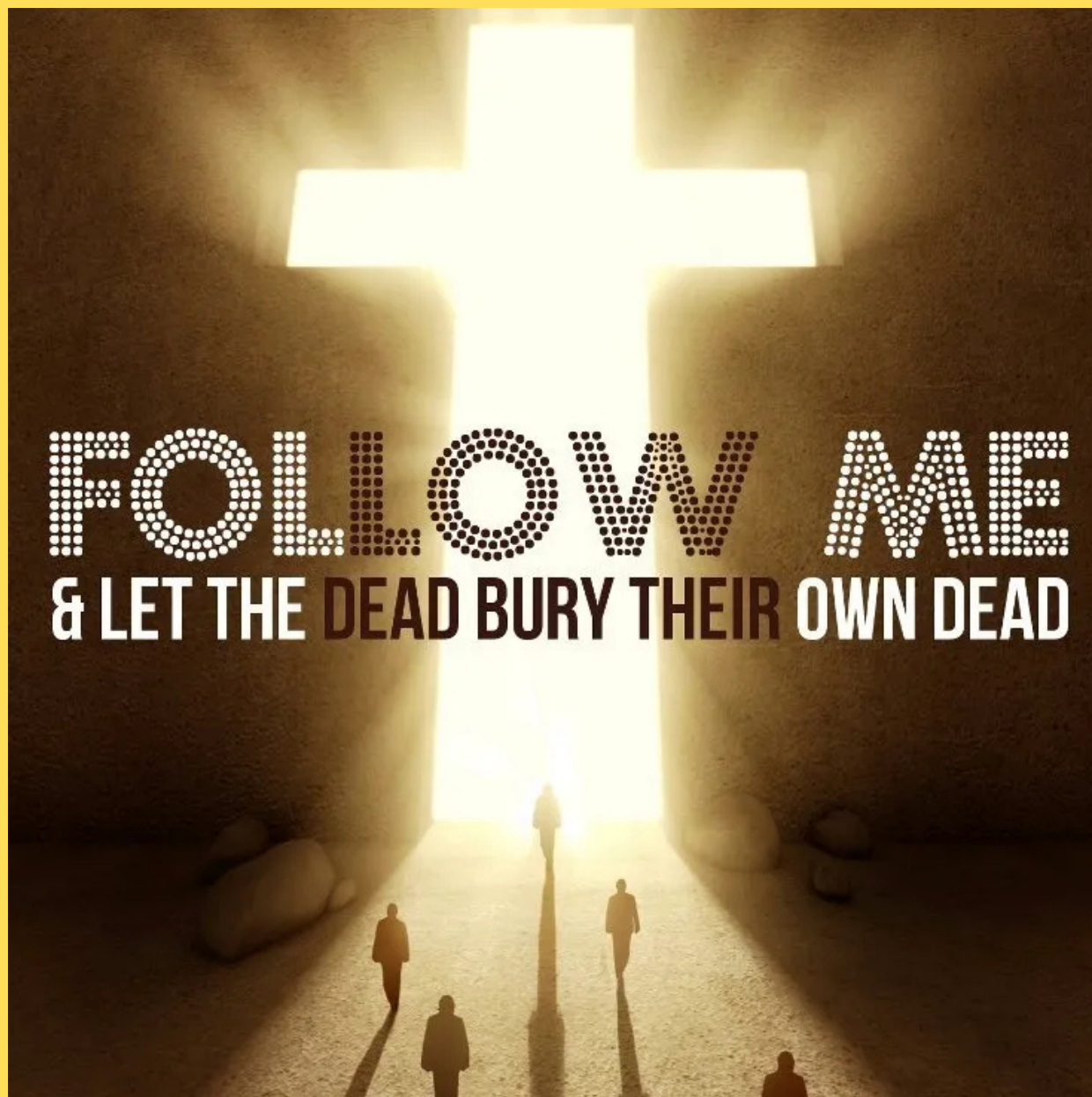


Yes the things of this world, as good as they may seem, are leading us to death! A 2025 study suggested that there were 330,000 deaths directly related to sugar and it's facets. It begs for consideration, what else is there in this world that is leading us to death? Some want to argue weather or " climate" is doing so...*I'll take this up another day.* The food we eat is primarily the killer. Sure there are environmental aspects, congenital and others but they are **co factors** to DIET and our addictions to unhealthy foods that are killing people in this world.

Then there are the unseen psychological pathogens of stress and emotions to name a few. Yes, they do kill people. These have systemic cognitive and neurological effects that manifest and are displayed in simple things like lack of sleep, emotional "rollercoaster", not "feeling like yourself" ...burnout. These are all very serious

and have very real effects on our health and is a major factor in heart disease, cancers, suicide, respiratory and digestive disorders...to mention a few ailments! Stress and emotions are killing us in this world and it's an epidemic.

It's important we take stock of how we are doing and the effect this world, the things



around us, what we are subjecting ourselves to, are having on our wellbeing. Our duty as Christians is to follow in the footsteps of our Lord Jesus, be His disciples and to live this life WITH HIM. We read about remaining as a branch on the vine:

"If you remain in Me and My words remain in you, ask whatever you wish, and it will be done for you. This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples."

John 15:8

The troubles and things of this world we must navigate and choose what we participate in; not all of them are good. In fact as we just briefly mentioned, MOST are deadly! If we remain attached to the VINE, our Lord Jesus is there in life, NOT in the carnal worldly endeavours. As we walk as disciples, drawn into the spiritual life (and navigating this carnal world), we are called

to remain focused. We read this :

“Therefore if you have been raised up with Christ, keep seeking the things above, where Christ is, seated at the right hand of God. Set your mind on the things above, not on the things that are on earth. For you have died and your life is hidden with Christ in God.”

Colossians 3:1-3

Keep seeking! Let us not succumb to the temptations and beautified things of death of this world - either things or emotions, all of which lead to one place as we stated...enslavement and death.

How to navigate all of this? As we just read, “KEEP seeking the things above, ” seek the Lord and His righteousness , seek the glory and will of our Holy Father in your life and do NOT do your own will by your own urges and desires. It’s not easy and we can’t do this BUT with the power and reliance on Holy Spirit God, Our Lord Jesus,

it is in HIS might we are able to overcome.

What others are doing around us can draw us into carnal and earthly things. How can we participate and share in life with others? Know your limits. Keep and seek the will of God before you; ask HIM to know what is right for you. Ask yourself if what you are doing is leading to life or death? Each person will choose, but is it our will or desires vs the Lord’s will that’ll be done? As we said our will and desires lead to carnal things which is spiritual death, the Lord says :

“Let the dead bury their own dead, but you go and proclaim the kingdom of God.”

Luke 9:60

We are to choose our Saviour’s blessed sacrifice and are to live the spiritual life and FOLLOW JESUS!

See you Sunday at 10:30

Pastor Bhawani -Who will you invite?

Did You Miss Sunday?

We gather at 10:30 am every Sunday at the church to worship, praise and hear the Word of God.



Wondering what our Sunday services look like?

- 10:30 ~10:50 Worship & Praise
- 10:50 ~11:25 Sermon
- 11:25 ~ 11:40 Worship & Praise
- Closing prayer

To view the most recent Sunday service from Christ Our Saviour Fellowship, please click on the link / image above.

To view the service archives please click [HERE](#)



What's Happening at COSF?

Upcoming Events & Services

- COSF Summer Clean Up- underway
- COSF YOUTH Group- Fridays
- COSF Florida Nov 1st Service
"I AM...FAITHFULNESS"
 - *COSF FLORIDA has been granted FULL 501 (3) charity status*
- Exodus series continues
 - COSF build & move - construction begins Sept 19th

CHRIST OUR SAVIOUR
FELLOWSHIP
FLORIDA

**“I AM...
FAITHFULNESS”**

1251 MARLLO ROAD
KISSIMMEE, FLORIDA

NOV. 1st, 2025
4:00 - 6:00 PM

COSF Campaign:

Church Move & Build

We are into September and preparing for our move by October 1st to unit #4. In our planning we've broken down into teams for this labour of the Lord before us, and I would like to encourage you all to be involved in the blessing that is upon us through time, labour, and donations as each is called.

In our planning and design we have identified some areas of focus and need for the new Church location setup as follows:

Our work should begin in the coming days between packing, clearing, building, setting up and decorating. Please speak with Bhawani if you are interested in helping. We ask you to pray and believe the Lord will bless COSF with:

The overall campaign and project goal is \$17,500
CURRENT TOTAL \$10,000 / \$17,500

Media and Display :
computer
4k cameras x2
audio mixer
stage lights

Building & Design
wall build
stage and media setup
kitchen area
flooring



COSF ORIGINAL

Productions

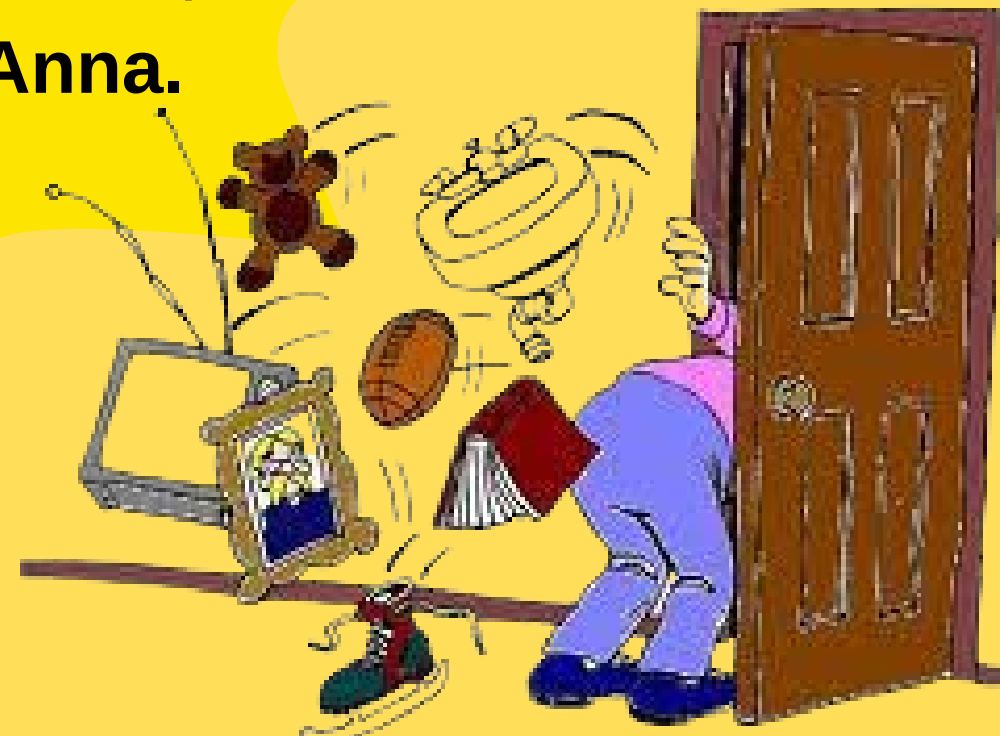
In harnessing the latest media tools the COSF social media & production team, being led by the Holy Spirit, are overjoyed to share with you COSF ORIGINAL scriptural video productions! Our hope is these will touch the hearts of the people and be used globally to help lead people to the truths and glory of our Lord and Saviour Jesus Christ. Be sure to check back frequently as we are full steam ahead in production!



click here to see more

CLEANUP CREW

WE'VE STARTED the process of clearing out unneeded items in the house of the Lord. If you wish to participate and help itemize, move, or declutter, please speak with Anna.



WE'RE MOVING

#7



#

4

EFFECTIVE DATE : OCTOBER 1st, 2025

. Please speak to us to see how you can help in moving
and building the House of God!

NEW LOCATION: Unit #4



Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.
2 Corinthians 9:7

[CLICK HERE TO DONATE](#)

We thank the Lord for ALL He has done and the magnificent labour that we are being led to do in His righteous name. COSF continues the programs that we have been led to offer along side regular Sunday services.

- International / Local missions & revival events**
- Variety of classes and courses to strengthen God's people:**
 - Alpha film series, Alpha Youth, Conquer series**
 - Discipleship series, Mentorship-based Ministry Leadership Certificate**

Jacob Martins & Laura Morris



YOUTH WALK

Hello everyone! Jacob and Laura here. Laura encouraged me this week to tell a little bit of my own story when I was your age, and we think it'll be relevant to many of you. When I went into grade 9, I didn't know who I was. I found that everyone in high school had a thing, something that they defined who they were. You had kids that were big into music, many that were big into sports or studies or 'social' people who were always wanting to be well-liked and popular. I found what I thought was my identity at the end of grade 9 during the track team tryouts. I tried out for the discus throw (try googling it if you haven't seen someone throw before) and at my first practice, I picked that thing up and LAUNCHED IT! I was set, I was now 'Jacob the discus thrower.' Looking back it seemed so silly, but everything I did was about being a better athlete, so one day I could be an Olympian. I used to think to myself "I am eating this because I want to be better at discus ... I am going to bed early ... stretching ... not having fun with friends" ... all because of discus. I was obsessed with it ... discus was my identity; it became who I was and dictated everything I did. Little did I know, that being an athlete was not who God said I was. And this is what we want to talk about today. As we grow up, especially as we're

going through high school, we are presented with all types of clubs, career choices, friends, possible identities and interests ...all things that we can "be" and have as the source of our identity - aka our 'first love'. But what does God say should be our first love? Our Lord Jesus says in Mark 12:30 the greatest commandment of all is "Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength." God wants to be our First Love and have Him at the centre of our lives. God never says that we cannot enjoy life, have hobbies and friends, but they can never take His place as first in our lives. As you continue in this school year, remember that God alone will satisfy the longing that we have in our hearts and He richly blesses those who put Him first in all we say and do. God bless you all.



Highschool Faith

@ COSF Youth Group :

We're so happy to be launching our youth group on October 3rd! This is a great opportunity to grow, support and share our faith with each other. As part of our group initiative we are launching "MADE FOR THIS", a national prayer for schools. We are focusing our efforts and prayers in the Barrie area. We welcome you to join us on this exciting journey!

**THEY ARE
MADE FOR
THESE TIMES.**

Curious, Driven, Energetic: Our high schools are filled with visionaries and dreamers who will transform our country.

This generation is our future
— let's come together to pray for them.



DON'T FORGET:

Friday Night Youth Group

Begins October 3rd 7:00pm

[REGISTER HERE](#)

Schools we're praying for:

St. Josephs High School

Eastview Secondary School

Barrie North Collegiate

École Secondaire Nouvelle-Alliance

St. Mary's Catholic School

Unity Christian High School

Innisdale Secondary School

Heritage Christian Academy

St. Joan of Arc High School

Bear Creek Secondary School

École Secondaire Roméo-Dallaire

St. Peters Secondary School

Maple Ridge Secondary School

classes & study

Alpha Film Series

The Alpha Film Series is emotive, engaging and epic in scale and scope. Nicky Gumbel and two new presenters, Toby Flint and Gemma Hunt, walk through the basics of the Christian faith in a way that everyone can relate to. The episodes feature inspiring stories and interviews from all around the world, as well as visual illustrations and motion graphics.

ALPHA film series - FALL Session

Tuesday October 7th 7:00pm

[REGISTER HERE](#)

Location: Christ Our Saviour Fellowship

Address: 250 Bayview Dr. Unit # 7,

Barrie ON

Cost : FREE



Alpha Youth Series is designed to engage students (11-18) in conversations about life, faith and Jesus. Discussion time is interspersed throughout the short talks to make it simpler for them to share their thoughts and questions.

**New session of Alpha YOUTH series
FALL COURSE - FRIDAY YOUTH GROUP**

**Location: Christ Our Saviour Fellowship
Address: 250 Bayview Dr. Unit # 7, Barrie ON
Cost : FREE**



Alpha YOUTH! Series

The PRE Marriage Course



The PRE - Marriage Course is an opportunity for you to invest in your relationship through five in-person or online date nights created to help you to learn to communicate well, understand and appreciate your differences, and prepare for potential challenges.

New Sessions Begins in 2025- stay tuned
Location: Christ Our Saviour Fellowship
Course Journal required: a free PDF provided OR
The Pre Marriage Journal available to purchase for \$15 each.

The Marriage Course runs over seven sessions, and each session begins with sharing dinner as a couple, followed by a fun, insightful video covering topics that are relevant for every couple like Good Sex or Resolving Conflict. In short? Your marriage. But better challenges.

New Sessions Begins in 2025- stay tuned
The Family Unit is vital and we're excited to introduce the Marriage course at COSF to help support the family unit! Please contact us if you are interested in participating in this course please contact us.

Location: Christ Our Saviour Fellowship
Cost: workbook approx \$18



The Marriage Course

Men's Conquer Series

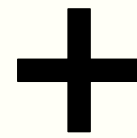
The Conquer Series is a powerful cinematic study that is transforming the lives of men around the world. Now in two action packed volumes, each containing Biblical teaching and proven principles to help men conquer porn and walk in freedom.

Men are finding freedom by the thousands. Dr. Ted Roberts, host of the Conquer Series, has personally counselled over 10,000 men with a 90% success rate. He's taken his proven Biblically-based process and incorporated it into the Conquer Series. We are now seeing thousands of men finding freedom from porn and remaining free for years!

2025 Course Dates - TBD

Contact us to find out more OR if you would like sign up for the upcoming course.





MINISTRY LEADERSHIP

2 YEAR DIPLOMA

DETAILS: 12 OR 20 COURSE PROGRAMS, EACH COURSE 8 WEEKS COMPLETED AT OWN PACE, ALL COURSES PER ROUTE COMPLETED WITHIN 2 YEARS

12 COURSES - CERTIFICATE OF COMPLETION

20 COURSES - DIPLOMA (ACCREDITED) WITH POTENTIAL TO BE APPLIED TOWARDS 25 COURSE DEGREE WITH KAIROS.

WHERE: ONLINE

MATERIAL: PROVIDED PER COURSE

COURSE DATES: BEGINS SOON - AUGUST 2025

COSF has partnered with ARTOS ACADEMY formerly Our daily Bread Ministries international institute to offer a mentorship-based 2 year ministry leadership certificate. By participating in this program, you are at the forefront global theological training for the nations! We thank the Lord for His leading in this!

UPDATES:

WE HAVE THE LOGIN AND REGISTRATION !!
WITH THE MOVE WE HAVE DESICED TO DELAY THE COURSE UNTIL WE HAVE SETTELED OCT 1ST IN THE NEW UNIT.

I WILL SEND AN EMAIL OUT REGARDING REGISTRATION, THE FEES AND HOW WE WILL PROCEED.

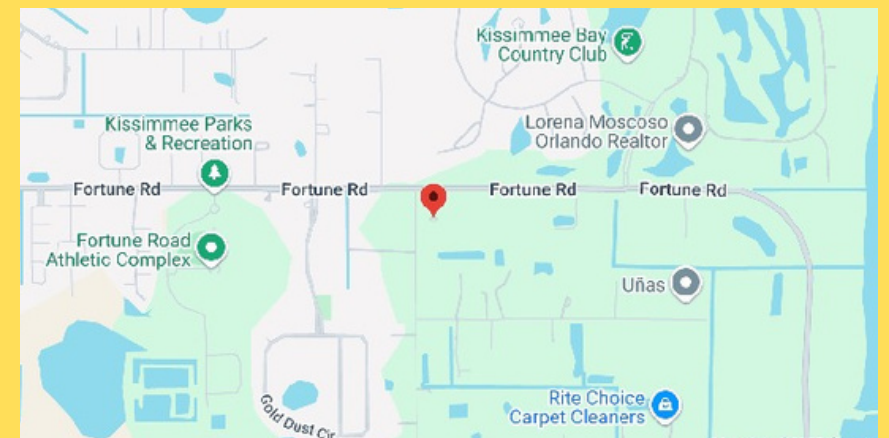
COSF

FIELD notes

Christ Our Saviour Fellowship Florida

"I AM FAITHFULNESS"

We are looking forward to our next service in Florida! As we seek the Lord for guidance and preparations are under way, please pray for those who are again going forth as we continue to preach through the series on Galatians 5.



Date: November 1st, 2025

Times: 4:00pm - 6:00pm

**Location: 1251 Marllo Road,
Kissimmee, Florida**

**[Click here to help support
COSF Florida Church](#)**



COSF Africa

COSF Africa - we are currently planning the farming project and planting which is to occur in the coming few months. This will allow the COSF Africa Church to be self sustaining within the next 2 harvests!



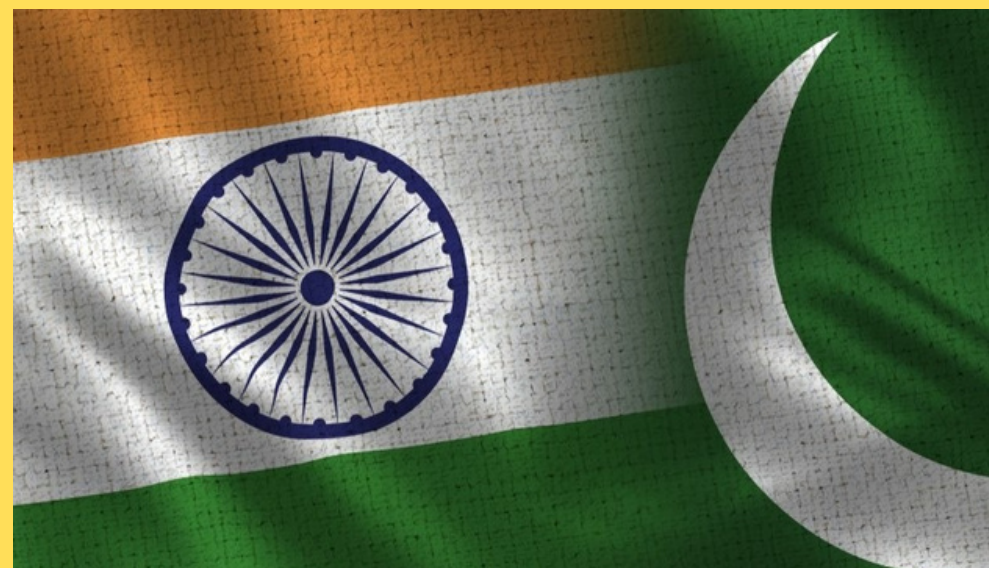
COSF In-the-nations

COSF Caribbean



The waters of baptism await as the Word is preached and hearts are turned by the grace of the Lord. Please pray the Lord continue to move in the hearts of those throughout the region.

CHRIS⁺**OUR**
SAVIOUR
— F E L L O W S H I P —



COSF India & Pakistan Region

The Alpha Film Series will be launching in the coming weeks for those in the Pakistan /India region.



COSF Central & South America

COSF @ Home

The Shepherd's Table

Our Shepherd's Table Ministry provides warm, nutritious meals for those in need locally and in the missions field where we are called.

We will be out this Saturday from 1:00-3:00.
Thank you all for your support and participation in the street ministry in Barrie

Menu: LAST WEEK - grilled chicken, roasted pots/ veg

Sept 27th - Hot Dogs and Potato Salad

[Please click here to support](#)

Need a Ride to Church?

COSF & Right Now Media Library



We have launched the right now media app. As we populate some of the rooms, you may receive an email asking you to download the app and join. If you are already using the right now media app (scan the QR code below) you can find the message rooms at the bottom in the message bubble. One of these groups is for Sunday transportation if you require a ride to Church on Sundays. Please let us know if you require a ride prior to Sunday as this will help us to coordinate things easier.



Escanee el código QR para acceso GRATUITO

Have you seen the COSF Library...

HEAVEN

What will Heaven be like? Who will be there? What will we do? Here are four glorious glimpses of that City whose builder and maker is God.



Prayers For The Saints

Church Prayer - Tuesday Mornings both your pastors are praying for YOU during our church prayer time. If you have a specific need or request please email us at:

info@christoursaviourfellowship.com

Please Pray For:

- pray for COSF Africa as we prepare to go forth after the discipleship course to share the Good News, the Gospel through the region. Also pray for the new Shepherd's harvest program as we prepare to launch this in the near future.
- Please pray for those participating in the leadership program that begins in the next few weeks. Pray the Lord uphold each of them, that they are successful in this:
Sandy, Laura, Robin, Ellie, Anna, Ted, Gina, Jacob, Noah, Emma, Gertie
- The Youth need prayer and support - please pray for the Lord to lead and create a weekly youth group beginning in October.

- COSF church location - The Lord has answered and blessed us with a new location! Please continue to pray for His guidance, provisions as we move to unit #4. With this move please pray for the Lord's provision for upgrades and building of \$17,500 for His church.

Pray for the labour and work of the new location to be completed on time, that everyone is joyous and safe in helping.

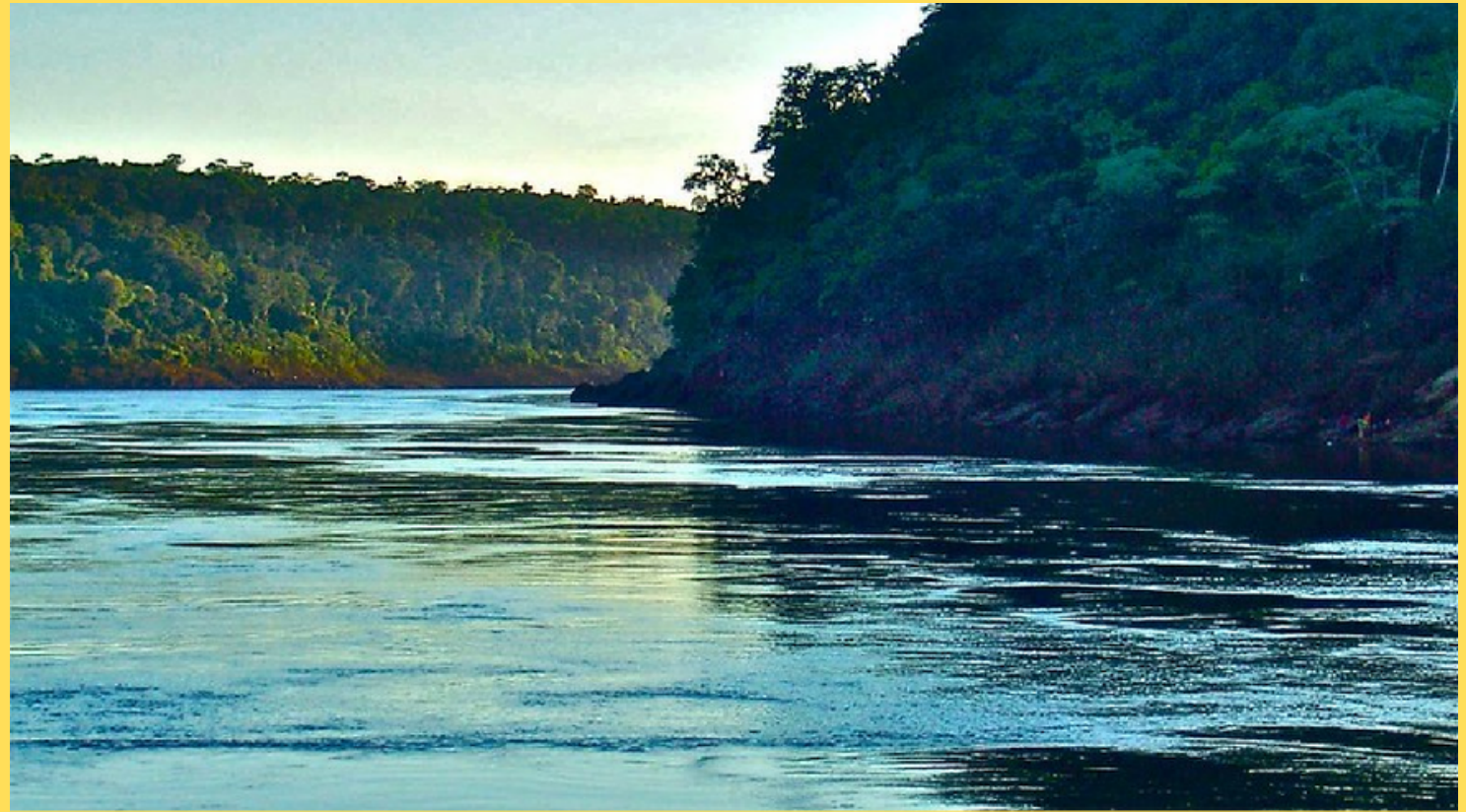
- Please pray for the street mission and continued support for feeding and providing for the Lord's people
- COSF Worship Service NOV 1/25. Please pray the Lord lead us in delivering His word to the people of Kissimmee Florida, safety and provision. The Lord has ANSWERED our prayers about location and Nov 1, Dec13th, Jan 31st is set!
- Please pray for everyone in the congregation for help of the Lord to overcome challenges of the past, rebuke the lies of the evil one, grow in the Lord and to realize the glory of God in their lives.

Scripture Memory Verse

Life Hidden In Christ

*“For you have died and your life
is hidden with Christ in God”*

Colossians 3:3



Are you ready to accept our Lord Jesus Christ as your personal Saviour and be obedient unto His command of Baptism? Please speak with us.

COLOSSIANS 3:3

**“FOR YOU
HAVE DIED AND
YOUR LIFE IS
HIDDEN WITH
CHRIST IN
GOD.”**