

CONTRAIN.

December 3rd, 2025 EDITION

Join Us Every Sunday at 10:30am 250 Bayview Drive Unit #4 Barrie, ON L4N4Y8

www.christoursaviourfellowship.com info@christoursaviourfellowship.com



Seming ... Tills ... Tills

My adolescence was chalked full of action movies about men serving their country, and I was so moved that at the ripe age of 17 years old, I attended a recruiting seminar for the Canadian Armed Forces. I went in with full intentions to eventually enlist and serve my country. I quickly learned that the six week boot camp I saw on the big screen, was in Canada an actual six month ordeal in

the Nova Scotia wilderness. Fear won the battle that day over the desire for adventure and to serve my country, and I ran out of that recruiting session as fast as possible.

Over the years Gina and I have come to know different people in our lives who served in the military. Some enlisted and served locally, while some were deployed and experienced combat abroad. The cost to combat veterans physically, emotionally and mentally was quite evident; some never returned to what many would call a normal life, and there are many still lost in their own wilderness of life.

Make no mistake there is a cost to putting service of any kind over the comforts of life.

Many do for the greater good at the expense of relationships, but that is where comparisons between carnal life and Kingdom life end.

Kingdom life calls us into a relationship with our Lord and Saviour Jesus Christ.

We are called into God's Kingdom to serve the one true living God, a God so loving that He sent His one and only Son Jesus Christ to atone for our sins so that we could be saved.

Service to God and His Kingdom comes at a cost all right; the cost of discarding all things fleeting and impermanent that our carnal flesh and this world holds dear and important; so much so that this world persecutes disciples of Jesus for choosing otherwise. We read of this in Paul's letter to the Corinthians:

"For momentary, light affliction is producing for us an eternal weight of glory far beyond all comparison, while we look not at the things which are seen, but at the things which are not seen; for the things which are seen are temporal, but the things which are not seen are eternal."

- 2 Corinthians 4:17-18

There is eternal salvation in putting Jesus Christ first! This is the spiritual life and what it means to live in God's Kingdom. We are surrounded by a world that would see us prioritize family, friends, money or anything else over God, but His Kingdom is here just as our Lord and Saviour tells us in Matthew's Gospel: "But if I cast out demons by the Spirit of God, then the kingdom of God has come upon you."

- Matthew 12:28

The Kingdom has come upon us ... AMEN?!?!
We have the choice to serve a mighty and loving God and Father who wants only the best for us. He loves us and this is critical. We love our families and can think they are the most important thing in our lives, but we can't truly love them unless we love Jesus Christ first! It is the love of Jesus Christ that takes over our hearts and actually teaches us how to

love the way God truly means for us to be loved. John writes of this in his first epistle, "We love, because He first loved us."

- 1 John 4:19

Thank God He loved us first and saved us. Thank God he teaches us how to love and shows us He must come first. Without God we are all like that scared teenager in the recruiting office with grand notions of adventure, heroism and travel, only to fear the transformation required to become a new man and soldier. God calls us away from this carnal life to spiritual life in His Kingdom. Service to God is about obedience to God and loving one another as Jesus loves us, and this is accomplished in loving Jesus and putting Him first in your life.

I leave you with the words of our Lord and Saviour out of the Gospel of Matthew:



"He who loves father or mother more than Me is not worthy of Me; and he who loves son or daughter more than Me is not worthy of ME. And he who does not take his cross and follow after Me is not worthy of Me. He who has found his life will lose it, and he who has lost his life for My sake will find it."

- Matthew 10:37

Lose yourself in Jesus and find eternal life with Him. Amen and God bless you.

See you Sunday at 10:30 Pastor Ted - Who will you invite?

Did You Miss Sunday?

We gather at 10:30 am
every Sunday at the church
to worship, praise and hear
the Word of God.



Wondering what our Sunday services look like?

- 10:30 ~10:50 Worship & Praise
- 10:50 ~11:25 Sermon
- 11:25 ~ 11:40 Worship & Praise
- Closing prayer

To view the most recent Sunday service from Christ

Our Saviour Fellowship, please click on the link / image above.

To view the service archives please click <u>HERE</u>





What's Happening at COSF?

Upcoming Events & Services

- COSF YOUTH Group Fridays Evenings
- COSF Florida Dec 13th Service
- "I AM...GENTLENESS"
 - December 21st COSF Christmas Lunch
 - December 24th Christmas Eve Service
 - December 31st New Years Eve Service
- Exodus series continues for the Fall
 - Fall 2026 Mission Trip South Africa,
 Kenya & Uganda

COSF ORIGINAL Productions

In harnessing the latest media tools the COSF social media & production team, being led by the Holy Spirit, are overjoyed to share with you COSF ORIGINAL scriptural video productions! Our hope is these will touch the hearts of the people and be used globally to help lead people to the truths and glory of our Lord and Saviour Jesus Christ. Be sure to check back frequently as we are full steam ahead in production!



click here to see more

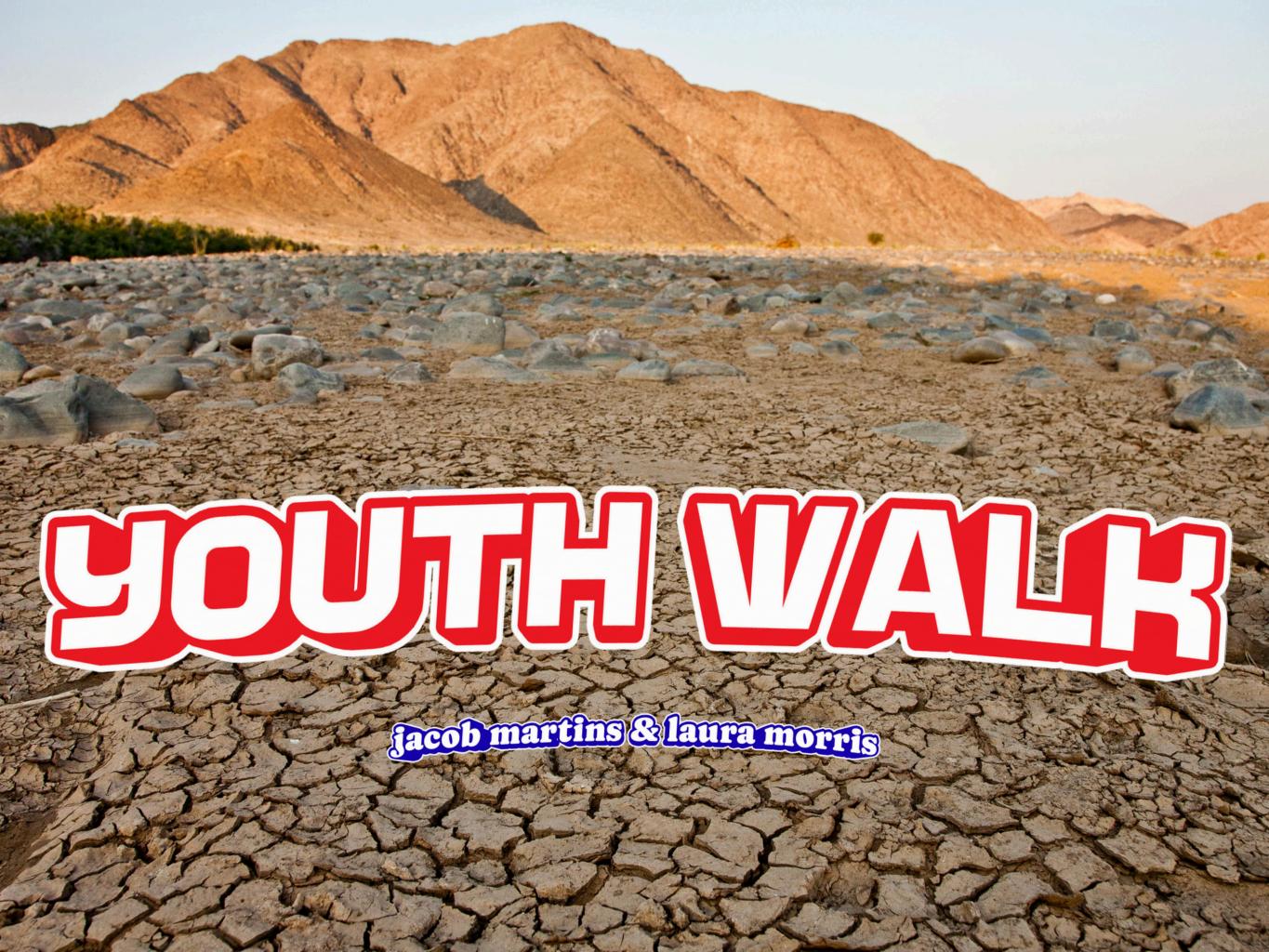


Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver. 2 Corinthians 9:7

CLICK HERE TO DONATE

We thank the Lord for ALL He has done and the magnificent labour that we are being led to do in His righteous name. COSF continues the programs that we have been led to offer along side regular Sunday services.

- -International / Local missions & revival events
- -Variety of classes and courses to strengthen God's people:
- -Alpha film series, Alpha Youth, Conquer series
- -Discipleship series, Mentorship-based Ministry Leadership Certificate



Hi everyone! Jacob and Laura here :) We hope you are all having a good week, especially as we are getting down to the final stretch before the Christmas break, woooooo! It seems like Christmas is coming at the perfect time, because (as I'm sure you are all thinking) we need a bit of rest! Last Sunday at COSF, we spoke about the Israelites being freed from slavery and how God led them through the desert wilderness. It was there that the people saw that they had nothing to satisfy their bellies and were in need of food and water. But even though the desert was empty, God supernaturally provided for His people, giving each one what they needed. Praise God. Our Lord Jesus speaks of this in the book of Matthew, chapter 6. Here He says that our Father knows we need food, drink and clothing. But we should not worry because He WILL faithfully provide them for us, if we seek first the kingdom of God and His ways in our lives.

God promises to provide for every material need, but what about the unseen things? Say God just provided you with your first job, but you don't have the confidence to talk with customers all day. Maybe He is leading you to apply to university or college, but you don't know how you can ever get good enough marks. Maybe it is overcoming a certain

sin or broken way of your heart that God says is wrong. In these situations we experience every day, we come face to face with the fact that we really need help. So what do we do? We must trust in God. Paul writes in Philippians 4:19 "And my God will meet all your needs according to the riches of his glory in Christ Jesus". If we seek God first in our lives and truly rely on Him, no matter where He leads us, God promises to give us what we need.

We want to encourage you in this, surrender your needs to God and ask Him to help you. Remember, God supplied our greatest need, the forgiveness of our sins. Our Lord Jesus saved us from our sin and death when He died on the cross. He provided a way for us, broken people, to have a relationship with Him. He supplied us with our greatest

If He gave us that, we can have faith that He will give us all things.



Highschool Faith

@ COSF Youth Group

We're so happy to be launching our youth group on October 3rd! this is a great opportunity to grow, support and share our faith with each other. As part of our group initiative we are launching "MADE FOR THIS", a national prayer for schools. We are focusing our efforts and prayers in the Barrie area. We welcome you to join us on this exciting journey!

THEYARE MADE FOR THESE TIMES.



This generation is our future

- let's come together to pray for them.

DON'T FORGET:

Friday Night Youth Group EVERY FRIDAY @ 6:45pm LET US KNOW YOU ARE COMING

Schools we're praying for:

St. Josephs High School
Eastview Secondary School
Barrie North Collegiate
École Secondaire Nouvelle-Alliance
St. Mary's Catholic School
Unity Christian High School
Innisdale Secondary School
Heritage Christian Academy
St. Joan of Arc High School
Bear Creek Secondary School
École Secondaire Roméo-Dallaire
St. Peters Secondary School
Maple Ridge Secondary School

Hello everyone. This week I have been speaking with a brother from Kenya, who had a prayer request for his own brother. He was hospitalized this week after being attacked at night on his way home. Thank God he survived, but is still struggling with injuries. We lift our brother up to the Lord, and pray He would bring healing and the peace of the Holy Spirit to our brother and His family. We trust that Jesus will provide His people with everything they need, and will never forsake them!

Hello everyone! As we continue into the colder months, another sister has messaged me that her children are needing warm clothes for school. There is a lot of unemployment in their region and her husband has shoulder problems which makes him unable to do heavy work. This has them in a difficult situation. Please pray for our sister and her family, that the Lord continue to strengthen and encourage them as He is faithful to provide for and uphold those who are His. Please also pray for her husband's shoulder, for healing, and that they may find employment soon.

classes & study

Alpha Film Series

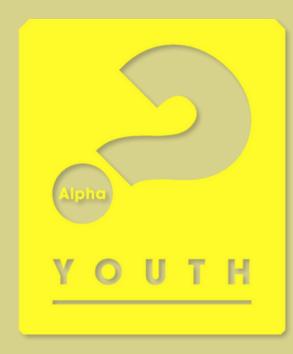
The Alpha Film Series is emotive, engaging and epic in scale and scope. Nicky Gumbel and two new presenters, Toby Flint and Gemma Hunt, walk through the basics of the Christian faith in a way that everyone can relate to. The episodes feature inspiring stories and interviews from all around the world, as well as visual illustrations and motion graphics.

Alpha

ALPHA film series - ONLINE WINTER

Location: ONLINE

Cost: FREE



Alpha Youth Series is designed to engage students (11-18) in conversations about life, faith and Jesus. Discussion time is interspersed throughout the short talks to make it simpler for them to share their thoughts and questions.

New session of Alpha YOUTH series
FALL COURSE - FRIDAY YOUTH GROUP

Location: Christ Our Saviour Fellowship

Address: 250 Bayview Dr. Unit # 4, Barrie ON

Cost: FREE

Alpha YOUTH! Series

The PRE Marriage Course



The PRE - Marriage Course is an opportunity for you to invest in your relationship through five inperson or online date nights created to help you to learn to communicate well, understand and appreciate your differences, and prepare for potential challenges.

New Sessions Begins in 2025- stay tuned Location: Christ Our Saviour Fellowship Course Journal required: a free PDF provided OR The Pre Marriage Journal available to purchase for \$15 each. The Marriage Course runs over seven sessions, and each session begins with sharing dinner as a couple, followed by a fun, insightful video covering topics that are relevant for every couple like Good Sex or Resolving Conflict. In short? Your marriage. But better challenges.

New Sessions Begins in 2025- stay tuned The Family Unit is vital and we're excited to introduce the Marriage course at COSF to help support the family unit! Please contact us if you are interested in participating in this course please contact us.

Location: Christ Our Saviour Fellowship
Cost: workbook approx \$18

The
Marriage
Course

The Marriage Course

Men's Conquer Series

The Conquer Series is a powerful cinematic study that is transforming the lives of men around the world. Now in two action packed volumes, each containing Biblical teaching and proven principles to help men conquer porn and walk in freedom.

Men are finding freedom by the thousands. Dr. Ted Roberts, host of the Conquer Series, has personally counselled over 10,000 men with a 90% success rate. He's taken his proven Biblically-based process and incorporated it into the Conquer Series. We are now seeing thousands of men finding freedom from porn and remaining free for years!

2025 Course Dates - TBD

Contact us to find out more OR if you would like sign up for the upcoming course.





MINISTRY LEADERSHIP 2 YEAR DIPLOMA

DETAILS: 12 OR 20 COURSE PROGRAMS, EACH COURSE 8 WEEKS COMPLETED AT OWN PACE, ALL COURSES PER ROUTE COMPLETED WITHIN 2 YEARS

12 COURSES - CERTIFICATE OF COMPLETION

<u>20 COURSES</u> - DIPLOMA <u>(ACCREDITED)</u> WITH POTENTIAL TO BE APPLIED TOWARDS 25 COURSE DEGREE WITH KAIROS.

WHERE: ONLINE

MATERIAL: PROVIDED PER COURSE

COURSE DATES: BEGINS SOON - AUGUST 2025

COSF has partnered with ARTOS ACADEMY formerly Our daily Bread Ministries international institute to offer a mentorship-based 2 year ministry leadership certificate. By participating in this program, you are at the forefront global theological training for the nations!

We thank the Lord for His leading in this!

COURSE 1- GETTING STARTED

NOW UNDERWAY!

COURSE 2 - EFFECTIVE MINISTRY COMMUNICATIONS

STARTING NOW!

Christ Our Saviour Fellowship Florida

"I AM GENTLENESS"

We are looking forward to our next service in Florida! As we seek the Lord for guidance and preparations are under way, please pray for those who are again going forth as we continue to preach through the series on Galatians 5.





Date: December 13th, 2025 Times: 4:00pm - 6:00pm Location: Kissimmee, Florida

Click here to help support **COSF Florida Church**

AFIE MESICA

Are you being called?



Stay tuned and prayerful about the new mission field for COSF. We will be involved in visitation to COSF Africa- Kenya & Uganda South Africa Biblical teachings for children and more.





COSF Africa - planning for the January/February first planting of the year is underway. The land will be ploughed a second time, seeds purchased and ready for labouring hands.



COSF In-the-nations

COSF Caribbean



The waters of baptism await as the Word is preached and hearts are turned by the grace of the Lord. Please pray the Lord continue to move in the hearts of those throughout the region.





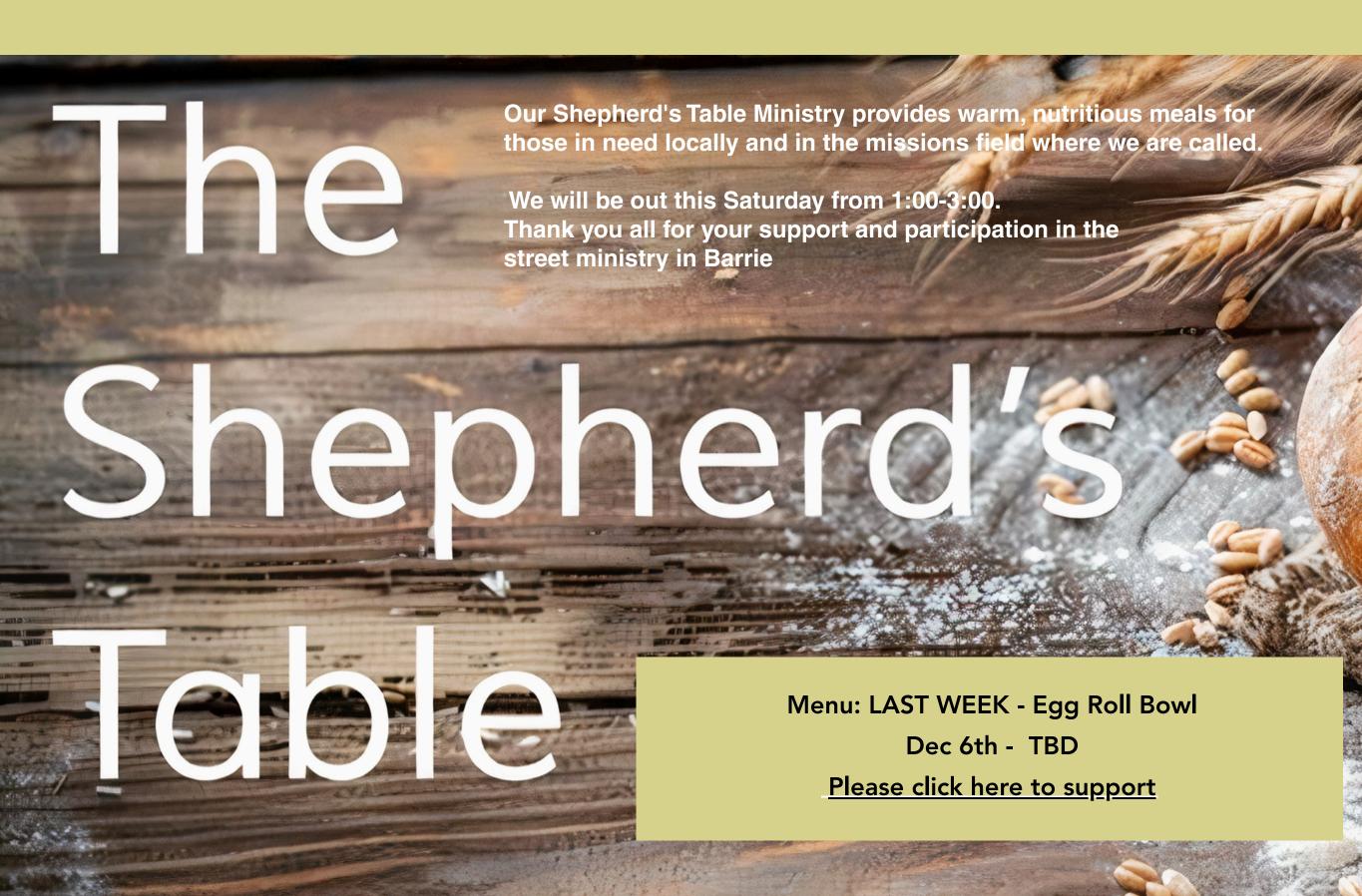
COSF India & Pakistan Region

The Alpha Film Series will be launching in the coming weeks for those in the Pakistan /India region.



COSF Central & South America

COSF @ Home



Need a Ride to Church?

COSF &
Right Now
Media
Library



We have launched the right now media app. As we populate some of the rooms, you may receive an email asking you to download the app and join. If you are already using the right now media app (scan the QR code below) you can find the message rooms at the bottom in the message bubble. One of these groups is for Sunday transportation if you require a ride to Church on Sundays. Please let us know if you require a ride prior to Sunday as this will help us to coordinate things easier.





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Have you seen the COSF Library ...

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In a world of constant change, how can we anchor ourselves to the unchanging word of God? This seven-session study dives into Paul's rich teachings on cultivating a life marked by faith, hope, and love. We'll learn what it means to turn from idols to serve the living God, proclaim the gospel boldly, and establish our identity in Christ alone. As we grapple with sanctification – in our sexuality, our care for others, and in the face of death itself – we'll gain wisdom for living each day with purpose. This study offers life-giving truths to deepen your walk with Jesus.

Prayers For The Saints

Church Prayer - Tuesday Mornings both your pastors are praying for YOU during our church prayer time. If you have a specific need or request please email us at: info@christoursaviourfellowship.com

Please Pray For:

- pray for COSF Africa as we prepare to go forth after the discipleship course:
 - we are preparing the field for February planting
 - we are planning a street ministry of preaching
 - there are needs for the health of some of the brothers and their families. Please pray for Brother Martin whose father has been called home to be with the Lord.
 - Please pray for brother Mathias's wife as she struggles with a heart condition and failure.
- Please pray for the street mission and continued support for feeding and providing for the Lord's people especially now in the colder weather

• Please pray for those participating in the leadership program. There are always challenges we face as we draw closer to the Lord: Please pray for:

Sandy, Laura, Robin, Ellie, Anna, Ted, Gina, Jacob, Noah, Emma, Gertie

- COSF Worship Service Dec 13, 2025. Please pray the Lord lead us in delivering His word to the people of Kissimmee Florida, safety and provision.
- The Youth / Youth Group need prayer and support. Please pray for the Lord to lead and create a weekly youth group.
- Please pray for everyone in the congregation for help of the Lord to overcome challenges of the past, rebuke the lies of the evil one, grow in the Lord and to realize the glory of God in their lives.
- Pray for the people throughout the world who are experiencing hardships, homelessness, death, persecutions in all countries. Pray the Lord bring relief, healing, love and care to each person.

Scripture Memory Verse

Seek First His Kingdom

"But seek first His kingdom and His righteousness, and all these things will be added to you."

Matthew 6:33



Are you ready to accept our Lord Jesus Christ as your personal Saviour and be obedient unto His command of Baptism? Please speak with us.

Matthew 6:33

"But seek first His kingdom and His righteousness, and all these things will be added to you."