

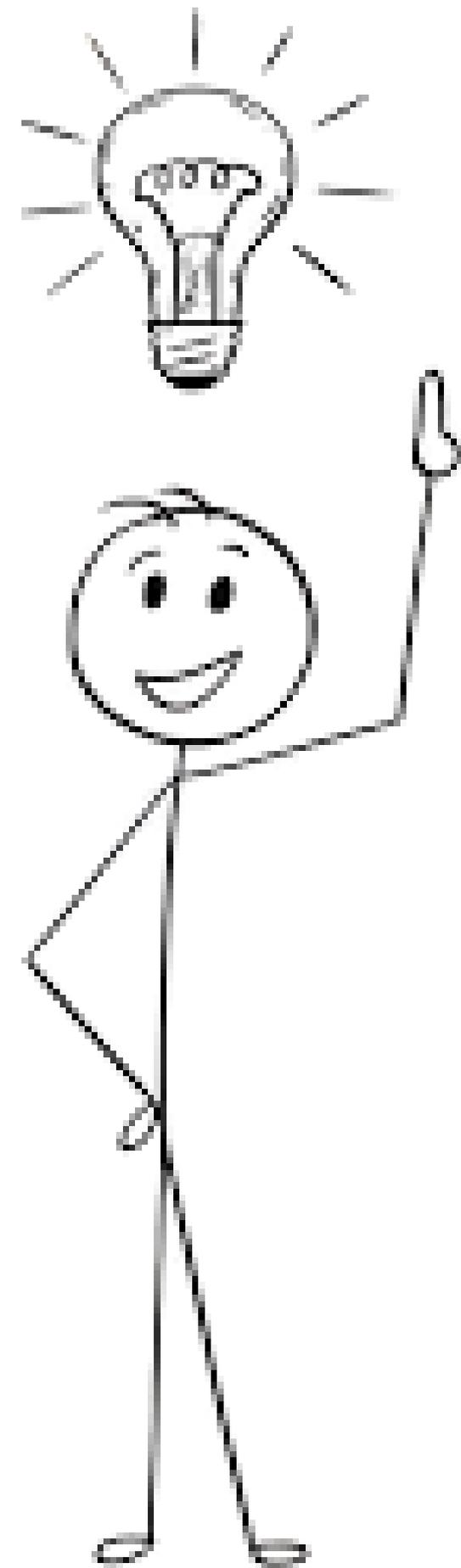
January 21st, 2026
EDITION

CHRIST  **OUR SAVIOUR**
— FELLOWSHIP —

Weekly Connection

Join Us Every Sunday at 10:30am
250 Bayview Drive Unit #4
Barrie, ON L4N 4Y8

www.christsaviourfellowship.com
info@cosfchurch.com

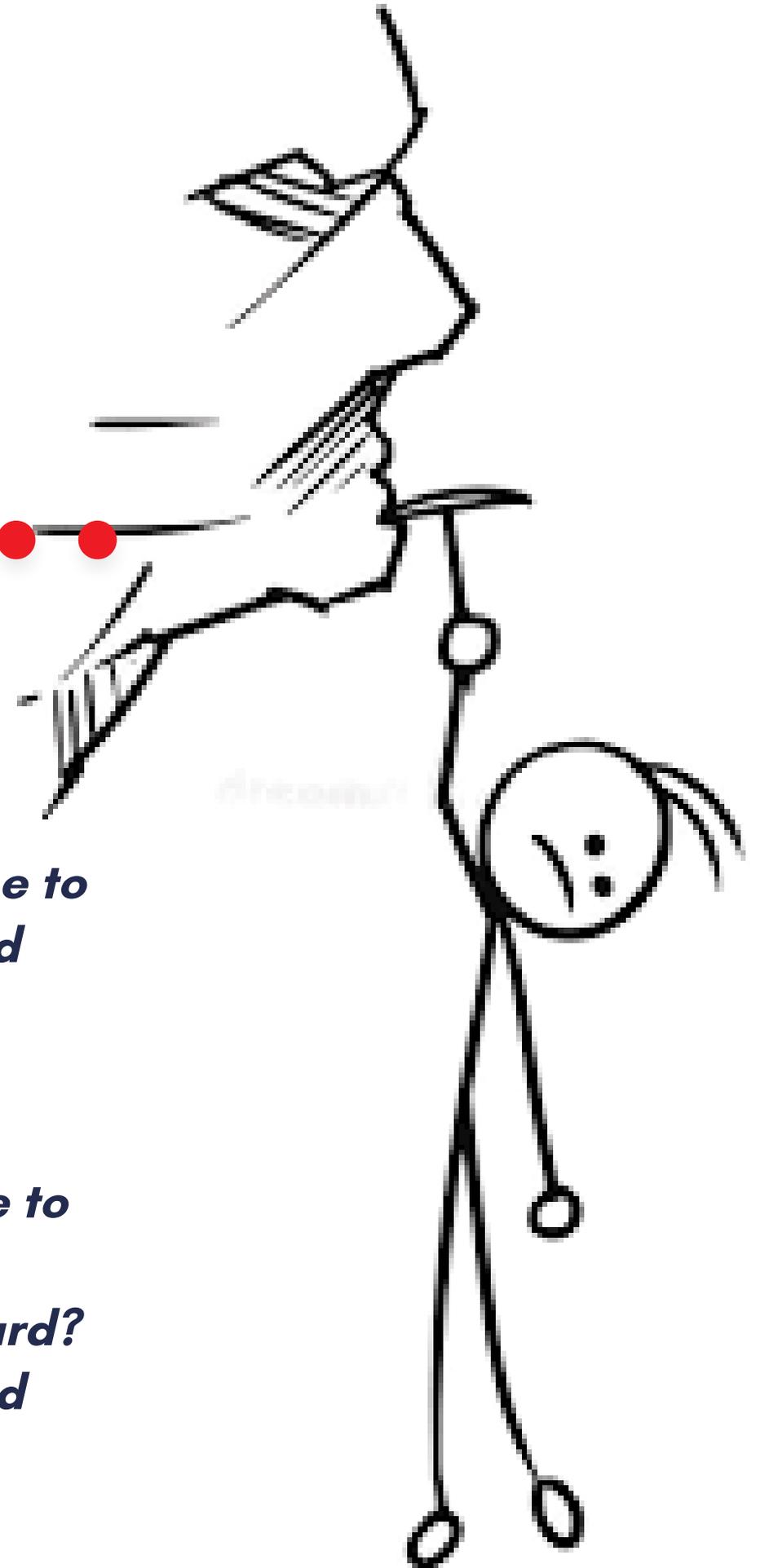


A Way Forward...

Have you ever had one of those great epiphanies that seemed to just strike you out of nowhere? You know the EUREKA! moment where a world changing idea came to you? It's like one of those thoughts where you think (and hope)

"nobody has ever done anything like this before!! I just have to!"

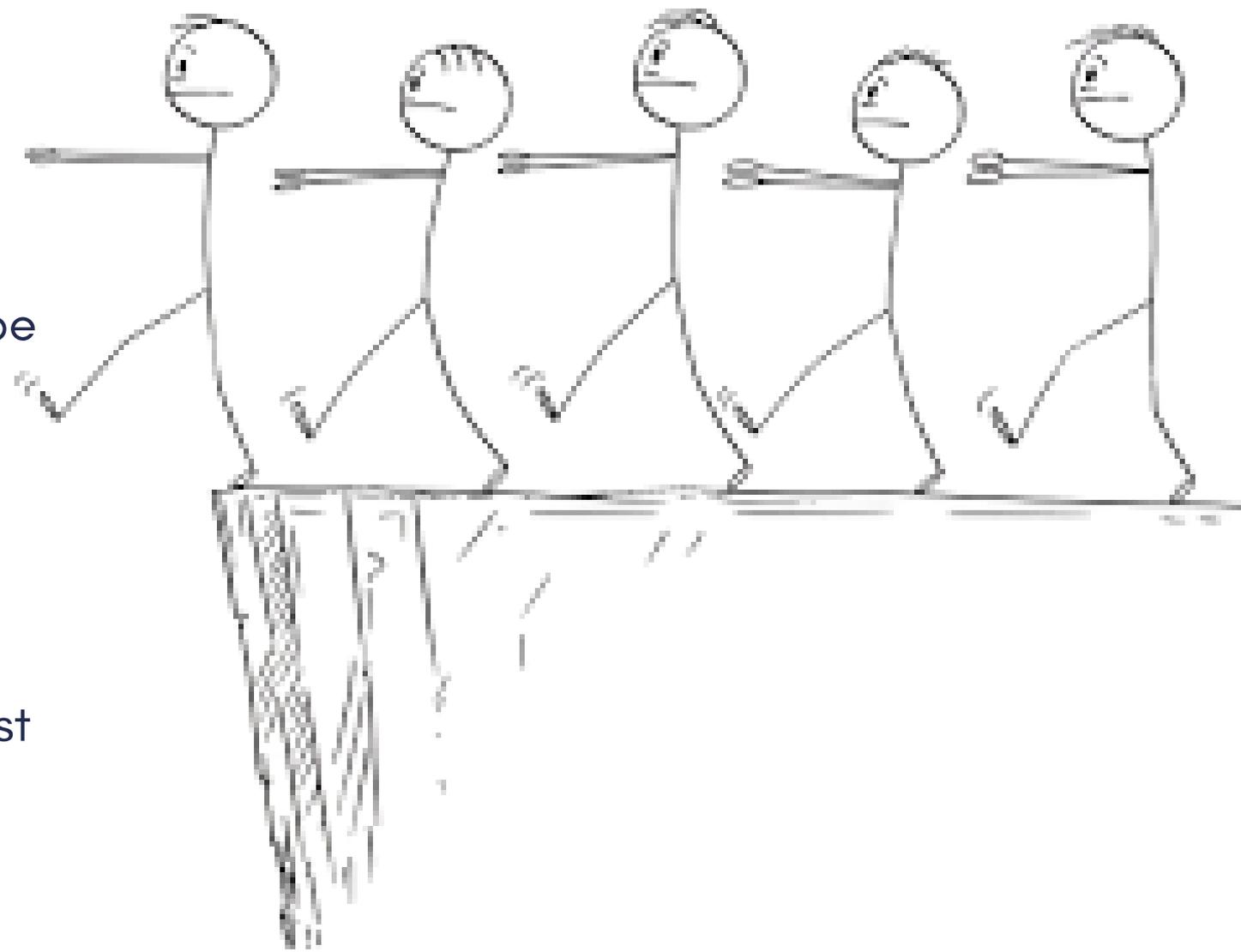
Now, it's great to have those ideas but what does it take to act on them? How does one go from the "wow idea" to action? There is the money question..how to move forward? See it takes a certain mindset and a posture of mind and heart to be able to roll along from just the idea to "ACTION!!"



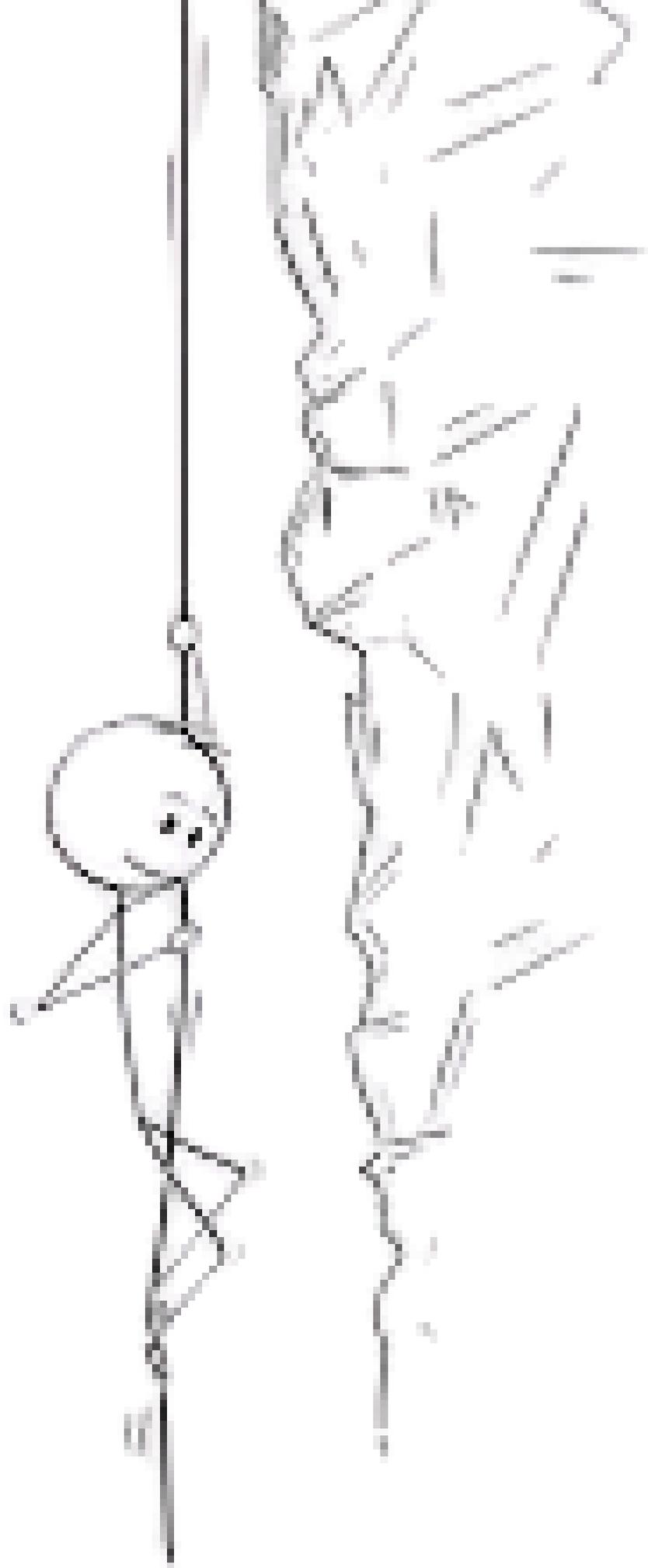
From concept to product/production there is a process that must occur, not to mention the challenges! One thing is for sure, change will occur! What changes? First of all there would be "tweaks" if you will to the "idea" as wonderful and dynamic it may seem. As you walk through the planning and concept it *will need* some adjustments. One can't blindly take the idea to the masses without making fixes to any deficits; that would be like walking off a cliff in blind trust and usually doesn't end well.

At this planning stage we see and *identify potential problems and* aspects that need work or can be broken, and take the steps to rectify them. *Fixing and identifying these hazards* is vital otherwise a problematic and potentially broken idea/product will be launched; no good to anyone! This can really take a toll on a heart that is not prepared to persevere through the refining process and this is where many ideas cease.

Once the "fix" is applied and everything is as best as can be, time to deploy it for all to see! Usually the people around and close to us get to



see the prototypes; the original concept of *what was* and hear their opinions. With the "updated" version it can be stressful. How will it be received? What will people think? What if they don't like it? Are our hearts ready for the scary criticism that can follow? This too has an impact on *how and if* one decides to move forward with their "eureka" idea. Here too many great ideas and changes may falter from a lack of support.



As Christians we have a EUREKA! moment, when our Lord Jesus Christ called us, when *He saved us from a life of brokenness*. See we at some point we were all in a place where the previous "us" wasn't the best of who we could be, who the Lord made us to be and we knew it to! It could have been any aspect of the life of this world (and multiple) that seasoned our thoughts, actions and the way we choose to live. We may have been trapped in any number of cycles of unhealthy emotions and stress... *a broken model of life*.

We knew how we were living wasn't ok; something in us or life itself was showing /telling us "something has to change!" It's here, at this stage where *introspection* of our lives, the identifying of problematic surroundings, people, our own behaviours and thinking...change can begin. The broken patterns and ways of ourselves can be *identified* and marked for deletion.

Yet, how to change these things?

It is a work of our Lord and Saviour Jesus Christ.

"You see, at just the right time, when we were still powerless, Christ died for the ungodly"

Romans 5:6

We didn't know we needed HIS help until we got to an introspection and desire, a heart for change..at the right time.

How does anything broken fix itself? It can't! HELP IS REQUIRED and that is why "at the right time" after the trials, the struggles, the heartaches and challenge of trying and failing, *when there is nothing more we could do...at that right time...*there was our Lord Jesus at the rescue. It is ONLY in our Lord and Saviour that there is a way to change, a way forward...do we recognize that? At that time past no, we didn't. But our Lord is patient, faithful, loving and always waiting...for us to realize He is always there to help us change, and to grow closer to Him.

"See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland."

Isaiah 43:19

The Lord is always leading us in the wilderness of life and closer to Him so we can be the better 2.0 version of ourselves through His Grace, to His glory!

Do you see the new things the Lord is doing?

See you Sunday at 10:30

Pastor Bhawani - Who will you invite?

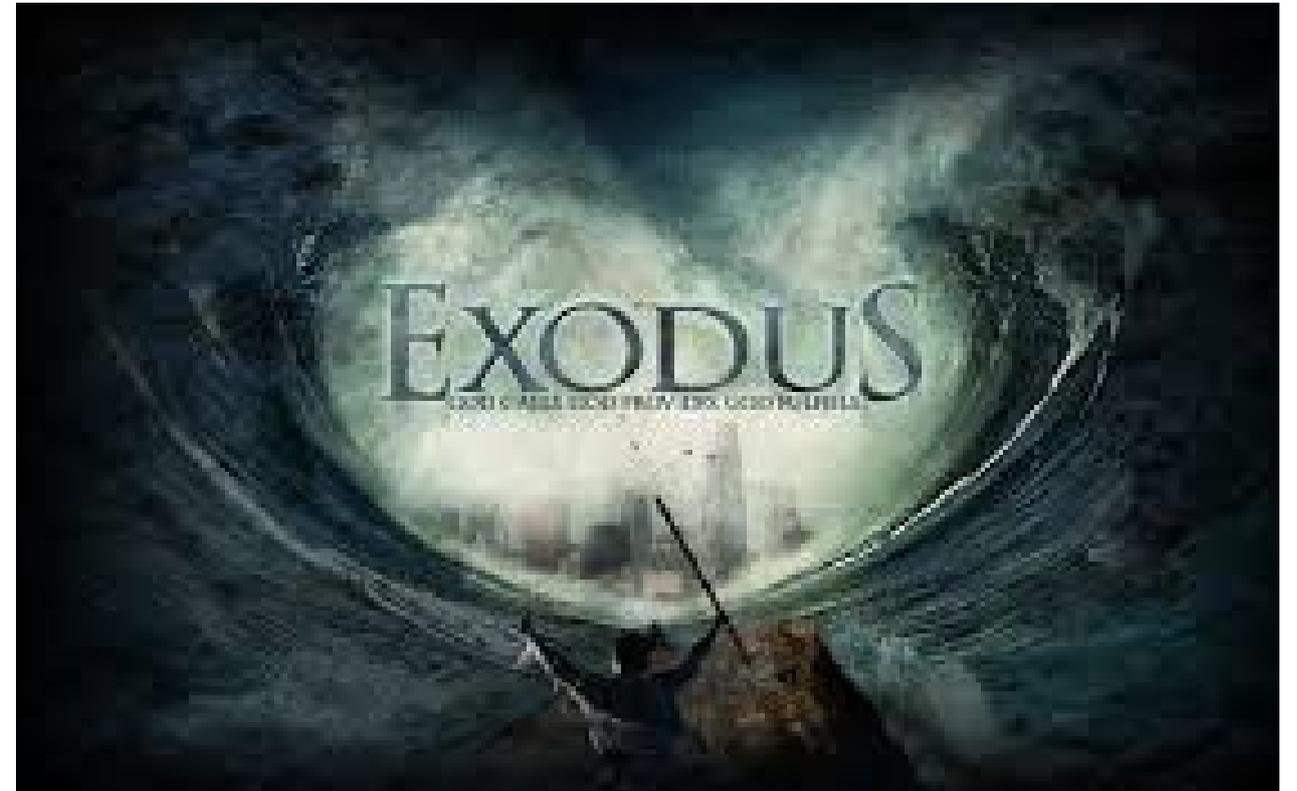


Did You Miss Sunday?

We gather at 10:30 am every Sunday at the church to worship, praise and hear the Word of God.

Wondering what our Sunday services look like?

- 10:30 ~10:50 Worship & Praise
 - 10:50 ~11:25 Sermon
- 11:25 ~ 11:40 Worship & Praise
 - Closing prayer



To view the most recent Sunday service from Christ Our Saviour Fellowship, please click on the link /image above.
To view the service archives please click [HERE](#)



What's Happening at COSF?

Upcoming Events & Services

CHRIS  **OUR
SAVIOUR**
— FELLOWSHIP —
FLORIDA

- COSF YOUTH Group- Fridays 6:45pm
- COSF Florida Church plant moves forward
 - Fall 2026 Mission Trip - South Africa, Kenya & Uganda



COSF ORIGINAL PRODUCTIONS

In harnessing the latest media tools the COSF social media & production team, being led by the Holy Spirit, are overjoyed to share with you COSF ORIGINAL scriptural video productions! Our hope is these will touch the hearts of the people and be used globally to help lead people to the truths and glory of our Lord and Saviour Jesus Christ. Be sure to check back frequently as we are full steam ahead in production!

[click here](#)
[to see more](#)



Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.

2 Corinthians 9:7

[CLICK HERE TO DONATE](#)

We thank the Lord for ALL He has done and the magnificent labour that we are being led to do in His righteous name. COSF continues the programs that we have been led to offer along side regular Sunday services.

**-International / Local missions & revival events
-Variety of classes and courses to strengthen God's people:**

**-Alpha film series, Alpha Youth, Conquer series
-Discipleship series, Mentorship-based Ministry
Leadership Certificate**

**JACOB MARTINS
& LAURA MORRIS**

Youth Walk!



Hi everyone, Laura and Jacob here :)

We hope you are all staying warm this week. We know most of you have been studying a whole lot and preparing to write your exams. For some of you, these may be your first 2-hour final exams ever. Laura and I remember this time of life in high school quite well (and not too fondly). For both of us, we put immense pressure on ourselves to succeed at our assignments and exams. And even if we did, we never seemed to be satisfied with our efforts. I can remember getting a decent mark on an exam, say an 80%, but still saying to myself “what happened to the 20% you missed”. I always strived for perfection and was never content with the effort I put in. We can even get into destructive habits where we neglect our own health and spiritual well-being. Pulling all nighters or missing times of prayer or church because we HAVE to study!!! It wasn't until I began to follow our Lord that I learned He doesn't call us to live life this way.

We read in Colossians 3:23-24 “Whatever you do, do your work heartily, as for the Lord rather than for men, knowing that from the Lord you will receive the reward of the inheritance. It is the Lord Christ whom you serve.”

I'm sure many of you have been filled with a sense of stress and pressure, lots of “I can't, I am not good enough, I'm not smart enough”. We want to encourage you, that is not what the Lord says about you. Those are the thoughts the adversary puts into our heads to discourage us and ruin our confidence in the Lord. Of course we want to do best and set ourselves up for success, but we also don't want to obsess and become perfectionists. Rather than focusing on the result or obsessing about getting something perfect, God calls us to labour and work in joy as unto Him, no matter what it is! Whether that be exams, serving at church, your future careers, so long as we give God our best effort, we can be satisfied knowing that we've done what He has called us to do. After all, like the verse in Colossians says, it is our Lord Jesus whom we serve.

LOOK...

Highschool Faith

@ COSF Youth Group :

This is a great opportunity to grow, support and share our faith with each other. Each week we gather to learn of the Lord, play games and sing worship. As part of our group initiative we are launching "MADE FOR THIS", a national prayer for schools. We are focusing our efforts and prayers in the Barrie area. We welcome you to join us on this exciting journey!

**THEY ARE
MADE FOR
THESE TIMES.**

Curious, Driven, Energetic: Our high schools are filled with visionaries and dreamers who will transform our country.

This generation is our future
— let's come together to pray for them.



DON'T FORGET:

Friday Night Youth Group

Every week @ 6:45pm

REGISTER HERE

Schools we're praying for:

St. Josephs High School

Eastview Secondary School

Barrie North Collegiate

École Secondaire Nouvelle-Alliance

St. Mary's Catholic School

Unity Christian High School

Innisdale Secondary School

Heritage Christian Academy

St. Joan of Arc High School

Bear Creek Secondary School

École Secondaire Roméo-Dallaire

St. Peters Secondary School

Maple Ridge Secondary School

THE ^{IN} LIFE

Hello everyone! This week I have been speaking with a brother from Pakistan, who along with his brother, was in a near fatal car accident. On the way to their Christmas service, their car was hit and overturned. The brother had a severe injury to his leg, but thank God they both survived. They are incredibly thankful, and are just seeking prayer for their injuries. We just lift our brothers up to Jesus, that He would bring healing to all injuries, and we thank God that they survived this car crash. I pray that their story of God's protection and grace would be shared, and bring other's closer to a walk with our Lord!

Noah Martins



Hello everyone! This week a sister has messaged me about a burden that is on their hearts for the elderly people in her country. Many of them have no government support, nowhere to sleep, are hungry, sick with no medicine and have been kicked out of their own homes. The elderly that are Christian in the area are refused help because of their faith and they are told, "Our religion does not allow us to help you." As they are able, they are seeking to give them shelter, medical care, food, and most importantly meet them with love. Her prayer is that the Lord would make a way where there seems no way, for His provision, and that the elderly may know that our Lord Jesus has not forgotten them, that their lives still matter and that God's love reaches them even in their darkest moments. Please pray the same, that the Lord uphold our brothers and sisters in their frailty and encourage their hearts in Christ.

Emma Censoni

classes & study

Alpha Film Series

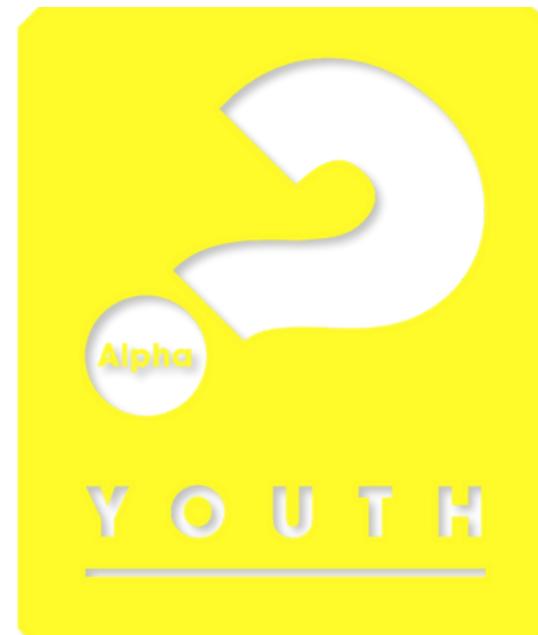
The Alpha Film Series is emotive, engaging and epic in scale and scope. Nicky Gumbel and two new presenters, Toby Flint and Gemma Hunt, walk through the basics of the Christian faith in a way that everyone can relate to. The episodes feature inspiring stories and interviews from all around the world, as well as visual illustrations and motion graphics.

ALPHA film series - ONLINE WINTER 2026

Location: ONLINE

DATES:EARLY 2026

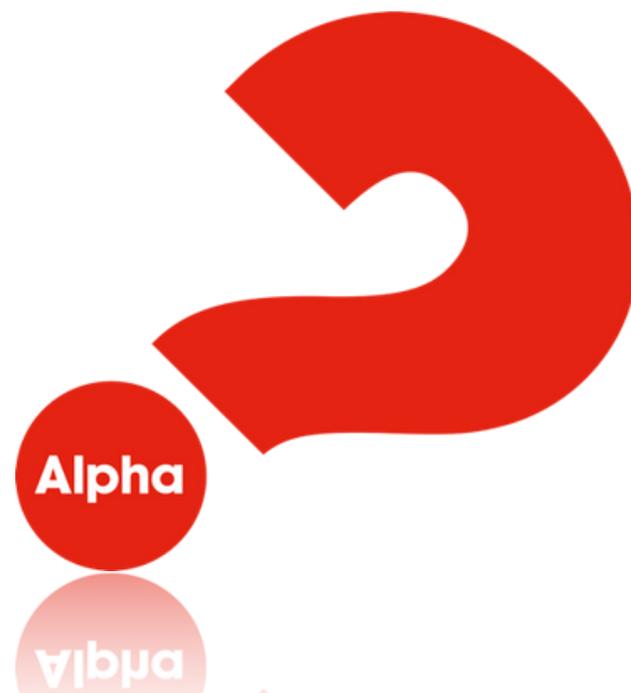
Cost : FREE



Alpha Youth Series is designed to engage students (11-18) in conversations about life, faith and Jesus. Discussion time is interspersed throughout the short talks to make it simpler for them to share their thoughts and questions.

**New session of Alpha YOUTH series
FALL COURSE - FRIDAY YOUTH GROUP**

**Location: Christ Our Saviour Fellowship
Address: 250 Bayview Dr. Unit # 4, Barrie ON
Cost : FREE**



Alpha YOUTH! Series

The PRE Marriage Course



The PRE - Marriage Course is an opportunity for you to invest in your relationship through five in-person or online date nights created to help you to learn to communicate well, understand and appreciate your differences, and prepare for potential challenges.

New Sessions Begins in 2026- stay tuned
Location: Christ Our Saviour Fellowship
Course Journal required: a free PDF provided OR
The Pre Marriage Journal available to purchase for \$15 each.

The Marriage Course runs over seven sessions, and each session begins with sharing dinner as a couple, followed by a fun, insightful video covering topics that are relevant for every couple like Good Sex or Resolving Conflict. In short? Your marriage. But better challenges.

New Sessions Begins in 2026- stay tuned
The Family Unit is vital and we're excited to introduce the Marriage course at COSF to help support the family unit! Please contact us if you are interested in participating in this course please contact us.

Location: Christ Our Saviour Fellowship

Cost: workbook approx \$18



The Marriage Course

Men's Conquer Series

The Conquer Series is a powerful cinematic study that is transforming the lives of men around the world. Now in two action packed volumes, each containing Biblical teaching and proven principles to help men conquer porn and walk in freedom.

Men are finding freedom by the thousands. Dr. Ted Roberts, host of the Conquer Series, has personally counselled over 10,000 men with a 90% success rate. He's taken his proven Biblically-based process and incorporated it into the Conquer Series. We are now seeing thousands of men finding freedom from porn and remaining free for years!

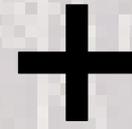
2026 Course Dates - TBD

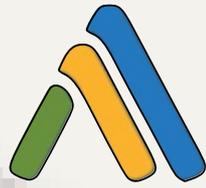
[Contact us](#) to find out more OR if you would like sign up for the upcoming course.



2 year Associates Degree - Certificate of Completion - Micro credentials

CHRIST OUR SAVIOUR
FELLOWSHIP




ARTOS
ACADEMY.

MINISTRY LEADERSHIP

2 YEAR DIPLOMA

DETAILS: 12 OR 20 COURSE PROGRAMS, EACH COURSE 8 WEEKS COMPLETED AT OWN PACE, ALL COURSES PER ROUTE COMPLETED WITHIN 2 YEARS

12 COURSES - CERTIFICATE OF COMPLETION

20 COURSES - DIPLOMA (ACCREDITED) APPLIED TOWARDS 25 COURSE DEGREE WITH KAIROS.

WHERE: ONLINE, MENTORED

MATERIAL: PROVIDED PER COURSE

COSF has partnered with ARTOS ACADEMY formerly Our daily Bread Ministries international institute to offer a mentorship-based 2 year ministry leadership certificate. By participating in this program, you are at the forefront global theological training for the nations!

We thank the Lord for His leading in this!

COURSE 1- GETTING STARTED
COMPLETED

COURSE 2 - EFFECTIVE MINISTRY COMMUNICATIONS
COMPLETED

COURE 3 - INTENTIONAL DISCIPLE MAKING
BEGINS DEC 29TH, 2025

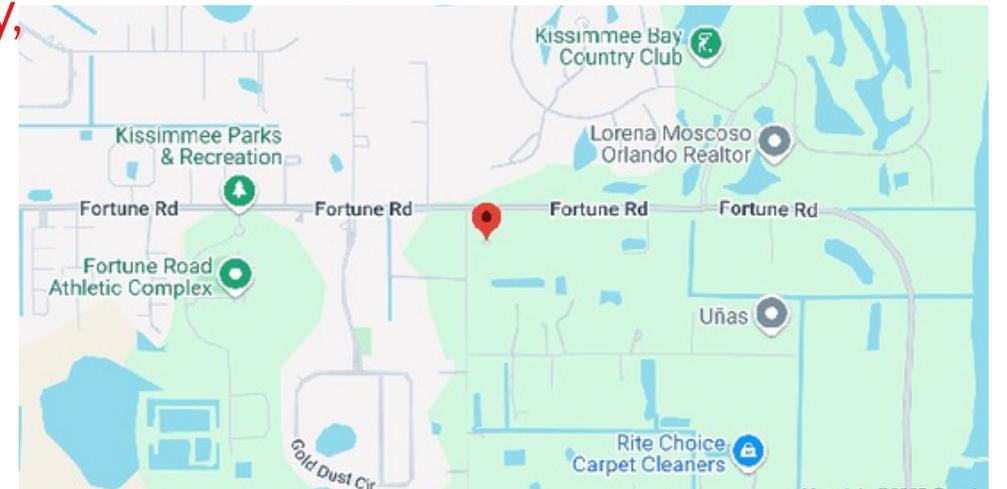
Competency based learning - Self paced - Mentor Guided -Online - Globally Developed and Application

COSF

FIELD notes

Christ Our Saviour Fellowship Florida
"I AM ... GENTLENESS"

We are looking forward to our next service in Florida! As we seek the Lord for guidance and preparations are under way, please pray for those who are again going forth as we continue to preach through the series on Galatians 5.



CHRIS **OUR**
SAVIOUR
— F E L L O W S H I P —
F L O R I D A

***COSF Church Plant
Kissimmee, Florida***

***Click here to help support
COSF Florida Church***

AFRICA MISSION

2026

Are you being called?

CHRIS  **OUR SAVIOUR**
— FELLOWSHIP —
AFRICA

Stay tuned and prayerful about the new mission field for COSF. We will be involved in visitation to COSF Africa- Kenya & Uganda, Durban South Africa camp, Biblical teachings for children and more.



MISSION FIELD



COSF Africa Pastor
James Walubayi

COSF Africa - 2026 has the promise of good things that the Lord is leading us in...have a look!

Shepherd's Harvest- land prepared for planting

Children's Ministry Kenya





MISSION FIELD



COSF Uganda ,Africa
Pastor Mugulusi
Geoffrey



These orphaned children need prayers. They lost their father years ago in a fatal motor accident. Their mother who has been toiling to support her children became severely ill and is bed ridden now since early December 2025. These children are now living alone in a small rented house where the landlord is on his way to throw them out of the house. These children have to struggle to do child labour to get some thing to eat but most times, things fail out and they have to starve for days without food. Still the academic semester for this year is about to start but given the awful situation they are going through, its most likely that they will not get back to school due to lack of tuition. These children need prayers and practical help.



As part of COSF Caribbean we are called to the area to help service through :

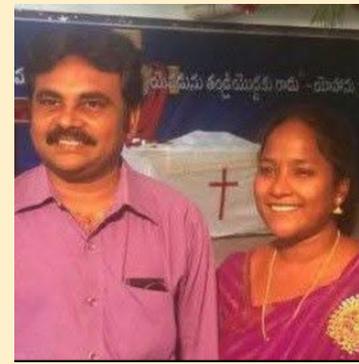
The Shepherds Table- feeding the poor and hungry

Preaching the Good news of the Gospel

Teaching and Discipleship - local body of Christ and future leaders

Upcoming events for 2026:

Nov 29th Church Service - Crusade & Shepherd's Table



Pastor David Brinard

MISSION FIELD

Shalom!!! Greetings in the matchless name of our Lord and Saviour Jesus Christ. The Kingdom of God is endless and its progressive no matter what circumstances. The one who is in us is greater than the one who is in the world. His word never go in vain. We are pressing on to the goal to preach the good news of Jesus Christ and planting church. We need your prayers and support. Please do stand with us as a team of COSF to make the difference in the lives of these Indians and to expand the kingdom of God here in India..



COSF @ Home

The Shepherd's Table

Our Shepherd's Table Ministry provides warm, nutritious meals for those in need locally and in the missions field where we are called.

We will be out this Saturday from 1:00-3:00. Thank you all for your support and participation in the street ministry in Barrie

Menu: LAST WEEK - meatloaf, mash, gravy
Jan 24th - Dirty rice w/ground turkey
[Please click here to support](#)

Need a Ride to Church?

**COSF &
Right Now
Media
Library**



We have launched the right now media app. As we populate some of the rooms, you may receive an email asking you to download the app and join. If you are already using the right now media app (scan the QR code below) you can find the message rooms at the bottom in the message bubble. One of these groups is for Sunday transportation if you require a ride to Church on Sundays. Please let us know if you require a ride prior to Sunday as this will help us to coordinate things easier.



Escanee el código QR para acceso GRATUITO

Have you seen the COSF Library...

rightnow
MEDIA®

TAME YOUR THOUGHTS

Three Tools to Renew Your Mind and Transform Your Life

Have you been feeling weighed down by worry? Or caught up in a web of self-critical thoughts? The good news is that with God's help, you can learn to renew your mind, break free from negative patterns, and become a little more like Jesus every day. This six-session Bible study explores three Scripture-based tools for managing your thoughts:

- Practice Picky Thinking: Monitor the airspace of your thoughts and don't allow the destructive ones to land.
- Identify UFOs: Scan for any untruths that are creating false narratives that are leading to overreactions.
- Uproot and Replant: Don't let the ugly weeds of Satan's lies grow. Pull them up by the roots and replace them with God's truth.

These three tools will help you take every thought captive and test the messages that replay in your mind against the truth of God's Word. You will also learn to overcome common thought traps like anxiety, guilt, rejection, dissatisfaction, and more. No matter who you are or where you come from, progress is possible.

Pray For The Saints

Church Prayer - Tuesday Mornings both your pastors are praying for YOU during our church prayer time. If you have a specific need or request please email us at: info@cosfchurch.com

Please Pray For:

- pray for Ramnik and healing for an acute health condition

pray for healing for Brother Mathias daughter Zawadi and Brother Martin's son

- pray for all of the brothers in Africa for provision to take the leadership degree program
- for the COSF Church in Africa to be led by the Lord in His plan for evangelism of the communities

Please pray for Selvan's ministry and all the Lord has called him to labour in for His name

- Please pray for those participating in the leadership program. There are always challenges we face as we draw closer to the Lord: Please pray for: Laura, Robin, Anna, Ted, Gina, Jacob, Noah, Emma, Gertie
- Please pray for the street mission and continued support for feeding and providing for the Lord's people especially now in the colder weather
- COSF Florida please pray for the growth and sustaining of the Church
- Please pray for TRANSFORMATION of the hearts of everyone, for help of the Lord to overcome challenges of the past, rebuke the lies of the evil one, grow in the Lord and to realize the glory of God in their lives.
- Pray for the people throughout the world who are experiencing hardships, homelessness, death, persecutions in all countries.

Scripture Memory Verse

*“See, I am doing a new thing!
Now it springs up; do you not perceive it?
I am making a way in the wilderness
and streams in the wasteland.”*

Isaiah 43:19



Are you ready to accept our Lord Jesus Christ as your personal Saviour and be obedient unto His command of Baptism? Please speak with us.

Isaiah
43:19

**“SEE, I AM DOING A NEW
THING!**

**NOW IT SPRINGS UP;
DO YOU NOT PERCEIVE
IT?**

**I AM MAKING A WAY IN
THE WILDERNESS
AND STREAMS IN THE
WASTELAND.”**