

May 28th, 2025 EDITION

CHRIST OUR SAVIOUR — FELLOWSHIP —

WEEKLY CONNECTION

*250 Bayview Drive
Barrie, ON L4N 4Y8*

*Join Us Every
Sunday at 10:30am*

*www.christsaviourfellowship.com
info@christsaviourfellowship.com*

YOU *CAN* DO THIS!!



There's no denying it, life is full of challenges! Right from infancy, having to learn to walk, read, navigate the perils of daycare!! As we progress in life, situations get tougher deciding IF you should

share your favourite chocolate bar with your sibling(s), the stress of what to wear to school. Speaking of school, those tests and exams surely can rattle our cage. I remember the days of

planning, cramming trying to get all that information pressed into memory and having to unpack it all just a few hours later! No matter how many times I tried, studying weeks ahead, the flash card tests, that last minute effort, reciting material to myself; the *results* didn't reflect what I knew! After all the stress and labour... *disappointment* was the word of the day. Yet perseverance won the day. As we grow and move into work, career and family life we are continuously met with challenges. It seems never ending the barrage of challenges that keep coming at us. We ask ourselves HOW can we manage with schedules that are so hectic and full? How do I make time for my significant other/family and children? How do I

overcome these obstacles?

These are just the normal everyday run of the mill thoughts. Many people in their lifetime unfortunately suffer traumas of many aspects, great hardships. These scars can be from many aspect of life; medical/health, relationships, financial, mental/emotional health, physical abuses or sexual abuses, or feelings of abandonment. Each and any of these create tremendous hardships, turmoil in ones life such that people struggle to overcome and have normal lives. A compounded effect. It leaves the heart and mind subject to feeling unwell mentally, unloved, not good enough, unworthy or underserving of any happiness. With these great oppressive



mountains in one's life, everything seemingly against you - how does one overcome? Just like the little choo choo train that thought it wasn't able to make it up the mountain because the engine wasn't as strong as other trains, wheels were too small and he didn't have the courage to look up to the mountain before him. That little choo choo train persevered. It's a great story from when we were all younger, he tried and tried, "I think I can, I think I can!" until over the mountain he went.

The Christian life is also the same, we suffer from a great deal of discouragement from many aspects, the world where our feelings of inadequacy raise up, our sense of unworthiness, "there is someone better than me", "I'm not good enough to"....! Sound like familiar thoughts going through your mind and suffering your heart? *You're not alone!*

The majority of people serving the Lord feel this way at some point and have these thoughts, emotions, challenges confront us (if not regularly) in our walk with the Lord and desire to be found faithful.

So who is Worthy? we read in Psalms:
"I call upon the Lord, who is worthy to be praised, and I am saved from my enemies."
Psalms 18:3

Only the LORD is worthy! It is in trusting and faith in the LORD and the work HE is doing in us, transforming us, equipping us, leading us to His will. Chris Hodges from Highland Church, which is the largest church in the USA has had tremendous success. One would think that in these achievements there would be gleaming confidence. Yet it's the opposite. Like many of us Chris has a self expressed "inferiority complex." You read that correctly. He doesn't think he's good enough, that there are so many others better than him. He's challenged to understand why God would want him when others are more capable. *Sound familiar?*

You're not alone! That should be a sigh of relief I just heard!

It's amazing when we have humble, malleable hearts what can be achieved when we lay our lives before God for Him to have His way. What about the choo Choo train and perseverance ? Well, we are to have perseverance and it is actually a gift from God. Little choo choo did it on his own in the physical trial BUT we know this life is more and the spiritual life brings the challenge of the adversary.

We are to persevere BUT IN OUR LORD JESUS CHRIST! Why? we read this:

*"Such confidence we have through Christ before God. Not that we are competent in ourselves to claim anything for ourselves, but **our competence comes from God**. He has made us competent as ministers of a new covenant—not of the letter but of the Spirit; for the letter kills, but the Spirit gives life."*

2 Corinthians 3:4-6

Yes, the LORD upholds us, equips us, leads us to do His marvellous will. It is by the Holy Spirit we are provided the capability, capacity, the enraging which comes from God to overcome, to traverse this physical and spiritual life, to be used for His righteousness in His Kingdom. We are to surrender, be transformed, have faith and let God achieve His perfect will in us.

So, you're right...we're not good enough *unto ourselves*! Yet our Lord Jesus Christ, the Holy Spirit leads and blesses us with what is required for us to be found faithful and competent! Praise the Lord, we don't have to do it alone.

BTW that little choo choo train should have be saying :

"I lift up my eyes to the mountains where does my help come from? My help comes from the Lord, the Maker of heaven and earth."

Psalms 121:1

See you Sunday 10:30am

Pastor Bhawani

Who will you invite?

Missed

Sunday?

- We gather at 10:30 am every Sunday at the church to worship, praise and hear the Word of God

Wondering what our Sunday services look like ?

- 10:30 ~10:50 Worship & Praise
- 10:50 ~11:25 Sermon
- 11:25 ~ 11:40 Worship & Praise
- Closing prayer

EXODUS

WELCOME

EXODUS 3
Sermon Series

Click image to view most recent Sunday Service

To view the most recent Sunday service from Christ Our Saviour Fellowship. please click on the link / image above.

To view the service archives please [click HERE](#)



What's Happening at COSF?

Upcoming Events & Services

- COSF Florida Service-
"I AM...PATIENCE" June 7th
- Father's Day - June 15th
- Africa Revival and Crusade -
Jul/Aug 2025 *TBD*
- COSF YOUTH - Summer Camp
and Discipleship Program -
Registration Coming Soon





*Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.
2 Corinthians 9:7*

[CLICK HERE TO DONATE](#)

We thank the Lord for ALL He has done and the magnificent labour that we are being led to do in His righteous name. COSF continues the programs that we have been led to offer along side regular Sunday services.

- International / Local missions & revival events
- Variety of classes and courses to strengthen God's people:
- Alpha film series, Alpha Youth, Conquer,
- Discipleship series, Mentorship-based Ministry Leadership Certificate

Jacob Martins & Laura Morris

Youth Walk



Hello everyone! Laura and I wanted to talk today about growing up. I don't know if you can relate, but I remember when I was younger, and all I could dream about was growing up. The appeal of being older with more responsibility seemed so awesome, especially the thought of being independent from my parents! I could eat all the sugar I want and go to bed as late as I want. I could choose for myself. Often times, the world tempts us into thinking something similar: *Life would be SOOOO much better if we were independent from God.* Many believe it's great to be self-sufficient, figure everything out ourselves, and plan our own lives.

While we are called to grow up and mature in the Lord and in our own lives, the Bible says in Matthew 18:3 "Truly I tell you, unless you change and become like little children, you will never enter the kingdom of heaven." Our Lord Jesus is saying that as children of God, our true selves are found when we are reliant on our Heavenly Father like children are to their parents. We trusted our parents to provide for us, teach us, help us through difficulties ... in

ALL aspects of our life. How much more should we rely on our Heavenly Father? Whether with work or school, friendships or dating, our families or free time, if we have faith and surrender ALL of ourselves to God, "[He] is able to do immeasurably more than all we ask or imagine..." (Ephesians 3:20); He will provide for us.

The joy, the fulfillment, the peace we are all looking for is not found in being independent, it is ONLY found when we lay down all of ourselves at the feet of our Lord Jesus and let Him. This is how God calls all of His children to be, and we can trust Him, because "the one who calls you is faithful, and he will do it." (1 Thessalonians 5:24).

**STAY TUNED: COSF Youth Summer
Events and DISCIPLESHIP Program Registration**



IN THE LIFE

Noah Martins

This week has been a week of prayer. I am awestruck at the sheer number of God's children whose hearts are crying out for Him, and want to pray about everything and anything. There's been prayer requests for food, provisions, safety, family members being attacked for their faith, and so much more. Prayer requests from Kenya, Uganda, India, Pakistan, Myanmar, Nepal, to name a few. It has been a blessing to my heart to pray with my brothers worldwide. God bless you all, and pray for one another.



Emma Censoni

This week I have been speaking with a woman who shared a little more in depth what a brick kiln factory is. It is mostly Christian families, INCLUDING their children, who have borrowed money to pay their bills from a Muslim and are now spending their life paying off the loan in slavery. They have children as young as 3-5 years old working in harsh conditions, poor diets, and a lack of health care. The average life-span of the workers is 30 years. This is because the Muslims believe that it is the will of their god to either persuade and beguile the Christians in Pakistan to convert to Islam. If they don't, they then enslave as many of them in brick factories as they can. The persecution of our brothers and sisters in Pakistan is severe, please continue to pray for them that the Lord continue to uphold them. Our hearts go out to them and we pray the Lord have His righteous way in the lives of His people.

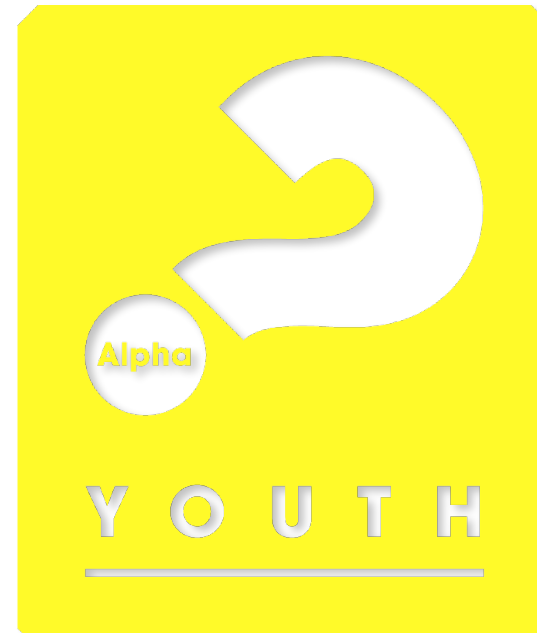
Classes & Studies

Alpha Film Series

The Alpha Film Series is emotive, engaging and epic in scale and scope. Nicky Gumbel and two new presenters, Toby Flint and Gemma Hunt, walk through the basics of the Christian faith in a way that everyone can relate to. The episodes feature inspiring stories and interviews from all around the world, as well as visual illustrations and motion graphics.

Winter session of the ALPHA film series
SUMMER session TBD

Location: Christ Our Saviour Fellowship
Address: 250 Bayview Dr. Unit # 7,
Barrie ON
Cost : FREE



Alpha Youth Series is designed to engage students (11-18) in conversations about life, faith and Jesus. Discussion time is interspersed throughout the short talks to make it simpler for them to share their thoughts and questions.

New session of Alpha YOUTH series
SUMMER COURSE COMING SOON

Location: Christ Our Saviour Fellowship
Address: 250 Bayview Dr. Unit # 7, Barrie ON
Cost : FREE

Alpha YOUTH! Series

Alpha

Alpha

The PRE Marriage Course

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The Pre-Marriage Course

The PRE - Marriage Course is an opportunity for you to invest in your relationship through five in-person or online date nights created to help you to learn to communicate well, understand and appreciate your differences, and prepare for potential challenges.

New Sessions Begins in 2025- stay tuned

Location: Christ Our Saviour Fellowship

Course Journal required: a free PDF provided OR The Pre Marriage Journal available to purchase for \$15 each.

The Marriage Course runs over seven sessions, and each session begins with sharing dinner as a couple, followed by a fun, insightful video covering topics that are relevant for every couple like Good Sex or Resolving Conflict. In short? Your marriage. But better challenges.

New Sessions Begins in 2025- stay tuned
The Family Unit is vital and we're excited to introduce the Marriage course at COSF to help support the family unit! Please contact us if you are interested in participating in this course.

Location: Christ Our Saviour Fellowship

Cost: workbook approx \$18

A red triangle pointing downwards, containing the text "The Marriage Course" in white.

The Marriage Course

The Marriage Course

Men's Conquer Series

The Conquer Series is a powerful cinematic study that is transforming the lives of men around the world. Now in two action packed volumes, each containing Biblical teaching and proven principles to help men conquer porn and walk in freedom.

Men are finding freedom by the thousands. Dr. Ted Roberts, host of the Conquer Series, has personally counselled over 10,000 men with a 90% success rate. He's taken his proven Biblically-based process and incorporated it into the Conquer Series. We are now seeing thousands of men finding freedom from porn and remaining free for years!

2025 Course Dates - TBD

Email us to find out more OR if you would like sign up for the upcoming course.



2 Year

Ministry Leadership

Diploma

**Duration: 15 courses, 8 weeks
per module completed at own
pace during the 8 weeks**

Where: Online

**Material: all resources
provided for each course**

**Course Dates: Begins June
2025**

**IT'S NOT TOO LATE!
REGISTER HERE**



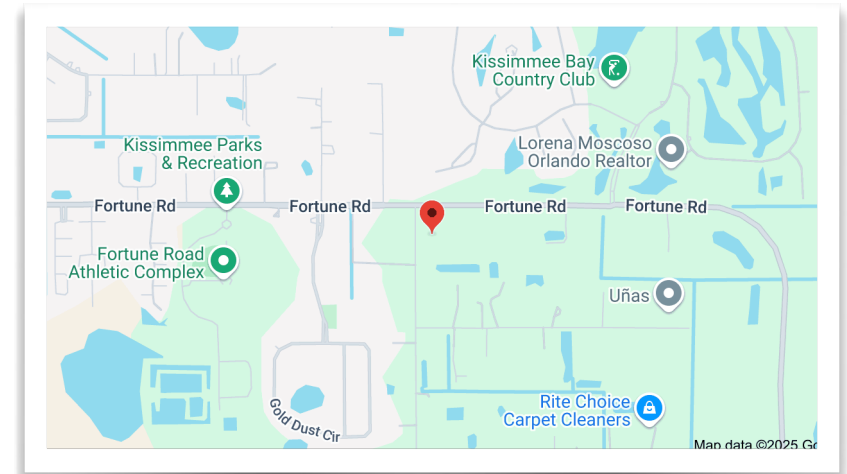
We have been praying that the Lord lead and show us how we may continue to encourage those wishing to become leaders in the church today. COSF has partnered with an international institute to offer a mentorship based 2 year ministry leadership certificate. We thank the Lord for His leading in this!

UPDATE: there's still time to sign up for the leadership Course. If interested please register with the link. Initial emails for payment and system access will be going out in the next week or two. If you have any questions, please contact Pastor Bhawani.

COSF In The Field

Christ Our Saviour Fellowship Florida *"I AM ...PATIENCE"*

We are looking forward to our next service in Florida! As we seek the Lord for guidance and preparations are under way, please pray for those who are again going forth as we continue to preach through the series on Galatians 5.



Dates: June 7th, 2025

Times: 4:00pm - 6:00pm

**Location: 1251 Marllo Road,
Kissimmee, Florida**

[Click here to help support
COSF Florida Church](#)

CHRIST OUR SAVIOUR
FELLOWSHIP
FLORIDA

"I AM...PATIENCE"

JUNE 7TH, 2025
4:00 PM - 6:00 PM

1251 MARLLO ROAD
KISSIMMEE, FLORIDA

COSF International & Mission Notes

We continue into 2025 and we see the Lord leading us into His harvest field. This is an exporting to the regions we are called to - of what we have been called to do at home - preaching the Word, make disciples, feed the poor. This is unfolding as we engage with our brothers and sisters in each region, and we pray the Lord continue to bless and to lead us in the labour of His glory and righteous name.



COSF Africa

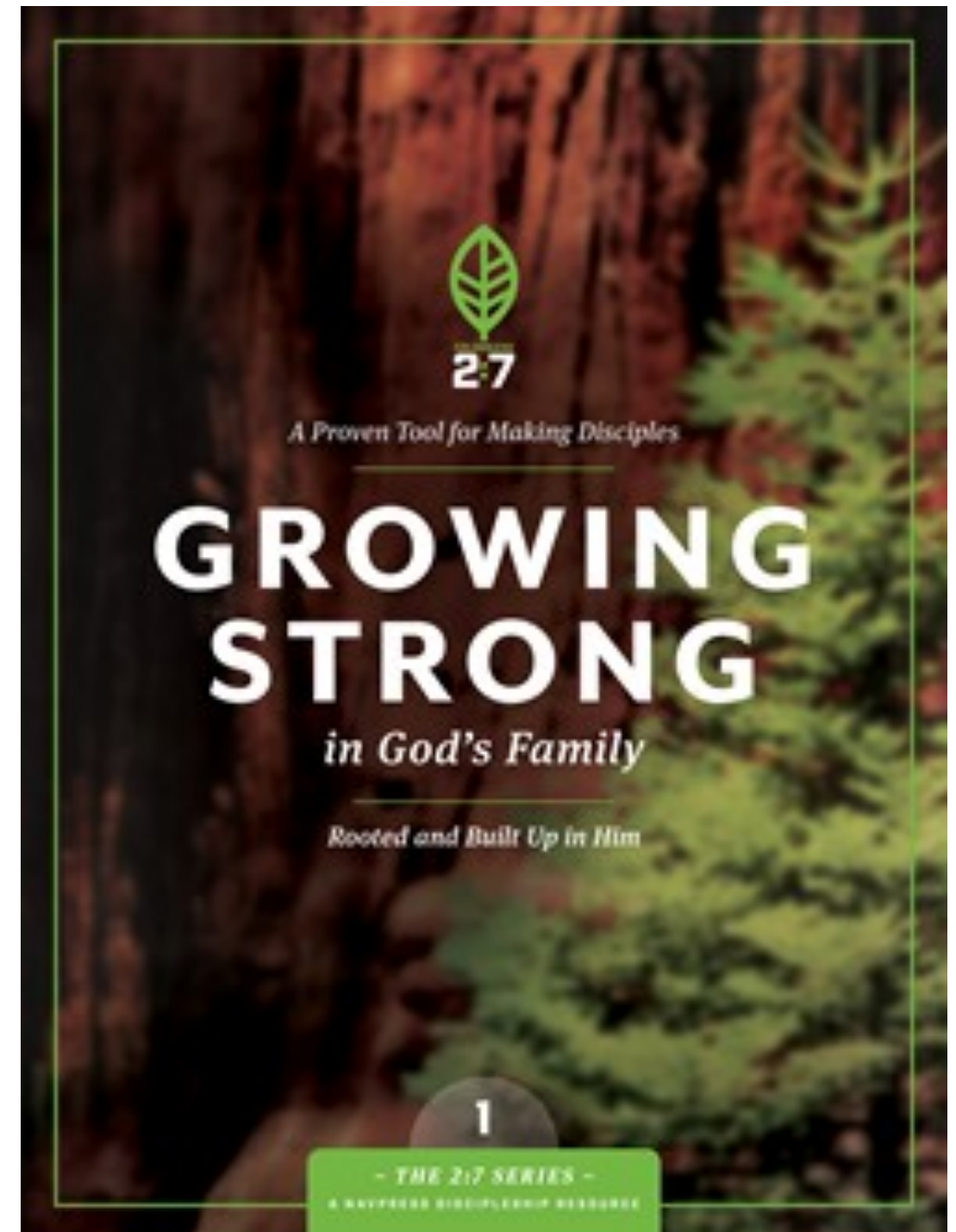
COSF Africa - We continue to pray for Pastor James who is recovering from a slip and fall. We also pray for continued perseverance for our other brothers participating in the discipleship course. They have seen a great change in their lives and a deepening relationship with the Lord since having begun.



Kenya & Uganda Location of COSF

CHRIST⁺ OUR SAVIOUR

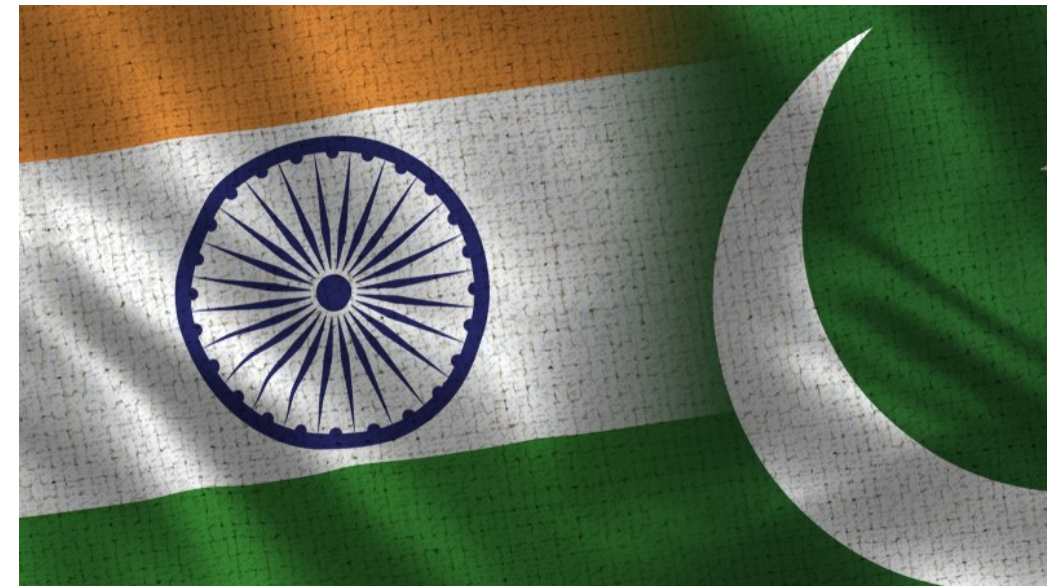
— FELLOWSHIP —
AFRICA



COSF Carribean



The waters of baptism await as the Word is preached and hearts are turned by the grace of the Lord. Please pray the Lord continue to move in the hearts of those throughout the region.



COSF India & Pakistan Region

Praise the Lord as we have seen a selection of people the Lord has brought for us to labour together in Pakistan and India. Pray for them as we begin the same discipleship process as Canada and Africa!



COSF Central & South America

COSF @ Home

The Shepherd's Table

Our Shepherd's Table Ministry provides warm, nutritious meals for those in need locally and in the missions field where we are called.

UPDATES: We will be out this Saturday from 1:00-3:00.
Thank you all for your support and participation in the street ministry in Barrie

Menu: LAST WEEK- souvlaki, rice & potatoes
May 29th -Chicken Shawarma, Coleslaw
[Please Click here to Support](#)

Need a Ride to Church?

We have launched the right now media app. As we populate some of the rooms, you may receive an email asking you to download the app and join. If you are already using the right now media app (scan the QR code below) you can find the message rooms at the bottom in the message bubble. One of these groups is for Sunday transportation if you require a ride to Church on Sundays. Please let us know if you require a ride prior to Sunday as this will help us to coordinate things easier.



COSF & Right Now Media Library

rightnow
MEDIA®



Scan QR code for FREE access

Have you seen the COSF
Library...

The Community Practice

Despite the unprecedented connectivity of the modern era, genuine community is vanishing. Isolation, transience, and superficiality can sabotage our formation into people of mature love. But through Jesus, we enter a new kind of family that offers intimacy, joy, healing, and commitment.

rightnow
MEDIA.®

Prayers For The Saints

Church Prayer - Tuesday Mornings both your Pastors are praying for YOU during our church prayer time. If you have a specific need or request please email us at info@chistoursaviourfellowship.com

Please Pray For:

Pastor James in Kenya who fell and injured his hip. Please pray for a speedy recovery and return to the Pulpit and preaching the Word of God.

Tracy Morieira Lucas - Thank the Lord for all He has done, Tracy continues to recover well after her surgery

- COSF church location - we are seeking the Lord in finding a possible new location due to extremely high costs. Pray that the Lord lead us to where He wills for His house in a quick and joyous way!

- Sam and His family, as the Lord is moving in his life please pray the Lord lead them all to His glory.
- Please pray for the Lord to reveal His will for COSF regarding the missions and nations we are called to; that funding be provided to deliver the Gospel, and food to feed His people.
- There is great persecution of the church worldwide, please pray for the global church.
- COSF Worship Service Jun 7th- Please pray the Lord lead us in delivering His word to the people of Kissimmee Florida, safety and provision.
- Please pray for the leading and provision for COSF Africa and the July/August conference and crusades.
- *Please pray for everyone in the congregation for help of the Lord to overcome challenges of the past, rebuke the lies of the evil one and to realize the glory of God in their lives.*
- The waters of Baptism await those in Trinidad, please pray for encouragement in the hearts of those the Lord has begun a work in and reveal the truth of Himself to.
- Please pray for the COSF YOUTH program- the summer activities and discipleship intensive.

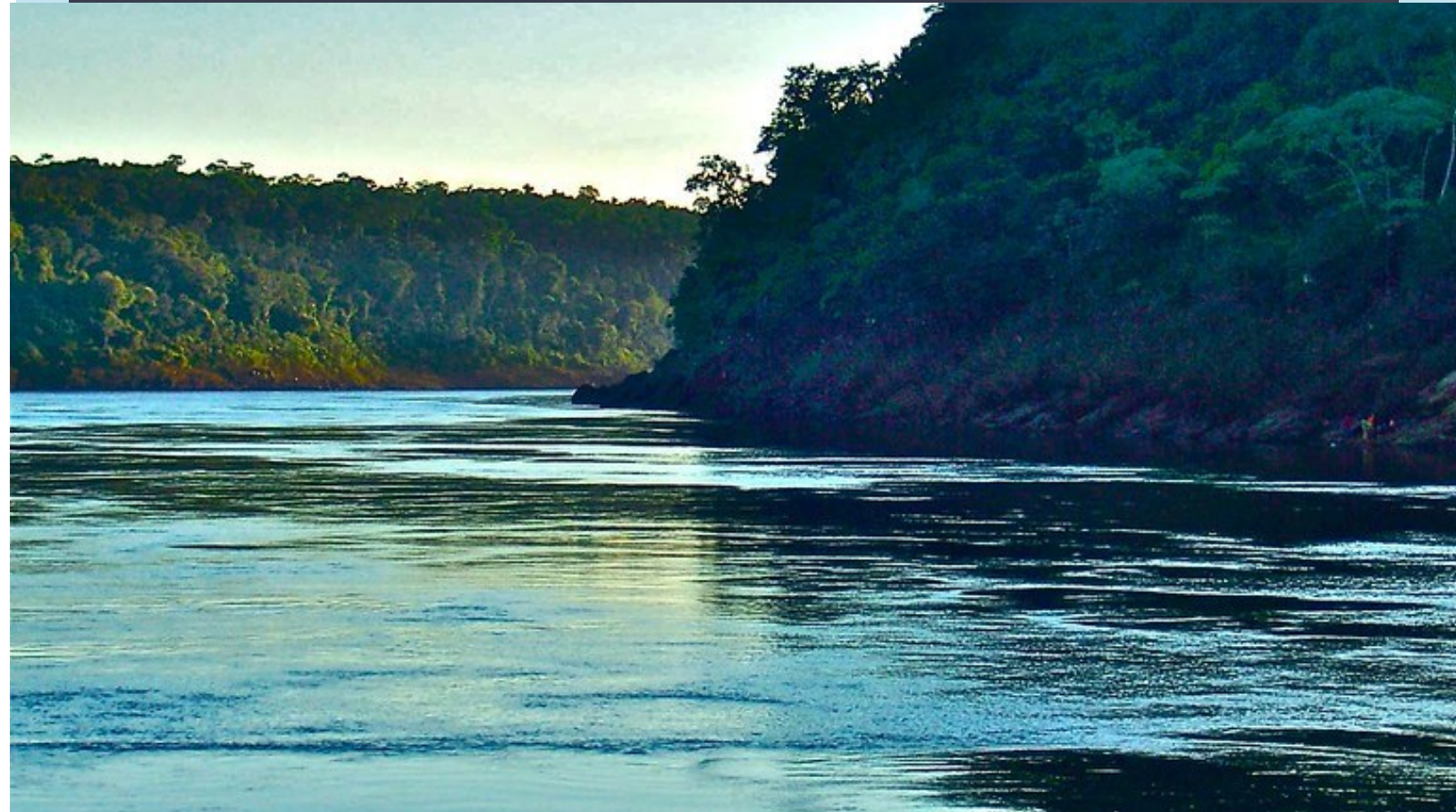
Scripture Memory Verse

Obedience to Christ

He who has My commandments and keeps them is the one who loves Me; and he who loves Me will be loved by My Father, and I will love him and will disclose Myself to him.

John 14:21

Baptism



Are you ready to accept our Lord Jesus Christ as your personal Saviour and be obedient unto His command of Baptism? Please speak with us.