

August 20th, 2025 EDITION

# WEEKLY CONNECTION

Join Us Every Sunday at 10:30am  
250 Bayview Drive Barrie, ON L4N 4Y8  
[www.christsaviourfellowship.com](http://www.christsaviourfellowship.com)  
[info@christsaviourfellowship.com](mailto:info@christsaviourfellowship.com)

**CHRIS**<sup>+</sup>**T**OUR  
SAVIOUR  
— FELLOWSHIP —



# The Clutter in Our Lives



It's amazing the things that we can accumulate over time and we don't realize it. The closets in our homes, rooms, basements, all seem to suddenly lose space to store another item. Consider putting it in the garage? Have you looked in there lately? That's taking a risk of being slammed wide open as doors can't close again once opened! My oh my, how did we get to this state, losing track of what we have, what we need and not letting



go of the things we *don't need*?

Taking stock, how many toasters do we need? Magazines from the 1980's? What about those rusting pots and pans or the bell bottom flared jeans of yesterday's generation? Maybe there's food boxes lingering *somewhere*, lost in the pile, well past it's canned or boxed expiry date. I don't think that can of Spam (yes, Spam has been around longer than the internet!) or the damp moldy box of Hamburger Helper would be very appetizing, or healthy, for that matter! Yes, there is expired, and then there is the "*don't-even-consider-eating-it*" type expired.

Oh how we like to hold onto things. Now, keeping things for memories can be a good thing, as we want to reflect back on life's events. Maybe keep a few items, but the entire inherited garage doesn't bode well. Spending weeks, maybe months weighed down by sorting through the rubble (mostly) isn't an effective use of time ...that's where junk disposal companies come in. Simply *dump*

whatever it is in the bin without looking back and whoosh ... it's whisked away never to be dealt with again. Yes, it's amazing how much *junk we really have*, so much so that the junk disposal industry in North America alone was worth 3.5 Billion US dollars in 2023 and expected to double by 2032! That's a lot of unwanted things.

This is only taking into account unwanted material junk and unwanted items. What about the experiences and lessons that we *accumulate as we go through life*? We have and can carry what we refer to as "baggage" from life's teachings, some good and some bad. As we cope to learn and grow through life, the memories of yesteryear, we tend to hold on to them even though they are no longer needed or even wanted. The harder lessons in life, the ones we haven't healed from, forgiven, feel wronged about are the hardest ones to forget. Just like the garage that couldn't be opened for fear of not being able to close the door again from too many old things, too much junk inside, so too these

old lingering memories, emotional wounds are like *junk* to our spiritual growth and life. As emotional beings we love to remember, but are the things we dwell on good for us? Healthy for us? Serve us? Or are they like to box hamburger helper, molding and in a hazardous state if approached?!

It is difficult to forget wrongs done to us, harsh lessons learned but in the Bible we read :

*"Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it?"*

*Isaiah 43:18-19*

God calls us out of our past and into the present...WITH HIM! As a believer, one who wants to walk closely with the Lord (as we are



called to) we are changed, we are filled with His goodness and grace. If we are already full with "old" things, emotional residue or "junk", how much space is there for God to fill us with the newness and things He has for us? As each person comes to know our Lord Jesus Christ, having been rescued, saved by His grace and mercies, we are transformed in baptism. In this we are washed clean, forgiven of our past no matter what it was, and that is truly amazing to be made a NEW person in our Lord Jesus Christ.

How many of us truly accept and abandon those lingering emotional trials of the past? Yes, it's difficult, but GOD HAS already cleared out all of these things; the garage of junk is emptied! So great and wonderful is our Lord's grace.



In this we read:

*"Therefore if anyone is in Christ, he is a new creature; the old things passed away; behold, new things have come."*

*2 Corinthians 5:17*

Behold! New things, the NEW person FREE and clear of the burdens and weight of the past. The emotional toll, anxiety, stress in our lives and those around us is relieved by removing of the lingering, *unneeded and*

*unwanted junk of yester-life. As we walk in the newness WITH our Lord and empowered by the Holy Spirit, there is the entire space of our lives in which HE FILLS with His goodness, Love and Grace.*

*See you Sunday at 10:30am*

*Pastor Bhawani*

*Who will you invite?*



*~behold the  
transformation  
NEW & BETTER things~*



# *Did You Miss Sunday?*

We gather at 10:30 am every Sunday at the church to worship, praise and hear the Word of God.



Wondering what our Sunday services look like?

- 10:30 ~10:50 Worship & Praise
- 10:50 ~11:25 Sermon
- 11:25 ~ 11:40 Worship & Praise
- Closing prayer

To view the most recent Sunday service from Christ Our Saviour Fellowship, please click on the link / image above.

To view the service archives please click [HERE](#)



# The Shepherd's Table

# What's Happening at COSF?

## Upcoming Events & Services

- COSF Summer Clean Up- underway
- COSF YOUTH Group- Fridays
- COSF Florida Nov 1st Service "I AM...FAITHFULNESS"
- Psalm August - A month of singing the Psalms to the Lord

**CHRIST** OUR SAVIOUR  
FELLOWSHIP  
FLORIDA

“I AM...  
FAITHFULNESS”

1251 MARLLO ROAD  
KISSIMMEE, FLORIDA

NOV. 1st, 2025  
4:00 - 6:00 PM



# ***COSF ORIGINAL***

## ***Productions***

In harnessing the latest media tools the COSF social media & production team being led by the Holy Spirit are overjoyed to share with you COSF ORIGINAL scriptural video productions! Our hope is these will touch the hearts of the people and be used globally to help lead people to the truths and glory of our Lord and Saviour Jesus Christ. Be sure to check back frequently as we are full steam ahead in production!



***click here to see more***

# CLEANUP CREW

We are in the process of clearing out unneeded items in the house of the Lord. If you wish to participate and help itemize, move, declutter please speak with Anna.



# LET'S MOVE!!

#7



#4

WE ARE MOVING! Praise the Lord as He has answered our prayers in seeking His will for His Church. We have been blessed to receive unit #4 at the same address to be the new home for Christ Our Saviour Fellowship.

There's much work to do with this move and we would like everyone to be involved. We're putting together breakdown/setup

teams to help with the organization of the move. Please speak to us to see how you can help in moving the House of God!

NEW LOCATION: Unit #4

WHEN: Oct 1<sup>st</sup>, 2025 (or sooner)





***Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.  
2 Corinthians 9:7***

**[CLICK HERE TO DONATE](#)**

**We thank the Lord for ALL He has done and the magnificent labour that we are being led to do in His righteous name. COSF continues the programs that we have been led to offer along side regular Sunday services.**

- International / Local missions & revival events**
- Variety of classes and courses to strengthen God's people:**
  - Alpha film series, Alpha Youth, Conquer,**
  - Discipleship series, Mentorship-based Ministry Leadership Certificate**



Y  
O  
U  
T  
H



W  
A  
L  
K

*Jacob Martins & Laura Morris*

Hello everyone, Laura and Jacob here. As we are writing this, we are outside on a picnic blanket and it's a very chilly 20 degrees in the air, which can only mean one thing ... school is almost back (I can hear the collective sighs of you all reading this). We hope you have had a fun and restful summer and get to enjoy the last couple of weeks before September comes. As we return back to school (especially for those of you going through the big transition of starting high school or university), it might take some time to adjust to the school environment.

What environment am I talking about? One that consists of worldly pleasures, the party culture, gossip and slander, violence and anger between peers, and the list goes on and on. I'm not saying school is all bad, but we definitely can think of things that our peers participate in that we know God did not intend for us. Their effects are destructive in nature, only satisfying human selfish desire and are not of the love of God. These worldly ways lie and pretend to give us purpose, but they really only make us "feel good" for a moment. That feeling will fade and leave us empty and separate from God.

We want to encourage you all. Romans 12:2 says "And do not be conformed to this world, but be transformed by the renewing of your mind, so that

you may prove what the will of God is, that which is good and acceptable and perfect." What the verse is saying is that we have to let God transform our lives to what He says is good and right. We cannot seek our own selfish gain nor conform to this world, we have to be set apart for God. Our Lord Jesus says in John 15:19 that we are to be in the world, but not of it, just as He demonstrated for us. That might mean we sometimes feel left out or even rejected when we choose the "unpopular" thing. We can be the object of ridicule for our decision to follow God. But as we return back to school, don't be afraid, don't be discouraged, continue to seek God and honour Him above all else, knowing that He rewards those who seek Him and who faithfully choose to walk in His righteousness and choose His ways. God is always with us, His children!





# Highschool Faith

## @COSF Youth Group:

We're so happy to be launching our youth group on September 19<sup>th</sup>! This is a great opportunity to grow, support and share our faith with each other. As part of our group initiative we are launching "MADE FOR THIS", a national prayer for schools. We are focusing our efforts and prayers in the Barrie area. We welcome you to join us on this exciting journey!

**THEY ARE  
MADE FOR  
THESE TIMES.**

Curious, Driven, Energetic: Our high schools are filled with visionaries and dreamers who will transform our country.

This generation is our future  
— let's come together to pray for them.



## DON'T FORGET:

### Friday Night Youth Group

Begins September 19<sup>th</sup> 7:00pm

REGISTER HERE

### Schools we're praying for:

St. Josephs High School  
Eastview Secondary School  
Barrie North Collegiate  
École Secondaire Nouvelle-Alliance  
St. Mary's Catholic School  
Unity Christian High School  
Innisdale Secondary School  
Heritage Christian Academy  
St. Joan of Arc High School  
Bear Creek Secondary School  
École Secondaire Roméo-Dallaire  
St. Peters Secondary School  
Maple Ridge Secondary School

# IN THE *life* ...

Hello everyone! This week I have messaged with a brother in Pakistan who shared that a group of Christians had their village destroyed. Their houses were torn down, and left in waste. They are now struggling to rebuild, and afford to provide for their families. I pray that we all lift them up to our Lord Jesus Christ, who is faithful and abounding in mercy. He is faithful to provide for His people, and I pray that those affected would trust in God in these times. Hebrews 13:5 "For He Himself has said, "I will never desert you, nor will I ever forsake you"

Hello everyone, this week I have been speaking with a sister whose brother got in a bike accident. She said that his skull is broken and he has already had surgery for his foot. We have been praying for him and she said he is doing fine right now....praise the Lord. Please lift up our brother to the Lord that his health be restored soon and to uphold him in this trial, that He would bring His comfort and strength to the family as well, finding their rest in Him.

**Noah Martins**



**Emma Censoni**

# classes & study

## Alpha Film Series

The Alpha Film Series is emotive, engaging and epic in scale and scope. Nicky Gumbel and two new presenters, Toby Flint and Gemma Hunt, walk through the basics of the Christian faith in a way that everyone can relate to. The episodes feature inspiring stories and interviews from all around the world, as well as visual illustrations and motion graphics.

ALPHA film series - FALL Session  
**THURSDAY SEPTEMBER 16<sup>th</sup> 7:00pm**  
**[REGISTERED HERE](#)**

Location: Christ Our Saviour Fellowship  
Address: 250 Bayview Dr. Unit # 7,  
Barrie ON  
Cost : FREE



Alpha Youth Series is designed to engage students (11-18) in conversations about life, faith and Jesus. Discussion time is interspersed throughout the short talks to make it simpler for them to share their thoughts and questions.

New session of Alpha YOUTH series  
**FALL COURSE - FRIDAY YOUTH GROUP**

Location: Christ Our Saviour Fellowship  
Address: 250 Bayview Dr. Unit # 7, Barrie ON  
Cost : FREE

Alpha

Alpha

**Alpha YOUTH! Series**



## ***The PRE Marriage Course***

### **The Pre-Marriage Course**

The PRE - Marriage Course is an opportunity for you to invest in your relationship through five in-person or online date nights created to help you to learn to communicate well, understand and appreciate your differences, and prepare for potential challenges.

New Sessions Begins in 2025- stay tuned  
Location: Christ Our Saviour Fellowship  
Course Journal required: a free PDF provided OR  
The Pre Marriage Journal available to purchase for \$15 each.

The Marriage Course runs over seven sessions, and each session begins with sharing dinner as a couple, followed by a fun, insightful video covering topics that are relevant for every couple like Good Sex or Resolving Conflict. In short? Your marriage. But better challenges.

New Sessions Begins in 2025- stay tuned  
The Family Unit is vital and we're excited to introduce the Marriage course at COSF to help support the family unit! Please contact us if you are interested in participating in this course please contact us.

**Location: Christ Our Saviour Fellowship**  
**Cost: workbook approx \$18**

### **The Marriage Course**

## ***The Marriage Course***

## ***Men's Conquer Series***

The Conquer Series is a powerful cinematic study that is transforming the lives of men around the world. Now in two action packed volumes, each containing Biblical teaching and proven principles to help men conquer porn and walk in freedom.

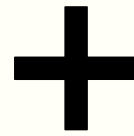
Men are finding freedom by the thousands. Dr. Ted Roberts, host of the Conquer Series, has personally counselled over 10,000 men with a 90% success rate. He's taken his proven Biblically-based process and incorporated it into the Conquer Series. We are now seeing thousands of men finding freedom from porn and remaining free for years!

2025 Course Dates - TBD

Contact us to find out more OR if you would like sign up for the upcoming course.







# MINISTRY LEADERSHIP

## 2 YEAR DIPLOMA

DETAILS: 12 OR 20 COURSE PROGRAMS, EACH COURSE 8 WEEKS COMPLETED AT OWN PACE, ALL COURSES PER ROUTE COMPLETED WITHIN 2 YEARS

12 COURSES - CERTIFICATE OF COMPLETION

20 COURSES - DIPLOMA (ACCREDITED) WITH POTENTIAL TO BE APPLIED TOWARDS 25 COURSE DEGREE WITH KAIROS.

WHERE: ONLINE

MATERIAL: PROVIDED PER COURSE

COURSE DATES: BEGINS SOON - AUGUST 2025

COSF has partnered with ARTOS ACADEMY formerly Our daily Bread Ministries international institute to offer a mentorship-based 2 year ministry leadership certificate. By participating in this program, you are at the forefront global theological training for the nations!

We thank the Lord for His leading in this!

### UPDATES:

ARTOS ACADEMY HAS BEEN WORKING ON THE MICRO CREDENTIALING STATUS. WE HAVE BEEN IN DISCUSSIONS ABOUT THIS GREAT EFFORT TO LAUNCH THE PROGRAM WITH THEIR GLOBAL PROGRAM DIRECTOR. WE WILL SOON BE READY TO BEGIN AND WILL HAVE UPDATES AFTER OUR NEXT MEETING IN A WEEK. THANK YOU FOR YOUR PATIENCE.

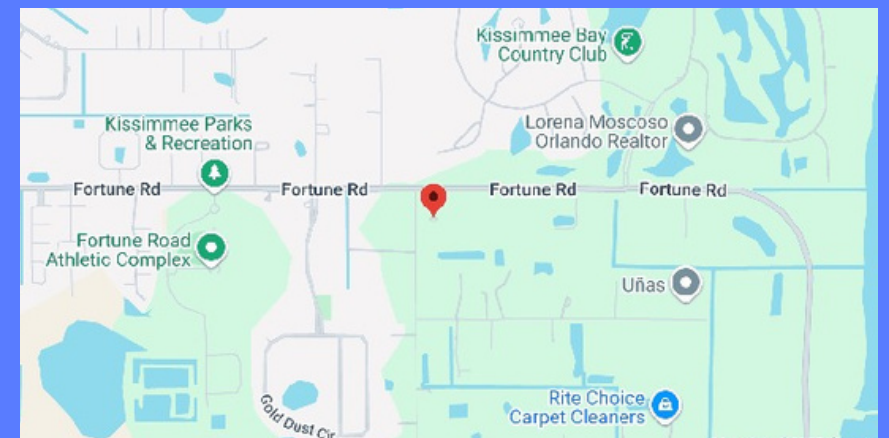
# COSF

# FIELD notes

Christ Our Saviour Fellowship Florida

**"I AM .... FAITHFULNESS"**

We are looking forward to our next service in Florida! As we seek the Lord for guidance and preparations are under way, please pray for those who are again going forth as we continue to preach through the series on Galatians 5.



**CHRIST** OUR SAVIOUR  
FELLOWSHIP  
FLORIDA

**"I AM...  
FAITHFULNESS"**

1251 MARLLO ROAD  
KISSIMMEE, FLORIDA

NOV. 1st, 2025  
4:00 - 6:00 PM

**Date: November 1st, 2025**

**Times: 4:00pm - 6:00pm**

**Location: 1251 Marllo Road,  
Kissimmee, Florida**

**[Click here to help support  
COSF Florida Church](#)**





## *COSF Africa*

COSF Africa- Onwards to press towards the finish line of the discipleship course. Our brothers in Africa have persevered and we prepare to go forth with all the Lord has for His people in Kenya and Uganda. Please pray for the leading of the Holy Spirit to guide His servants and church.



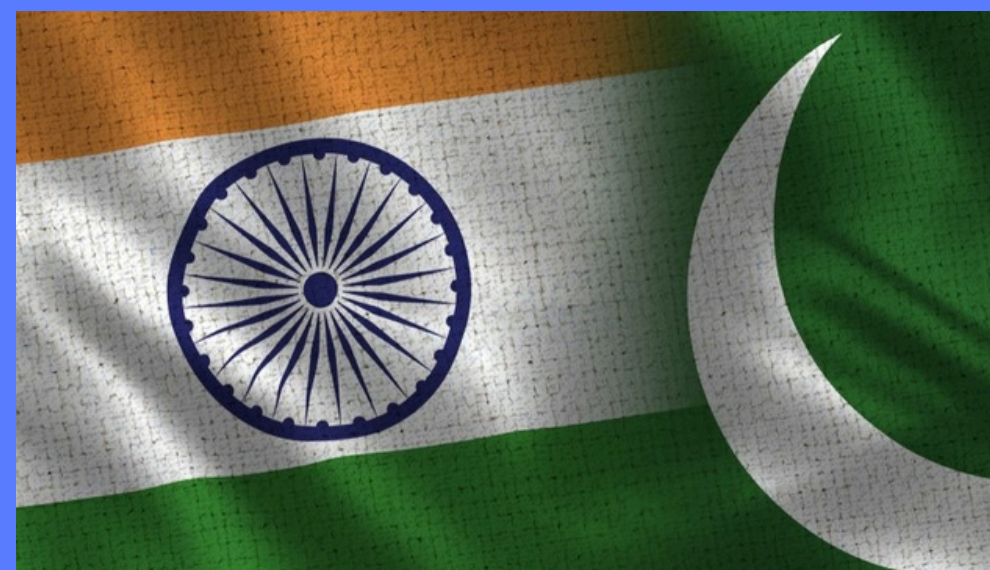
# COSF In-the-nations

## COSF Caribbean



The waters of baptism await as the Word is preached and hearts are turned by the grace of the Lord. Please pray the Lord continue to move in the hearts of those throughout the region.

**CHRIS**<sup>+</sup>**OUR**  
**SAVIOUR**  
— F E L L O W S H I P —



## COSF India & Pakistan Region

The Alpha Film Series will be launching in the coming weeks for those in the Pakistan /India region.



## COSF Central & South America



# COSF @ Home

# The Shepherd's Table

Our Shepherd's Table Ministry provides warm, nutritious meals for those in need locally and in the missions field where we are called.

UPDATES: We will be out this Saturday from 1:00-3:00.  
Thank you all for your support and participation in the street ministry in Barrie

**Menu: LAST WEEK -Roast chick/ Pots, veg/pasta salad**

**Aug 23rd- Mexican Skillet**

**[Please click here to support](#)**



# ***Need a Ride to Church?***

**COSF &  
Right Now  
Media  
Library**



*We have launched the right now media app. As we populate some of the rooms, you may receive an email asking you to download the app and join. If you are already using the right now media app (scan the QR code below) you can find the message rooms at the bottom in the message bubble. One of these groups is for Sunday transportation if you require a ride to Church on Sundays. Please let us know if you require a ride prior to Sunday as this will help us to coordinate things easier.*



Escanee el código QR para acceso GRATUITO



*Have you seen the COSF Library...*

# JOURNEY OF THE

# Soul

Are you feeling stuck in your faith walk?  
Finding it hard to hear God's voice? Praying  
for a breakthrough and not seeing it?  
Struggling to trust God?

The healthy Christian life is one of continuing  
spiritual, emotional, and relational growth,  
but sometimes we feel stuck or stagnated at  
one stage of the journey.

In Journey of the Soul, Bill and Kristi  
Gaultiere draw on over 70,000 hours of  
experience providing therapy and spiritual  
direction to help you get unstuck and identify  
the next steps you need to take to grow  
emotionally and spiritually—no matter where  
you are or how long you've been following  
Jesus.



# Prayers For The Saints

Church Prayer - Tuesday Mornings both your pastors are praying for YOU during our church prayer time. If you have a specific need or request please email us at:  
[info@choursaviourfellowship.com](mailto:info@choursaviourfellowship.com)

Please Pray For:

- pray for COSF Africa as we prepare to go forth after the discipleship course to share the Good News, the Gospel through the region.

- Please pray for those participating in the leadership program that begins in the next few weeks. Pray the Lord uphold each of them, that they are successful in this:

Sandy, Laura, Robin, Ellie, Anna, Ted, Gina, Jacob, Noah, Emma, Gertie

- The Youth need prayer and support - please pray for the Lord to lead and create a weekly youth group beginning in September.

- COSF church location - The Lord has answered and blessed us with a new location! Please continue to pray for His guidance, provisions as we move to unit #4. With this move please pray for the Lord's provision for upgrades and building of \$15,000 for His church.

Pray for the Baptism that is to take place that the Lord bless this and strengthen those called.

- Sam and His family, as the Lord is moving in his life and His wife's. Pray the Lord lead them to His side and that they learn of His goodness and truth

- Please pray for the street mission and continued support for feeding and providing for the Lord's people

- COSF Worship Service NOV 1/25. Please pray the Lord lead us in delivering His word to the people of Kissimmee Florida, safety and provision. The Lord has ANSWERED out prayers about location and Nov 1, Dec13th, Jan 31<sup>st</sup> all set!

- Please pray for everyone in the congregation for help of the Lord to overcome challenges of the past, rebuke the lies of the evil one, grow in the Lord and to realize the glory of God in their lives.



# Scripture Memory Verse

The Good Shepherd

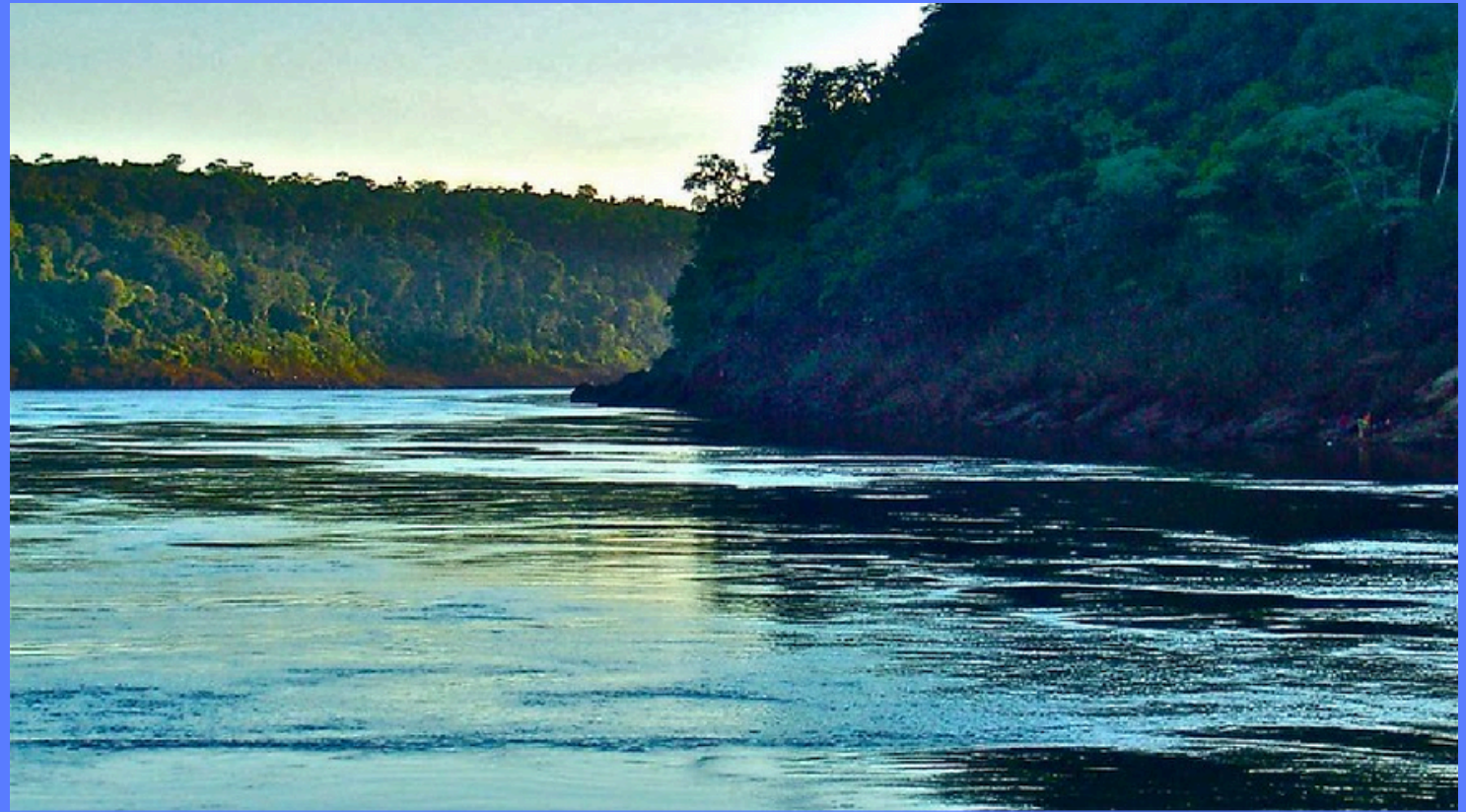
*“Forget the former things; do not dwell on the past.*

*See, I am doing a new thing!*

*Now it springs up; do you not perceive it?*

*I am making a way in the wilderness and streams in the wasteland.”*

*Isaiah 43:18-19*



Are you ready to accept our Lord Jesus Christ as your personal Saviour and be obedient unto His command of Baptism? Please speak with us.

ISAIAH 43:18-19

“FORGET THE FORMER  
THINGS; DO NOT DWELL  
ON THE PAST.  
SEE, **I AM** DOING A NEW  
THING!  
NOW IT SPRINGS UP; DO  
YOU NOT PERCEIVE IT?  
**I AM** MAKING A WAY IN  
THE WILDERNESS AND  
STREAMS IN THE  
WASTELAND.”