

Join Us Every Sunday at 10:30am 250 Bayview Drive Barrie, ON L4N 4Y8

www.christoursaviourfellowship.com info@christoursaviourfellowship.com

# SHAKLY CONNECTION



A few years ago, everyone in society was affected by a plague, a disease that changed many aspects of our lives. Regardless of the source of it, the precautions taken as it emerged brought with it tremendous challenges on many levels of the individual, as a society, a country and the entire globe ... everyone was affected in some way. Some more than others were greatly affected; where the extreme led to loss of life, others were left (and remain) severely compromised and some recovered and back to normal. As many of you know, I was in the camp of being severely ill, to the point of exhaling my last breath in ICU. It is still a haunting reminder of where I was not so long ago.

Life's events can be tough, challenging to the point that it requires all of our attention, energy that we can muster to deal with and get through the days and often we still can't! When I miraculously (and yes I do mean MIRACULOUSLY) came out of ICU and was home recovering, it was to tremendous challenge. I went from, just days

prior to being admitted to ICU, being up and down ladders carrying large, hefty joists/beams and other material for the construction we were doing, to unable to left a finger ... literally. Many of you shared in this with us and we are thankful to you. The months that followed were extremely difficult, in that having been so active with full mobility at my disposal before, I was now barely able to stand, walking a mere few steps. It was a time of testing in every aspect of my life, physically, mentally, emotionally and spiritually. Physically, it took months to be mobile, to regain strength and energy to establish some form of normalcy. Mentally and emotionally - was trying and it too took all the strength I had to ...not fight but to lay the trial down at the feet of the Lord! My Faith was being tested. Yet, with great conviction I knew in my heart and in my soul that He, our lord Jesus, who never fails would uphold me, would restore me according to His will and in His time. I would wait and abide on the Lord many

times daily. I would confess to him my thoughts and waited for Him to move, for His peace to surround, fill and strengthen me. Years later, the outcome is seen, I am alive, I am mobile, I am about my daily routine of what I'm called to doserve our Lord's righteous name and His people. Are things perfect now? Far from it, but the Lord continues to strengthen and enable all that I do.

Why share this, why bring this up, one may ask? Am I saying that I'm anyone special? NO! What I want to share with you that LIFE IS HARD and we don't nor can we see what it holds. We can though navigate the things before us and make good choices that WILL aid and help us. We read in the Word of God that we are to rejoice in the trial(s) 1 Peter 4:12-13, Romans 12:12 and James is ecstatic in his delivery and encouragement of persevering through the trials that come upon us in life.

Life is challenging on many fronts. As we face

"Dear friends, do not be surprised at the fiery ordeal that has come on you to test you, as though something strange were happening to you. But rejoice inasmuch as you participate in the sufferings of Christ, so that you may be overjoyed when his glory is revealed."

1 Peter 4:12-13

"Consider it all joy, my brethren, when you encounter various trials, knowing that the testing of your faith produces endurance. And let endurance have its perfect result, so that you may be perfect and complete, lacking in nothing."

James 1:1-4

"rejoicing in hope, persevering in tribulation, devoted prayer"

Romans 12:12

these situations, ask yourself what is the posture of my heart? Am I STANDING on the sold rock of FAITH in the promises of Lord? Am I looking at the problem or the solution? We read: "My soul, wait in silence for God only, For my hope is from Him. He only is my rock and my salvation, My stronghold; I shall not be shaken. On God my salvation and my glory rest; The rock of my strength, my refuge is in God." Psalm 62:5-7

Our Lord Jesus IS our Rock at ALL times. In learning to stand, as trials come upon us, regardless of how small or large it is, IN OUR LORD JESUS CHRIST we must have faith, that in HIS might HE WILL help us to overcome. But this takes time to learn, to understand. That's why in the small, daily things we practice our faith and our trust in the Lord. Like a child learning to walk, it's the first few steps that when the muscles, balance and strength has developed then running the race can begin. The challenge is when we don't

trust or practice our faith and the larger trials in life occur ... how do yo have have faith then? This is a life long learning WITH the Lord, learning to stand and have unshakable faith! Isaiah says: "Yet those who wait for the Lord Will gain new strength; They will mount up with wings like eagles, They will run and not get tired, They will walk and not become weary."

I can personally bear witness to the goodness and faithfulness of Our Lord Jesus who is, as we read:

"... able to do immeasurably more than all we ask or imagine, according to his power that is at work within us "

Ephesians 3:20

Isaiah 40:31

So, how are you standing - WITH GOD?

See you Sunday at 10:30am

Pastor Bhawani - Who will you invite?

### Did You Miss Sunday?

We gather at 10:30 am every Sunday at the church to worship, praise and hear the Word of God.



Wondering what our Sunday services look like?

- 10:30 ~10:50 Worship & Praise
- 10:50 ~11:25 Sermon
- 11:25 ~ 11:40 Worship & Praise
- Closing prayer

To view the most recent Sunday service from Christ Our Saviour Fellowship, please click on the link / image above.

To view the service archives please click **HERE** 





## What's Happening at COSF?

**Upcoming Events & Services** 

- COSF Summer Clean Up- TBD
- COSF YOUTH Summer Youth days
- COSF Florida July 26th Service
   "I AM...KINDNESS &
   GOODNESS"
- Psalmy August A month of singing the Psalms to the Lord



July 23rd 2025

10:30am Worship &

Message

1:15pm Escape

Room @ Ellen St.

Cost \$31.00

(assistance available)

Contact:

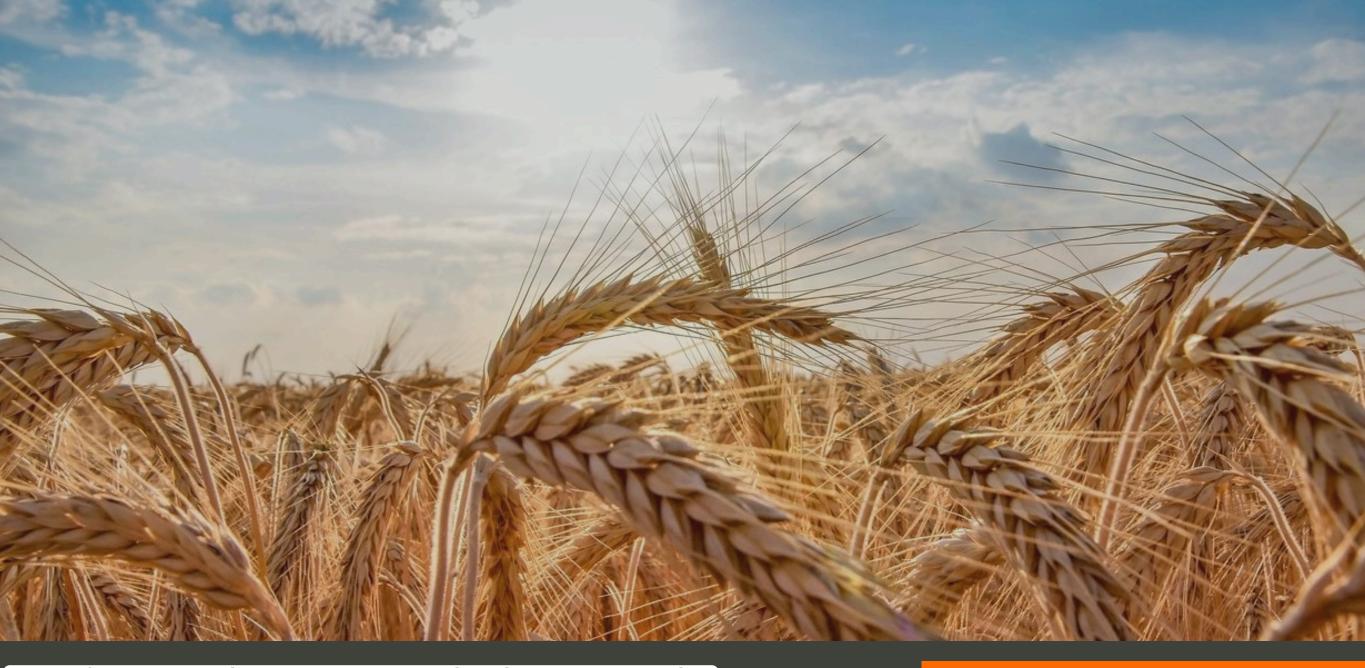
**Jacob Martins** 

### COMING SOON

It's time to declutter and shed some weight!

If you would like to help tidy up the house of the Lord, please speak to Anna... elbow grease IS required!





Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver. 2 Corinthians 9:7

**CLICK HERE TO DONATE** 

We thank the Lord for ALL He has done and the magnificent labour that we are being led to do in His righteous name. COSF continues the programs that we have been led to offer along side regular Sunday services.

- -International / Local missions & revival events
- -Variety of classes and courses to strengthen God's people:
- -Alpha film series, Alpha Youth, Conquer,
- -Discipleship series, Mentorship-based Ministry Leadership Certificate

you are enjoying your summer. Last week at COSF, disciples in John 10:10 "I have come that they we went paint-balling!! We had a great time worshipping the Lord and hearing the word in the morning and then got the chance to have some more fun! Click the link below for the details for this upcoming outing on Thursday.

Laura and I wanted to talk today about the joy of the Lord. We want to remind you all of the great salvation we have in God through our Lord Jesus and the absolute joy that is available to us each day. And we are not talking about an emotion of happiness, that can fade and change in a moment, but true, full joy.

It truly is amazing how much our Heavenly Father loves us and wants the best for us, His children. When we realize all that God has done for us, how He redeemed us, forgives our sins and brought us back into a relationship with Himself through the sacrifice of our Lord Jesus Christ, it makes it hard to look at any circumstance in our life and not be thankful and full of joy. Think about it ... we have the honour of talking and praying to God, we have the honour of spending our life with God walking by His side and His Holy Spirit

Hello everyone! Laura and Jacob here. We hope within us. How awesome is that! Jesus said to the may have life, and have it to the full." Everything that our Lord Jesus has given us and wants to give us is more joyous and incredible than we can even begin to understand.

> Whether we are serving God at church, at school or our summer jobs, whatever or whenever it may be, abide in the joy of the Lord. Even when we go through mundane daily tasks or go through hard moments where things seem impossible, that's okay. We encourage you, look to the Lord and pour out your heart to Him in the midst of the difficulty. Remember just how allencompassing His sacrifice is and that we have God and our fellow brothers and sisters to comfort us in all moments. God really has given us all we need, for any situation, to enjoy this life with Him and His people for the rest of eternity. Praise be to God!

> > **COSF Youth Group Summer Program**



Hello everyone! This week I have been messaging with a brother from Kenya, who has been caring for 12 orphaned children. He is caring for them out of a rented home, as he seeks to build his own home. He has the framing work completed, but is having issues finishing the rest of the house. We have been praying together for God to provide all that is needed, and his faith has been a great blessing to me. He is thankful to be part of our online church, and have brothers and sisters in Christ praying for him. Please lift our brother up in prayer as he continues to trust and rely on the Lord! God bless you all.

Hi everyone! I wanted to share with you something that a woman has shown me this week that really struck me. She had sent me some photos of the orphan children in her Sunday School and they are covered with infections, open wounds, boils, and bruises.....this is from having to drink dirty water. They are without food or medicine, in very hot conditions, and on top of it they do not have clean water to drink. Our hearts go out to the Lord's children and we pray Lord hear our cry on behalf of our brothers and sisters in Pakistan for Your healing upon Your children, Lord please provide a way in which they may have clean water to drink Lord and be sustained to continue to seek You and call upon Your Holy Name, Father we trust in You for You are Good to Your people, be glorified Lord, in Jesus Name, Amen.



**Noah Martins** 

### classes & study

### **Alpha Film Series**

The Alpha Film Series is emotive, engaging and epic in scale and scope. Nicky Gumbel and two new presenters, Toby Flint and Gemma Hunt, walk through the basics of the Christian faith in a way that everyone can relate to. The episodes feature inspiring stories and interviews from all around the world, as well as visual illustrations and motion graphics.

ALPHA film series - FALL Session TBD

Location: Christ Our Saviour Fellowship

Address: 250 Bayview Dr. Unit #7,

Barrie ON Cost : FREE



Alpha Youth Series is designed to engage students (11-18) in conversations about life, faith and Jesus. Discussion time is interspersed throughout the short talks to make it simpler for them to share their thoughts and questions.

New session of Alpha YOUTH series FALL COURSE COMING SOON

Location: Christ Our Saviour Fellowship

Address: 250 Bayview Dr. Unit # 7, Barrie ON

Cost : FREE

Alpha YOUTH! Series



### The PRE Marriage Course



The PRE - Marriage Course is an opportunity for you to invest in your relationship through five inperson or online date nights created to help you to learn to communicate well, understand and appreciate your differences, and prepare for potential challenges.

New Sessions Begins in 2025- stay tuned Location: Christ Our Saviour Fellowship Course Journal required: a free PDF provided OR The Pre Marriage Journal available to purchase for \$15 each. The Marriage Course runs over seven sessions, and each session begins with sharing dinner as a couple, followed by a fun, insightful video covering topics that are relevant for every couple like Good Sex or Resolving Conflict. In short? Your marriage. But better challenges.

New Sessions Begins in 2025- stay tuned The Family Unit is vital and we're excited to introduce the Marriage course at COSF to help support the family unit! Please contact us if you are interested in participating in this course please contact us.



### **Men's Conquer Series**

The Conquer Series is a powerful cinematic study that is transforming the lives of men around the world. Now in two action packed volumes, each containing Biblical teaching and proven principles to help men conquer porn and walk in freedom.

Men are finding freedom by the thousands. Dr. Ted Roberts, host of the Conquer Series, has personally counselled over 10,000 men with a 90% success rate. He's taken his proven Biblically-based process and incorporated it into the Conquer Series. We are now seeing thousands of men finding freedom from porn and remaining free for years!

2025 Course Dates - TBD

<u>Contact us</u> to find out more OR if you would like sign up for the upcoming course.









DETAILS: 12 OR 20 COURSE PROGRAMS, EACH COURSE 8 WEEKS COMPLETED AT OWN PACE, ALL

12 COURSES - CERTIFICATE OF COMPLETION

20 COURSES - DIPLOMA (ACCREDITED) WITH POTENTIAL TO BE APPLIED TOWARDS 25 COURSE DEGREE WITH KAIROS.

WHERE: ONLINE

MATERIAL: PROVIDED PER COURSE

**COURSE DATES: BEGINS SOON - AUGUST 2025** 

COSF HAS PARTNERED WITH ARTOS ACADEMY FORMERLY OUR DAILY BREAD MINISTRIES INTERNATIONAL INSTITUTE TO OFFER COURSES PER ROUTE COMPLETED WITHIN 2 YEARS A MENTORSHIP-BASED 2 YEAR MINISTRY LEADERSHIP CERTIFICATE. BY PARTICIPATING IN THIS PROGRAM. YOU ARE AT THE FOREFRONT GLOBAL THEOLOGICAL TRAINING FOR THE NATIONS!

WE THANK THE LORD FOR HIS LEADING IN THIS!

### **UPDATES:**

1.COURSES AND ADMIN PROCESS IS BEING SET UP AT THE MOMENT.

2. I HAVE BEEN ASSURED THAT THEY WILL BE READY BY JULY 28TH AND THAT REGISTRATION COURSES WILL STILL BE GOING OUT SHORTLY.

3. WHILE WAITING, CONSIDER THE ROUTE YOU WOULD LIKE THE 12 COURSE OPTION OR DIPLOMA LEADING TO DEGREE ( ACCREDITED)

## COSF FISHER Christ Our Saviour Fellowship Florida

Christ Our Saviour Fellowship Florida "I AM ....KINDNESS & GOODNESS"

We are looking forward to our next service in Florida! As we seek the Lord for guidance and preparations are under way, please pray for those who are again going forth as we continue to preach through the series on Galatians 5.

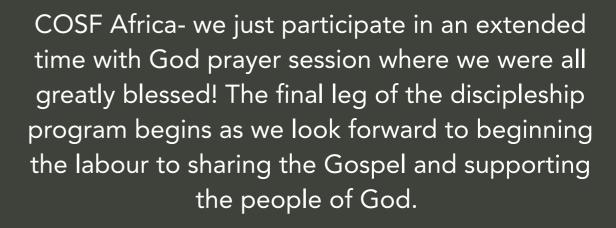




Date: July 26th, 2025 Times: 4:00pm - 6:00pm Location: 1251 Marllo Road, Kissimmee, Florida

<u>Click here to help support</u> <u>COSF Florida Church</u>









### COSF In-the-mations

### **COSF Caribbean**



The waters of baptism await as the Word is preached and hearts are turned by the grace of the Lord. Please pray the Lord continue to move in the hearts of those throughout the region.





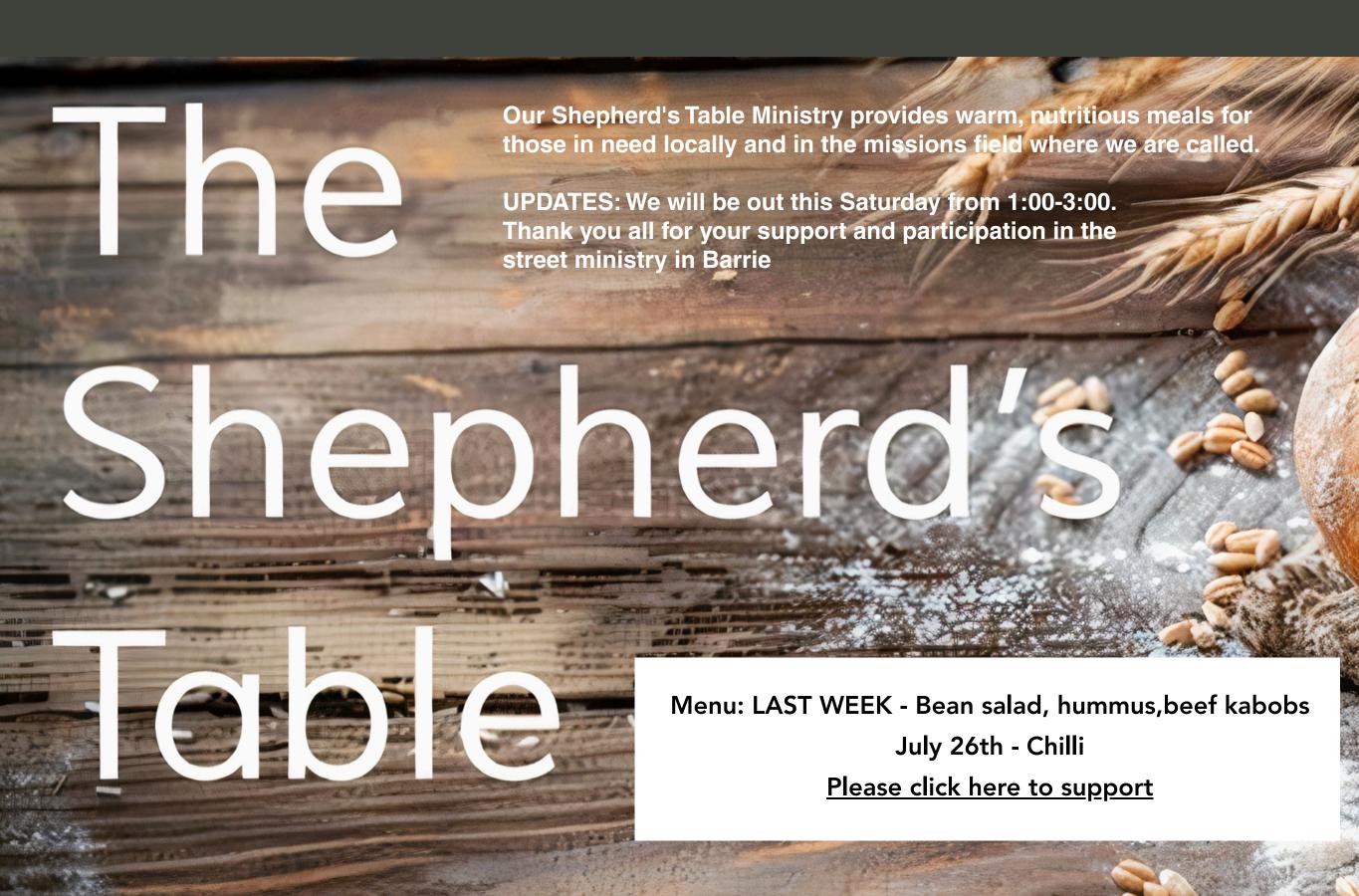
### **COSF India & Pakistan Region**

We begin the studies and discipleship training in the Pakistan and India region. Please pray for TRANSFORMATION of the hearts of the people and those studying and being prepared by the Lord.



**COSF Central & South America** 

### COSF @ Home



## Need a Ride to Church?

COSF & Right Now Media
Library



We have launched the right now media app. As we populate some of the rooms, you may receive an email asking you to download the app and join. If you are already using the right now media app (scan the QR code below) you can find the message rooms at the bottom in the message bubble. One of these groups is for Sunday transportation if you require a ride to Church on Sundays. Please let us know if you require a ride prior to Sunday as this will help us to coordinate things easier.





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Have you seen the COSF Library...

### Get Out of Your Head



Are your thoughts holding you captive? Jennie Allen knows what it's like to swirl in a spiral of destructive thoughts, such as I'll never be good enough. Other people have better lives than I do. God couldn't really love me. But Jennie also knows we don't have to stay stuck in toxic thinking patterns. As she discovered, God built a way for us to escape that downward spiral. Freedom comes when we refuse to be victims to our thoughts and realize we have already been equipped with power from God to fight and win the war for our minds.

In Get Out of Your Head, Jennie takes groups on a study in Philippians, inspiring and equipping us to transform our emotions, our outlook, and even our circumstances by taking control of our thoughts. When we submit our minds to Christ, the promises and goodness of God flood our lives in remarkable ways. It starts in your head. And from there, the possibilities are endless.

Video designed for use in a group setting with the Get Out of Your Head Study Guide and Get Out of Your Head Conversation Cards. Leader's Guide also available.

### Prayers For The Saints

Church Prayer - Tuesday Mornings both your pastors are praying for YOU during our church prayer time. If you have a specific need or request please email us at: info@christoursaviourfellowship.com

### Please Pray For:

- We want to uplift Katie and pray the Lord give her wisdom in how to prioritize Him in her life.
   Peace in the challenges before her
- Please pray for those participating in the leadership program that begins in the next few weeks. Pray the Lord uphold each of them, that they are successful in this: Sandy, Laura, Robin, Ellie, Anna, Ted, Gina, Jacob, Noah, Emma, Gertie
- COSF church location we are seeking the Lord in sealing a new location lease. Pray for His provision and continued support for His Chruch

 The Youth need prayer and support - please pray they grow over this summers' activities at COSF

Pray for the Baptism that is to take place that the Lord bless this and strengthen those called.

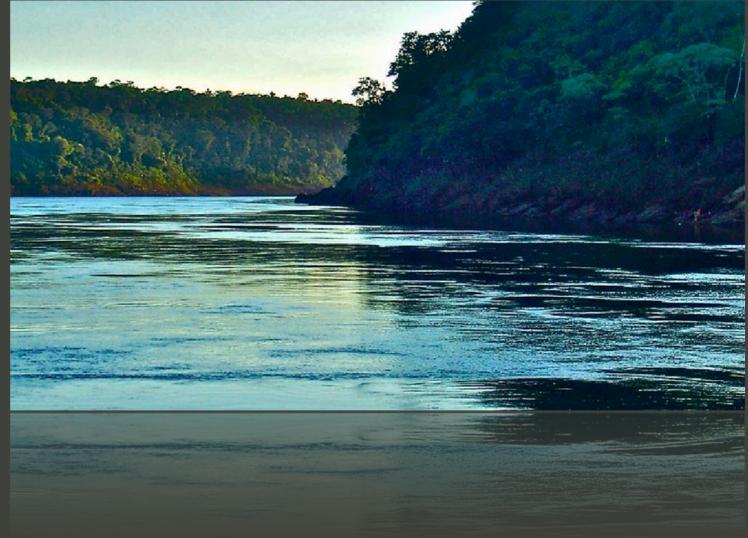
- Sam and His family, as the Lord is moving in his life and His wife's. Pray the Lord lead them to His side and that they learn of His goodness and truth
- Please pray for the street mission and continued support for feeding and providing for the Lord's people
- COSF Worship Service Jul 26th- Please pray the Lord lead us in delivering His word to the people of Kissimmee Florida, safety and provision.
- Please pray for the leading and provision for COSF Africa and the July/August conference and crusades.
- Please pray for everyone in the congregation for help of the Lord to overcome challenges of the past, rebuke the lies of the evil one and to realize the glory of God in their lives.

## Scripture Memory Verse

### **Immovable In Christ**

Those who trust in the Lord Are as Mount Zion, which cannot be moved but abides forever. As the mountains surround Jerusalem, so the Lord surrounds His people From this time forth and forever"

Psalm 125:1-2



Are you ready to accept our Lord Jesus Christ as your personal Saviour and be obedient unto His command of Baptism? Please speak with us.

PSALM 125:1-2