

AUGUST 6TH, 2025 EDITION

CHRIST<sup>+</sup> OUR  
SAVIOUR  
— FELLOWSHIP —



WEEKLY  
CONNECTION

JOIN US EVERY SUNDAY AT 10:30AM  
250 BAYVIEW DRIVE BARRIE, ON L4N 4Y8

[WWW.CHRISTOURSAVIOURFELLOWSHIP.COM](http://WWW.CHRISTOURSAVIOURFELLOWSHIP.COM)  
[INFO@CHRISTOURSAVIOURFELLOWSHIP.COM](mailto:INFO@CHRISTOURSAVIOURFELLOWSHIP.COM)



READY?

SET?

GO!!!



Time is everything they say! I've always asked myself, is that why I see some people eat fast, drink fast, talk fast or even drive fast? Many take their time but the "lead footed" among us seem to always be in a hurry. Thank goodness cars today are made well and with such great variety to be able to handle a varying degree of well-mannered, iron clad shoes. All the way from the Fiat 500, a pokey tiny car for tiny(ish) people to get around town. They're steadfast, they work and just get the job done. Sedans of many types are good for this as well, the daily run - corollas, civics pretty much steal the top ranks. The main trend has been the SUV - the modern version of the mini van, larger, sportier and as reliable as all the other mentioned. One of these terribly fast in case you wondered.

Recently electric vehicles have been making a valid case for dependability as well as *speed*, although running out of power in winter doesn't sound appealing. They have great torque that the *speed aficionados* would appreciate. From there

then we get into the sports cars - mustang , corvette ..wow! Now we're talking speed! It's not that I drive fast, but I certainly appreciate the ability to go fast (if ever needed,) and a very well built and refined machine. Now these are civilian street cars, all vary in speed and do well for ...anyone! Yet, some want to go faster still and are drawn to the exhilaration of hair and cheeks being blown back a few inches by the force of the wind of high speed racing. That's where racing...*F1 racing* comes into play!

These *racing cars* are only meant for the track. Their highly specialized body design and engines are meant to deliver blistering power and speed... after all they are meant to go ***very very fast!***



How fast you ask? Well, if the average car is about 180 km/hr; yes that in itself is too fast for anyone, then a specialty F1 racing cars top speed is about 375 km/hr. When employed in a race, a steady throttle of around 313 km/hr is the average pace and corners are life gripping at upwards of 290km/hr. The faster the car goes the better the performance and it's tire traction! At these speeds every aspect of performance, design, handling is critical as every millisecond counts in *finishing the race*. Only the best of the best are here. Some names you may know - Ferrari, Mercedes, Honda is there as well! Yet the one to beat (careful who you ask!) is the McLaren F1!!

OH the shivers and shakes just thinking about it. The closest I ever got to a race car was my matchbox F1 as a kid which cost



a whopping \$0.99 compared to the \$12 million to \$20 million for a real F1 race car. My piggy bank just couldn't hold that much. Now that's a lot of money for such a highly tuned precision instrument and the extremely high risk that it might not make it through the race! Not make it through the race? Yes, the speed, the track, the hazard of orbiting drivers and so many more aspects create hazards that can very easily put the driver out of the race. Each one of them started well and had full intentions of finishing

in the top spot. Some just approached the first turn and wham! Taken out by another driver - race over. Another driver part way through the 50-78 lap race suffers engine failure and can't go anywhere without an engine...race over. On the last lap, the engine screaming, the speedometer needle blurring and busting as the car is pushed beyond its 375 km/hr max...screaming to finish across the line...377...379... and then the checkered flag !! The race IS WON !!

PHEW !! That was stressful! All of that whining, whirring, hair blowing, face shifting speed to barely finish the race...some didn't even make it, and the cost, who could afford it!!??? It reminds me of what the Apostle Paul writes:

*"Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize."*

1 Corinthians 9:24 and again we read

*"Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off every-*

*thing that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith" - Hebrews 12:1-2*

Challenges come upon us in this Christian life and walk, that can and want to take us out of the race and finishing, to receive the victor's crown that the Lord promises. Our broken, sinful ways and unwillingness to change create barriers to finishing the race we are called to. When we keep our eyes on our Lord Jesus, allowing Him to lead us, *fine tune us to His specifications in order to complete the race as He desires*, well we can see the checkered flag ...better yet *we see the cross before us.*

Let us walk, run the race with full intention of winning, with a singular focus on our Lord and Saviour. What a great gift of Salvation and unlike the F1 cars that cost \$12-20 million, our Lord has paid the price for us...we just need the free gift of FAITH!

See you Sunday at 10:30am

Pastor Bhawani - Who will you invite?



# ***Did You Miss Sunday?***

We gather at 10:30 am every Sunday at the church to worship, praise and hear the Word of God.



Wondering what our Sunday services look like?

- 10:30 ~10:50 Worship & Praise
- 10:50 ~11:25 Sermon
- 11:25 ~ 11:40 Worship & Praise
- Closing prayer

To view the most recent Sunday service from Christ Our Saviour Fellowship, please click on the link / image above.

To view the service archives please click [HERE](#)



# The Shepherd's Table

# What's Happening at COSF?

## Upcoming Events & Services

- COSF Summer Clean Up- TBD
- COSF YOUTH - Summer Youth days
- COSF Florida Sept 13th Service "I AM...FAITHFULNESS"
- Psalmy August - A month of singing the Psalms to the Lord

**CHRIST** OUR SAVIOUR  
FELLOWSHIP

“I AM...  
FAITHFULNESS”

1251 MARLLO ROAD  
KISSIMMEE, FLORIDA

SEPT 13th, 2025  
4:00 - 6:00 PM



COMING SOON

# CLEANUP

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It's time to declutter  
and shed some weight!

If you would like to help tidy up the house of the  
Lord, please speak to Anna... elbow grease IS  
required!

# IN THE HOUSE OF GOD





***Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.  
2 Corinthians 9:7***

**[CLICK HERE TO DONATE](#)**

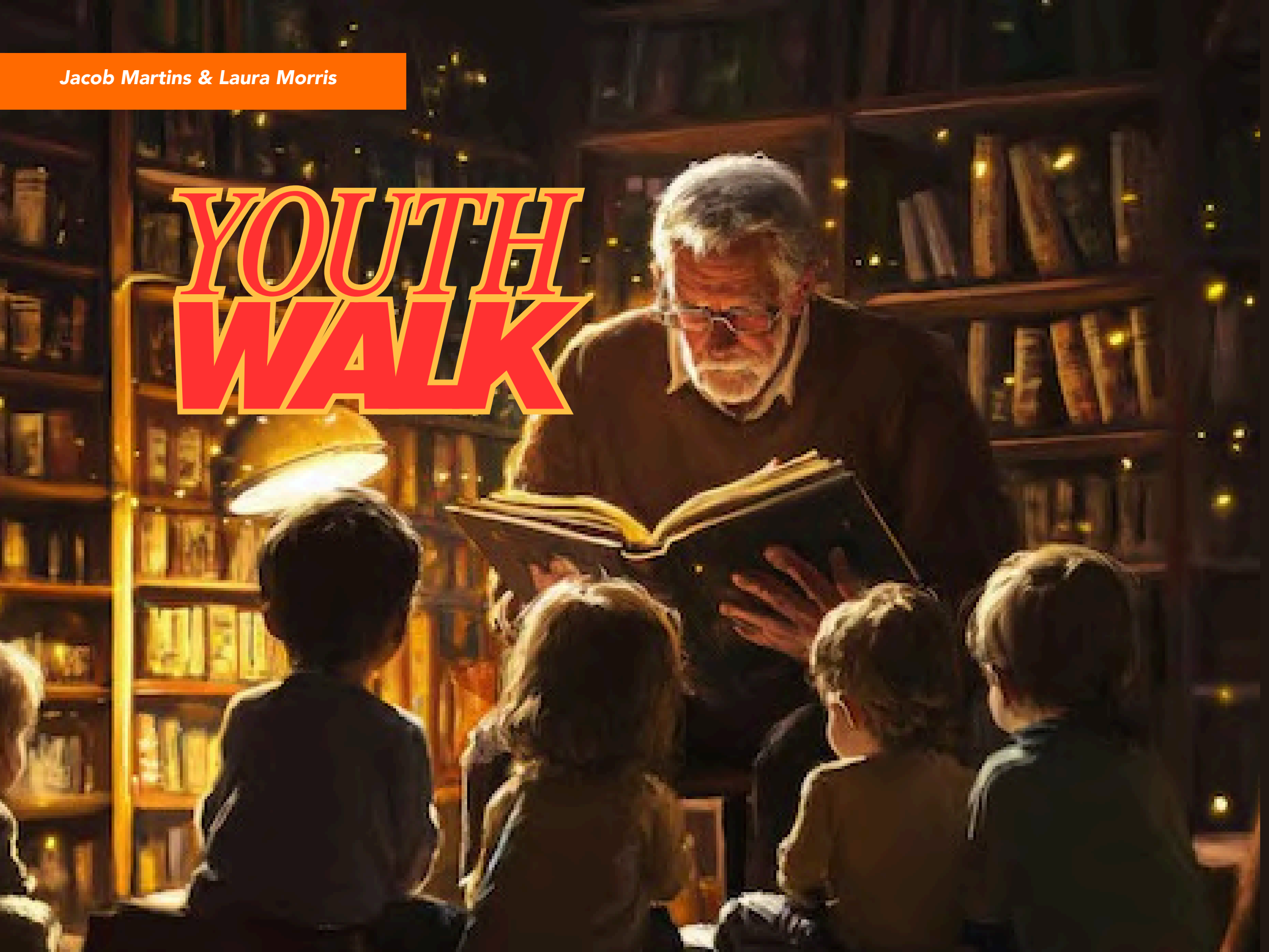
**We thank the Lord for ALL He has done and the magnificent labour that we are being led to do in His righteous name. COSF continues the programs that we have been led to offer along side regular Sunday services.**

**-International / Local missions & revival events  
-Variety of classes and courses to strengthen God's people:  
-Alpha film series, Alpha Youth, Conquer,  
-Discipleship series, Mentorship-based Ministry Leadership Certificate**



Jacob Martins & Laura Morris

# YOUTH WALK



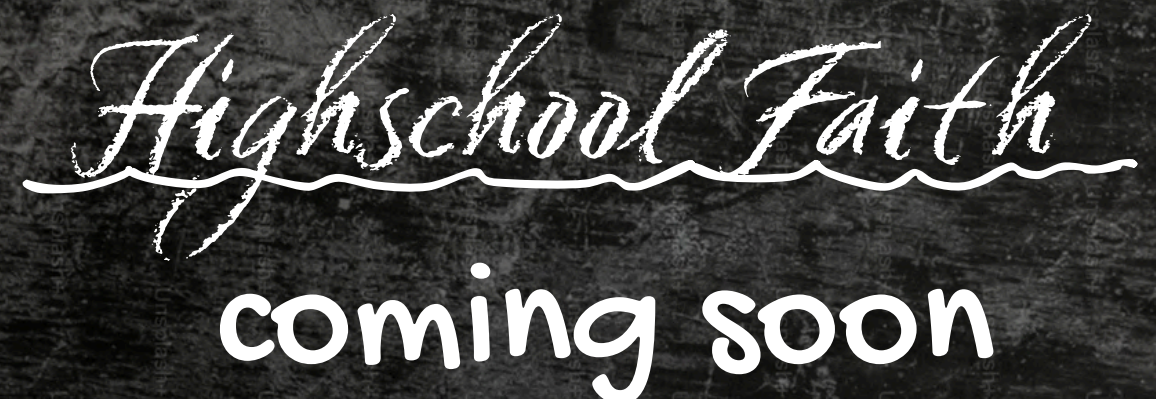


Hi everyone! Just like that ... August is here and we are half way through the summer. We hope you have enjoyed your summer so far and that you have used some of the free time to your advantage. This past Friday at Youth Group, we hopped until we dropped!!! Who knew 60 minutes of trampolining could be so tiring ... and fun!

Laura and I wanted to take a moment to talk to you about learning (especially since most of us haven't done much of it throughout the summer). Can you think of an example of someone who is a good student; how about a bad student? What characteristics do each exhibit? I'm sure we have all seen students who think they know better than their teachers or heard of athletes that think they know better than their coaches. Resisting their instruction, not wanting to change from their own ways, "I know best!" ... does that sound familiar? I think it's fair to say that these attitudes don't represent good students. The best students learn and grow by admitting that they don't know and they want to learn ... they are teachable.

It's the same for us in our relationship with God. Our Holy God is the perfect standard of goodness, kindness and everything right, but as for us, we are the total opposite. Nothing within ourselves is good. The apostle Paul says in Romans 7:18 "For I know

that nothing good dwells in me, that is, in my flesh". Human nature is not good, we don't have anything worthy of God. It pleases God when we recognize this and say "God, I really don't know anything good, please teach me YOUR ways in all situations." That includes how we communicate, how we speak, how we love, how we pray, how we work, how we learn, everything and anything! If we humble ourselves, God promises He will teach us His way. God is faithful to instruct us, change us and help us. King David says in Psalm 25:8-9 "Good and upright is the LORD; therefore He instructs sinners in the way. He leads the humble in justice, and He teaches the humble His way." Rather than choosing to be proud and say "I know better", it's wise that we learn in humility and let God teach us who He wants us to be. God wants what is best for us and living according to His ways truly is the best thing for us all.



*Highschool Faith*  
coming soon

# IN THE *Life* ...

Hello everyone! This week I have been speaking with a brother from Kenya who's story I wanted to share. He is 28 years old, and was recently diagnosed with Lung cancer. He has been in the hospital a lot recently, and we have been praying for God's healing in His life. He is incredibly encouraged, and has "The hope of God for healing in Jesus name." We continue to pray for our brother, knowing that God is faithful in all circumstances, and that He works all things for the good of those who love Him. A scripture that was on my heart for our brother was James 1:2-4 "Consider it all joy, my brethren, when you encounter various trials, knowing that the testing of your faith produces endurance. And let endurance have its perfect result, so that you may be perfect and complete, lacking in nothing." I cannot begin to imagine how his faith is being tested right now, but I take heart knowing that God will be glorified in all that he does in our brother's life, and the lives of us all. God bless you all.

**Noah Martins**

Hello everyone. I have been speaking with one of our sisters this week whose daughter and brother have been very ill. Her young daughter had not been eating or drinking and vomiting repeatedly. She has updated me that she is doing well, and so we pray for continued healing upon her, and thank our Lord for the healing that has already begun. Her brother is suffering from intestinal problems and a swollen appendix. He is also not eating or drinking. She is seeking prayer that he will recover and be able to return home soon. Please be praying for our sister and her family that the Lord brings healing and His strength to their hearts, to rest in Him during this trial.



**Emma Censoni**



# classes & study

## *Alpha Film Series*

The Alpha Film Series is emotive, engaging and epic in scale and scope. Nicky Gumbel and two new presenters, Toby Flint and Gemma Hunt, walk through the basics of the Christian faith in a way that everyone can relate to. The episodes feature inspiring stories and interviews from all around the world, as well as visual illustrations and motion graphics.

ALPHA film series - FALL Session TBD

Location: Christ Our Saviour Fellowship  
Address: 250 Bayview Dr. Unit # 7,  
Barrie ON  
Cost : FREE



Alpha Youth Series is designed to engage students (11-18) in conversations about life, faith and Jesus. Discussion time is interspersed throughout the short talks to make it simpler for them to share their thoughts and questions.

New session of Alpha YOUTH series  
FALL COURSE COMING SOON

Location: Christ Our Saviour Fellowship  
Address: 250 Bayview Dr. Unit # 7, Barrie ON  
Cost : FREE

A large red stylized question mark is positioned in the bottom left corner of the page. A small red circle with the word 'Alpha' in white is located at the bottom of the question mark's stem.

Alpha

## *Alpha YOUTH! Series*

## ***The PRE Marriage Course***



### **The Pre-Marriage Course**

**The PRE - Marriage Course** is an opportunity for you to invest in your relationship through five in-person or online date nights created to help you to learn to communicate well, understand and appreciate your differences, and prepare for potential challenges.

New Sessions Begins in 2025- stay tuned  
Location: Christ Our Saviour Fellowship  
Course Journal required: a free PDF provided OR  
The Pre Marriage Journal available to purchase  
for \$15 each.

**The Marriage Course** runs over seven sessions, and each session begins with sharing dinner as a couple, followed by a fun, insightful video covering topics that are relevant for every couple like Good Sex or Resolving Conflict. In short? Your marriage. But better challenges.

New Sessions Begins in 2025- stay tuned  
The Family Unit is vital and we're excited to introduce the Marriage course at COSF to help support the family unit! Please contact us if you are interested in participating in this course please contact us.

**Location: Christ Our Saviour Fellowship**  
**Cost: workbook approx \$18**



### **The Marriage Course**

## ***The Marriage Course***



## *Men's Conquer Series*

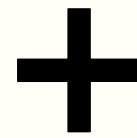
The Conquer Series is a powerful cinematic study that is transforming the lives of men around the world. Now in two action packed volumes, each containing Biblical teaching and proven principles to help men conquer porn and walk in freedom.

Men are finding freedom by the thousands. Dr. Ted Roberts, host of the Conquer Series, has personally counselled over 10,000 men with a 90% success rate. He's taken his proven Biblically-based process and incorporated it into the Conquer Series. We are now seeing thousands of men finding freedom from porn and remaining free for years!

2025 Course Dates - TBD

Contact us to find out more OR if you would like sign up for the upcoming course.





# MINISTRY LEADERSHIP

## 2 YEAR DIPLOMA

DETAILS: 12 OR 20 COURSE PROGRAMS, EACH COURSE 8 WEEKS COMPLETED AT OWN PACE, ALL COURSES PER ROUTE COMPLETED WITHIN 2 YEARS

12 COURSES - CERTIFICATE OF COMPLETION

20 COURSES - DIPLOMA (ACCREDITED) WITH POTENTIAL TO BE APPLIED TOWARDS 25 COURSE DEGREE WITH KAIROS.

WHERE: ONLINE

MATERIAL: PROVIDED PER COURSE

COURSE DATES: BEGINS SOON - AUGUST 2025

COSF HAS PARTNERED WITH ARTOS ACADEMY FORMERLY OUR DAILY BREAD MINISTRIES INTERNATIONAL INSTITUTE TO OFFER A MENTORSHIP-BASED 2 YEAR MINISTRY LEADERSHIP CERTIFICATE. BY PARTICIPATING IN THIS PROGRAM, YOU ARE AT THE FOREFRONT GLOBAL THEOLOGICAL TRAINING FOR THE NATIONS!

WE THANK THE LORD FOR HIS LEADING IN THIS!

UPDATES:

1. COURSES AND ADMIN PROCESS IS BEING SET UP AT THE MOMENT.

2. I HAVE BEEN ASSURED THAT THEY WILL BE READY BY JULY 28TH AND THAT REGISTRATION COURSES WILL STILL BE GOING OUT SHORTLY.

3. WHILE WAITING, CONSIDER THE ROUTE YOU WOULD LIKE THE 12 COURSE OPTION OR DIPLOMA LEADING TO DEGREE (ACCREDITED)

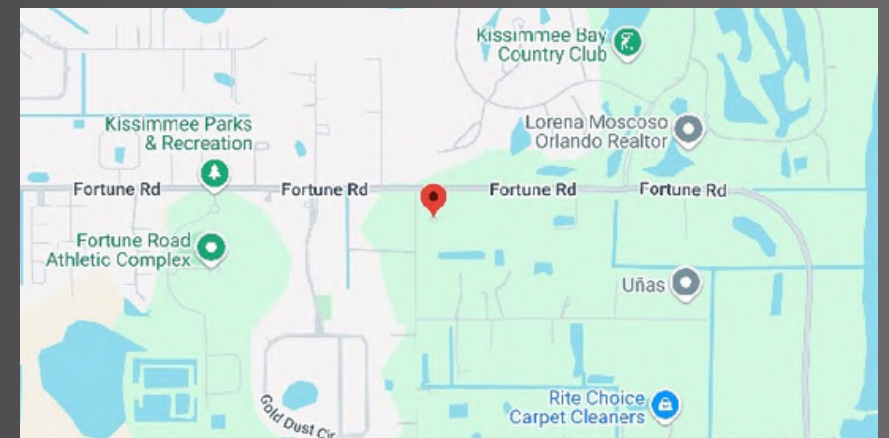


# COSF FIELD notes

Christ Our Saviour Fellowship Florida

"I AM .... FAITHFULNESS"

We are looking forward to our next service in Florida! As we seek the Lord for guidance and preparations are under way, please pray for those who are again going forth as we continue to preach through the series on Galatians 5.



**Date: September 13th, 2025**

**Times: 4:00pm - 6:00pm**

**Location: 1251 Marllo Road,  
Kissimmee, Florida**

**[Click here to help support  
COSF Florida Church](#)**

**CHRIST** OUR SAVIOUR  
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**"I AM...  
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1251 MARLLO ROAD  
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SEPT 13th, 2025  
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## *COSF Africa*

COSF Africa- one of our brothers Mathias is still struggling with diabetes and the infection of his toe. Please pray for his speedy recovery as his toe had to be amputated due to diabetes being untreated and infection. In all this he still is grateful and ready to continue serving the Lord as he has been called!



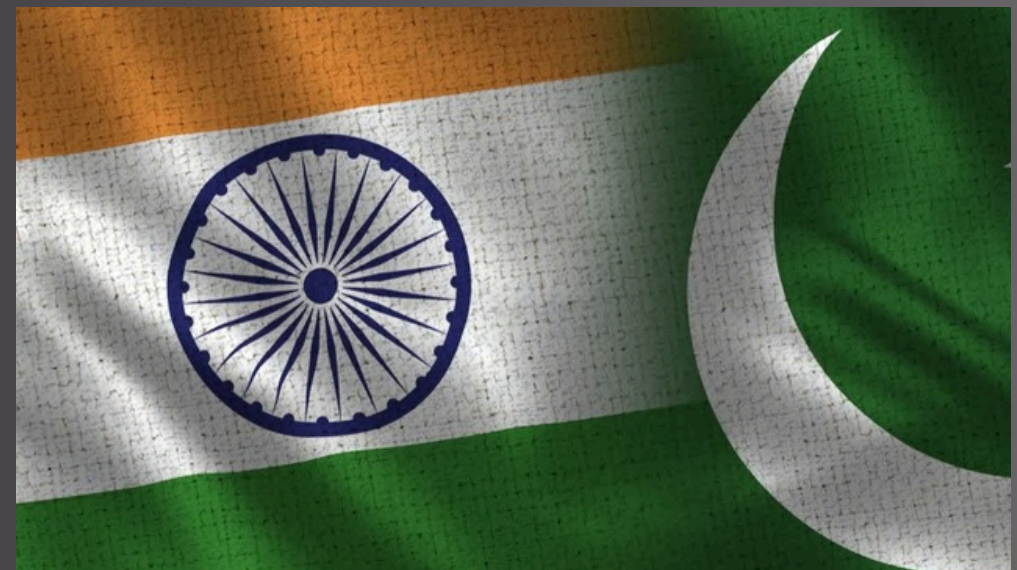
# COSF In-the-nations



## COSF Caribbean



The waters of baptism await as the Word is preached and hearts are turned by the grace of the Lord. Please pray the Lord continue to move in the hearts of those throughout the region.



## COSF India & Pakistan Region

We begin the studies and discipleship training in the Pakistan and India region. Please pray for TRANSFORMATION of the hearts of the people and those studying and being prepared by the Lord.



## COSF Central & South America

**CHRIS**<sup>+</sup>**OUR**  
**SAVIOUR**  
— FELLOWSHIP —



# COSF @ Home

# The Shepherd's Table

Our Shepherd's Table Ministry provides warm, nutritious meals for those in need locally and in the missions field where we are called.

UPDATES: We will be out this Saturday from 1:00-3:00.  
Thank you all for your support and participation in the street ministry in Barrie

Menu: LAST WEEK Trini curry Chicken 'chick peas rice,  
Aug 9th- Pork egg roll bowl on rice  
[Please click here to support](#)



# ***Need a Ride to Church?***

**COSF &  
Right Now  
Media  
Library**



*We have launched the right now media app. As we populate some of the rooms, you may receive an email asking you to download the app and join. If you are already using the right now media app (scan the QR code below) you can find the message rooms at the bottom in the message bubble. One of these groups is for Sunday transportation if you require a ride to Church on Sundays. Please let us know if you require a ride prior to Sunday as this will help us to coordinate things easier.*



Escanee el código QR para acceso GRATUITO

*Have you seen the COSF Library...*

# **I AM STRONG: SUFFERING WELL**

How could God possibly bring good from our pain and suffering? Paul wrestled with this question when he was afflicted with illness that broke his body and his spirit. Instead of immediate healing, Paul got something better—an experience of the power of God.

This study equips you to encounter the power of God in the same way--through your pain and suffering. Join a fellow-sufferer and pastor for an eye-opening Bible teaching about Paul's "thorn in the flesh," our universal suffering, the problem of pain, and God's promise to redeem and bring good from the suffering in our lives.

Your faith will be deepened, and your heart will be comforted as we dig deep into Paul's

conclusion that "when I am weak, then I am strong."

Discover daily practices and a lifelong point-of-view that can transform your greatest suffering into your greatest strength. Based on the bestselling book *I Am Strong: Finding God's Peace and Strength in Life's Darkest Moments*.





# Prayers For The Saints

Church Prayer - Tuesday Mornings both your pastors are praying for YOU during our church prayer time. If you have a specific need or request please email us at:  
[info@christoursaviourfellowship.com](mailto:info@christoursaviourfellowship.com)

Please Pray For:

- pray for Mathias in Africa and a full, speedy healing as he has just completed surgery to remove the infected and injured toe.
- Please pray for those participating in the leadership program that begins in the next few weeks. Pray the Lord uphold each of them, that they are successful in this:  
Sandy, Laura, Robin, Ellie, Anna, Ted, Gina, Jacob, Noah, Emma, Gertie
- COSF church location - we are seeking the Lord in finding a new location to lease. Pray for His provision and continued support for His Church

- The Youth need prayer and support - please pray for the Lord to lead and create a weekly youth group.

Pray for the Baptism that is to take place that the Lord bless this and strengthen those called.

- Sam and His family, as the Lord is moving in his life and His wife's. Pray the Lord lead them to His side and that they learn of His goodness and truth
- Please pray for the street mission and continued support for feeding and providing for the Lord's people
- COSF Worship Service Sept 13th. Please pray the Lord lead us in delivering His word to the people of Kissimmee Florida, safety and provision.
- Please pray for everyone in the congregation for help of the Lord to overcome challenges of the past, rebuke the lies of the evil one, grow in the Lord and to realize the glory of God in their lives.

# Scripture Memory Verse

## Run The Race Before Us

*“Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us”*

*Hebrews 12:1*



Are you ready to accept our Lord Jesus Christ as your personal Saviour and be obedient unto His command of Baptism? Please speak with us.



HEBREWS 12:1-2

**THEREFORE, SINCE WE HAVE SO GREAT A CLOUD OF WITNESSES SURROUNDING US, LET US ALSO LAY ASIDE EVERY ENCUMBRANCE AND THE SIN WHICH SO EASILY ENTANGLES US, AND LET US RUN WITH ENDURANCE THE RACE THAT IS SET BEFORE US, FIXING OUR EYES ON JESUS, THE AUTHOR AND PERFECTER OF FAITH, WHO FOR THE JOY SET BEFORE HIM ENDURED THE CROSS, DESPISING THE SHAME, AND HAS SAT DOWN AT THE RIGHT HAND OF THE THRONE OF GOD.**