

Small Human Beans

A Pod Based Learning Experience

OVERVIEW

At Small Human Beans, we're focused on incorporating developmental goals that align to your child's age and development. We're here to highlight and strengthen the skills your child is already capable of while getting them up to speed in the areas that they may need more support. Learning with Small Human Beans is fun, engaging, and intentional in order to facilitate developmental skills and inspire their creative minds.

DEVELOPMENTAL SKILLS

ACTIVITY

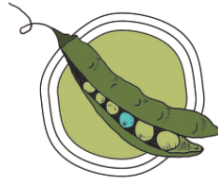
| | |
|--|---|
| PHYSICAL - Fine Motor ADAPTIVE – "I CAN do it!" | -Pod group makes binoculars out of paper towel roll -Decorate the binocular strap by stringing various beads |
| PHYSICAL - Gross Motor COGNITIVE - Matching Memory, Attention | -Use binoculars to go on a "nature hunt" -Matching game, find the items in nature -"I spy" with binoculars |
| PHYSICAL - Gross Motor COGNITIVE - Attention | -Collecting leaves! -Race, timed, stop/go, freeze while collecting. |
| COGNITIVE - Sorting, Classifying SOCIAL-EMOTIONAL - Sharing, Turn taking | -Sorting leaves by: Size/Color -Leaf "go fish" |
| PHYSICAL - Fine Motor COMMUNICATION - Expressive, Receptive | -Trace hands and creating fall trees with leaves from earlier -Discuss Seasons, favorites, characteristics of seasons |
| PHYSICAL - Fine Motor COGNITIVE - Counting, Number concepts ADAPTIVE – Turn taking | -Pumpkin Pegs (labeled by shape/color) -Listen for directions (ex: red only, circles only) -Hammer the pegs into our pumpkin! -Collect / Count seeds |

DEVELOPMENTAL DOMAINS

1. SOCIAL-EMOTIONAL
2. PHYSICAL
3. ADAPTIVE "Self-help Skills"

NOTES:

4. COGNITION
5. COMMUNICATION



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Social-Emotional:

Social skills help establish the relationship between two or more people. Emotions refer to the expression of one's feelings. Social-Emotional skills enable children to engage in meaningful social interactions with parents, caregivers, peers and others in their environment.

Physical:

A summary of a child's motor development. Motor skills involve the use of the body's large and small muscles to perform basic movements.

- Gross Motor
- Fine Motor

Communication:

Communication is more than speech and language, it includes the effective use and understanding of one's facial expressions, body movements and gestures as well.

- Expressive
- Receptive

Cognition:

A measurement of skills and abilities that are conceptual in nature. Cognitive skills for this age group include abilities such as:

- Attention
- Memory
- Visual Discrimination/Sorting/Matching
- Problem solving

Adaptive Behavior:

Self-Help Skills or Adaptive Behavior is a broad domain of development that refers to a child's ability to function independently in his or her environment.

- Self-help skills
- Social responsibility
- Social adjustment