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Home Safety & Accessibility: Self Assessment

Aging In The Comfort Of Home has provided this simple checklist to help determine if your home can accommodate an elderly or disabled loved one. Use this report to determine potential problem areas and decide if additional services are necessary. While we have done our best to provide a comprehensive list of potential issues, we cannot guarantee its exhaustiveness. To obtain the most accurate, detailed report possible, contact ***Aging In The Comfort Of Home*** to schedule a detailed, professional evaluation. The recommendations in this list are given as general guidance, and should not be considered a replacement for the advice of a medical professional.

Home Interior

- Front-loading washer and dryer
- Rocker switches or automated lighting
- Lever handles on doors, not knobs
- No shaggy, high pile carpet or rugs
- Walkways clear of clutter and cords
- Outlets accessible and easy to reach
- Smoke detectors with strobe lights throughout home
- Easy to use or automated thermostat
- Bathroom available on each floor
- Outlets accessible and easy to reach
- No shaggy, high pile carpet or rugs
- All steps/obstacles well lit in contrasting colors
- Handrails extend past stair landings (if applicable)
- Chair Lift/Elevator available (if required)
- WiFi set up and available for visitors
- Emergency communication device (panic button)

Kitchen

- Round counter edges
- Edge of counters a different color than the top
- Low-noise appliances (i.e. dishwasher, microwave)
- Shelves are shallow enough to reach the back, or make use of pull-out shelves/lazy susan
- Side-by-side refrigerator for easy access
- Appliances/outlets accessible and easy to reach
- Lever controls on all faucets
- Spray hose for easier washing
- Clear, understandable controls on front of appliances
- Stove with clear display that indicates hot areas
- Side open oven doors
- Non-slip floor surface

Bathroom

- Seat in tub/shower
- Walk-in tub/shower (low rise)
- Grab bars for bath and toilet
- Counter edges rounded to prevent injury
- Easy, D-shapes cabinet/drawer handles
- Elevated toilet seat or lift
- Lever controls on all faucets
- Slip-resistant floors
- Well-lit closets and cabinets

Bedroom(s)

- All items can be reached from a standing position
- Rocker switches or automated lighting
- No shaggy, high pile carpet or rugs
- Floor clear of clutter and cords
- Outlets accessible and easy to reach

Garage

- Automatic garage door opener
- Well-lit, visible steps and floor transitions
- Non-slip flooring or mats in hazardous areas
- Ramp to front door with handrails

Exterior

- Automated lighting system with timer
- Well-lit, visible stairs, transitions, and pathways
- Security system with front door camera
- Lever handles on doors, not knobs
- Ramp to front door threshold with handrails
- Walkways free of clutter and cords
- No mats/rugs (tripping hazard)

Wheelchair Users

- Knee space under sink/cooktop
- Wide transfer space for bath and toilet
- Doors wide enough for chair
- Sufficient space to turn around in all rooms/closets
- All steps replaced with ramps
- All ramps angled and secured properly with handrails
- Switches/outlets accessible from seated position
- Counter heights adjusted for seated use
- Grab bars for transitions in/out of chair

Services & Assistance

Do you or your loved one need help with...

- Meals
- Transportation
- Security & Monitoring
- Pet Care
- Cleaning/Chores
- Paperwork
- Accounting & Financial Planning
- Internet & Technology Support
- Companionship