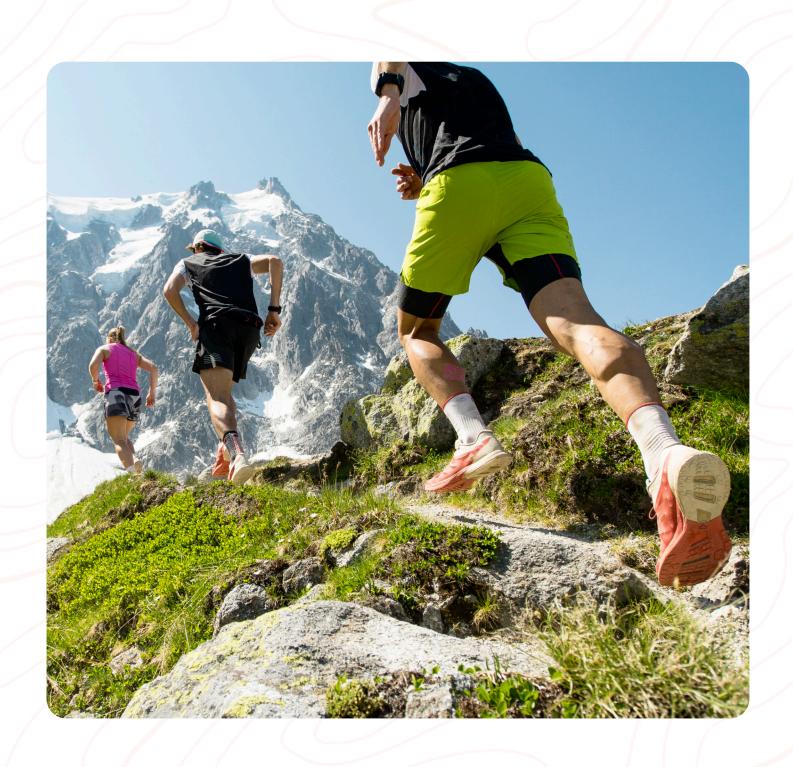
# CARDIO

Official Sponsor of the Human Heart™



## The Cardio Miracle Solution

APPLY THE SCIENCE BEHIND THE 1998 NOBEL PRIZE IN PHYSIOLOGY OR MEDICINE ON NITRIC OXIDE ON A PERSONAL LEVEL!

By "Dr. Joe" Prendergast, M.D., FACP, FACE

L-Arginine is a Nitric Oxide producer and highpotency antioxidant that has exceptional power to reverse the buildup of cholesterol in arteries. New formulations with other natural ingredients make up the advanced formulations of L-arginine that today are used to counter hardening of the arteries. This has been confirmed in Stanford's Department of Cardiovascular Research, the findings of the Nobel Laureates in Medicine in 1998 and my observations in my clinical practice for the last 20 years. The research at Stanford, Harvard, University of South Carolina, National Cancer Institute, National Institutes of Health as well as most cardiovascular centers throughout the world, shows major advances in reversing atherosclerosis and hardening throughout the entire vascular system.

L-Citrulline is added to extend the action of L-arginine in all phases of activity in the nitric oxide pathway. This turns L-arginine from an essential into a semi essential amino acid because it will allow the body to manufacture L-arginine in small amounts: You still need some additional L-arginine by mouth but the L-citrulline extends the time L-arginine works and smoothes out and extends its activity.

In 2000, two new pathways into the brain were demonstrated. The release of growth hormone occurs with intravenous processing rather than digestion. This new information confirms that the timing of how to take the L-arginine and with what foods or medicines didn't matter anymore. Take it when you remember it.

Most importantly for the future, in my experience, L-arginine is the basic element that represents the best single product to take for anti-aging treatment. Many anti-aging products are good but few have the keen edge that the addition of L-arginine brings.

Anti-aging today is defined as the one-to twodecade reversal of metabolic aging to allow a new stable plateau of metabolic activity. Hopefully people can return to the youthful performance of two decades prior: twenty years younger on the inside.

While Father Time continues to chisel away your external features, hopefully the gleam of health will shine through.

Coupling L-arginine with additional anti-aging products builds strength and efficacy to the entire meta-bolic pathway. This is beneficial to the young as well as to those of any age who wish to perform better mentally and physically.

Dr. Prendergast was the author of The Uncommon Doctor: Dr. Joe's Rx for Managing Your Health. He was Board Certified in Endocrinology, Human Metabolism, and Internal Medicine and was a practicing physician and researcher. He was published in more than 50 medical articles in major publications including Journal of the American Medical Association, The New England Journal of Medicine, and Diabetes Care.



# **Benefits of Arginine**

#### Circulatory

- Helps prevent hypertension
- Helps improve cardiac performance, including improved blood flow to the heart muscle, brain and reproductive organs
- Has similar cholesterol lowering benefits as prescription drugs without dangerous side effects

#### Glandular

- Benefts the pancreas and the production of insulin
- Benefits thyroid which is the modulator of nitric oxide and erections
- 8 ml of arginine daily, over six months, improved sperm motility in infertile men

#### **Immune**

- Helps inhibit tumor cell growth and metastasis
- Helps improve immune cell numbers and activity in cancer patients
- Helps improve wound healing

#### **Digestive**

- Benefits hepatitis in 30 days
- Helps repair damaged liver
- Benefits probiotic growth and performance

#### Intestinal

- Helps restore intestinal mucosa digestion
- Helps prevent and improve healing of ulcers

#### Structural

- Helps prevent bone cancer
- Helps bones grow normally and has helped some children increase height
- May cause the secretion of human growth hormone, which has been demonstrated to improve cartilage and bone growth and function

#### Nervous

- Helps reduce the effects of stress
- Protects brain tissues from damages of stroke
- Helps improve brain function and protect against Alzheimer's disease

#### Urinary

- Helps improve blood flow, urine flow and nitric oxide production that can improve reproductive function in men and women
- Helps improve nitric oxide cycle benefiting male erection and dysfunction

#### Respiratory

- Helps protect lungs and improve healing from smoke damage
- Helps protect the heart muscle by stimulating myocardial cell growth and regrowth



## The Miracle Molecule: Nitric Oxide

FOR MORE THAN 100 YEARS, nitro-glycerin has been used for temporary relief of chest pain or angina. Why and how it worked was a mystery until until three scientists - Robert F. Furchgott, PhD, Louis J. Ignarro, PhD, and Ferid Murad, MD, PhD - received the 1998 Nobel Prize for Physiology and Medicine for their discoveries concerning "nitric oxide as a signaling molecule in the cardiovascular system." The mystery was a simple molecule - nitric oxide. It is so simple yet so effective that it is now referred to as "The Miracle Molecule."

Nitric Oxide, NO, is a gas that was considered a pollutant. It is now understood that this short-lived gas is vital for cardiovascular health. It is produced by the single-cell, thick inner lining of your arteries called the endothelium. The complicated process involves the enzyme NO synthase and has been shown to be crucial in circulatory health.

The discovery by Dr. Salvador Moncada that endothelium-derived nitric oxide is made from the amino acid L-arginine tied it all together. This began a massive amount of research on nitric oxide and L-arginine that is now approaching 200,000 published medical studies.

Studies have shown NO has a positive effect on blood pressure, blood flow, and improves the flexibility of the blood vessels. When the endothelium is healthy, it produces enough NO. However, aging, illness, genetics, and a lack of physical activity significantly lowers the production of NO. Supplementing with L-Arginine greatly improves the blood vessels and cardiovascular health.



# 22 Reasons to Use Arginine

- 1. It is one thousand times more powerful than any naturally occurring antioxidant in the body. Arginine's antioxidant properties support various body systems and may protect against heart disease, stroke, cancer, and diabetes, as well as slow premature aging. 16, 17
- 2. It offers wide-ranging cardiovascular support, in-cluding controlling blood pressure<sup>18,19</sup> and plaque formation. Nitric oxide keeps arteries relaxed and pliable for normal blood pressure, preventing hypertension and angina. <sup>20</sup>
- 3. It enhances memory, particularly long-term mem- ory,<sup>21</sup> and may help to reverse the effects of dementia and Alzheimer's disease.<sup>22</sup>
- 4. It boosts human growth hormone (HGH) production, which has anti-aging properties.<sup>23</sup>
- 5. It enhances communication of messenger cells between nerves and the brain.<sup>24</sup>
- 6. It may help improve immune function<sup>25</sup> and fight bacterial infections.<sup>26</sup>
- 7. It may prevent and possible reverse the effects of osteoporosis by positively affecting bone mass.<sup>47</sup>
- 8. It may help in the treatment and prevention of diabetes since many disease complications, including poor circulation and blindness, are vascular in nature. Arginine is also found to regulate insulin secretion in the pancreas.<sup>27,28</sup>
- 9. It may inhibit the division and proliferation of can- cer cells. 29,30
- 10.It helps with cholesterol control by lowering serum and LDL cholesterol levels.<sup>31</sup>
- 11.It enhances male sexual performance by treating vascular erectile dysfunction.<sup>32</sup>
- 12. Its anticoagulant abilities reduce clotting to lower heart attack and stroke risk. 33
- 13. It reduces pregnancy-related hypertension, a risk factor for both the expecting mother and the unborn child.<sup>34</sup>
- 14. It boosts lean muscle mass and preserves bone

- density by encouraging HGH production,<sup>38</sup> which also leads to a reduction in fatty tissue. As a result, it may be useful in weight management and strength training.
- 15. It can help offset cardiovascular and lung dam- age caused by tobacco use, <sup>39</sup> since nitric oxide levels in smokers are less than half of those found in non-smokers. <sup>40</sup>
- 16.It helps to accelerate wound healing and post-surgery recovery.<sup>42</sup> Research has shown it is useful in treating burn wounds<sup>43</sup> and stimulates wound healing in the elderly.<sup>44</sup>
- 17. It relaxes hypertonic sphincter muscles, preventing and healing hemorrhoids. 37
- 18. It may be useful in enhancing athletic performance due to its ability to boost exercise tolerance, 45 its beneficial effect on the lungs, and its effect on HGH levels, which helps with building lean muscle tissue.
- 19. It may be used to improve the function of the prostate. 46
- 20. It is useful in the treatment of asthma by opening pulmonary pathways for easier breathing and the treatment of lung disorders. 35,36
- 21. It has been used in the treatment of irritable bowel syndrome<sup>48</sup> and to reduce the occurrence of ulcers-especially stress-related-without affecting gastric acid production.<sup>49,50</sup>
- 22. It may improve renal function and slow the pro- gression of renal disease and age-related chronic renal failure. <sup>51, 52</sup> Arginine's protective effect on the kidneys may also benefit those with diabetes.

## Scientific Validation

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#### What is Cardio Miracle?

Cardio Miracle is the complete nitric oxide solution. It is the supplement to replace most supplements, including those hard-to-swallow pills or cabinets full of expensive vitamins. Cardio Miracle is one simple product that fulfills almost every nutritional need. It activates nitric oxide through your sublingual and gut pathway with a dual pathway delivery system. Cardio Miracle has been scientifically proven to stimulate nitric oxide expression for up to 24-36 hours per serving.

#### What is Nitric Oxide?

- 1. Nitric oxide is a short-lived gas produced in the walls of arteries and veins.
- Nitric oxide is stimulated by amino acids and other ingredients.
- 3. Nitric oxide is one of the body's most potent natural antioxidants.
- 4. There are currently more than 100,000 medical studies in the past twenty years that validate its importance and beneficial impact on cellular health.
- 5. The Nobel Prize in Medicine and Physiology was awarded in 1998 for discoveries related to the role of nitric oxide in being "the signaling molecule for the cardiovascular system."

# The Life-Altering Story of John Hewlett, Creator of Cardio Miracle

John Hewlett is the Founder and Formulator of Cardio Miracle. He created Cardio Miracle in order to help heal the hearts of his fellow man. In fact, had it not been for his own personal experience with a nitric oxide boosting supplement, he may not have survived to share his story and later developed the finest nitric oxide supplement on the planet.

In 2007, Hewlett narrowly survived complications from an emergency appendectomy. The surgery and subsequent complications including internal bleeding from a nicked vein ultimately impacted his own genetic and emerging cardiovascular issues. While hospitalized in critical condition, the doctors recommended heart bypass surgery following multiple complications from the appendectomy, and he knew that it was time to search for natural alternatives.

This brush with death launched Hewlett on his quest to discover natural and effective ways to improve his cardiovascular and overall health. His pursuit eventually led him to a fascination with nitric oxide, and to leave his multi-million-dollar financial profession to advocate for nitric oxide during the past 16 years. In 2013, after several years of marketing and researching nitric oxide options, he determined that formulating his own product, with the latest science and organic and food based ingredients, was necessary to create the finest nitric oxide supplement in the world. Due to his own personal miracle, and because nitric oxide had been called "the miracle molecule" in leading medical and scientific periodicals, he decided to call his decade-plus masterpiece, CARDIO MIRACLE.

Hewlett believed that the ingredients he had carefully researched and formulated would stimulate and express safe, sustained nitric oxide in the vasculature of the human body.

CARDIO MIRACLE is a cutting-edge blend of over 50 ingredients, including organic beets, carrots, coconut water, pineapple, and raspberries, combined with amino acids, such as arginine and citrulline and other herbs and natural ingredients. These ingredients work together synergistically to promote and sustain the body's natural production of nitric oxide.



John Hewlett
Founder and Formulator
Cardio Miracle

#### What Makes Cardio Miracle Unique?

Cardio Miracle is the ULTIMATE nitric oxide supplement because of its proprietary scientific validation at the most prestigious levels, with its specially formulated dual pathway nitric oxide delivery with potent antioxidants, anti-inflammatories, and therapeutic Vitamin D3.

The exceptional cellular benefits of Cardio Miracle were first scientifically validated at the University of Ohio laboratory of the world renowned biochemist and researcher, Professor Dr. Tadeusz Malinski. Malinski is also a leading expert in vitamin D and nitric oxide measurements using nanotechnology.



#### **Cardio Miracle Benefits**

Cardio Miracle offers natural and daily therapeutic vitamin D3 delivery of the highest and most effective levels. Cardio Miracle contains organic fruits and vegetables, key amino acids, low glycemic ingredients and low calories for use by diabetics and cardiovascular compromised customers.

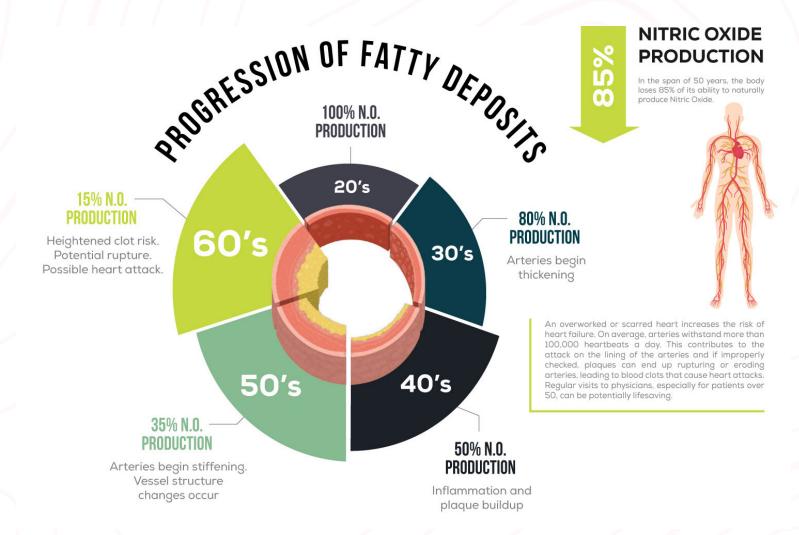
#### Cardio Miracle Supports:

- 1. Vitamin D3 levels
- 2. Blood flow and oxygen
- 3. Lymphatic response
- 4. Natural insulin receptivity
- 5. Cellular health and reproduction
- 6. Cardiovascular health
- 7. Sexual well-being
- 8. Energy and clarity
- 9. Pain management and mobility

#### Why Do We Need Nitric Oxide?

#### Nitric Oxide:

- 1. Supports the immune system
- 2. Repairs vessels of the body
- 3. Delivers vital nutrients to the cell
- 4. Is the "the spark of life in the cell"
- 5. Helps relax the arteries
- 6. Is a mega-antioxidant
- 7. Breaks down biofilms
- 8. Facilitates the exchange of oxygen and C02



# The History and Timeline of Nitric Oxide's Evolution

Scientists theorize that early organisms produced nitric oxide to protect against oxidative harm. In 1869 Alfred Nobel stabilized nitroglycerin into dynamite, and then he noticed that his factory workers who suffered from angina found relief from chest pain after handling nitroglycerin. When Nobel himself fell sick, his doctor even prescribed nitroglycerin for his heart disease.

In 1980, Robert F. Fuchgott discovered an unknown molecule that triggered muscle cells to relax, a signaling molecule that he called EDRF (endothelium-derived relaxing factor). In 1986, Louis J. Ignarro proved that EDRF is identical to nitric oxide. In 1998, Robert F. Furchgott, Ferid Murad, and Louis J. Ignarro won the Nobel Prize for Medicine and Physiology for their research regarding the benefits of nitric oxide as "the signaling molecule of the cardiovascular system."

In 2000, several scientists and nutrition companies began to create L-arginine-based supplements to boost the natural production of nitric oxide. In 2014, John Hewlett formulated and launched Cardio Miracle in North America. Since that time, Cardio Miracle's efficacy and benefits of sustained nitric oxide production have been tested and validated by several scientists, including the acclaimed biochemist Professor Tadeusz Malinski. Cardio Miracle's 55+ ingredients and proprietary dual-pathway delivery of nitric oxide confirm that Cardio Miracle is the complete nitric oxide solution.

# Confirm the Benefits and Efficancy of Cardio Miracle

MALINSKI STUDY - SUMMARY STATEMENTS
"The supplement, named Cardio Miracle ...
was used as a model for these studies and was
donated from Evolution Nutraceuticals."

 "Our laboratory was the first in the world to measure the production of nitric oxide in a single endothelial cell, in vivo in humans,

- and in the beating heart utilizing nanomedical nanosensors with a diameter smaller than 300 nanometers."
- 2. "In our laboratories, we were able to perform measurements of bioavailable nitric oxide produced by a single endothelial cell in different segments of the cardiovascular system, such as capillary vessels, aorta, and heart."
- 3. "In this study we performed several experiments... to estimate how efficient and beneficial Cardio Miracle could be in the enhancement of the endothelial function and the efficiency of the cardiovascular system."
- 4. "It is not the total production of nitric oxide but the production of bioavailable nitric oxide (survives at least 1-6 seconds in the biological environment) that is important in the proper function of the cardiovascular system."
- "Cardio Miracle's beneficial effect is based on two important pathways: L-arginine/ NO pathway and the reduction of oxidative

To learn more and read the complete Malinski study, SCAN THIS QR CODE:







#### **KEY INGREDIENTS** Key ingredients which have been shown to increase the production of Nitic Oxide include L-arginine, Beetroot, L-citrulline, Pine Bark, and Quercetin. **ABOUT NITRIC OXIDE (N.O.)** Nitric Oxide is naturally produced in the body and is used by all the body's cells. It is essential for the overall health of the blood vessels. **BENEFITS OF** HOW N.O. WORKS Nitric Oxide is a vasodilator which means that it helps **NITRIC OXIDE** the inner walls of the blood vessels relax and expand. which increases blood flow. **SUPPLEMENTS BLOOD FLOW IS KEY** Improved blood flow provides many health benefits for the body such as improved heart health, better endurance and workout recovery, decreased muscle soreness, and lowered blood pressure. \*The above referes to a 100% natural, non-pharmaceutical daily Nitric Oxide supplement. **ENHANCE YOUR N.O.**

Nitic Oxide supplements provide ingredients which increase the production of Nitric Oxide in the body which further enhances its

## Frontiers in Nutrition, Emergent Emergent Systems Analytics: **Systems: Cardio Miracle on** Vitamin D and Atherosclerosis

#### SUMMARY STATEMENTS

- Dr. Fliri and Dr. Kajiji (with Emergent System Analytics) describe the use of spectral clustering methodology to analyze protein network interactions affected by CM.
- The benefits of Cardio Miracle have significant implications for the treatment of vitamin D deficiencies, atherosclerosis, and metabolic and infectious diseases such as COVID-19.
- 3. Cardio Miracle contains 740 + natural products identified in its ingredient list of amino acids and power foods - vegetables, fruits, botanicals, and herbs, and Cardio Miracle has 770 mechanisms of action supporting multi-system feedback loops never before observed in the human body
- Cardio Miracle's unparalleled peer-reviewed in silico research shows for the first time that nitric oxide and vitamin D:
  - Support strong and functional cell walls
  - Intercept/reverse endothelial dysfunction, diabetic kidney disease, and Covid-19
  - Signal endogenous creation of vitamin D and enhance its efficacy from inert vitamin D fat
  - Down-regulate harmful cytokines (TGF beta, TNF, IL-1 and IL-6)
  - Control for killer cytokine storms and systemic chronic inflammation
  - Enhance cellular detox process or autophagy
  - Intercept progression of atherosclerosis, causing its regression
  - Intercept insulin dysregulation
  - Support regeneration of pancreas islet beta cells and creation/secretion/regulation of insulin

To learn more and read the complete Frontiers in Nutrition study on Vitamin D and atherosclerosis, **SCAN THIS QR CODE:** 



# **Cardio Miracle for Diabetes**

#### SUMMARY STATEMENTS

- CARDIO MIRACLE's activation of Mediated Endocytosis (CME) via CM's **ENOS** production forms a pathogenic positive feedback loop, assists in insulin receptors' internalization and recycling increasing insulin sensitivity in early stages of diabetes, is anticipated to prevent or slow development of insulin resistance and diabetes, and attacks the root causes of cardiovascular and metabolic disease.
- CARDIO MIRACLE decreases and down-2. regulates Caveolin 1, down-regulates TGF-beta, supports Pancreatic Beta Cell Functions, and protects mitochondrial functions that offer opportunity for improving T2D treatments and outcomes.
- CARDIO MIRACLE ingredients support and upregulate autophagy and mitophagy.
- CARDIO MIRACLE's grape seed extract fine 4. tunes E2F1 activities, reversing HDAC1 (E2F1 inhibitor) and promotes B cell and mitochondrial health and function.
- CARDIOMIRACLE Increases Insulin Secretion.

To learn more and read the complete Emergent Systems Analytics Diabetes study, SCAN THIS QR CODE:







# **Supplement Facts**

|                                   | Amount per serving | %DV  |
|-----------------------------------|--------------------|------|
| Calories                          | 20                 |      |
| Total Carbohydrate                | 3 g                | 1%   |
| Total Sugars                      | 1 g                | **   |
| Vitamin A                         | 450 mcg            | 50%  |
| Vitamin C                         | 45 mg              | 50%  |
| Vitamin D (as Cholecalciferol)    | 50 mcg             | 250% |
| Vitamin E (as d-alpha tocopherol) | 15 mg              | 100% |
| Vitamin K                         | 80 mcg             | 67%  |
| Thiamin                           | 0.6 mg             | 50%  |

L-Arginine Alpha Ketoglutarate, L-Arginine, L-Citrulline, Agmatine Sulfate, Organic Beet Root, D-Ribose, L-Ornithine HCI, L-Theanine, Quercetin, AstraGin (Panax notoginseng and Astragalus membranaceus), Magnesium Acetyl Taurinate, Coenzyme Q10

#### FRUIT & VEGETABLE PHYTONUTRIENT BLEND

CARDIO MIRACLE NITRIC OXIDE BOOSTING BLEND

NF Blend (Spinach (leaf), Broccoli (sprout), Carrot (root), Sweet Potato (root), Orange (fruit), Apple (fruit), Strawberry (fruit), Sunflower (seed), Shiitake (fruiting body), Maitake (fruiting body)), Acacia Gum, Organic Carrot Root Powder, Organic Coronut Water Powder, Organic Acerola Cherry Juice Powder, Organic Blueberry Powder, Cranberry Fruit Extract, Pomegranate Fruit Extract.

ANTIOXIDANT BLEND 325 mg

Pine Bark Extract (Pinus massoniana), Grape Seed Extract, Hawthorn Berry Extract, Alpha Lipoic Acid, Astaxanthin, Black Pepper Extract

|   | Amount per serving | %DV   |
|---|--------------------|-------|
| Riboflavin  | 0.65 mg            | 50%   |
| Niacin  | 8 mg               | 50%   |
| Vitamin B6  | 0.85 mg            | 50%   |
| Folate  | 200 mcg DFE        | 50%   |
| Vitamin B12 (as Methylcobalamin)  | 100 mcg            | 4167% |
| Biotin  | 45 mcg             | 150%  |
| Pantothenic Acid  | 2.5 mg             | 50%   |
| Zinc (as Zinc Oxide and Zinc Amino Acid Chelate)                          | 5 mg               | 45%   |
| Selenium (as Selenium Amino Acid Chelate)                                 | 27.5 mcg           | 50%   |
| Sodium  | 90 mg              | 4%    |
| Glutathione   | 25 mg              | **    |
| N-Acetyl L-Cysteine   | 250 mg             |       |
| Organic Lion's Mane Mushroom Powder<br>(Hericium erinaceus fruiting body) | 100 mg             | **    |
| L-Taurine   | 50 mg              |       |
| Inland Sea Mineral Complex  | 5 mg               | **    |

Citric Acid, Malic Acid, Natural Flavor, Sea Salt, Calcium Silicate, Organic Steviol Glycoside, Organic Monk Fruit Extract.

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\*\* Daily Value not established



# **Noteworthy Endorsements**



G. Edward Griffin Author, Speaker, Health Liberty Advocate



**Dr. Christiane Northup**Author, Intl. Wellness Expert,
Women's Advocate

"I can look back at Cardio Miracle having been instrumental in my health and giving me the clarity and energy to continue working the schedule of a 40-year-old. The amazing stories and experiences of countless readers has been very gratifying. Try it, it will work for you also."

"When I was introduced to Cardio Miracle several years ago, I was thrilled to finally find an answer for increasing nitric oxide and absorbing vitamin D3. I take it every day and recommend it to my subscribers, colleagues, and family. It is a GAME CHANGER!"



**Dr. Sherri Tenpenny**Osteopathic Physician, Speaker,
Educator, Consultant



Robert Scott Bell
D.A. HOM., Author, Health
Liberty Advocate, Host of The
Robert Scott Bell Show

"I love this product. I use it first thing in the morning - I don't need to eat until 3pm! If I need a boost in the evening, I drink another packet. The taste is great and so good for you!"

"I want to share with you a powerful and effective supplement that is an integral part of my daily fitness as I push my body into higher degrees of performance. Cardio Miracle is a must!"



**Dr. Judy Mikovits**Author, Speaker, Health Liberty
Advocate



Dr. Joshua Helman
Emergency MD, Harvard/MIT
Biochemist

"Cardio Miracle is an everyday staple in my diet. Every person who has been compromised or affected during the past couple of years with rampant illness should take this every day. There is nothing like it!"

"Having been trained in biochemistry at Cambridge and Harvard and after hearing the Cardio Miracle science and research, I tried it for myself. The results surprised me. I have observed over the past 6 years hundreds of similar experiences with this most interesting formula. I recommend it highly to everyone I treat and lecture to - best of its class by far!"

These testimonials are based on personal experiences of people affiliated with Cardio Miracle and are not expert endorsements. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Individual results may vary.

### The Benefits of Supplementation with Cardio Miracle

A dose of Cardio Miracle is a great way to start your morning routine. It is a natural alternative to the traditional substances that many Americans ingest on a daily basis. A full night's sleep, the elimination of coffee and energy drinks, reducing or eliminating toxic foods, regular moderate exercise, better hydration, and a full dose of Cardio Miracle twice per day can contribute to more pep in your step!

It makes sense that improvement in one area of the body can contribute to improvement throughout the body. Enhanced nitric oxide accomplishes this very thing, beginning with the endothelium and progenitor cells. Progenitor cells are repair cells that fill in the rips and tears created by toxins in our blood stream. As we age (specifically as we pass the age of forty) the repair process conducted by progenitor cells slows down because nitric oxide production diminishes significantly. The stimulation of natural nitric oxide production, therefore, can reduce or reverse the obstacles to the work of progenitor cells.

As we age, the endothelium becomes more rigid. Rigid blood vessels make it more difficult for blood to flow smoothly, which leads to cardiovascular problems, and potentially a host of other debilitating problems. Nitric oxide helps the endothelium to relax, to soften, and to become less rigid, which in turn supports healthy blood pressure and eases the burden on your heart. Nitric oxide keeps blood vessels flexible and smooth so that blood can easily reach the vital parts of the body.

Because Cardio Miracle enhances the body's natural production of nitric oxide, it benefits overall health and vitality fitness in the variety of ways described by Dr. Ignarro, Dr. Cooke, Dr. Bryan, Dr. Zand, Dr. Stamler, Dr. Bryan, Dr.

Malinski, Dr. Judy Mikovits, Dr. Sherri Tenpenny, Dr. Christiane Northrup and many others.

## 3 Easy Steps to Enjoy



Find your favorite glass. Mix 2 small scoops or 1 packet of Cardio Miracle in 8-16oz of water to your taste. It can also be mixed with juice, in a smoothie, or in hot tea!



Stir or shake vigorously. You can be creative. Some people enjoy adding ice cubes. **DO NOT** mix with protein for maximum efficacy of nitric oxide.



Enjoy your Cardio Miracle twice daily. You can dose up with extra servings if you need an extra boost!



#### Conclusion

In these few pages we've learned about the creation and purpose of Cardio Miracle, nitric oxide and why we need it, the history and discovery of the benefits of nitric oxide, Dr. Louis J. Ignarro's Nobel Prize-winning discoveries, and the scientific studies that confirm the benefits and efficacy of Cardio Miracle. We've reviewed these scientific studies, which include the Malinski study, the Frontiers in Nutrition report, and the Emergent studies on Cardio Miracle, atherosclerosis, and diabetes. We've followed John Hewlett's incredible journey from a nearly fatal hospital catastrophe to vibrant health thanks to a twice-daily regimen of Cardio Miracle's nitric oxide formula.

In these few pages, we've joined Hewlett on his quest to heal the hearts of his fellow men through his efforts to research, formulate, and distribute Cardio Miracle. We've learned why Cardio Miracle is the complete nitric oxide solution, the finest blend of nitric oxide enhancing ingredients, and the supplement to replace your cabinets full of expensive vitamins, minerals, and many other supplements.

Cardio Miracle is the one daily product that fulfills your needs for vitamins, minerals, and antioxidants

by means of its dual pathway delivery (in the mouth and in the gut). Cardio Miracle can stimulate and safely deliver therapeutic nitric oxide levels 24 hours per day.

Try it yourself, you now have read the research and the mission, make yourself the next Cardio Miracle!

#### ••• Plan of Action •••

Discover for yourself the benefits of Cardio Miracle.

Take a delicious serving of Cardio Miracle, two scoops, **twice per day**.

Share your discoveries and results with those you love. Spread the good news!

Savor and enjoy a more vibrant and joyful life.



