

## Energy Leadership Self Development System Kit

*(Many purchase this system as an "optional" next step after taking the E.L.I. or to utilize during or after coaching)*

### *Becoming the Ideal Leader*

The Energy Leadership Development System is firmly rooted in 7 levels of awareness, which will catapult your energy and performance to a level that is perceived by all those around you as the "ideal" for your role.

The Energy Leadership Index (E.L.I.) is a one-of-a-kind assessment that enables leaders to hold up mirrors to their perceptions, attitudes, behaviors, and overall leadership capabilities. It is the only assessment of its kind and one that has a complete, clear, customized coaching program associated with it. The coaching program is the Energy Leadership Development System. This system is made of an introduction and twelve developmental segments. The program is completely customized to each leader, and offers a baseline for current level of awareness, performance, and effectiveness. Leaders create their personalized developmental roadmap and quickly progress toward becoming an Ideal Leader.

### Building the Foundation

The first part of the Energy Leadership Development System is the foundational segments that help you know where you are, realize where you want to be, and recognize and break through any of the blocks that are in the way of your success.

- Assess yourself with the Energy Leadership Index
- Undertake a program orientation and plan your roadmap
- Learn the 7 levels of leadership
- Identify strengths and gaps to achieve your ideal image

### The 8 Building Blocks of the Energetic Leader

The next 8 segments in your program provide the accelerated training needed to master the areas necessary to become an ideal leader.

- Emotional Intelligence
- Dynamic Communication
- Influencing and Engaging Others

- Problem Solving
- Productivity and Decision Making
- High Energy Relationships
- Health and Wellness
- Time Management and Balance

*The most successful leaders in the world truly enjoy what they do. In fact, when asked, they consistently say that they feel they rarely ever "work."*