

Open Forum Monthly Coaching Call

Working "IT" with Marsha Knight

Free 'monthly' Open Forum Coaching Call

Marsha D. Knight, certified professional life coach, partners with women of all ages as well as ALL women who are solo-parenting and/or who have experienced trauma in their lives.

Each month I offer a 'free' call for any woman who wants to understand self-better, get clarity on her wants/needs, gain strength and focus, and/or attain an overall healthier outlook.

From the comfort of your home, pick up the phone and join me and other women who are also looking to work 'IT" out!

"IT" could be a fear, guilt, a struggle that is holding you back (maybe you have a goal you are trying to meet or can't seem to get on track), a relationship you want to repair (maybe you're trying to rise above a situation or trying to get away from negativity), career and/or employment concerns (maybe you're looking to be a better leader or to interact in a more positive/productive way with peers and/or bosses), or a concern that is keeping you up at night... it could be **ANYTHING**. I will partner with you to address your "IT"; you will leave the call feeling more energized and enthusiastic about working "IT" through to your complete satisfaction!

What are the benefits of experiencing coaching with a group?

Gives you the opportunity to connect with others going through similar challenges.

It provides you with the ability to relate to one-another from shared

experiences.

You have the opportunity to learn and grow with other women.

My coaching experience has shown that the majority of us women have basically the same issues; in fact, that is one of the 'main' reasons group coaching has become so popular. You don't feel as though you are alone in your thoughts, issues, or concerns.

What is life coaching?

Coaching helps you identify what you want personally and professionally in life and then I support you in achieving your goals. It is like having a personal trainer for 'life' matters. Life coaching gives you the opportunity to see your world through a lens that is positive, energizing, and provides a life time of happiness. You create your own world instead of just going through the motions in life; which is what a lot of us do. You will not only be connected to your life's purpose, you will be more focused, balanced, and have the ability to live a 'more' fulfilling and happier life.

What is the purpose of the call?

It provides 'YOU' with free coaching to work on any issue/concern that is on your mind. If you're not familiar with life coaching, you'll be able to experience what it's all about and how powerful it is and can be if you're serious about making changes in your life.

It also gives me the opportunity to offer value within the community. I have always been a woman of service. This connection gives me the opportunity to live my life journey while helping others; it doesn't get any better than that! I can only imagine how different my life would have been if I had discovered life coaching early on.

Why should you join?

If you know about and/or have experienced life coaching, you know how valuable it is to get 'FREE' coaching. In addition, it gives you the opportunity to partner with an experienced, certified coach that wants nothing more than to help as many women as possible live the life of their dreams!

When is the call and how can I join?

The call is usually the 3rd or 4th Wednesday of every month. No need to sign up, just call in! Here is the call-in information:

Call-in Number: 1-319-527-3510 Passcode: 239326#

Time: 8:00 ET, 7:00 CT, 6:00 MT, 5:00 PT

Duration: 45 Minutes

If you want to receive my emails and/or updates on inspirational quotes, events, and dates for this call, please join my insider club. You can subscribe at www.marshaknight.com