

**'Kaleidoscope of Choices'**  
**How what you think and choose colors your Life**

Is there any part of your world...your relationships, your work, your home...that you wished looked differently?

Are you sometimes frustrated by the circumstances of your life?

If you're like most people, the answer to these questions is YES.

Unfortunately, if you continue to make the same choices, repeat the same patterns, and take the same actions you are going to get the same results.

Once you get those pieces clear, you're well on your way to **ATTRACTING** a whole world of amazing experiences and opportunities, utilizing your innate, powerful magnetism.

Together you will learn and experience how to redirect your thoughts to propel your success.

Kaleidoscope of Choices - Like a kaleidoscope illusion, our lives are always in motion, and it is the act of choice that makes it move and change.

Why don't you take the opportunity to join me to take the first step toward a life of harmony, happiness, and collaboration? Sign up for this dynamic group coaching program - I'm sure you will be glad you did!

The **#1 THING** that separates those who accomplish their dreams from those who live with regret...are those that take the first

step in making a 'CHANGE'.

**Details for our next coaching program:**

**When:** Starts Wednesday, September 12th - 6 Sessions (minimum of 3 participants; no more than 6)

**Time:** 8:00PM ET/7:00PM CT/6:00PM MT/5:00PM PT

**Duration:** 2 Hours (max)

Coaching Program **Dates:** 9/12, 9/26, 10/10, 10/24, 11/7 and 11/28/2018.

Here's the catch, though...SPACE IS LIMITED. If you are interested in joining me for this dynamic program, please send me an email at [knightscoachingexperience@gmail.com](mailto:knightscoachingexperience@gmail.com) or call me on 781-980-2080. Please join me for this Mastermind Coaching Program to INSTANTLY shift your perspective and start to take more empowering chances.

**This mastermind inner circle program will help direct you to where you want to be in 'Living the Life of Your Dreams'!**

Mastermind group coaching is about partnering with clients in a thought-provoking and creative process that inspires the group to maximize their personal and professional potential. It is a facilitated group process, done over the phone, which is led by a certified coach and formed with the intention of maximizing the combined energy, experience, and wisdom of individuals who chose to join in order to achieve individual goals and/or self-awareness.

Group coaches distinguish themselves from other group facilitators with our strong focus on having you, the client, identify and take action

on your goals. A key priority for any coach is to hold the space for 'you' to be accountable for taking steps in achieving 'your' goals and integrating the learnings to your 'real life'. In fact, one of the 'many' reasons people hire life coaches is because we help you to identify how you want to live your life, work with you in providing tools, and then holding you accountable to do what you say you 'want' to do. Many times we say we want to do this and that, but we don't do it. Coaches' help you figure out what you really want to accomplish - based on 'you', not others. As a group coach, I bring solid group facilitation skills, as well as a mastery of core coaching skills and approaches. One of my main goals is to create a solid and intimate connection with the group and listen for what is important to the group to ensure the groups' agenda is respected and creating the space for clients to learn from each other and share experiences. All information shared, within the group, is strictly confidential and cannot be discussed outside of our circle.

### **What are the benefits to group coaching?**

- \* There is nothing more exciting than having participants from around the world and/or different time zones on the same group coaching call. The diversity of perspectives, insights, and "ahas!" are greater than one could ever create in an in person environment with the same effort.
- \* Group Coaching Programs are increasingly becoming very popular. Lower in cost than traditional one-on-one coaching, group coaching programs involve more participants and in turn have the potential for greater personal impact.
- \* There is time devoted specifically to each client to be heard through reporting back, strategizing actions, and asking for, and receiving, specific support from group members.

\* Provides an opportunity for people to explore and reflect deeply within and with others, as well as to connect in a social and spiritual context that gives them renewed inspiration and a source of confidence, hope, and fulfillment. We are all here to improve our lives - this is awesome!

\* You can participate from your home, office, cottage, or any other location.

\* Low to no travel cost to participate (greener - reduces the carbon footprint). Material is provided electronically without 'killing' trees.

\* There have been numerous life-long friendships born via group coaching programs. One main reason is what each participant has in common - moving forward!

**Group coaching consists of 3 to no more than 10 participants per program. Coaches honor the client as the expert in her life and work, and believe that every client is creative, resourceful, and whole. Standing on this foundation:**

\* During the program, I will discover, clarify, and align with what each of you wants to achieve;

\* Encourage client self-discovery;

\* Elicit client-generated solutions and strategies; and

\* Hold you responsible and accountable.

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The cost of this mastermind coaching program is only \$259 (per person) for the entire 3 month program and if for some reason you miss a session, no worries, I will be recording our sessions and sending them to the participants each week! You can pay cash, credit card, debit card, or a check. Also, I set up payment plans if that is needed too! Whatever works for you, I'm flexible.

If you are interested in joining me for this dynamic program, please send me an email at [knightscoachingexperience@gmail.com](mailto:knightscoachingexperience@gmail.com) or call me on 781-980-2080.

You will receive the call-in information prior to our first group coaching session.