THERAPY 4 BODY AND MIND
Coaching & Sports Massage

Christmas Charity Prize Draw 2026

Terms & Conditions

Promoter: Therapy 4 Body and Mind, operated by Nicola Galbraith-Conlan.

1. Promotion period

1.1 The promotion opens on **1 December 2026** and closes at **11:59pm on 31 December 2026**.
1.2 Only massage treatments that are completed during this period qualify for an entry into the Christmas Prize Draw.

2. Charity donation

2.1 For every massage treatment completed during December 2026, Therapy 4 Body and Mind will donate **10% of the treatment cost paid** to the **Camberley All Night Café**.
2.2 Gift vouchers purchased during December 2026 will also contribute to the charitable donation, with **10% of the voucher value** donated to the Camberley All Night Café.
2.3 The charity donation is separate from the Prize Draw and does not affect the number of prizes available or the chances of winning.
2.4 The donation will be calculated from the amount actually paid for the qualifying treatment or gift voucher.

3. Eligibility

3.1 The promotion is open to **new and existing clients** of Therapy 4 Body and Mind.
3.2 Participants must be aged **18 or over**.
3.3 Employees, contractors or anyone directly involved in organising the promotion are not eligible to participate.
3.4 Therapy 4 Body and Mind reserves the right to verify eligibility where reasonably necessary.

4. Prize Draw entries

4.1 Each completed massage treatment during December 2026 will provide **one entry** into the Prize Draw.
4.2 A client who has multiple qualifying treatments during December will receive one entry for each completed treatment.
4.3 Entries are personal to the client who completed the qualifying treatment and are **non-transferable**.
4.4 There is no cash alternative for an entry or prize.
4.5 Cancelled, missed or incomplete appointments do not qualify for an entry.

5. Prizes

There are three prizes:

- **One 60-minute massage**
- **One 30-minute massage**
- **One £20 wellbeing gift pack**

5.1 The prizes cannot be exchanged for cash or another treatment/service.
5.2 The massage prizes are subject to reasonable appointment availability.
5.3 Each entrant may win a maximum of **one prize**.
5.4 If the same entrant is selected more than once during the draw, the first prize selected will be awarded to them and a further random selection will be made for the additional prize.

6. Prize draw

6.1 The Prize Draw will take place on **1 January 2027**.
6.2 All valid entries will be assigned a unique entry number.
6.3 The winning entries will be selected using a random selection process.
6.4 The selection process will be conducted fairly and independently of the number or value of treatments completed by each entrant, other than the allocation of one entry for each qualifying treatment.
6.5 The three winning entries will be selected in prize order.
6.6 The promoter will retain a record of the winning entry numbers and the draw process.

7. Winner notification

7.1 Winners will be contacted privately using the contact details held by Therapy 4 Body and Mind.
7.2 Winners may be asked to confirm their identity and eligibility before receiving their prize.
7.3 Winners are responsible for ensuring that Therapy 4 Body and Mind has accurate contact information.

8. Claiming the massage prizes

8.1 Massage prize winners must **acknowledge their prize and arrange/book their treatment within six months of being notified of their win** .
8.2 The massage prize must be redeemed within six months of the winner being notified.
8.3 If a winner does not acknowledge or arrange their prize within this six-month period, the prize will become **void and will no longer be claimable** .
8.4 No cash alternative, replacement prize or compensation will be offered for an unclaimed or expired massage prize.
8.5 Massage prizes are subject to reasonable appointment availability and normal booking arrangements.

9. Claiming the wellbeing gift pack

9.1 The £20 wellbeing gift pack must be **claimed and collected within one month of the winner being notified**.
9.2 If the wellbeing gift pack is not claimed and collected within this period, the prize will become void.
9.3 An unclaimed wellbeing gift pack will be donated to the **Camberley All Night Café** rather than going to waste.
9.4 No cash alternative or replacement prize will be offered for an unclaimed wellbeing gift pack.

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10. Privacy and announcement of winners

10.1 Winner details will be used for the purpose of administering the Prize Draw and contacting winners.

10.2 Winners will be contacted privately. No winner's name or personal information will be publicly shared without their permission.

10.3 The promotion does not require winners to provide a testimonial, photograph or social media post.

11. General

11.1 Entry into the promotion constitutes acceptance of these Terms & Conditions.

11.2 Therapy 4 Body and Mind reserves the right to verify entries and exclude any entry that does not comply with these Terms & Conditions.

11.3 The promoter reserves the right to amend or withdraw the promotion only where this becomes necessary due to circumstances outside the promoter's reasonable control.

11.4 Any amendment will not unfairly disadvantage entrants and, where appropriate, will be communicated through the same channels used to promote the Prize Draw.

11.5 The promoter's decision regarding the administration of the Prize Draw will be final, subject to applicable law.

12. Charity

12.1 The nominated charity for this campaign is the **Camberley All Night Café**.

12.2 The charity donation is made by Therapy 4 Body and Mind and is not a donation made directly by individual clients.

12.3 The amount donated will be calculated following the December promotion period.

13. Key dates at a glance

Promotion opens: 1 December 2026

Promotion closes: 31 December 2026

Prize Draw: 1 January 2027

Massage prize claim period: Within 6 months of winner notification

Wellbeing gift pack claim period: Within 1 month of winner notification

Full information about the Camberley All Night Café: www.camberleyallnightcafe.co.uk