



BRITISH SOMBO FEDERATION
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From 25th July Sombo clubs across England will be able to open for individual functional training.

We have taken guidance from the Department for Digital, Culture, Media and Sport (DCMS) and Sport England and can confirm that Sambo clubs can open to deliver socially distanced sessions indoors from 25th July.

There is to be no contact with others outside of your household and you must follow government and BSF guidelines. Training with equipment can occur but it should be thoroughly cleaned between uses.

Please see BSF guidance on our website and complete the forms at this link

<https://britishsombofederation.com/declaration-forms>

We continue to work to develop our Return to Sambo plans and identify ways in which we can help you get back to full training as soon as it is safe to do so.

This advice is subject to change dependent on ongoing Government Advice.