



Club Declaration Form

To ensure a safe return to sombo, all the British Sambo Federation (BSF) affiliated associations on behalf of their clubs must sign this declaration form to say that they will abide by the UK Government and BSF guidelines related to Covid-19 social distancing and hygiene requirements at all times.

It is important that once your designated club representative has completed and signed this form that you send it back to the BSF before opening for business. To avoid virus transmission, an electronic version should be submitted using email to Colin Carrott

Date	
Club Representative Name	
Club Representative Role	
Contact Email	
Contact Telephone Number	
Club or Registered Venue Address	

I declare that at all times our BSF registered association and our member clubs we will adhere to the UK Government and BSF guidelines related to Covid-19 social distancing and hygiene requirements.

Signature	
Affiliated Association	



A Safe Return to Sombo

Before re-opening my club, I will:	Tick
Read and understand all British Sambo Federation documents regarding a "Return to Sombo"	
Prepare my club venue for the return and consult with venue owners	
If applicable, ensure that our venue owners follow government and BSF Guidelines	
Complete a Risk Assessment for my club; venue, mat and equipment cleaning; signage; social distancing; hygiene; general safety	
Complete and sign the "BSF Club Declaration Form" before opening for indoor sombo/fitness sessions. I will then send this form to Colin Carrott	
Contact parents and participants to inform them of what to expect when returning to sombo/fitness sessions	
Ensure all participants complete and sign 'BSF Indemnity Form' before each session	
Follow general BSF Safeguarding Guidelines	

Typed/Electronic Signature	
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Athlete Indemnity Form

This form must be utilised to ensure that you are free from Covid-19 symptoms and pose a limited risk to others. It is important that once you have completed and signed this form that you send to or hand over to the person at your club or venue responsible for processing. To avoid virus transmission, an electronic version of the form is recommended and where possible sent back to the club via email or other electronic means.

Date	
Name	
Contact email	
Contact phone	
Are you currently diagnosed with or believe you may have Covid-19? Delete as appropriate	Yes/No

Do you currently display any of the following symptoms?

Symptom(s)	Yes	No
High Temperature (fever)		
A new or continuous cough		
Loss or change to your sense of taste or smell		
New unexplained shortness of breath		

Have you been in contact with a Covid-19 confirmed or suspected case in the previous 14 days?

Yes	No	Maybe

Typed/Electronic Signature* (Parent/Guardian if under 18 years olds)	
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If you have answered YES to any of these questions you should stay at home and inform your coach and/or club Covid-19 contact person and medical practitioner. You should follow current UK Government Public Health guidelines. Only return to training once you have sought medical advice and considered not to be at risk of infecting others with Covid-19.