

Student Grade	Colour	Section		Technique	Technique variant
Level 3	orange	1	grips	belt (over opposite shoulder) and sleeve grip	
		2	throws - arm	double leg grab	double leg grab
					double leg grab with sideways lift
					double leg grab from rear
		3	throws - leg	leg reap	forward reaping & dropping
					sweeping leg
					inner thigh to shin
		4	throws - body	hip throw	inner thigh to thigh
					hip throw over thigh (belt & sleeve grip)
		5	pins	upper four-quarters	hip throw over thigh (belt & cross sleeve grip)
					upper four-quarters - gripping belt
					upper four-quarters - gripping lapels
					upper four-quarters - holding arms
					upper four-quarters - reverse arm grip
		6	knowledge	referee's signals	reverse upper four-quarters
					total victory
					4 points
					2 points
					1 point
					warning
					pin
					painful hold