

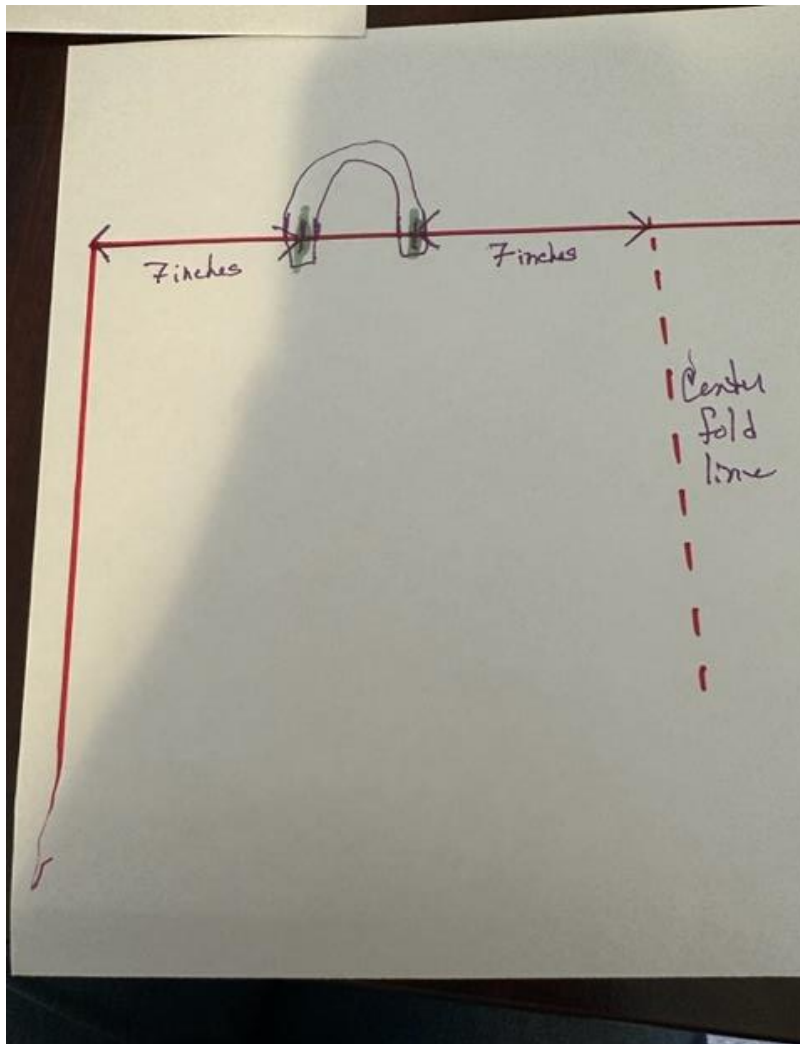
Directions for Cancer Tote

These bags are given to women after breast cancer surgery to carry their mastectomy pillows, important papers, etc. for their follow-up visits.

1. If using a home dec fabric, denim or other heavy fabric, lining is not necessary.
2. If using quilting cotton or lightweight fabric, please line the bags.
3. All seams are $\frac{1}{4}$ inch unless otherwise specified. If your fabric needs a deeper seam allowance, adjust measurements to include wider seam allowance. Directions for Cancer Tote

Unlined Cancer Tote:

1. Cut fabric 18 inches x 36 inches, mark center fold of 36 inch length.
(For a $\frac{5}{8}$ seam allowance, cut $19 \frac{1}{4}$ inches x $37 \frac{1}{4}$ inches)
2. If you wish to add a pocket to the outside for cell phones, glasses, etc use the following directions. Pockets are not necessary.
 - a. Cut 14.5 inches x 5 inches to make lined pocket.
 - b. Fold to 7.25×5 inches, right sides together, press
 - c. Stitch using $\frac{1}{4}$ in seam, leaving opening on one side for turning.
 - d. Turn, Press.
 - e. Position Pocket in center of one side of bag. The top of the pocket should be $5 \frac{1}{2}$ inches from the top and the bottom of the pocket should be $5 \frac{1}{2}$ inches from the bottom of the bag. The sides of the pocket should be $6 \frac{3}{4}$ inches from the side and center mark. Stitch making sure to back-tack the corners.
 - f.
3. Turn down $\frac{1}{4}$ inch the top of the bag (long side) and finish.
4. For Handles, cut two lengths of fabric 18 inches x 2.5 inches. Fold, right sides together, stitch long sides together, turn, press.
5. Position center of handle 7 inches from edge and center the other end 7 inches from center fold. (see illustration below)



- 6.
7. Stitch handles to bag, stitching on a "X" to reinforce the attachment of the handles.
8. Fold along the center mark, creating a 18 inch x 18 inch bag. Sew the bottom and side seam, finish the seams on unlined bags, using zig-zag, serger or your preferred finish.

9. Boxed the corners, three inch seam.



10. Trim boxed corners and finish seam.

11. Turn and push out corners, seams.



12.
13. Completed CA Tote with pocket.