

Directions for Lined Cancer Tote

These bags are given to women after breast cancer surgery to carry their mastectomy pillows, important papers, etc. for their follow-up visits.

1. If using quilting cotton or lightweight fabric, please line the bags.
2. All seams are $\frac{1}{4}$ inch unless otherwise specified. If your fabric needs a deeper seam allowance, adjust measurements to include wider seam allowance. Directions for Cancer Tote

Lined Cancer Tote:

1. Cut 2 pieces of fabric 18 inches x 36 inches, mark center fold of 36 inch length. (For a $\frac{5}{8}$ seam allowance, cut $19 \frac{1}{4}$ inches x $37 \frac{1}{4}$ inches)
2. Designate one piece as the bag and one as the lining.
3. If you wish to add a pocket to the outside for cell phones, glasses, etc use the following directions. Pockets are not necessary.
 - a. Cut 14.5 inches x 5 inches to make lined pocket.
 - b. Fold to 7.25 x 5 inches, right sides together, press
 - c. Stitch using $\frac{1}{4}$ in seam, leaving opening on one side for turning.
 - d. Turn, Press.
 - e. Position Pocket in center of one side of bag. The top of the pocket should be $5 \frac{1}{2}$ inches from the top and the bottom of the pocket should be $5 \frac{1}{2}$ inches from the bottom of the bag. The sides of the pocket should be $6 \frac{3}{4}$ inches from the side and center mark. Stitch making sure to back-tack the corners.
 - f.
4. For Handles, cut two lengths of fabric 18 inches x 2.5 inches. Fold, right sides together, stitch long sides together, turn, press.
5. Position center of handle 7 inches from edge and center the other end 7 inches from center fold. (see illustration below)



- 6.
7. The top or loop of the handles should be towards the bottom of the bag.
8. Fold along the center mark, creating a 18 inch x 18 inch bag. Sew the bottom and side seam.

9. Boxed the corners, three inch seam.



10. Trim boxed corners and finish seam.

11. Turn and push out corners, seams.

12. Sew the side and bottom of the lining, right sides together, making sure to leave a turning opening in the bottom seam.

13. Box the corners the same as the bag.

14. Insert the lining into the bag, right sides together.

15. Sew the top of the lining to the top of the bag, re-enforcing the stitching on the handles.

16. Turn bag right side out, lining in the bag.

17. Push out the stitching on the top of the bag and lining.

18. Stitch closed the turning hole in the lining.

19. Press the bag.



20.
21. Completed CA Tote with pocket.

