SWIMMING LESSONS



High-quality small group swim lessons for swimmers ages 4 and up, of all ability levels. Our program aims to teach swimmers the basics of swimming, as well as to prepare them for competitive team swimming!

2023 Summer Sessions @ Liverpool High School

Session 1: July 10-14

Session 2: July 17-21

Session 3: July 24-28

Session 4: July 31-August 4

Session 5: August 7-11





www.cnyswimminglessons.com

