



## CHANGING THE FACE OF TREATMENT & RECOVERY...

ANNUAL REPORT  
January 1, 2019 – December 31, 2019

### **MISHA House MISSION**

Our mission is to help break the cycle of recidivism of addiction in Baltimore City. We provide safe and structured addiction treatment services and recovery supportive housing services that challenge individuals to treat themselves and others with respect, gaining the necessary skills to overcome the everyday obstacles of life by increasing self-awareness and self-sufficiency.

We started this year like any other, ready to continue our efforts to positively impact and promote healthier lives, stronger family units, and safer communities. The staff at MISHA House work daily with diligence and passion to ensure every person seeking refuge from addiction will be supported. Further, it is in managing, forecasting and routinely evaluating our core values that we can proudly say that in spite of the numerous challenges we face, MISHA House has been able to identify growth and profitability over this year.

MISHA House provides all outpatient services for those who struggle with alcohol & drug addiction as well as gambling addictions. Our trained and dedicated staff continue to infect change in the lives of all who seek support through their transitional live challenges with piecing together the fabric of their lives that have been torn by their addictions. We have provided comprehensive, affordable outpatient & community-based treatment for adults including community connections to mental health services and other community supports!

### **EXPANSION OF SERVICES**

As an organization MISHA House, LLC, has developed open referral process with the Maryland Department of Public Safety and Correctional Services. Through this referral process we provided treatment for 18 participants who are actively serving court order probation or parole mandates.

actively listened to the needs of our participants, leaders, referring professionals, families and friends of persons served and the community at large in order to understand how to optimize our

programs to improve effective service delivery. During this year, we relocated to a larger office space which provides for increased capacity and workforce expansion. With the increase in our workforce, MISHA House has been able to prepare for the influx of new participants.

MISHA House has been able to expand its community connections with additional community partnerships in 2020. The community agencies have shown to be an asset to increased enrollment in services for the individuals with co-occurring disorders and linkage to addiction treatment.

## **DEMOGRAPHIC BREAKDOWN**

MISHA House has served a total of 119 participants, which is an increase from the previous years. In MH services in the year 2019, we have had a population of 91% African Americans and 9% Caucasians. Our population over this past year has been 74% male, 25% female and 1% transgender. The age range of the participants over this past year are identified as 21 -62 years of age. The State of Maryland recently approved participants who engage in Medication Assisted Therapy (MAT) to be allowed to enroll in Intensive Outpatient Treatment simultaneously, as a result we have begun to experience an increase of referrals to service this population. We are an abstinence-based program who incorporates a harm reduction approach to service delivery. We do a great job with referrals to community-based agency and have developed a “No Wrong Door” approach, that any person who comes through our doors for services will be supported, if not at MISHA House, then at another community-based organization based on need with a warm or direct handoff.

## **COMMITMENT**

For persons with substance abuse disorders, getting and staying healthy means taking responsibility for their own health, engaging in creative pursuits, preparing for a fulfilling career, and participating positively in the community. We offer a range of evidence-based behavioral therapies, medication assisted treatment linkage, supportive housing, job training and educational courses involving skill development, and transitional employment opportunities with community partners that help participants learn, grow and integrate into mainstream society with a decreased level of stress in hopes of maintaining the new lives after completion of services.

Throughout 2019, our dedicated staff have demonstrated that we continue to help people in need and help reduce the recidivism rates in Baltimore for those with addictive disorders regain

purpose and live meaningful self-directed lives. Although MISHA House is small part of the microcosm of providers in Maryland, we are grateful for the hard work and enthusiasm of our staff who are dedicated to our participants as we continue to “Change the Face of Treatment & Recovery...” in Baltimore.

Executive Body  
MISHA House, LLC