

# Maral & Lupita: A Celebration of Friendship

## Discussion Questions

### (Therapists)

- Have you ever wondered where thoughts come from?
- What are some examples of thoughts that make you happy?
- What are some examples of thoughts that may make you sad?
- Do you share your thoughts or ideas with your friend(s)?
- Do you share your feelings with your friend(s)?
- What are some words that stand for feelings?
- What happens when you and your friend disagree about something?
- What happens when you and your friend argue?
- Do you know what it means "to see eye-to-eye?"
- Who are the "Marals" and "Lupitas" in your life?

