



THE STALLION ALUMNI NEWSLETTER



An Educating Community United by Reason, Religion, and Loving Kindness

Edition 062026



TABLE OF CONTENTS

01	Intro, History, & Mission	03
02	Congratulations	04
03	Save the Date	05
04	Alumni Showcase	06-07
05	Rewind & Recap	08-11
06	Class Highlight	12
07	Donor Support	13
08	We're Hiring	14
09	Administration	15
10	Stay Connected!	16
11	Coming Soon...	17



Mary Help of Christians School

DEAR ALUMNI & FRIENDS OF MHCS,

Whether you were a student, parent, faculty member, or staff, your presence once filled our halls and helped shape the lasting legacy of reason, religion, and loving kindness that continues to guide us today. We're excited to share *The Stallion Alumni Newsletter* with you- your source for important updates, school highlights, and community news. We hope each issue helps you stay connected to MHCS and reminds you that you will always be part of our family.



OUR HISTORY & MISSION

Mary Help of Christians School (MHCS), located in Laredo, Texas, is a Salesian Catholic School that was established in 1935 on the resilience of Salesian Sisters who, amid violence and religious persecution in Mexico, sought to continue the mission of Saint John Bosco. This mission, rooted in reason, religion, and loving kindness embodies the commitment of MHCS to instill the joy of learning, love for God, and compassion for others.

CONGRATULATIONS CLASS OF 2026



Marcela Ancira



Barbara Ann Marie Arredondo
Valedictorian



Emilio Chavez
Salutatorian



Madeleine Boswell



Alex Briseño



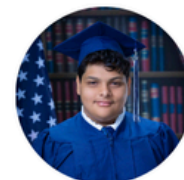
Dante Cazares



Arturo Dominguez



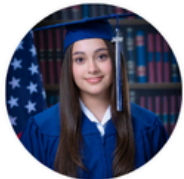
Natalia Cadena



Francisco Estrada



Jacob Garcia



Carolina Garza



Matthew Gutierrez



Joe Kirkpatrick



Miranda Lozano



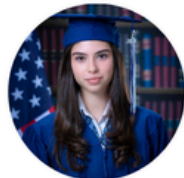
Diego Mendoza



Pablo Mendoza



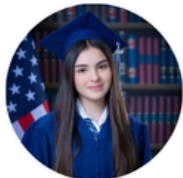
Benicio Montemayor



Ivonne Montemayor



Gabriela Muñoz



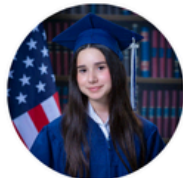
Pamela Palafox



Alexa Reyes



Jorge Rivas



Vera Rocha



Alejandro Villarreal



Kristelle Zuñiga

To the graduating Class of 2026, welcome to the MHCS Alumni community! As you take this next step in life, know that you carry with you the spirit and values that have shaped MHCS since 1935—a legacy rooted in reason, religion, and loving kindness.

Wherever your path may lead, we encourage you to move forward with confidence, remain grounded in your faith, and use your gifts to serve others with kindness and integrity. The lessons learned within these halls and the memories made here will always connect you to the MHCS family.

May this newsletter always remind you that you are part of something greater—a lifelong Salesian family that will continue to cheer you on, pray for you, and welcome you home.

SAVE THE DATE

2026-2027

Casino Night

Friday, October 3rd, 2026



Christmas Plays

December 2026



BINGO

2027



Car Raffle

2027



8th Grade Graduation Mass

Wednesday, May 19th, 2027



Alumni Showease

Continuing The MHCS Legacy



Often in our lives, we cross paths with wonderful and dedicated individuals who have shaped who we are today. Be it a friend, a colleague, an educator, or someone who simply displayed kindness, we find that life is decorated with people who have become strong, shining examples of strength and legacy. Throughout the years, MHCS has played a pivotal role in forming and nurturing youth in becoming contributing citizens and pillars of faith in our community.

In honor of the virtue of gratitude, we want to dedicate this page to persons who have gone through Mary Help of Christians School as key individuals who had a role in continuing the legacy of St. John Bosco and Mary Mazzarello. This month we recognize and showcase Mrs. Luz (Lozano) Treviño, a former MHCS teacher and cherished alumna. Luz was a pupil from 1st to 8th grade and a dedicated teacher at Mary Help for 24, recently retiring in 2025.

Mrs. Treviño fondly recalls when the sisters, including Sr. Mary Link, joined students at recess to play alongside them. She also remembers Sr. Vicky who could often be found quietly crocheting in the chapel despite suffering from crippling arthritis, creating beautiful pieces with gnarled and twisted fingers and hands. Above all, Luz treasures the sisters' presence at recess, where they consistently took time to interact and play with the students. When she later became a teacher, she carried on that same tradition with her own classes.

During her years at MHCS, Mrs. Treviño taught 3rd, 4th, 6th, and 8th grades. She especially remembers her first year teaching 3rd grade, when there were 31 students in each class – 93 students total across three sections. Each class had its own unique personality, and the experience taught her something new about teaching and about her students.

Alumni Showease

Continuing The MHCS Legacy



Now retired, Mrs. Treviño continues to stay connected to the MHCS community by coming in often when called upon to substitute. In her free time, she enjoys arts and crafts, particularly jewelry making. She also enjoys spending time with her own sisters, who share the special bond of being MHCS alumni.

Her tenure as teacher went beyond Mary Help of Christians. For years, she also shared her love of learning with the students of St. Augustine High School, further cementing the faith that is shared between both Laredo institutions. Her students fondly remember her joy, her disciplined approach to worship, and her relatable way of teaching all students the wonders of the human spirit.

We are deeply grateful for the many years of dedication and service Mrs. Treviño has given to Mary Help of Christians School. As both an alumna and a teacher, she has been part of the school's story for generations — first as a student shaped by the Salesian tradition, and later as an educator who passed those same values on to her own students. Her kindness, joyful spirit, and commitment to engaging with students both inside and outside the classroom have left a lasting mark on our community. The relationships she built and the example she set will continue to inspire the community for years to come, and this month we honor the wonderful educator who undoubtedly leaves a legacy worthy of emulation.



Congratulations Mrs. Luz Treviño, and may the Lord's love continue to shine upon you and bless you for many years to come.

– Ruben Bazan III



FALL QUARTER

Rewind & Recap

Casino Night



Sports & Extracurriculars



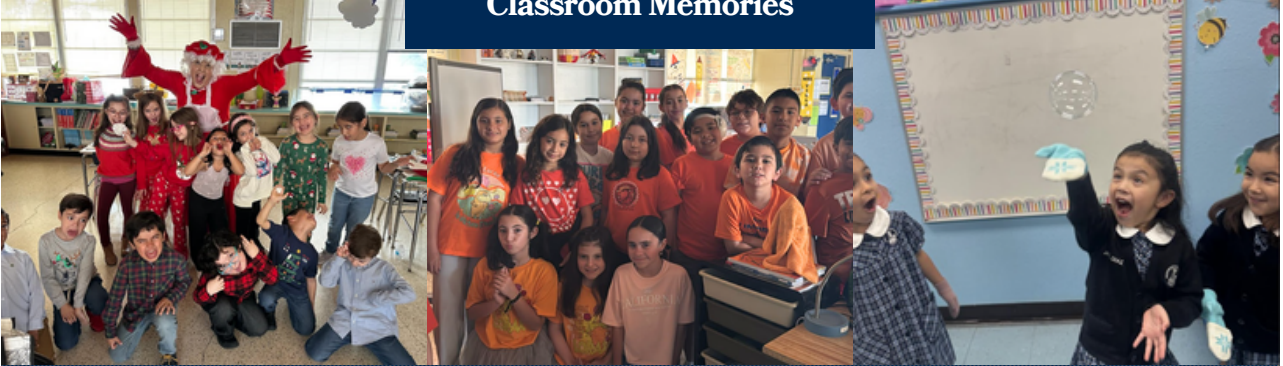
Trunk or Treat



WINTER QUARTER

Rewind & Recap

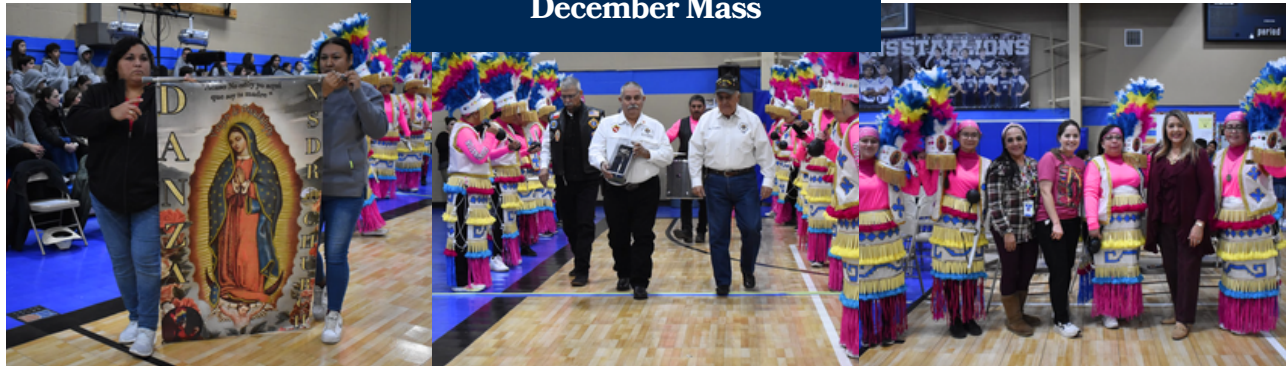
Classroom Memories



Christmas Program



December Mass



SPRING QUARTER

Rewind & Recap

WBCA Youth Parade



Bingo



Visit from Sr. Celine



SUMMER QUARTER

Rewind & Recap

Fun Nun Run



Holy Communion Mass



Learning Center Promotions





Remember When...

Highlights from Classes of the Past:

CLASS OF 1997

Before today's students filled our halls, there were many wonderful classes that helped shaped the spirit of MHCS.

Pictured above, The Class of 1997 are seen enjoying Wendy's at the Learning Center Christmas Party during the 1988-1989 school year with their teacher, Mrs. Landin.

We then move ahead to a 4th Grade field trip to the San Antonio Zoo during the 1992-1993 school year, where Ana Cristina Guajardo, Arlene Elizondo, and Jessica Lopez are pictured with the flamingos.



In 1996, students Deborah Vasquez, Ana Cristina Guajardo, Monica Valadez, Jessica Lopez, and Vita Ramos were inducted into the National Junior Honor Society. They are joined by Mr. Juan Alfaro, their 7th Grade teacher/NJHS sponsor, and former principal, Sr. Barbara Campbell.



Celebrating their final year at MHCS together, are classmates Monica Valadez, Jessica Lopez, Christian Garza, Ana Cristina Guajardo, Marili Cavazos, Mayra Murillo, Vita Ramos, and Sandra Torres on their 8th Grade field trip to Marble Falls during the 1996-1997 school year.



A heartfelt thank you to Mrs. Ana Cristina Guajardo for providing these wonderful photos and helping us relive the memories of the Class of 1997. Now one of our current 4th Grade teachers, she once walked these same halls as a student, just like those she teaches today. Pictured at left is her 2nd Grade class photo from the 1990-1991 school year, a meaningful reminder of the lifelong impact of our school community. We are proud that she is passing on the tradition of reason, religion, and loving kindness to the next generation.



Want to be featured next? Send us your memories!

[CLICK HERE](#)

Building a Brighter Future Together

WHY YOUR SUPPORT MATTERS

Our donors make transformative change possible. Every contribution, no matter the size, fuels meaningful progress across our campus. Donor gifts allow us to:

- Expand access to vital programs and services
- Improve and maintain facilities that support learning and community engagement
- Launch new initiatives to meet emerging needs
- Provide opportunities that enrich student experiences

By giving, you are not just supporting a project — you are investing in the future of our students and community.

LOOKING AHEAD

MHCS is renovating the 8,400 sq. ft. South Wing to improve safety and energy efficiency, replacing large windows with reinforced walls and smaller windows to protect students, reduce energy costs, and create a comfortable learning environment.

**Be the Difference:
Join Our Donor
Community**

From the Library Transformation, Gym Floor Replacement, and Solar Panels to the Convent Renovation and now the South Wing Project, every gift strengthens our mission and enhances the student experience.

Make a difference today. Your gift helps us build, improve, and innovate for generations to come.

CLICK HERE

YOUR SUPPORT IN ACTION



Library Transformation



Gym Floor Replacement



Solar Panels



Convent Renovation



WE'RE HIRING



Join Our Team

Open Positions :

- Teachers
- Substitute Teachers
- Maintenance
- Janitorial

For More Information : www.mhclsaredo.org

ADMINISTRATION



PROVINCIAL COUNCIL

Sr. Thuy Huong Nguyen, FMA
Provincial

Sr. Sandra Neaves, FMA
Vicar

Sr. Vuong Do, FMA
Bursar

Sr. Marie Gannon, FMA
Secretary

Sr. Cynthia Salas, FMA
Consultor

Sr. Anna Bui, FMA
Consultor

Sr. Bernadette Mota, FMA
Consultor



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BECOME A VALUED MEMBER OF OUR ALUMNI COMMUNITY!



**KEEP AN EYE OUT FOR OUR NEXT NEWSLETTER FOR
MORE SCHOOL UPDATES, UPCOMING EVENTS, AND
STORIES FROM OUR COMMUNITY.**



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INSTAGRAM: MHCSLAREDO

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Advancement Officer
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Let's Stay Connected!
Follow the link below to receive *The
Stallion* or update your contact info.

CLICK HERE

COMING SOON

Stay Tuned

Be sure to include your graduating year when updating your contact info- we have a friendly competition coming up to see which class has the most Alumni Newsletter subscribers!

