

Address:  
1303 Plaza Dr, Smyrna, TN  
615.768.5333



**Southern Spoon®**  
**RESTAURANT MENU**  
**WINTER 2022**

Hours:  
Tuesday – Thursday  
8am to 5pm  
Friday – Sunday  
7am to 5pm

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**ALL DAY BREAKFAST**

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**BREAKFAST SANDWICH - \$2**

Choice of Fresh Baked 4oz Buttermilk Biscuit,  
Sweet Potato Waffle,  
Sourdough or Wheatberry Toast

Add Applewood Smoked Bacon +\$3  
Add Breakfast Sausage Patty +\$3  
Add Impossible Sausage Patty +\$4  
Add Country Ham +\$3  
Add Fried Wagyu Bologna +\$4

Add Red-Eye Steak +\$7  
Add Sausage Gravy +\$2  
Add Egg +\$1  
Add Cheese +\$1

**BREAKFAST BOWL - \$4**

Country-Style White Corn Butter Grits, Spicy Yellow Cheese Grits  
or Fingerling Potato Home Fries

Add Applewood Smoked Bacon +\$3  
Add Breakfast Sausage Patty +\$3  
Add Impossible Sausage Patty +\$4  
Add Country Ham +\$3  
Add Sausage Gravy +\$2  
Add Fried Wagyu Bologna +\$4

Add Red-Eye Steak +\$7  
Add Brisket Chili +\$5  
Add Peppers & Onions +\$1  
Add Egg +\$1  
Add Cheese +\$1

**BREAKFAST CONDIMENTS**

Homemade Strawberry Jelly \$0.50  
Homemade Fig Jam \$0.50  
Whipped Honey Butter \$0.50  
Peanut Butter & Molasses \$0.50  
Vermont Maple Syrup \$0.50

**CHICKEN & WAFFLE - \$13**

Mild, Nashville Hot\* or Carolina Hot Fried  
Springer Mountain Farm Chicken Breast,  
Sweet Potato Waffle, Vermont Maple Syrup

**SHRIMP & GRITS - \$15**

Spicy Stone-Ground Yellow Corn Cheddar  
Cheese Grits, Fire-Grilled Jumbo Shrimp,  
Red Pepper Gravy

**CLASSIC BREAKFAST- \$12**

2 Eggs

Bacon, Breakfast Sausage Patty,  
Impossible Sausage Patty,  
Country Ham, Sausage Gravy,  
Fried Bologna (\$+3) or Red-Eye Steak (\$+5)

Fingerling Potato Home Fries,  
Yellow Corn Cheddar Cheese Grits or  
Country-Style White Corn Butter Grits

Buttermilk Biscuit, Sweet Potato Waffle,  
Sourdough or Wheatberry Toast

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**SMALLER PLATES**

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**NASHVILLE HOT CAULIFLOWER - \$6**

Marinated, Breaded and Fried Cauliflower, tossed in our  
Nashville Hot Spice, Signature "NashDill" Pickle Cream

**TRUFFLE-PARMESAN FRIES - \$6**

Basil-Garlic Mayo

**FRIED PICKLED OKRA - \$6**

Horseradish-Ranch

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**SOUP & SALAD**

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**SMOKED BRISKET CHILI - \$5/\$10**

12-hour Smoked Brisket, 12-hr Simmered Tomato and  
Bean Chili accented with Black Abbey Forty-Four Coffee  
Porter and Organic Dark Cocoa, Aged Sharp Cheddar and  
Green Onion, topped with Spicy Chipotle or Sour Cream

**CREAMY TOMATO BASIL - \$4/\$8**

Jalapeno-Cheddar Corn Muffin Croutons, Fried Basil,  
Shaved Parmesan

**BROCCOLI CHEDDAR - \$4/\$8**

**HOUSE SALAD - \$5/\$10**

Mixed Greens, Cherry Tomato, Red Onion, Cucumber,  
Bacon, Ranch

**WINTER SALAD - \$6/\$12**

Pomegranate Seeds, Red Onion, Candied Pecans,  
Spiced Goat Cheese, Mixed Greens,  
Honey-Cider Vinaigrette

**PIG SALAD - \$6/\$12**

Iceberg Lettuce, Chopped Tomato, Red Onion, Cucumber,  
Cheddar Cheese, Pulled Pork, Ranch

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## SANDWICHES

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INCLUDES SIDE, SOUP OR SALAD (SMALL PLATE +\$3)

### HOT CHICKEN - \$13

Mild or Hot\* Fried Springer Mountain Chicken Breast, Leaf Lettuce, Signature "NashDill" Pickle Cream, Brioche Bun

### SOUTHERN BURGER- \$15

Wagyu Beef† basted in Nashville Hot Sauce, Leaf Lettuce, Tomato, Signature "NashDill" Pickle Cream Cheese, Brioche Bun

**Add Fried Bologna or Braised Pork Belly - \$3**

### FRIED BOLOGNA - \$15

Homemade Wagyu Beef, Pork and Benton's Bacon Bologna, Leaf Lettuce, Tomato, Homemade Pimento Cheese, Brioche Bun

### MEATLOAF - \$15

Cold or Hot Bacon-Wrapped Wagyu Meatloaf, Pimento Cheese, Lettuce, Tomato, BBQ Sauce, Ciabatta Bun

### CLUB SANDWICH - \$13

Roasted Turkey, Black Forest Ham, Hot Honey Bacon, Swiss, Lettuce Tomato, Roasted Garlic-Basil Mayo, Toasted Wheatberry

### PULLED PORK - \$12

½ lb North Carolina-Style, Pepper Vinegar Syrup, Collard Green Coleslaw, Brioche Bun

### GRILLED CHEESE - \$10

Pimento Cheese, Fontina, Basil-Garlic Mayo, Sour Dough

### RED-EYE STEAK - \$15

Coffee-cured Ribeye, Red Dragon Cheddar, Horseradish Cream, Arugula, Ciabatta Bun

### SMOKED BRISKET - \$15

½ lb Chopped Brisket, BBQ Sauce, Collard Green Coleslaw, Ciabatta Bun

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## SIDES

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### GREEN BEANS - \$3

### COLLARD GREENS - \$4

### MAC & CHEESE - \$3

### SOUTHERN POTATO SALAD - \$3

### JALAPENO-CHEDDAR CORN MUFFIN - \$3

### COLLARD GREEN SLAW - \$3

### FRIES - \$3

### TWICE BAKED LOADED POTATO - \$4

### HONEY GLAZED CARROTS - \$3

### SWEET POTATO CASSEROLE - \$4

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## MEAT & ...

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### SOUTHERN MEAT & TWO - \$15

### SOUTHERN MEAT & THREE - \$17

Smoked Brisket  
Fried Bologna  
Bacon-Wrapped Meatloaf  
NC-Style Pulled Pork

Fried Catfish  
Red-Eye Steak  
Fried Chicken Breast  
Smoked BBQ Chicken Thighs

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## SWEETS

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### BANANA PUDDING "BEIGNETS" - \$6

Vanilla Wafer Batter-Fried Banana, French Vanilla Pudding, Powdered Sugar-Cookie Crumb

### SWEET POTATO CREAM CHEESE WONTONS - \$6

Sesame Molasses Caramel Sauce, Vanilla Ice Cream

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## KIDS MENU

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INCLUDES SIDE

### CHICKEN TENDERS - \$5

### KID'S BURGER - \$5

Cheese, Ketchup

### GRILLED CHEESE - \$5

American Cheese

### MAC & CHEESE - \$4

### P B & J - \$4

### WAFFLE - \$4

### KID'S SIDES

Fries, Fruit Cup, Veggie Medley

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## DRINKS - \$3

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### UNSWEET TEA

### SWEET TEA

### BOTTLED WATER

### COKE, DIET COKE, DR.

### PEPPER, SPRITE

### ORANGE JUICE

### CRANBERRY JUICE

### APPLE JUICE

### COFFEE

MENU ITEMS AND PRICES ARE SUBJECT TO CHANGE BASED ON AVAILABILITY AND COST OF PRODUCTS.

PRICES DO NOT INCLUDE TAX.

\*Our Hot Sauce is a Mix of Liquid Pork Fat, Cayenne and Other Spices (Non-Pork Option Available)

†Consuming raw or undercooked meats may increase your risk of foodborne illness