

Address:

1303 Plaza Dr, Smyrna, TN

615.768.5333



Southern Spoon®

RESTAURANT MENU

WINTER 2024

Hours:

Thursday – Sunday

7am to 2pm

ALL DAY BREAKFAST

BREAKFAST SANDWICH - \$5

Choice of Fresh Baked 4oz Buttermilk Biscuit,
Sweet Potato Waffle,
Sourdough or Wheatberry Toast

Add Applewood Smoked Bacon +\$3
Add Breakfast Sausage Patty +\$3
Add Impossible Sausage Patty +\$4
Add Country Ham +\$4
Add Fried Bologna +\$4

Add Fried Chicken +\$4
Add Sausage Gravy +\$2
Add Egg +\$1
Add Cheese +\$1

BREAKFAST BOWL - \$5

Country-Style White Corn Butter Grits, Spicy Yellow Cheese Grits
or Home Fries

Add Applewood Smoked Bacon +\$3
Add Breakfast Sausage Patty +\$3
Add Impossible Sausage Patty +\$4
Add Country Ham +\$4
Add Sausage Gravy +\$2

Add Fried Chicken +\$4
Add Fried Bologna +\$4
Add Peppers & Onions +\$1
Add Egg +\$1
Add Cheese +\$1

BREAKFAST CONDIMENTS

Homemade Strawberry Jelly \$0.50
Homemade Fig Jam \$0.50
Whipped Honey Butter \$0.50
Peanut Butter & Molasses \$0.50
Vermont Maple Syrup \$1.50

CHICKEN & WAFFLE - \$15

Mild, Nashville Hot* or Carolina Hot Fried
Springer Mountain Farm Chicken Breast,
Sweet Potato Waffle, Vermont Maple Syrup

SHRIMP & GRITS - \$15

Spicy Stone-Ground Yellow Corn Cheddar
Cheese Grits, Fire-Grilled Jumbo Shrimp,
Red Pepper Gravy

CLASSIC BREAKFAST- \$15

2 Eggs

Bacon, Breakfast Sausage Patty,
Impossible Sausage Patty,
Country Ham (+\$2), Sausage Gravy,
Fried Bologna (+\$2), Fried Chicken (+\$2)

Home Fries,
Yellow Corn Cheddar Cheese Grits or
Country-Style White Corn Butter Grits

Buttermilk Biscuit, Sweet Potato Waffle,
Sourdough or Wheatberry Toast

SMALLER PLATES

NASHVILLE HOT CAULIFLOWER - \$6

Marinated, Breaded and Fried Cauliflower, tossed in our
Nashville Hot Spice, Signature "NashDill" Pickle Cream

TRUFFLE-PARMESAN FRIES - \$6

Basil-Garlic Mayo

SWEET POTATO CREAM CHEESE WONTONS - \$6

Sesame-Molasses Caramel Sauce

SOUP & SALADS

SMOKED BRISKET CHILI - \$6/\$12

Smoked Brisket, Simmered Tomato and Bean Chili
accented with Black Abbey Forty-Four Coffee
Porter and Organic Dark Cocoa, Aged Sharp
Cheddar and Green Onion,
topped with Spicy Chipotle or Sour Cream

HOUSE SALAD - \$4/\$10

Mixed Greens, Cherry Tomato, Red Onion, Cucumber,
Jalapeno-Cheddar Cornbread Croutons, Bacon, Ranch

SANDWICHES

INCLUDES SIDE (SMALL PLATE +\$3)

HOT CHICKEN - \$15

Mild or Hot* Fried Springer Mountain Chicken Breast, Leaf Lettuce, Signature "NashDill" Pickle Cream, Brioche Bun

CLUB SANDWICH - \$15

Roasted Turkey, Black Forest Ham, Hot Honey Bacon, Swiss, Lettuce Tomato, Roasted Garlic-Basil Mayo, Toasted Wheatberry

BRIE LT - \$13

Fried Green Tomato, Brie, Arugula, Roasted Garlic-Basil Mayo, Toasted Sourdough Bread

FRIED BOLOGNA - \$15

Homemade Wagyu Beef and Benton's Pork Bologna, Pimento Cheese, Leaf Lettuce, Brioche

SIDES

GREEN BEANS - \$3

COLLARD GREENS - \$4

MAC & CHEESE - \$3

SOUTHERN POTATO SALAD - \$3

FRIES - \$3

LOADED MASHED POTATOES - \$4

SWEET POTATO CASSEROLE - \$4

JALAPENO-CHEDDAR CORN MUFFIN - \$3

PLATES

INCLUDES 2 SIDES

SMOKED BRISKET - \$15

WAGYU BEEF MEATLOAF - \$17

FRIED CATFISH - \$15

FRIED CHICKEN BREAST - \$15

Buttermilk, Mild Spice, Nashville Hot*, Carolina Hot

SWEETS

BANANA PUDDING "BEIGNETS" - \$6

Vanilla Wafer Batter-Fried Banana, French Vanilla Pudding, Powdered Sugar-Cookie Crumb

KIDS MENU

INCLUDES SIDE

CHICKEN TENDERS - \$5

GRILLED CHEESE - \$5

American Cheese

MAC & CHEESE - \$4

KID'S SIDES

Fries, Fruit Cup

DRINKS - \$3

UNSWEET TEA

SWEET TEA

BOTTLED WATER

COKE, DIET COKE, DR.

PEPPER, SPRITE

ORANGE JUICE

CRANBERRY JUICE

APPLE JUICE

COFFEE

MENU ITEMS AND PRICES ARE SUBJECT TO CHANGE BASED ON AVAILABILITY AND COST OF PRODUCTS.

PRICES DO NOT INCLUDE TAX.

*Our Hot Sauce is a Mix of Liquid Pork Fat, Cayenne and Other Spices (Non-Pork Option Available)

†Consuming raw or undercooked meats may increase your risk of foodborne illness