



The Round-Up

June
2018

The Round-Up has been the official publication of the Trail Riders of DuPage since 1992

As equestrians, we need to speak in a unified voice to trail planners and managers. Your membership in this organization makes our collective voice stronger. As more and more areas become limited or inaccessible due to development and other population growth factors, and the number of trail horses decrease, it is vital for us to join together to preserve our common interest in trails and horses in a constructive and effective way.

PRESIDENTS LETTER

TROD is alive and well in DuPage County. Thank you to all the people who participated in the **Illinois Prairie Path Clean up** on Saturday April 28th from 9-12. We successfully managed to clear and clean a large part of the Great Western Trail located behind the Old Hobby Lobby, south of North Avenue and east of Rt 59.



Sharon Nolan
630-202-6932
NolansRanch@aol.com

TROD had a very nice May membership meeting. Our guest speaker was Amy Harless and the meeting was a live demonstration held in the barn at Pat Fullhart's home. It was very interesting. There was a storm during the meeting, but it did not effect us at all. We certainly had a good time and thank you to all the people who came and brought snacks and drinks.

Our June meeting will be held at the home of Kenny & Tyra Malm in Wayne. The Wayne farm was built in 1880 and has been the home of the Malm's since 1987. Kenny Malm and Paul Dorcic will be sharing information on the Wayne DuPage Hunt, of which both are a part. The meeting will be held on the grounds of his 5 acre farm. It will be fun to get a glimpse into the everyday life of a hunt horse.

If any of you would like to host a TROD membership meeting at your house or barn, feel free to contact me by phone or email nolansranch@aol.com. We look forward to participating in the Warrenville Independence day Parade on July 3rd. If you do not have a parade worthy horse, consider decorating and walking a miniature horse. This can be a fun experience, especially for the kids and grandkids. Call Sharon Nolan to reserve one today. 630-202-6932

Midwest Horse Fair April 2018 from Dayna Gilham

The weather was fantastic for the fair once again. We had a great time. I go every year. The hardest thing was trying to fit it all in. Where else can you go and see so many clinicians for less than \$20 ?

Clinton Anderson was there this year and of course, he was my favorite! Jim Masterson and Al Dunning, were also there, to name a few. You will never leave without learning something to better yourself and/or your horse. The shows were great and the Rodeo was one if the best... It's always a great time and if you have never been plan for next year you will not be disappointed, Madison is about 2 hours from the Chicagoland area and really worth the drive. Plan to attend next year: April 12, 13, 14 - 2019

Many thanks to *Pat Fulhart* for hosting the May 2nd meeting at her beautiful barn and many thanks to *Amy Harless* for being our very informative guest speaker.

Amy demonstrated **the Beemer** on Pat's horse who was very relaxed during the demonstration. Amy showed us how she uses the vet horse blanket and the vet cuff.

Amy says the treatment has proven to be very helpful. Amy has treated numerous horses with the Beemer. Should you have need for treatments or have further interest, you can reach Amy at: 630-852-0022



From the Forest Preserve

As a horse rider, you most likely spend many hours riding trails and enjoying outdoor scenery throughout the county. There's nothing quite like a cool summer morning out with your horse friend. However, there are many outdoor hobbies to take advantage of this summer such as hiking, boating and fishing.

***Here's a few exciting things that are happening throughout the county!

Many of you may know about the construction that was taking place at McDowell Forest Preserve. A new bridge was built to replace the preserve's 70-year-old single-lane entrance bridge. The new two-lane bridge will accommodate cars and trucks and have a separate elevated trail with a barrier wall for pedestrian and bicycle traffic. A clear span of the river and higher elevation will minimize debris buildup during floods. We are excited to say, construction is now complete and this preserve is ready for visitors!

A new off-leash dog area at Oldfield Oaks Forest Preserve has opened this past spring. It has a 5-acre fenced field with a 0.3-mile looped trail, and a trail that will connect to the forest preserve's existing looped trail. If you want to enjoy off-leash fun with your four-legged friends at this new area be sure to carry proof of a valid Forest Preserve District off-leash permit for each dog you bring.

Construction continues on the trail connecting West DuPage Woods to Winfield Mounds. However, this is scheduled to be complete soon. This trail segment is one of the critical links remaining to complete the 23-mile West Branch DuPage River Trail, which will ultimately extend from the North Central DuPage Regional Trail in Hanover Park south to the DuPage County line, where it becomes the DuPage River Trail and extends to the I&M Canal Trail near Channahon.

Lastly, the district's new fleet building will be scheduled to open between mid-late summer at Blackwell Forest Preserve. The site is located near several existing Forest Preserve District maintenance, operational and fleet-management facilities and will provide almost 29,000 square feet for the maintenance and repair of Forest Preserve District vehicles and equipment. The proposed site is adjacent to the existing Fleet Management facility, which has been on Mack Road since 1978. This updated facility provides a centralized area of operations to manage the District's operations more efficiently.

Now, get out and enjoy the trails! With over 25,000 acres, 140 miles of trail and over 60 preserves all right at your feet, there's a perfect way to enjoy DuPage County's forest preserves that's waiting for you. For questions, concerns or more information regarding any of our programs call (630) 933-7200, or visit dupageforest.org. *Happy Tails and Trails!*

Master Plan Survey Results - The top response on the randomly selected households for the most important purpose of the Forest Preserve District were: Protection of natural areas, trail development and access, enjoying nature and relaxing in the natural areas. This seems to be a pretty good confirmation that the Forest Preserve should keep on doing what it is doing!

Springbrook Creek Phase II - You may recall that Phase I was the re-meandering of the creek that flows through the northern section of St. James Farm. It was accomplished thanks to an intergovernmental agreement with the Illinois State Toll Authority and the Forest Preserve of DuPage for water and wetland mitigation. That project went great and now the tollway needs to offset their impact from yet another road project and has chosen to partner with the Forest Preserve here for that. The Springbrook Creek flows under Winfield Road into Blackwell Forest Preserve and will receive a huge facelift (over \$8 million) to be re-meandered from the days of farmer channeling and restored for healthy flora and fauna. This project will only cost the permitting fees for the district, which is a huge benefit for residents of all genres. There is a Phase III in the wings, which finishes the creek as it enters the West Branch of the DuPage River near the old Canticle property.



Submitted by:
Connie Schmidt



Battling Bugs: Chemicals, Clothes, Fans, Parasitoids and Zappers

Dr. Jim Brendemuehl, Equine Extension Veterinarian, Univ. of IL College of Veterinary Medicine

As we celebrate the advent of the warmth of summer, we also begin the annual battle initiated by the arrival of bugs. Like most health management issues for our four-legged friends, fly and mosquito control requires a multi-pronged attack.

The following are some effective methods for controlling the insect population plaguing your animals:

-  **Manure management.** Composting contaminated bedding and manure. Locate your compost pile away from the barn to entice the flies away from the areas of housing and activities.
-  **Water control.** Standing water is a natural attractor for flies and especially mosquitoes. Fill in any low areas or put in culverts to divert standing water. Clean water troughs on a routine basis to minimize any mosquito larvae growth.
-  **Fly sheets, masks and boots.** Horse clothing made of mesh that physically blocks the biting bugs' access to the horse. A word of caution about masks: remove them at least every day to ensure that there are no surprises underneath, namely rubbed areas or eye ulcerations.
-  **Insecticidal/repellent sprays.** A two-pronged approach including a repellent, citronella and cedar of tea oil that masks the scent of the horse combined with an insecticidal agent, either a natural pyrethrin, which comes from chrysanthemums or a synthetic pyrethroid. Both products deter biting bugs from lighting and kill the ones that come in contact with the horse.
-  **Fans.** Large exhaust fans keep air circulating and deter pests in two ways. Mosquitoes and biting flies are attracted to carbon dioxide that mammals exhale. Circulating the air not only mechanically disrupts the pest, but dissipates the attractant gases.
-  **Misting systems.** Automated misting systems release a fine spray of pyrethrin or pyrethroid at a timed interval throughout the day killing any bugs in the barn and providing a residual on the horse's coat.
-  **Fly Predators.** This is a product that releases tiny Hymenoptera insects, which is a family of insects that contains many of the world's beneficial insects, but also the biting wasps, bees and ants. Unlike their stinger-equipped cousins, Fly Predators are completely stinger-less and bite-less. Once released from the shipping container, the female Fly Predators search through the host area seeking out the pest fly's pupa. The female then drills a hole in the pupa case and deposits several eggs inside. After these eggs develop into mature adults they consume the fly larva as a source of food, thus killing the larva. Immediately upon emergence from the pest fly pupa, the Fly Predators are ready to mate and start the cycle all over again.
-  **Zappers.** While this method is effective for eliminating the pests, you may wish to employ other methods, as a particularly nervous animal may not react favorably to the sounds produced by an especially "juicy" victim.
-  **Traps.** Most traps rely on food, pheromones or some other attractant to entice a bug into a chamber from which they can't escape. The "big stinky" pots that have been observed in some barns seem to do a stellar job if you don't inadvertently turn one over.
-  **Turn-out schedule.** Most mosquitoes, gnats and no-see-ums are most active at dawn and dusk. Avoiding turn out at this time for those horses sensitive to biting bugs.
-  **Regular mowing and dragging of pastures keeps breeding areas down.**

A final word about biting bugs: in spite of all the chemicals, clothes, fans, parasitoids and zappers we can throw at them, they are still going to be around. West Nile Virus has already been identified in mosquitoes in Illinois this year. If you haven't vaccinated your animals against West Nile Virus and the encephalidides, it is strongly encouraged that this be done soon. Your local veterinarian can assist with this vaccination.





WELCOME TO THE MALM FARM

Come for a visit to the Malm farm on **Tuesday June 5th at 7pm**. Kenny Malm and Paul Dorcic will share a little bit of the history of the Wayne-DuPage Hunt.

The address is 6n419 Dunham Rd, less than 1 mile North of Army Trail Rd, look for the TROD flag.

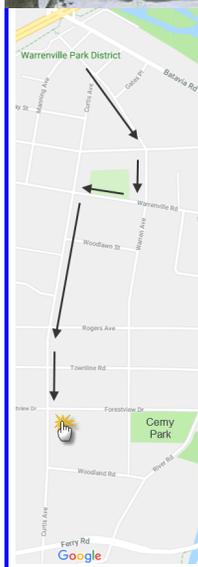


Built in 1880, this has been the home of Ken and Tyra Malm since 1987. Kenny has been a proud member of the Wayne DuPage Hunt since 1977. Last year he celebrated his 40th year in the hunt. Kenny, now 80 years old is still running his horse across open fields at 40 miles per hour. Join us!



Warrenville Independence Parade 2018

Come to the "RED, WHITE and BLUES PARADE 2018"!



TROD will be participating in the Warrenville Parade which steps off at **5:30 PM on July 3rd** from downtown Warrenville and will travel south on Warren Ave, west on Warrenville Rd, south on Curtis Ave to the Judges stand at Curtis and Forestview. We will disband at Woodland Rd and Curtis Ave. We have TuTu's for 7 miniature horses that will need to be walked in the parade. If you would like to walk one of these or if you would like to participate in the parade with your own horse, please call Sharon Nolan at 630-202-6932

More information will follow so make sure we know you are coming so we can tell you were to meet. This parade is presented by the City of Warrenville & the Warrenville Friends of the 4th Committee. It has always been a TROD favorite and the people always welcome us!

This is a great starter parade for you and your horse. If you are not sure how your horse will do in a parade, dress him up and walk him. There are plenty of people to assist you!



2018 WOOD DALE MEMORIAL DAY PARADE

The weather was hot but the decorations were really cool !

Over a dozen TROD members showed up and did not disappoint. We had 4 horses and 4 minis in the parade. *Rose Miller* made sure no horse manure was missed and she was the star as people cheered with each scoop of manure. *Rose's son, Vince (age 9)* walked the miniature horse *Silver*, who was wearing a tutu. (see the cover photo!) He was waving a flag in one hand and holding the lead rope in the other. We followed behind and watched as this little guy had the time of his life with that white mini horse. *Dawn Florentino* walked *Rosie* the mini horse, both were picture perfect. *Jeff Rydin* rode *Eli* with the red/white and blue saddle blanket and *Sabrina Lau* rode *Misty* who was tastefully decorated with a bow on her head.

Calendar of Events

2018/19 TROD Officers

President Sharon Nolan
630-202-6932
NolansRanch@aol.com

Vice Pres Dayna Gillham

Secretary Cathi Edman

Treasurer Debra Ranieri

Board Members

Jean Allen Sue Cain
Sabrina Lau Ellen Shelhamer
Carol Zdan Lorrie Sengstock
(Newsletter & Membership)
CoCoZdan@sbcglobal.net

Welcome New Members

Peggy Snodgrass from Palos Hills and Kelly Fencil and her family of West Chicago

Your membership keeps our voice strong. We welcome you to participate with or without a horse!

and *Thank you* to all of our members who continually support TROD by renewing and believe that we should continue to exist on behalf of all horse lovers and trail users in DuPage County.



Tuesday June 5 **TROD Meeting** at Kenny Malm's barn in Wayne 7pm
6n419 Dunham Rd, north of Army Trail Road on the east side of the street

Tuesday July 3 **Warrenville Independence Day Parade at 5:30 PM—**

Tuesday August 7 **TROD Meeting** Building Trust & De Spooking MBHT at 7 PM

August 19 St. James Memorial Ride 1pm led by Connie Schmidt

Tuesday September 4 **TROD Meeting** at 7 pm Ida Hammer Location TBD

Sept 7-10 Buck Brannaman Colt Starting & Horsemanship Clinic
Fox Valley Saddle Assoc, Hampshire IL \$30/day Audit fee
"Gentle in what you do, firm in how you do it." Buck

Tuesday October 2nd **TROD Meeting** Fireside Chat with Jay Johnson

Ride the trails with TROD this year !

We will be joining **Will County Trail Riders** on the following rides:

Saturday July 28th (11am) **Waterfall Glen**, Darien. Bring a bag lunch
Contact Andrea Pletzke at 630-330-7946

Saturday September 23rd (1pm) **Danada Forest Preserve**, Wheaton
Bring a bag lunch Contact Terry Lorenz 708-261-2484

Saturday November 3rd (11am) at **Matthiesen State Park**, Utica
Lunch at Hank's Restaurant Contact Chris Rambeaux 708-606-0209



Many thanks to *Deb and Tony Ranieri* for all their help with prepping for the parade and helping to wash 6 horses the day before. Deb was our main walker and she kept everybody safe and in line.

Lupe Aguinaga drove Little Honey in the mini cart with her grandson and her grand daughter rode Pequeno, the little black mini which was walked by her father and mother. *Juan Galvan* brought both of his horses, Diamond the palomino and Rooster the bay. Juan put on a show as he danced down the street. At the end of the parade, the horse laid down and let Juan off and the applause were his! Many thanks to the Galvan family and to all who participated to make the event a success. Lets do it again on July 3rd in Warrenville



Rabies (Core Vaccine) Courtesy of Fox Valley Equine Practice

At FVEP, we have asked owners to decide on what vaccines to give in the past years. This year we believe that we should advise all horse owners of a core vaccine, though the incidence is relatively low in this area. There are effective and safe vaccines labelled specifically for use in horses that are administered once a year.

Rabies is an infrequently encountered neurologic disease of all mammals, including humans and horses. It is invariably FATAL in horses and infected horses can infect humans via exposure to their saliva. Feeding horses a carrot, putting a bit in their mouth, doing an oral examination and being bitten by a horse are examples of some possible exposure methods.

From the time a horse is bitten by a rabid animal, to the appearance of outward signs, can be as long as six months. Horses are more likely to have a form of rabies that manifests itself as depression rather than aggression.

The public health risks are significant with multiple avenues for human exposure from an infected horse. For a non-vaccinated horse that bites a child or an adult, the quarantine period can last for months and be problematic for a stable dealing with the public. If there are any questions regarding our recommendation, please contact our office.

Lyme Disease

Lyme disease is an infectious tick-borne disease caused by the bacteria *Borrelia burgdorferi* and affects horses, humans and many other animals. Lyme disease in horses is quite common for animals living in high-risk areas. The disease is difficult to diagnose, and can pose a serious threat to your horse's well-being.

Prevention

Currently, there is no vaccine against Lyme Disease approved for use in horses. However, in regions where the disease is common, you can choose to have your Fox Valley Equine Practice veterinarian administer the canine vaccine to your horse. The typical schedule for vaccinating horses includes an initial vaccine and then a booster. Biannual boosters are needed to achieve year-round protection in Lyme-endemic areas. No safety studies have been conducted for this vaccine in horses. Veterinarians who have been administering the Lyme vaccine for several years report an incidence of reaction similar to other vaccines. Apart from the canine vaccine, your horse's best defense is to limit exposure to ticks.

Symptoms

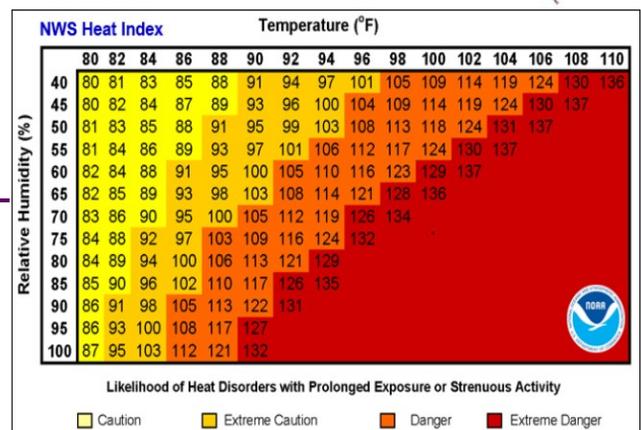
- Lameness
- Swollen joints
- Arthritis
- Changes in behavior
- Shifting from limb to limb
- General stiffness
- Irritability
- Refusal to work or exercise



"It's not the heat, it's the humidity"

it's actually both.

Using the NOAA chart you can determine if the **Heat Index** can put you and your horse at risk of heat related dangers. Heat tolerances vary throughout the year, we need to give ourselves time to adapt to the change in seasons.



Horses (and humans) sweat to cool themselves. When its very humid, the impact that sweating has is lessened. A rule of thumb is if the temperature (say 85°) and the humidity (95%) are added together and are above 180, **riding** isn't recommended at all. 180 may be too high and there are so many variables to keep in mind: are you riding in the sun or shade? Is there a breeze? Are you just walking? Try not to ride at high noon! As we (I include my horses here) get older and out of shape we have a harder time recuperating from an afternoon in the hot sun. Just like I feel better after a cool shower so do my horses. If it's too hot for me, it's too hot for them. CZ



Fox Valley Equine Practice

630-365-5600

fvep@foxvalleyequine.com

CLASSIFIED ADS

TROD provides free advertising space, for members, for the sale or purchase of horses, trailers, tack or horse related services. These ads are accepted at face value—TROD cannot assume any responsibility for the condition of the animals, goods or services or that they are fairly represented. **To place an ad please email it to Classifieds@trod.us**. Since classified ads are complimentary they will run as space permits. Be sure to check out our website for more ads

HORSE BOARDING:

Medinah Black Horse Troop Barn. Carol Stream barn sits along the 12-mile-long Great Western Trail. Stalls are approx 10x12. Indoor arena, lighted outdoor arena, one tack locker per horse. Horses get grain, hay and water twice a day. Matted stalls cleaned Mon-Sat. Barn hand lives on premises. Monthly board \$395. For more info call Bob at 847.754.1056 References required. Facebook.com/MedinahBlackHorseTroopStables

Forest Trails, Bartlett Rita Hankins (630) 837-9852 (10/18) Family oriented stable that houses a variety of riding specialties. Indoor and outdoor arenas, pasture, and paddocks. 6 days a week turn out & stall cleaning. Adjacent to Forest Preserve. ForestTrailsStable.com

Our beautiful, well kept & safe horse property backs up to St. James Farm in Warrenville. We have an outdoor riding ring along with an indoor riding arena. St. James Farm has gorgeous riding trails and an outdoor dressage ring. In addition to St. James Farm, Herrick Lake and Blackwell Forest Preserves are just minutes away. Call Rochel Melka at 630-251-3935

Stall at small private barn in Warrenville available April 1st. \$350 All stalls have 40 foot attached run for constant access. 3X/day feeding, Stalls cleaned daily, turn out in grass pasture available all included. Amazing trail access. Just off the IPP. Call Connie or Mike Schmidt 630 234 3029

Stall available for GELDING at private barn. Feed 3x daily with 24 hour access to paddock. The property is adjacent to Herrick Lake Forest Preserve. \$350/mo Call Karen 630-300-8822

FOR SALE: Miniature horses ride and drive and make great pets. Sharon (630) 202-6932

2004 Horse Trailer - 3-horse, steel, slant-load, bumper-pull, step-up, stock-type. Roomy front tack room, solid floor with mats. \$2500 firm. Call Nicki Jaska at 630-620-0040. Please leave a message and I will call you back.

Galusha Farm Steve Berning 630-878-6350

HAY and STRAW for sale. Fresh and green. Delivery available. www.GalushaFarm.com

Pasture Boarding: with a large barn and lean-to. 24/7 access at all times of the year. Close to Herrick Lake and St James Farm Forest Preserves.

Or you can Rent or Lease a horse!



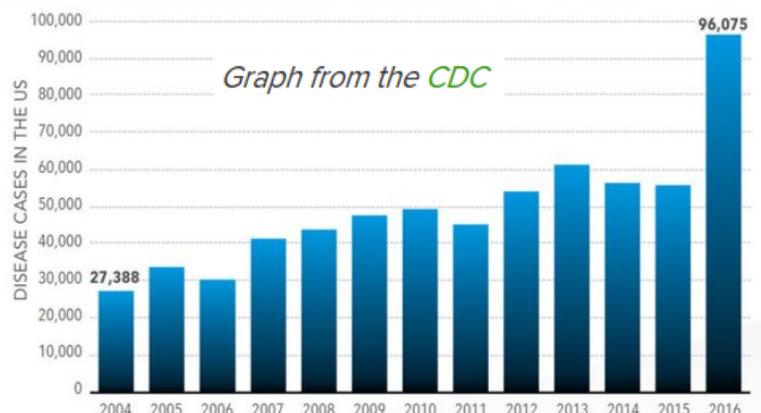
Friends for Therapeutic Equine Activities is seeking kind and gentle horses of most sizes. Preferably sound and under 21 years old. Call Nancy 630-588-8543 or email nwinklman@ftea.org

Volunteers (13 years old and up) are needed Mon - Sat at Friends for Therapeutic Equine Activities (FTEA). We are located at 4N681 Munger Road in Wayne, IL No horse experience is required but helpful. Leaders and side-walkers are needed during riding sessions for individuals with special needs. Help with barn tasks is needed. Call 630-588-8543 or email thebarn@ftea.org

Use Fans when you can. Mosquitoes are not strong flyers, the air stream emitted by a fan is like a gale force wind to them — they can't fly in the face of it.

Catnip oil is a registered repellent with the EPA, the leaves of the plant need to be crushed to extrude the oil, so simply growing it in your garden won't do the trick.

Disease cases from infected mosquitoes, ticks, and fleas have tripled in 13 years.



Trail Riders of DuPage
P.O. Box 616
Warrenville IL 60555-0616



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