



The Round-Up

May
2018

The Round-Up has been the official publication of the Trail Riders of DuPage since 1992

As equestrians, we need to speak in a unified voice to trail planners and managers. Your membership in this organization makes our collective voice stronger. As more and more areas become limited or inaccessible due to development and other population growth factors, and the number of trail horses decrease, it is vital for us to join together to preserve our common interest in trails and horses in a constructive and effective way.

Presidents Letter

Hello to TROD members and friends of TROD. We welcome the sunshine. I was wondering what happened, snow and sleet in April? They say this is the coldest spring since 1881. So much for global warming. Our first green day was April 18th and I am glad to see green.

The Mounted Search & Rescue (MSAR) meeting on Tuesday April 3rd had about 25 people attend the meeting and a dozen signed up for training for the Mounted Search and Rescue Unit. If you have an interest, but missed the meeting, there is still time to sign up, just call Nick at 630-308-3503.

We have a lot planned for you horse lovers this year. We are still waiting for a confirmation from the **Chicago Mounted Police Barn** on a date for our field trip out to their barn. We requested Wednesday April 18th, but they have training going on for the next couple of weeks. I will get back to you with a date as soon as they get back to me. Anyone who wants to come is welcome. We will be going on a weekday. We will leave at 10 AM and probably be back by 2 PM. If you are interested in going, please make sure you call me to get on the list so we don't miss you. We are planning to car pool there and back.

We look forward to our Wednesday May 2nd meeting at Pat Fulhart's Barn on Old Kirk Rd in West Chicago. Amy Harless will be demonstrating the Bemer, an electromagnetic field therapy for people and horses used to treat a range of injuries and ailments.

In June we will be visiting an Victorian farm in Wayne at 6N419 Dunham Rd. Home of Kenny Malm and his wife, Tyra. Kenny has been part of the Wayne DuPage Hunt for more than 30 years. Kenny is going to talk to us about the hunt, what it is, where it began and I am sure he has a lot of great stories to share.

On July 3rd, TROD would like to participate in the **Warrenville Independence Day parade**. If you are interested in participating, please let me know. I have participated in dozens of parades over the years and Warrenville has been a favorite to many. The residents are very kind and they really appreciate seeing the horses. If your horse is not parade worthy, consider being a walker or driving the poop mobile. All volunteers are welcome and if you do not have a horse, give me a call and we can set you up with a miniature horse that you can decorate and walk for the event.

We look forward to seeing you at some or all of the events planned. Check us out on Facebook for all our up to date meetings and remember to share TROD with all your horse loving friends. Sharon Nolan

It's Spring and the weather is great for riding!

Lots of people are going out on the trails as pedestrians, some with kids, others with dogs. Lots of people will be out on bikes enjoying the nice weather. Be Careful and Be Aware of Others—

Be Courteous and remember to SHARE THE TRAILS



Sharon Nolan
630-202-6932
NolansRanch@aol.com



From the Forest Preserve

Spring is breeding time for many DuPage County animal species, and how people interact with orphaned and injured newborn wildlife could mean the difference between life and death. As homeowners and preserve visitors encounter baby wild animals, the Forest Preserve District of DuPage County's Willowbrook Wildlife Center reminds individuals that "If you care, leave them there." The majority of baby and juvenile wildlife are left alone for periods of time throughout the day. Cottontail rabbits and deer are notorious for this. For example, mother cottontails return to the nest at night to feed their young. By spending the day foraging away from the nest- predators are less likely to find their young. Never approach a nest or babies. Animals, just like humans, interpret any predatorial action as dangerous and will probably defend their nesting area.

Keep in mind this time of year that trail conditions change on a daily basis due to weather and usage. For the safety of yourself, others and your equine friend always stay alert and use caution. Many Forest Preserve crews are out during the day trimming back vegetation and removing brush on the shoulders of the trail systems. This spring assignment is part of our safety efforts to improve sight lines for approaching trail system users and to minimize accidents. Please be aware when approaching any trail intersection. Keep in mind that District maintains most of its trails as multiuse. For the safety of all trail users, it is important to follow some general trail tips:

Announce "Passing on your Left" when doing so.

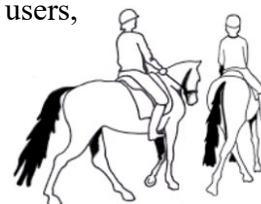
Keep horses under control at all times; racing is prohibited.

Ride on the right side of the trail and single file when in groups.

Practice "Leave No Trace." If you bring it in, you must take it out.

Be aware of wildlife both on and off the trail. Remember, you are a visitor in their habitat.

To preserve nature's quiet and solitude, refrain from making any loud sounds or playing music audibly.



Important Announcement!**

Due to the ongoing construction for improvements at the Forest Preserve District of DuPage County's St. James Farm in Warrenville, the May 26 Family Field Day will *not* take place this year. Work on the indoor riding arena improvements at St. James Farm will bring the building up to code so it can be used for public activities such as horse shows, exhibitions, riding clinics and classes, therapeutic riding programs, plant sales, indoor archery events and receptions. Once the work is completed, the area around the arena will need to be graded and seeded, and then given time for the grass to grow back in. We look forward to hosting again next year!

Our Ranger Adventure Camps are quickly filling! If you would like your camper to join in on the fun, be sure to register soon. One of our new camps, *Adventures After Dark* gives campers the rare opportunity to hike through the forest at twilight, share stories about the stars, and search for animals that come out at night. For more information or to register please visit our district website.

With over 25,000 acres, 140 miles of trail and 60 preserves all right at your feet, there's a perfect way to enjoy DuPage County's forest preserves that's just waiting for you. For information, call (630) 933-7200, or visit dupageforest.org.

Happy tails and trails!

Bridge Removal at Waterfall Glen - A lovely picturesque bridge is slated for demolition and removal at a closed portion of the trail system in Waterfall Glen. The fact is, this bridge is in sore disrepair and sadly decomposing further each day. The location, on the other side of a utility easement creates quite a difficulty in removing the bridge. A crane will have to lift it up and out carefully so none of it falls into the waterway violating Army Corp standards. It will be quite an engineering feat.

Submitted by: Connie Schmidt

St. James Farm continues improvements - The large Dairy Barn Roof will be replaced complete with new flashing this spring. In addition the "McCormick Woods Trail" will be constructed in the north farm area through the woods just west and north of the Dairy Barn. This area is also the benefactor of the recent re-meandering project of Spring Creek, which improves the wetland and riparian zone in the preserve as well.

At the April 3rd TROD meeting there was an array of items needed on hand for search and rescue. A highly visible orange safety vest, saddle bags, flash light, compass, wire cutters, CPR instructions, first aid items, communication radio, binoculars, whistle and the ever important pen and paper to take notes of details at the search briefing and throughout the search. There were even a variety of lightweight mesh anti grazing muzzles on display that come in handy for grass distracted horses in training.

Some of the most important aspects of MSAR work are:

The dedication & desire to do the job

Be reliable and ready to go 24/7/365 in all kinds of inclement weather

Participate in mock search training

Studying supplied classroom materials including search patterns & lost person behavior

Working with your horse so they are a calm & focused search partner under many circumstances

If you feel this is a fit for you and your trusty equine partner don't hesitate to take the upcoming 2 day MSAR classroom & field training certification class. More information and the date will be in a future newsletter and posted on Facebook.

If you didn't sign up at the meeting and would like to be added to the class list or for more information contact Nick Grumbos at 630-308-3503. There is also DuPage County Sheriff's Office V.I.P.S classes you will then receive information on at a later date.

SHARE THE TRAILS

It is a slogan of our own TROD organization. We have heard it said and we work really hard with our horses to train them not to bolt, not to be afraid and to stay calm. We step off the trail if bicycles are approaching or we will stop as a courtesy, but how about the other trail users? How can we educate other trail users on how to share the trails with *us*?

How many times have you been riding your horse on the trail when someone does something that frightens or startles our horses? Years ago, horses were a part of daily life and the average person knew what to expect and how to behave, but these days some people think horses are oversized dogs that can be ridden. Not so.

How many times has your life been threatened by some ignorant individual? Last year, one of our members fell from her horse when a bike flew past her on the IL Prairie Path. Our member fell to the ground and the horse ran back to the barn. She is still with us and the horse made it back safely, but what a potential "bad situation" that could of been.

Because of this, we think it would be advantageous to our cause to come up with an informative brochure educating other trails users on how to act in the presence of horses. We would like to see a brochure produced printed and made available to the public at every preserve where horses are welcome. Most of the preserves have an information center like the one pictured below. This would be a great place to put these brochures. We can also hand these brochures to people we pass while on the trails. This is something we are going to work on this year.

DuPage Forest Preserve Police updating ordinances - The new chief, David Pederson, of the Forest Preserve is looking over ordinances and verifying that they are up to date. It has been verified that the purpose of this force was to protect the public property of the Forest Preserve system, act in life saving situations, and to assist other agencies when requested.



Our May Meeting will be on *Wednesday* May 2nd at Pat Fulharts home

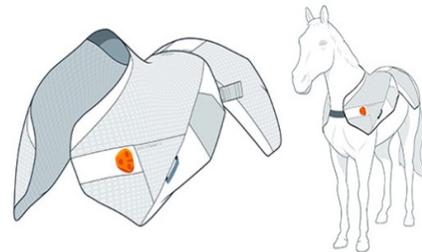
Your horse is a source of joy and inspiration. You'll do everything to make sure it is well – as only then you will feel at ease too. You are responsible for maintaining the care and positive everyday health of your horse. The BEMER Veterinary Line helps you in this process, with devices that are precisely fine-tuned to the requirements of equestrian sports.

A demonstration of the BEMER Veterinary Line, an innovative holistic method that supports the optimum care of your horse, will be given by our guest speaker Amy Harless. The BEMER has a positive influence on your horse's entire body. No matter what your horse's stage of life or what discipline you follow your horse can benefit from use of the BEMER vet products. You are invited to come and see for yourself.

Amy will be demonstrating "The BEMER" on one of Pat Fulhart's horses and she will be talking about its recent use for people and for equine therapy. The BEMER stands for Bio-Electro-Magnetic-Energy-Regulation. The BEMER uses PEMF (pulsed electromagnetic field) as a vehicle to deliver a specific pulsed therapy that increases circulation.

POSITIVE EFFECTS OF THE BEMER APPLICATION:

- 1.Promotes rehabilitation
- 2.Promotes regeneration of the muscles
- 3.Reduces stress (during transportation or competitions)
- 4.Relaxes the psyche and the muscles (before riding)
- 5.Supports recovery after an injury



VET HORSE BLANKET

The horse blanket is the solution for large-area applications. The blanket generates a BEMER signal field that encompasses and permeates your animal. The small, yet extremely efficient signal control is optimally placed for simple usage and contains a high-quality battery for approximately 15 applications.

This meeting will be held at Pat Fullharts 630-709-5561 home/barn 0N790 Old Kirk Rd West Chicago

(Old Kirk Rd by the Cougars stadium) From Roosevelt Road (State St/ Rte 38), go south on Kirk Rd to the traffic light at Cherry St and turn left(East) to Old Kirk Rd. At the T-intersection turn left (north/ No Outlet) and continue to the blue house on the left at the end of the street by the railroad tracks. Pat has plenty of parking in her drive and on the street. Snacks and drinks will be available.

You are welcome to bring a snack, if you like, but more important, join us and bring a friend!

Once a year, around the end of October my husband Nick and I pack up two horses, various dogs and a whole lot of tack and head south. The Shawnee National Forest in southern Illinois is by far one of the best places to ride in the US. Huge rock formations blanket the trails, making the riding technical and breathtakingly beautiful. Stay for a week, pack a lunch and head out for a 20 mile day and you still won't be ready to leave. We stay at Double M and Hayes Canyon campgrounds with a day ride to Jackson Falls in between. I can highly recommend both of these campgrounds and the riding is equally beautiful no matter where you stay. Remember to shoe your horses, bring a compass and have fun.

Happy trails! Sarah Kuz



Calendar of Events

Wednesday May 2 7:pm	TROD Meeting NOTE DATE & LOCATION hosted by Pat Fullhart 0N790 Old Kirk Rd West Chicago. Amy Harless will be demonstrating the "BEMER" blanket and will talk about its recent use for people and for equine therapy.
Saturday May 19 9am to 4pm	FTEA Hike and Ride-A-Thon NEW LOCATION Pratt's Wayne Woods Powis Rd - Bartlett Call 630-588-8543 or email nwinkelman@ftea.org 
Tuesday June 5	TROD Meeting at Kenny Malm's barn in Wayne 7 PM
Tuesday July 3	Warrenville Independence Day Parade at 5:30 PM
Tuesday August 7	TROD Meeting Building Trust & De Spooking MBHT at 7 PM
August 19	St. James Memorial Ride 1pm led by Connie Schmidt
Tuesday September 4	TROD Meeting at 7 pm Ida Hammer Location TBD
Sept 7-10	Buck Brannaman Colt Starting & Horsemanship Clinic Fox Valley Saddle Assoc, Hampshire IL \$30/day Audit fee "Gentle in what you do, firm in how you do it." Buck
Tuesday October 2nd	TROD Meeting Fireside Chat with Jay Johnson

Ride the trails with TROD this year !

We will be joining **Will County Trail Riders** on the following rides:

Saturday July 28th (11am) **Waterfall Glen**, Darien. Bring a bag lunch Contact Andrea Pletzke at 630-330-7946

Saturday September 23rd (1pm) **Danada Forest Preserve**, Wheaton Bring a bag lunch Contact Terry Lorenz 708-261-2484

Saturday November 3rd (11am) at **Matthiesen State Park**, Utica Lunch at Hank's Restaurant Contact Chris Rambeaux 708-606-0209

2018/ 19 TROD Officers

President	Sharon Nolan 630-202-6932 NolansRanch@aol.com
Vice Pres	Dayna Gillham
Secretary	Cathi Edman
Treasurer	Debra Ranieri

Board Members

Jean Allen	Sue Cain
Sabrina Lau	Ellen Shelhamer
Carol Zdan	Lorrie Sengstock
(Newsletter & Membership) CoCoZdan@sbcglobal.net	

Welcome New Members

*Cathy & Ed Harte of Aurora;
Sonja Klattenberg and Sharon Fisher both from Warrenville and Nick & Sarah Kuz from Reed City Michigan*

Your membership keeps our voice strong. We welcome you to participate with or without a horse!

and *Thank you* to Arvin & Carolyn Schmidt, Terri Scaletta, Mindy Rook, Steve Berning and all of our members who continually support TROD by renewing and believe that we should continue to exist on behalf of all horse lovers and trail users in DuPage County.



May 2018

TROD has gone through many changes in the past couple of years that has resulted in expenses without income. In previous years TROD participated in Parades and hosted ERT (Equine Rescue Techniques) classes as fund raisers to pay for insurance, meeting rooms and other costs such as the printing/ mailing of the newsletter.

Many of you have opted to receive your newsletter by email and the newsletter is laid out so that you are able to print your own. If you are still receiving the newsletter by USPS mail and no longer need it sent to you by USPS mail, please let us know your email address.

We do not share your email or other information. Occasionally we may send out an email blast as a reminder of an event or other timely information.

Follow us on **Facebook: Trail Riders of Dupage.**

TROD Membership is \$20 per year for single or family membership.

If a new member lists your name on their application, you will receive 3 months added to your membership.

During the month of December, if you renew your membership and someone else's membership, you will receive 3 months added to your membership as a gift from us, the *Trail Riders Of DuPage as a Thank you for your support.*

WHEN THE END IS NEAR, HOW TO PROCEED AND WHAT TO DO WITH A DECEASED EQUINE

I know so many people who have lost their horses in the last few months or have had to have them put down. In light of this and the fact that all living creatures eventually die, I thought I should address the issue that no one wants to think about, no one wants to talk about. Well I believe that you should think about it and even plan for it. I know it is not what you want to hear, but we are talking about our equine friends here. We always think that they will die first, but what if we go first? Do you have a will? Who will care for your horse in your absence? I think a person should think about this before they ever even buy a horse. A dog is a 15 year commitment. I know a gal in TROD and her horse is 45 years old.

In years past, if I had to have a horse put down, I would always take the horse to UW Veterinary Hospital in Madison 608-263-7600. I had a mare that I bought out of a kill barn. She was a Standardbred, discarded by the Amish because she had heaves. I bought her and brought her home. I called the vet and I treated her with the medication they gave me. It opened her lungs and helped her to breathe. Suzie lived a good long life at my farm with acres and acres of pasture to enjoy. I never made her pull a cart again. She was retired and she was treated like a queen. Certainly after all of her years of service, she was deserving of such. Everyday it brought joy to my heart to see her out there grazing and just being a horse. Enjoying her freedom. I knew that someday, the time would come that I would have to make that tough call and take her to UW for her last visit.

As winter was approaching, I knew the time was near. Winter was always harder on her and the medicine had been increased as much as possible. I called UW and made an appointment to bring my Suzie in for her last appointment. The stalls and barn at UW were heated, so she was very comfortable in a fine stall with a thick rubber mat and shaving. She had nice alfalfa hay to eat and fresh water. The vet said they would put her down sometime the following week and they would give some of the students opportunity to listen to her lungs. Suzie loved all the attention she received over the Christmas holiday. The students got to know her and they enjoyed their time with her. After Suzie was humanely euthanized, her lungs were dissected.

The vet called me to let me know that I had timed it right. He said he was certain she would not of lived another 30 days. It was a hard call to make, but we must realize that there is a time to live and a time to die and every animal and every person who is alive will eventually expire. Over the years I have brought many horses to UW. For me, it has been the least painful path.

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I knew my horse was old, but I never knew how old. One morning I went outside to find that he had quietly passed away during the night. No struggle, no pain. I saw him at 11 pm the night before and he was doing fine. I was thankful to God that I did not have to make the call, this horse had passed of natural causes. Goliath's passing brought up the painful question of "what does one do with 1100 pounds of expired horse flesh. In years past, I have called my veterinarian who was happy to give me the name and phone number of a local renderer who, for a fee, will come and remove my deceased horse.

**Amy Kuipers 630-878-4253** drives them to Iowa to be buried. It is nice to know that your horse will be "organically composted" but do you really know where they are buried and how they will be disposed of in IL? I do not think it is legal in DuPage County to bury your horse in your back yard, but I have seen it done. You can also have your horse cremated. You can keep the ashes or have them buried. if you have them buried, there will be a charge to open and shut the grave and there will be an annual fee to maintain the plot.

My horse's sudden passing brought up the painful question of what does one do with 1100 pounds of deceased horse? Hopefully your equine buddy will be around a very long time, but in case an unexpected emergency arises, it might be helpful to have the contact information of a highly recommended person for horse removal. Here's the info I have:

**(Luther) Graves Livestock Removal** 630-908-0096. Hauling rates from DuPage County \$275 - \$350. Luther will coordinate all removal activities and owners preferred final resting place. Horses are no longer rendered, but can be buried at a landfill. This being the least expensive.

The other options are cremation and burial. Luther transports horses to **Metro Animal Services** in Plainfield, IL. The fees are approximately \$700 for private cremation, with the ashes being returned to the owner or communal cremation for \$500. For burial, the horses are taken to "**Down on the Farm**" a farm located in Yorkville owned by H. D. Davison that has incorporated a pet cemetery. Initial fees are \$470, which includes burial and three years of grounds maintenance. Ground maintenance fees are \$40 per year.

# CLASSIFIED ADS

TROD provides free advertising space, for members, for the sale or purchase of horses, trailers, tack or horse related services. These ads are accepted at face value—TROD cannot assume any responsibility for the condition of the animals, goods or services or that they are fairly represented. **To place an ad please email it to Classifieds@trod.us**. Since classified ads are complimentary they will run as space permits. Be sure to check out our website for more ads

FOR SALE: Miniature horses ride and drive and make great pets. Sharon (630) 202-6932

## HORSE BOARDING:

Stall at small private barn in Warrenville available April 1st. \$350 All stalls have 40 foot attached run for constant access. 3X/day feeding, Stalls cleaned daily, turn out in grass pasture available all included. Amazing trail access. Just off the IPP. Call Connie or Mike Schmidt 630 234 3029

Medinah Black Horse Troop Barn. Carol Stream barn sits along the 12-mile-long Great Western Trail. Stalls are approx 10x12. Indoor arena, lighted outdoor arena, one tack locker per horse. Horses get grain, hay and water twice a day. Matted stalls cleaned Mon-Sat. Barn hand lives on premises. Monthly board \$395. For more info call Bob at 847.754.1056 References are required. Facebook.com/MedinahBlackHorseTroopStables

Forest Trails, Bartlett Rita Hankins (630) 837-9852 (10/18) Family oriented stable that houses a variety of riding specialties. Indoor and outdoor arenas, pasture, and paddocks. 6 days a week turn out & stall cleaning. Adjacent to Forest Preserve. ForestTrailsStable.com

Stall available for GELDING at private barn. Feed 3x daily with 24 hour access to paddock. The property is adjacent to Herrick Lake Forest Preserve. \$350/month Call Karen (3/19) 630-300-8822 ~~~~~

Our beautiful, well kept & safe horse property backs up to St. James Farm in Warrenville. We have an outdoor riding ring along with an indoor riding arena. St. James Farm has gorgeous riding trails and an outdoor dressage ring. In addition to St. James Farm, Herrick Lake and Blackwell Forest Preserves are just minutes away. Call Rochel Melka at 630-251-3935

## Galusha Farm Steve Berning 630-878-6350

**HAY and STRAW for sale.** Fresh and green. Delivery available. [www.GalushaFarm.com](http://www.GalushaFarm.com)

**Pasture Boarding:** with a large barn and lean-to. 24/7 access at all times of the year. Close to Herrick Lake and St James Farm Forest Preserves.

**Or you can Rent or Lease a horse!**



Friends for Therapeutic Equine Activities is seeking kind and gentle horses of most sizes. Preferably sound and under 21 years old. Call Nancy 630-588-8543 or email [nwinklman@ftea.org](mailto:nwinklman@ftea.org)

Volunteers (13 years old and up) are needed Monday through Saturday at Friends for Therapeutic Equine Activities (FTEA). We are located at our new home in Wayne, IL at 4N681 Munger Road. No horse experience is required but helpful. Leaders and side-walkers are needed during riding sessions for individuals with special needs. Help with barn tasks is needed also. Call 630-588-8543 or email [thebarn@ftea.org](mailto:thebarn@ftea.org).



## 2018 HIKE & RIDE-A-THON

Share the trail with "Friends"  
at a New Location!

Pratt's Wayne Woods in Bartlett, IL  
Powis Road- South of Stearns Road &  
North of Army Trail Road

## FRIENDS FOR THERAPEUTIC EQUINE ACTIVITIES

Saturday May 19, 2018  
9 am – 4 pm

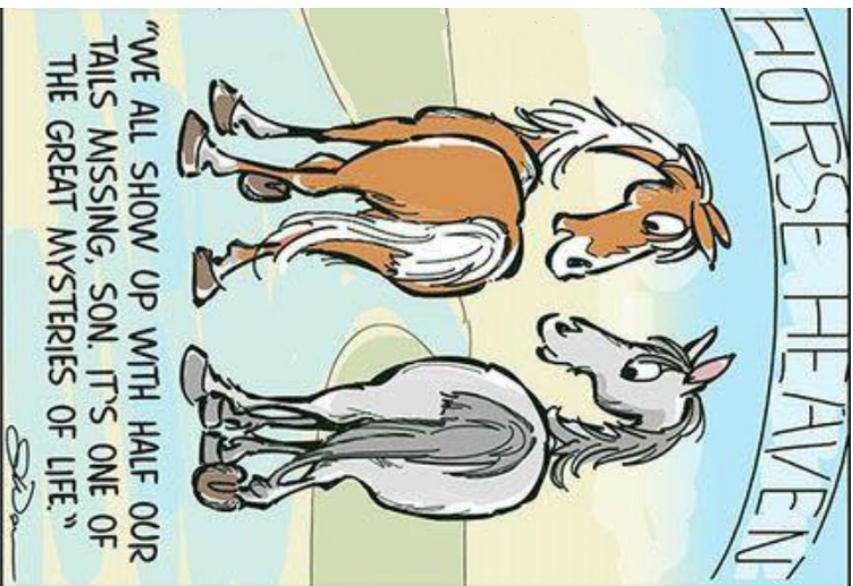
Go to [www.ftea.org](http://www.ftea.org) and  
click on this button to  
make your online pledge.  
It's that easy!



Trail Riders of DuPage  
P.O. Box 616  
Warrenville IL 60555-0616

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May 2018



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