

Annotated Bibliography

Introduction

Although PRIDE training is a comprehensive program, foster parents and adoptive parents may find they have questions which come up after training is completed. In order to give parents a starting place in finding the answers to these questions, the authors have compiled a list of resources, which includes books, organizations and websites. Some of these resources may provide exactly the answer parents seek. Others provide a clear starting place for a search. Each listing contains all the information parents need to order or reach the resource. For example, books are listed by author, price, publisher and/or ordering information, ISBN number. Organizations are listed by address, phone and fax numbers, as well as e-mail and web addresses. We have listed only books and organizations which are current—some excellent resources are not currently in print, and these have been omitted. Each listing contains a brief summary of the information provided in the resource as well as its quality and usefulness.

Categories are:

- General Resources** – page 420
- Well-Being** – page 421
- Adoption** – page 422
- Child Abuse and Neglect** – page 426
- Family Foster Care** – page 428
- Parenting and Family Life** – page 432
- Special Concerns** – page 438
- Hotlines** – page 444

General Resources

Child Welfare League of America

2345 Crystal Drive, Suite 250

Arlington, VA 22202

Phone: 703-412-2400

Fax: 703-412-2401

Web: www.cwla.org

CWLA provides comprehensive services, training programs, standards of care, publications for parents and professionals, as well as the center of a national network of organizations for and of foster parents and adoptive parents, public and private agencies, and those concerned for the well being of children.

National Resource Center for Youth

National Resource Center for Youth Services

University of Oklahoma

Schusterman Center

4502 East 41st Street, Building 4 West

Tulsa, OK 74135-2512

Ph: 918-660-3700

Web: www.nrcys.ou.edu

Although this organization focuses on teens, especially teens and young adults moving toward independent living, it makes available a great range of information covering many areas. The website contains articles and information on such issues as prevention, independent living. The website also contains an extensive set of links on many, many topics of interest.

American Academy of Pediatrics

141 Northwest Point Boulevard

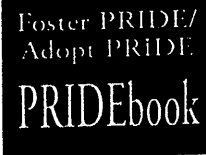
Elk Grove Village, IL 60007-1090

800-434-4000

Web: www.aap.org

The AAP website contains a wealth of information about family health and family life, and includes listings of other resources such as books and other organizations. The website also has a comprehensive, annotated listing of Internet resources for families.

Well-Being



Play Bright Guide Books

Annotated
Bibliography

Each colorfully-illustrated guidebook focuses on a single year from birth to five and includes:

- Simple explanations of a child's emotional, physical, social, language, and cognitive development.
- Brain and early learning research foundations for activities.
- Fun activities, songs, and games that boost learning.
- Developmental milestones and a checklist to chart a child's progress.
- Strategies to support a child's learning and school readiness.
- Recommendations for educational toys that encourage learning.
- Available in English and Spanish.

An excellent resource for birth parents (including teen parents), social workers, foster parents and kinship caregivers. Suitable for users with different levels of experience and education. Helpful tools to enhance visits between parents and their children in family foster care. Developed by the Children's Home Society of Washington.

Available at www.PlayBright.org.

Adoption

Books for Children

Adoption Is for Always

Linda Walvoord Girard, Illustrated by Judith Friedman

Cost: \$5.95

Albert Whitman & Company: www.awhitmanco.com; Morton Grove, IL; 800-255-7675
ISBN 0807501875

Age: 4-8

Five year old Celia knows she is adopted, but she is confused and angry. Her parents deal with her many questions in an honest and loving way, providing information about adoption that a young child can understand.

Why Was I Adopted?

Carole Livingston, Illustrated by Arthur Robins

Cost: \$9.95

Carol Publishing Group: Secaucus, NJ; 201-866-0490
ISBN 0818405880

Ages: 4-8

A classic which provides parents with a way of helping their child understand how they became part of the family.

Who Am I? And Other Questions of Adopted Kids

Charlene C. Giannetti, Illustrated by Larry Ross

Cost: \$4.95

Price Stern Sloan Publishing, a PenguinPutnam company: www.penguinputnam.com;
New York, NY; 800-788-6262
ISBN 084317529X

Ages: 9-12

This book speaks to preteens and teens seeking answers to their questions about being adopted, providing answers objectively and reassuringly, including advice and quotes from adopted teens.

Books for Adults

A Child's Journey Through Placement

Vera Fahlberg, MD

Cost: \$20.00

Perspectives Press: www.perspectivespress.com; Indianapolis, IN; 317-872-3055
ISBN 0944934110

An award winning book which examines the effects of a child's journey through foster care to adoption, with insightful examination of attachment, bonding, loss, and developmental effects of multiple moves. A book for parents and professionals.

.....
**Adopting the Hurt Child: Hope for Families with Special Needs Kids:
A Guide for Parents and Professionals**

Gregory C. Keck and Regina M. Kupecky

Cost: \$22.00

Piñon Press: see Snowcap Press: Longmont, CO; 877-561-5622
ISBN 1576830942

Written in clear, non-technical terms, the book explains how trauma and interruptions affect children's development, and describes ways those involved with children can guide them to healing.

Nothing Good Ever Happens to Me: An Adoption Love Story

Caroline Hassinger Lindsay

Cost: \$9.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs
ISBN 0878686010

The author tells the story of her adopted daughter and their family's journey and struggles, as they discover the meaning of commitment, family, identity and love.

Our Own: Adopting and Parenting the Older Child

Trish Maskew

Cost: \$23.95

Snowcap Press: Longmont, CO; 877-561-5622
ISBN 0966970128

Written by a foster/adoptive parent, and using interviews with other parents and adult adoptees, the book explores the challenges and rewards of older child adoption.

**Raising Adopted Children: Practical Reassuring Advice
for Every Adoptive Parent**

Lois Ruskai Melina

Cost: \$13.00

Harper Perennial Library: www.harpercollins.com; New York, NY; 212-207-7000
ISBN 0060957174

In this newly revised edition, Melina, the mother of two adopted children, explores the latest research to guide parents through their children's development and in answering their children's questions. The book addresses current issues such as open adoption, international adoption and transracial adoption.

**The Adoption Triangle: Sealed or Opened Records: How they Affect
Adoptees, Birth Parents and Adoptive Parents**

Arthur D. Sorosky, MD; Annette Baran, MSW; and Reuben Pannor, MSW

Cost: \$10.95

Corona Publishing: Escalon, CA
ISBN 0931722594

A comprehensive study, which includes case histories, this book explores myths and misconceptions and clarifies an often confusing subject.

Books for Adults *(continued)*

The Family of Adoption

Joyce Maguire Pavao, Deanne Urmy (editor)

Cost: \$14.00

Beacon Press: www.beacon.org; Boston, MA; 617-742-2110

ISBN 0807028010

A sensitive description of the process of adoption from the child's and parents' (birth and adoptive) points of view: grieving and loss, potentials for healing, developmental stages, and predictable challenges.

Transracial Adoption and Foster Care: Practice Issues for Professionals

Joseph Crumbley

Cost: \$18.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs

ISBN 0878687173

This book goes beyond arguments to provide guidelines on making transracial adoption and foster care placements work, so that children develop positive racial and cultural identities.

Twenty Things Adopted Kids Wish Their Adoptive Parents Knew

Sherrie Eldridge

Cost: \$11.00

Dell Books: www.randomhouse.com; New York, NY; 212-782-9000

ISBN 044050838

Common sense helpful suggestions in coping with the unique issues in an adoptee life, especially loss and relinquishment.

Organizations and Websites

American Academy of Adoption Attorneys

P.O. Box 33053

Washington, DC 20033

Phone: 202-832-2222

E-mail: trustees@adoptionattorneys.org

Web: www.adoptionattorneys.org

A national organization of attorneys specializing in adoption law, the Academy promotes reform of laws, provides information on adoption practices, and maintains a list of attorneys who are specialists in adoption law

Bastard Nation

21904 Marine View Drive South

PMB 138

Des Moines, WA 98190

Web: www.bastards.org

Adoptee rights organization, Bastard Nation (and do not be put off by the name) website and organization provide information on adoption systems, connections with other adoptees, information about political action, among other useful topics.

Child Welfare Information Gateway

Children's Bureau/ACYF
1250 Maryland Avenue, SW
Eighth Floor
Washington, DC 20024
Phone: 800-394-3366
Fax: 703-385-3206
Web: www.childwelfare.gov

A service of the Children's Bureau, U.S. Department of Health and Human Services, the Gateway provides access to information and resources to help protect children and strengthen families. Visit often for the latest on a wide range of topics from prevention to permanence, including child welfare, child abuse and neglect, foster care and adoption.

Concerned United Birthparents, Inc.

P.O. Box 230457
Encinitas, CA 92023
Phone: 800-822-2777
Fax: 760-929-1879
Web: www.cubirthparents.org

A national organization with information for those touched by adoption, with focus on birth parents.

National Child Welfare Center for Adoption

Spaulding for Children
16250 Northland Drive, Suite 120
Southfield, MI 48075
Phone: 248-443-7080
Fax: 248-443-7099
E-mail: sfc@Spaulding.org
Web: www.nrcadoption.org

North American Council on Adoptable Children

North American Council on Adoptable Children
970 Raymond Avenue, Suite 106
St. Paul, MN 55114
Phone: 651-644-3036
E-mail: info@nacac.org
Web: www.nacac.org

NACAC is a national organization committed to meeting needs of children waiting for permanent homes, and the families who adopt them. The organization and website provide resources, information and publications. Their website has many links to other sites.

Newsletters

Adoptalk

North American Council on Adoptable Children
970 Raymond Avenue, Suite 106
St. Paul, MN 55114
Phone: 651-644-3036
E-mail: info@nacac.org
Web: www.nacac.org

A quarterly newsletter for anyone concerned with adoption, articles examine state and federal legislation, parenting issues, special needs, etc.

Child Abuse & Neglect

Sexual Abuse

Books: Adolescents and Adults

How Long Does It Hurt? A Guide to Recovering from Incest and Sexual Abuse for Teenagers, Their Friends and Their Families.

Cynthia L. Mather, K.E. Debye, J. Wood, and Eliana Gil

Cost: \$16.50

Jossey-Bass: www.jossey-bass.com; San Francisco, CA; 415-433-1740
ISBN 1555426743

A step-by-step guide speaking directly to teenagers who have been sexually abused about their experiences, and overcoming the isolation, confusion and self doubt they feel. Helps friends and family learn how to respond sensitively and helpfully.

Sexual Abuse: What is it? An Information Book for the Hearing Impaired

K.R. Hinkley and N.F. Nelson

Cost: unavailable

Hearing Impaired Health and Wellness Services
St. Paul-Ramsey Medical Center
640 Jackson Street
St. Paul, MN 55101

A good book for hearing impaired children as well as for children impaired by other disabilities.

When Your Child Has Been Molested: A Parent's Guide to Healing and Recovery

Kathryn Hagans and Joyce Case

Cost: \$16.96

Jossey-Bass: www.jossey-bass.com; San Francisco, CA; 415-433-1740
ISBN 0787940739

Information and advice for families who are putting the pieces back together, including help for parents, friends and teachers in supporting children following a disclosure of sexual abuse.

Abused Boys: The Neglected Victims of Sexual Abuse

Mic Hunter

Cost: \$11.00

Fawcett Books: www.randomhouse.com; New York, NY; 212-782-9000
ISBN 0449906299

Books: Children 4-12

The Trouble with Secrets

Karen Johnson and Linda Johnson Forssell

Cost: \$5.95

Parenting Press: www.parentingpress.com; Seattle, WA; 800-992-6657

ISBN 094399022X

An easy to read book for children explaining different types of secrets—some that are fun, but some that are hurtful.

Something Happened and I'm Scared to Tell: A Book for Young Victims of Abuse

Patricia Kehoe and Carol Deach

Cost: \$5.95

Parenting Press: www.parentingpress.com; Seattle, WA; 800-992-6657

ISBN 0943990289

With the help of a friendly lion, a young sexual abuse victim is able to talk about what has happened. The gentle and positive approach is designed to help children understand they are not to blame and to learn to talk to someone safe about what has happened to them.

When I Was Little Like You

Jane Porette, Illustrated by S. Dmitri Lipczenko

Cost: \$6.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs

ISBN 0878687947

In a conversational style, the author helps children understand what sexual abuse is and what it is not, and how to be safe.

Books: Child Abuse & Neglect

Ages 4-10

I Don't Want to Go to Justin's House Anymore

Heather Klassen, Illustrated by Beth Jepson

Cost: \$6.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs

ISBN 0878687246

How Collin and his Mom help his friend Justin whose dad is taking out his frustrations on Justin.

My Mom Had a Bad Temper

Beverly Hopkins, illustrated by Marsha Lederman

Cost: \$8.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs

ISBN 087868722X

A delicate tale, sensitively told, of a child's journey through abuse and recovery.

Family Foster Care

Books for Children

Adolescents:

The Heart Knows Something Different: Teenage Voices from the Foster Care System

Al Desetta (editor)

Cost: \$13.95

Persea Books: Available through Amazon.com

ISBN 0892552182

Children's own stories in their own words, about family, living in the system, searching for identity and thinking about the future.

Ages 5-11

The Star: A story to Help Young Children Understand Foster Care

C.M. Lovell and A.J. Przystas

Cost: \$7.95

Lovell Press: Available through Amazon.com

ISBN 0967701007

An easy to read illustrated story about a young girl in foster care. A star outside her window connects her to other foster children with similar experiences, and becomes a source of comfort.

My Foster Family: A Story for Children Entering Foster Care

Jennifer Levine

Cost: \$3.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs

ISBN 087868509X

A special coloring book that offers young children entering foster care for the first time the opportunity to explore their feelings and to adjust to the foster care system. Using a coloring book format, the book describes the logistical and emotional changes a child is likely to face.

Little Flower: A Journey of Caring

Laura McAndrews, Illustrated by Nancy Conrad

Cost: \$6.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs

ISBN 0878687149

The story of a small, potted daisy neglected by her family who finds help and a new place to stay until her family can learn to take better care of her. This award winning book includes safe and healing project ideas for to help all children understand what neglected children go through.

Books for Adults

The Things I Want Most: The Extraordinary Story of A Boy's Journey to a Family of His Own

Richard F. Minitier

Cost: \$12.95

Bantam Doubleday Dell: www.randomhouse.com; New York, NY; 212-782-9000
ISBN 0553379763

The story of a boy's first year with his foster parents (and their first year as foster parents), with first hand accounts and insight into what works and what does not.

When Do I Go Home? Intervention Strategies for Foster Parents and Helping Professionals

Sally G. Hoyle

Cost: \$6.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs
ISBN 0878687629

The first part of this book tells the story of Karli and her baby brother Jon, who have been taken from their home. Karli does not know where her mother is, and now she and her brother are being placed in separate foster homes. The second part identifies the challenges children like Karli and Jon face, and provides practical strategies for adults in meeting the needs of these children.

Transracial Adoption and Foster Care: Practice Issues for Professionals

Joseph Crumbley

Cost: \$18.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs
ISBN 0878687173

This book goes beyond arguments to provide guidelines on making transracial adoption and foster care placements work, so that children develop positive racial and cultural identities.

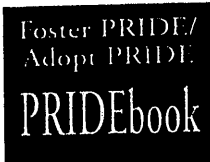
The Sexually Abused Child in Foster Care

Bobbie's Story: A Guide for Foster Parents

Brennan Mars

Cost: \$8.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs
ISBN 0878687017



Annotated
Bibliography

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Books for Adults *(continued)*

The Sexually Abused Child in Foster Care *(continued)*

Bobbie's Story: A Feelings Workbook

Brennan Mars

Bobbie's story provides foster parents with information about the sexual abuse of children, and children's resulting behavior and feelings, and provides guidance for working with abused children as they deal with their feelings. The companion Feelings Workbook tells the story of a young child who was sexually abuse and is now living with foster parents, and is designed to be read together by the child and foster parent, after the foster parents has received appropriate guidance and training.

The Sexualized Child in Foster Care: A Guide for Foster Parents and Other Professionals

Sally Hoyle

Cost: \$14.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs
ISBN 0878687904

This practical guide gives foster parents and other professionals working which children who have been sexually abused, information, training tips and many references for those who want to go beyond the basics. The child's needs, signs and symptoms of sexual abuse (with special attention to the child's age) are described, as are ways foster parents can take care of themselves while caring for these children.

Residential Care

The Gus Chronicles: Reflections from an Abused Kid: About Sexual & Physical Abuse, Residential Treatment, Foster Care, Family Reunification, and Much More

Charles D. Applestein

Cost: \$12.00

Albert E. Trieschman Center: Available through Amazon.com
ISBN 0945653050

A fictional story based on real life experiences. Told from the point of view of 13 year old Gus, the story helps adults see Gus' experiences from his point of view (this includes his own slang).

Independent Living

Independence: A Lifeskills Guide for Teens

Anne Brobyn and Julia Ceccerallo

Cost: \$12.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs
ISBN 087868350X

A classic guide for teenagers in pursuit of responsible independence, covering topics such as finding a place to live, banking and budgeting, health and nutrition, finding a job, to name a few.

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**Preparing Adolescents for Life After Foster Care:
The Central Role of Foster Parents**

Edited by Anthony N. Malluccio, Robin Krieger, and Barbara A. Pine.

Cost: \$11.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs
ISBN 0878683526

This book provides comprehensive suggestions and strategies that foster parents, and others involved with teenagers in foster care, may use to guide young people to self sufficiency.

Organizations

National Foster Parent Association

7512 Stanich Lane, Suite 6

Gig Harbor, WA 98335

Phone: 800-557-5238

Fax: 253-853-4001

E-mail: info@NFPAonline.org

Web: www.nfpainc.org

A national organization providing information and organizing support for foster parents.

National Resource Center for Youth Development

University of Oklahoma

202 West 8th Street

Tulsa, OK 74119-1419

Phone: 918-585-2986

Fax: 918-591-1419

E-mail: hlock@ou.edu

Web: www.nrcys.ou.edu

A national center providing comprehensive information and resources for children approaching/planning for independent living. The website has a extensive list of links.

Websites

Foster Club: www.fosterclub.org

Foster Club: The Club just for foster kids

Varied, interactive website for foster children, includes chat rooms, "Famous Foster Kids," advice, independent living information, and much more.

Foster Club for Grown Ups: www.fosterclub.org/grownups

Stories, resources, links, news and message board for adults involved with foster children.

Parenting and Family Life

Parenting

Annotated
Bibliography

Siblings Without Rivalry: How to Help Your Children Live Together So You Can Live Too

Adele Faber and Elaine Mazlish

Cost: \$12.00

Avon Books: www.harpercollins.com; New York, NY; 212-207-7000

ISBN 0380799006

A classic, action oriented, easy to understand book which offers solutions to sibling squabbling, and gives the way to peace and tranquility with humor, compassion and understanding.

How to Talk So Kids Will Listen and Listen So Kids Will Talk

Adele Faber and Elaine Mazlish

Cost: \$13.00

Avon Books: www.harpercollins.com; New York, NY; 212-207-7000

ISBN 0380811960

A best selling book which helps parents be more effective, and supportive of themselves. Through stories and cartoons, parents can learn how to cope with children's negative feelings, express their own anger, encourage cooperation, resolve conflicts and learn alternatives to punishment.

Common Sense Parenting, 2nd Edition

Roy Burke and Ron Herron

Cost: \$14.95

(2 cassette audiobook is also available for \$14.95)

Available from Boys Town Press; 800-282-6657

An award winning book with many examples and step-by-step techniques for setting expectations and consequences, staying calm and teaching self control, helping children make decisions and solve problems, among other essential skills. Also included are strategies for dealing with the media, peer pressure and school problems.

What Every Parent Should Know

Common Sense Parenting from Boys Town Press

Cost: \$1.00 each (50 or more \$.75 each)

Available from Boys Town Press; 800-282-6657

A concise, easy to read booklet which gives parents important information on dangers affecting today's youth, such as alcohol and drug abuse, depression and suicide, confusion, gang activity, and effects of divorce and separation. The booklet provides strategies for parents to prevent problems, or deal with them as they occur.

AVAILABLE IN SPANISH.

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Helping Children Manage Stress

James H. Humphrey

Cost: \$12.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs
ISBN 0878686681

This award winning book clearly and carefully explains what adults can do to prevent and minimize harmful effects of stress in children. The first section reviews general causes of stress, and the second provides stress reduction techniques, and games that adults can use effectively with children.

Zimmy's Guide to All Kids Need: How All Caring Adults Can Nurture Children

Zimmy Zimberg

Cost: \$12.95

Life's Great: New York, NY; 888-88-GREAT
ISBN 1928995004

An inspiring and easy to read collection of wisdom and ways adults can help children feel loved, special and competent.

When Children are Mad not Bad: A Guide for Recognizing and Handling Children's Anger

H.A. Paul

Cost: \$5.99

Bantam Books: www.randomhouse.com; New York, NY; 212-782-9000
ISBN 0425146480

A sensible guide for parents in understanding the many forms that children use to express anger, including depression, sarcasm, tantrums and misbehavior, as well as teaching children effective ways to handle their anger.

Raising Your Spirited Child: A Guide for Parents Whose Child is More Intense, Sensitive, Perceptive, Persistent, and Energetic

Mary S. Kurcinka

Cost: \$13.00

Harper Perennial Library: www.harpercollins.com; New York, NY; 212-207-7000
ISBN 0060923288

Resisting pressure to label some children as "difficult," the author helps parents understand their child's temperament, and reframes challenging qualities in a positive way, giving readers specific tools to work with these qualities.

Solve Your Child's Sleep Problems

Richard Ferber

Cost: \$13.00

Simon & Schuster: www.viacom.com, or www.simonsays.com
ISBN 0671620991

A classic, practical, easy to understand guide to common sleep problems of children from infancy to age six. Contains a bibliography and list of helpful organizations.

Safety:

It's My Body

Lory Freeman

Cost: \$5.95

Age: Pre-school

Parenting Press: www.parentingpress.com; Seattle, WA; 800-992-6657

ISBN 0943990033

Loving Touches

Lory Freeman

Cost: \$5.95

Age: Pre-school

Parenting Press: www.parentingpress.com; Seattle, WA; 800-992-6657

ISBN 0943990203

These books illustrate for young children ways of telling the difference between "good" touch and "bad" touch, understanding safe boundaries, and ways of responding to unwanted touch.

Organization

Center for Disease Control and Prevention

The CDC's "Protect the Ones You Love" initiative provides a website for parents and other caregivers on steps to take to prevent childhood injuries.

<http://www.cdc.gov/safecild/>

Websites

The following websites provide up to date findings and reports on food, auto and product safety:

Consumer Produce Safety Commission: www.cpsc.gov

National Highway and Transportation Safety Administration: www.nhtsa.dot.gov

Food and Drug Administration: www.fda.gov

Nutrition

The Family Nutrition Book: Everything You Need to Know About Feeding Your Children—From Birth Through Adolescence

William Sears, MD and Martha Sears RN

Cost: \$18.95

Sears Parenting Library: Available through Amazon.com

ISBN 0316777153

The authors offer a comprehensive handbook on essential nutrients, metabolism and different body types, creating balanced diets, dealing with "pickiness" and overeating, and tips on how to make healthy eating fun for the whole family.

Health

Mayo Clinic Family Health Book

David Larson, Mayo Clinic, and Robert R. Waller

Cost: \$45.00

William Morrow & Company: www.harpercollins.com; New York, NY; 212-207-7000
ISBN 0688144780

A classic guide to prevention, first aid and emergency care, disease and disorders, and good home health practices. Updated in 1996.

Your Child's Health: The Parents Guide to Symptoms, Emergencies, Common Illnesses, Behavior and School Problems

Barton D. Schmitt

Cost: \$19.95

Bantam Books: www.randomhouse.com; New York, NY; 212-782-9000
ISBN 055335339X

An easy to use, practical encyclopedia of childhood emergencies, common illness and problems from birth through adolescence, including guidance on when to call to doctor, and what can be done at home.

Organization/Program

National Center on Birth Defects and Developmental Disabilities

U.S. Department of Health and Human Services
Center for Disease Control

Learn the Signs, Act Early Program

www.cdc.gov/ncbddd/autism/actearly/-44K

or Google the phrase: Act Early

1-800-CDC INFO

This public awareness program helps parents measure their child's progress in terms of milestones that monitor more than just the physical. The program provides parents with tools to gauge how their child is developing by how he or she plays, learns, speaks and acts. The intent is to help with early detection of developmental disabilities, so that children with potential problems can reach a healthier future through early intervention.

Website

Merck Manual Home Edition: Children's Health Issues: www.merck.com

A free, searchable, illustrated reference covering a range of topics in childhood health and well-being.

Family Life

KIDS FIRST! Directory

American Academy of Pediatrics

Cost: \$12.95

APA, 888-319-KIDS, priority code AAP

Rating of more than 700 videotapes and CD-ROMS, assessing content in terms of violence, sexual behavior, verbal/physical abuse, bias, condescension towards children.

The Family Video Guide: Over 300 Movies to Share With Your Children

T. and C. Catchpole

Cost: \$7.95

Available through Amazon.com

ISBN 0913589640

A comprehensive guide featuring reviews of more than 300 movies, specifically evaluating positive message content, frightening content, violence, adult themes.

Diversity

Raising the Rainbow Generation: Teaching Your Children to be Successful in a Multicultural Society

D.P. Hopson and D.S. Hopson

Cost: \$12.00

Simon & Schuster: www.viacom.com or www.simonsays.com

ISBN 0671755188

A thoughtful approach to helping children recognize racism, and learn to celebrate diversity.

Imagine

Angela Lammano, Illustrated by SD. Dmitri Bipczenko

Cost: \$6.95

Ages 4-8

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs
ISBN 0878687440

Imagine what the world would be like if everyone was exactly alike. In this story a young boy explores a world with no surprises, no new ideas, no differences.

Feathers and Fur

Audrey Penn, Illustrated by Monica Wyrick

Cost: \$8.95

Ages 4-10

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs
ISBN 0878687106

What does a cat do when confronted with 11 newly hatched ducklings? In spite of differences, Tuesday the Cat and the ducklings learn that animals who are very different can learn to be friends.

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Other

Glenna's Seeds

Nancy Edwards

Cost: \$9.95

Ages 5-10

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs
ISBN 0878687882

A picture book illustrating how small acts of kindness can multiply and transform—just like the seeds of the title.

The Kissing Hand

Audrey Penñ, Illustrated by Ruth E. Harper and Nancy M. Leak

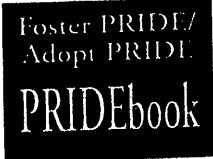
Cost: \$16.95

Ages 4-10

Available through Amazon.com

Chester the raccoon is starting school for the first time, and learns to find reassurance and love during temporary separations from home.

AVAILABLE IN SPANISH



Annotated
Bibliography

Special Concerns

Alcohol, Tobacco and Drug Use

Parenting for Prevention: How to Raise a Child
to Say No to Alcohol and Drugs

David J. Wilmes

Cost: \$15.00

Hazelden Press/Johnson Institute: www.hazelden.org; Center City, MN; 800-328-9000
ISBN 0935908463

This book gives parents a positive approach for helping children avoid trouble arising from alcohol or drug use. Parents learn to teach children life skills, such as expressing feelings, making decisions, communicating effectively, and resisting peer pressure.

Keep Your Kids Tobacco-Free: Smart Strategies
for Parents of Children Ages 3 to 19

Robert Schwebel and George D. Comerchi

Cost: \$14.95

Newmarket Press: Available from Amazon.com
ISBN 1557043698

Up to date information on the dangers of tobacco, with practical advice and support for parents in challenging pervasive influences encouraging children to use tobacco.

Seven Sensible Strategies for Drug-Free Kids

J. Stuart Rahrer

Cost: \$24.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs
ISBN 0878687491

An easy to use resource including questionnaires, inventories, and answer sheets to help parents recognize the signs of alcohol and drug use, with clear steps aimed at developing a plan of action to help your child.

ADHD/ADD

Books

ADHD Handbook for Families: A guide
to Communicating with Professionals

Paul L. Weingartner

Cost: \$18.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs
ISBN 0878687505

Covering a broad range of issues from developing behavior modification plans, thinking about medication, and working with professionals and systems, this book provides proven strategies and techniques for parents.

.....
Taking Charge of ADHD

Russell A. Barkley

Cost: \$18.95

Guilford Press: www.guilford.com; New York, NY; 800-365-7006

ISBN 0898620996

This newly revised edition features current research which provides insight into ways of keeping ADHD from becoming a major obstacle in a child's life, including ways to manage everyday situations and techniques for enhancing school performance.

ADHD in the Young Child: Driven to Redirection

Cathy Reimers and Bruce A. Brunger

Cost: \$18.95

Specialty Press: Available from Amazon.com

ISBN 1886941327

This book contains information and practical advice in helping preschool age children with ADHD. Topics include improving social skills, communication and techniques to enhance behavior, using activity sheets, charts and a list of support services.

National Organization and Website

National Attention Deficit Disorder Association

National ADDA

1788 Second Street, Suite 200

Highland Park, IL 60035

Phone: 847-423-ADDA

Fax: 947-423-5874

E-mail: mail@add.org

Web: www.add.org

ADDA's website is comprehensive, offering up to date information, as well as a bibliography and other resource listings.

Disabilities

The Child With Special Needs: Encouraging Intellectual and Emotional Growth

Stanley Greenspan and Serena Weider

Cost: \$28.00

Perseus Publishing Company: www.macraesbluebook.com; Boulder, CO; 800-386-5656

ISBN 0201407264

Covering a wide range of disabilities, this comprehensive guide offers parents specific ways of helping all special needs children reach their full intellectual and emotional potential.

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Disabilities *(continued)*

**That's My Child: Strategies for Parents
of Children with Disabilities**

Lizanne Capper

Cost: \$10.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs
ISBN 0878685932

The author guides parents in finding support through formal avenues (schools, physicians, etc.), and through informal networks of other parents, friends, etc.

Divorce

Book for children

Changes: My Family and Me

Beverly Hopkins, Illustrated by Sarah K. Hector

Cost: \$8.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs
ISBN 0878687238

This picture book describes how a family changes through divorce, remarriage and the blending of families, tenderly following the child's story through adulthood, and promoting the idea that change and growth are natural, and not to be feared.

Fetal Alcohol Syndrome/Effects

**Recognizing and Managing Children with Fetal Alcohol
Syndrome/Fetal Alcohol Effects: A Guidebook**

Brenda McCreight

Cost: \$16.95

CWLA Press: ISBN 087868607X

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs

An important guide for parents or professionals, this book offers practical advice and solid information for dealing with the lifelong effects of FAS/FAE.

**Gay, Lesbian, Bi-Sexual and
Transgendered Youth**

Organization

Parents, Families and Friends of Lesbians and Gays (PFLAG): www.pflag.org

1726 M Street, NW, Suite 400

Washington, DC 20036

Phone: 202-467-8180

Fax: 202-467-8194

E-mail: info@pflag.org

Websites

National Youth Advocacy Coalition: www.nyacyouth.org

An advocacy group for young gay, lesbian, bisexual or transgendered youth, aimed at ending discrimination, and supporting youth. The website offers a comprehensive listing of books, resources and organizations.

Youth.org: www.youth.org

Offers a comprehensive, annotated bibliography for youth, parents and friends on a wide range of issues affecting gay and lesbian teens and youth.

HIV/AIDS

The Family Information Guide

National Pediatric and Family HIV Resource Center

Cost: \$4.95

National Pediatric and Family HIV Resource Center

University of Medicine & Dentistry of New Jersey

30 Bergen Street—ADMC #4

Newark, NJ 07103

Phone: 973-972-0410; 800-362-0071

Fax: 973-972-0399

A comprehensive reader-friendly guide to understanding HIV, treatment, nutrition, psychological and social concerns.

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Websites

National Pediatric and Family HIV Resource Center: www.pedhiv aids.org

A comprehensive website offering up to date information and news.

Elizabeth Glaser Pediatric Aids Foundation: www.pedaids.org

Containing many helpful links, as well as information for families and those caring for children who are HIV positive or have AIDS.

Learning Disabilities:

**Learning How to Learn: Getting Into and Surviving
College When You Have A Learning Disability**

Joyanne Cobb

Cost: \$14.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs

ISBN 0878687769

Based on the author's experience, this guide describes how individuals with learning disabilities can take control and fulfill potential.

Loss

Helping Children Cope with Separation and Loss (rev. 1994)

Claudia Jewett Jarrett, Dan Rosenberg (editor)

Cost: \$12.95

Harvard Common Press: see Snowcap Press: Longmont, CO; 877-561-5622

ISBN 1558320512

A classic work providing valuable tools for those helping children cope with loss, moving through mourning to recovery.

Mental Health

The Bipolar Child: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder

D.F. Papolos and J. Papolos

Cost: \$25.00

Broadway Books: www.randomhouse.com/broadway

ISBN 076790303161

A comprehensive reference guide for parents, including medical information, coping skills for the whole family, and detailed information about hospitalizations, medication and current treatment methods.

The Depressed Child: A Parent's Guide for Rescuing Kids

Douglas A. Riley

Cost: \$12.95

Taylor Pub: Available from Amazon.com

ISBN 0878331875

An insightful guide for parents covering signs and symptoms of depression, and strategies for effective interventions.

Sexuality

Changing Bodies, Changing Lives: A Book for Teenagers about Sex and Relationships

R. Bell

Cost: \$23.00

Random House: www.randomhouse.com; New York, NY; 212-782-9000

ISBN 081292990X

Using a relaxed yet authoritative tone, this book offers a comprehensive guide for teens (and their parents) describing changes experienced in puberty, with thoughtful guidance about healthy relationships, as well as discussions regarding AIDS, gangs, violence and sexual harassment. Readers will find support, as well as answers.

.....
What's Happening to My Body: A Growing Up Guide
(book for girls and book for boys)

L. Madaras

Cost: \$12.95

Guilford Press: www.guilford.com; New York, NY; 800-365-7006
ISBN 1557044430 (book for boys); ISBN 1557044449 (book for girls)

Sensitive, detailed and witty guides for boys and girls, helping them realize they are not alone in dealing with changes of growing.

Trauma and Attachment

**When Love is Not Enough: A Guide to Parenting
Children with Reactive Attachment Disorder**

Nancy L. Thomas

Cost: \$12.00

Families by Design: Available from Amazon.com
ISBN 0970352506

A clear and practical guide for parenting hurt children back to health.

Working with Traumatized Children: A Handbook for Healing

Kathryn Bohl

Cost: \$19.95

Order through CWLA: 1-800-407-6273; E-mail: order@cwla.org; Online: www.cwla.org/pubs
ISBN 0878686339

A practical guide book for anyone living or working with traumatized children. The book provides essential information on understanding and guiding children with PTSD, and specific strategies for dealing with the effects of trauma, and helping children.

Hotlines

Unless otherwise noted, hotlines are 24 hours per day, 7 days per week

General

Boys Town National Hotline

800-448-3000

A toll free 24-hour crisis line for children and parents with any problem.

Runaway Hotlines

National Runaway Switchboard

800-621-4000

www.nrscrisisline.org

For youth, parents and others concerned about children who have runaway or are thinking of running away

Child Find

800-I-AM-LOST (9am–5pm, EST, Mon–Fri)

Helps parents locate children, and helps lost children who need assistance.

Child Abuse

Childhelp USA/Forrester National Child Abuse Hotline

800 4A-CHILD

Services for children and adults concerned about child abuse

Missing Children

National Center for Missing and Exploited Children

800-THE-LOST

Assistance to parents and law enforcement officials seeking help in a missing/exploited child case.

Alcohol and Drug Abuse

National Clearing House for Alcohol and Drug Information

800-729-6686

Domestic Violence

National Domestic Violence Hotline

800-799-7233

Resource Center on Domestic Violence, Child Protection and Custody

800-527-3223