PINEAPPLE-GINGER ZING

Ingredients:

For the Drink:

- 2 cups fresh pineapple juice (or juice from a ripe pineapple)
- 1-inch piece of fresh ginger, peeled and grated or thinly sliced

Optional Toppings:

- A few fresh mint leaves for garnish
- Pineapple slices or ginger slivers for an extra
- decorative touch







Instructions:

Step 1: Prepare the Ginger. Start by peeling a 1-inch piece of fresh ginger.

For a strong ginger flavor, grate the ginger finely to release its juice, or slice it thinly for a milder infusion. Add the ginger to a small pitcher or directly into a blender.

Step 2: Mix with Pineapple Juice. Pour the fresh pineapple juice over the ginger. Let the mixture sit for a few minutes to allow the ginger to infuse with the juice. If you want an extra punch of flavor, blend the ginger and pineapple juice together until smooth.

Step 3: Strain and Serve. For a smooth drink, strain the juice to remove any ginger pulp. Serve over ice if desired, or enjoy it chilled as is. Garnish with mint leaves or a slice of pineapple for added flair.

Recipe Variation



For an even spicier kick, add an extra inch of ginger, or include a dash of cayenne pepper.

Want a little sweetness? Stir in a teaspoon of honey or a few drops of natural sweetener.

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