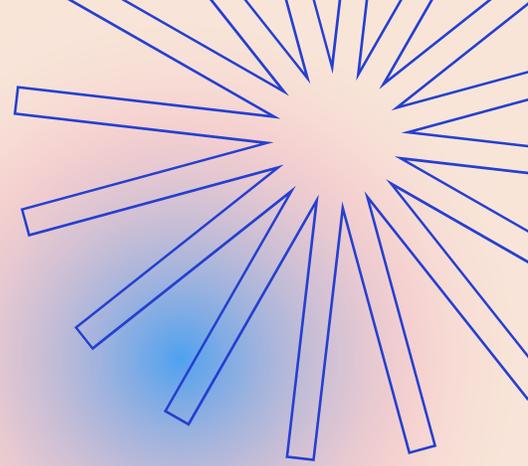


CEREMONIES AND LIFE EVENTS



WHY CHOOSE ASPIRE TO HARMONY



I'm here to help you honor the moments that matter most. Whether you're welcoming a new baby, blessing a new home, launching a dream business, or celebrating a milestone birthday, I provide the guidance to turn those passages into lasting memories.

I've always had a heart for a good story and a passion for truly connecting with people. My journey as a performer, combined with years of teaching yoga and meditation, has taught me the art of "deep listening"—the ability to hear what's in your heart and bring it to life. As a Certified Life-Cycle Celebrant®, I blend my training in world traditions and ceremonial writing to create rituals that are as unique as you are. Whether I'm officiating a ceremony or guiding a family through a major life event, my goal is to make every moment feel intentional, sacred, and authentically yours.

As Founder of Aspire to Harmony, Aida Johnson-Rapp is on a mission to bring more intention and joy to our everyday lives. From heartfelt wedding ceremonies and life celebrations to wellness workshops that get you moving, Aida's work is all about supporting you and believes that through mindful rituals and a bit of harmony, everyone can find their path to a more balanced and vibrant life.



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