


FEBRUARY 2026 CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 REVIEW	2	3	4	5	6	7
8 WEEK ONE	9	10	11	12	13	14
15 WEEK TWO	16	17	18	19	20	21
22 WEEK THREE	23	24	25	26	27	28
	BUDDY WEEK! EARN 3 HEARTS WHEN YOU BRING A FRIEND TO CLASS					
1 WEEK FOUR	2	3	4	5 Self Defense Intro 5-6PM Kids(7-12 y/o) 6-7PM Teens+Adults	6	7
		THEME - GOAL SETTING "Goals. There's no telling what you can do when you get inspired by them. There's no telling what you can do when you believe in them. And there's no telling what will happen when you act upon them." -Jim Rohn				