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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	ı	2	3	4	5	6
WEEK OFF		Y/T CLOSED Adult OPEN		CLOSED	Y/T CLOSED Adult OPEN	
7	8	9	Ю	II	12	13
WEEK TWO						
14	15	16	17	18	19	20
WEEK THREE						
21	22	23	24	25	26	27
WEEK FOUR		Benchmark 5:00 PM				
28	29	30	31			
WEEK FIVE						
30	Studio Fit	THEME - TEAMWOR	:K			