


# July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WEEK ONE	1	1	2	3	4 KB CLOSED	5
WEEK TWO	6 MARTIAL ARTS FITNESS CAMP 8AM-3PM	7 MARTIAL ARTS FITNESS CAMP 8AM-3PM	8 MARTIAL ARTS FITNESS CAMP 8AM-3PM	9 MARTIAL ARTS FITNESS CAMP 8AM-3PM	10 MARTIAL ARTS FITNESS CAMP 8AM-3PM	11 MARTIAL ARTS FITNESS CAMP 8AM-3PM
WEEK THREE	12	13	14	15	16	17
WEEK FOUR	18 FOCUSING ON FOCUS CAMP 8AM-3PM	19 FOCUSING ON FOCUS CAMP 8AM-3PM	20 FOCUSING ON FOCUS CAMP 8AM-3PM	21 FOCUSING ON FOCUS CAMP 8AM-3PM	22 FOCUSING ON FOCUS CAMP 8AM-3PM	23
WEEK FIVE	24	25	26	27	28	29
	THEME - TEAMWORK Talent wins games, but teamwork and intelligence win championships. - Michael Jordan.					