NOVEMBER 2026 CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 WEEK FOUR	2	3	4	5 Self Defense Intro 5-6PM Kids(7-12 y/o) 6-7PM Teens+Adults	6	7
8 WEEK FIVE	9	10	11	12	13	14
15 WEEK ONE	16	17	18	19 FRIENDSGIVING FOR YOUTH AND TEENS 4:30pm (Youth) and 5:30pm (All Teens)	20	21
22 WEEK TWO	23 Martial Arts Fitness Fall Camp	24 Ninja Warrior Fall Camp	25	26 CLOSED	27 CLOSED	28 CLOSED
29 WEEK THREE	30					
	YOUTH & TEEN CLASSES:	WEEK 1 - Boxing Tech. & Upper Body	WEEK 2 - Kicking & Lower Body	WEEK 3 - Conditioning	WEEK 4 - PDR Self Defense	WEEK 5 - Mitts & Footwork