



**NEW MEMBERS:** Try 2 weeks of kickboxing classes for \$59 with gloves included. A 1:1 orientation lesson is required for students 6-13 years old. Email studiofit.petaluma@gmail.com to sign up!

<b>Studio Fit Schedule</b>				
EFF. Jan 2026				
Monday	Tuesday	Wednesday	Thursday	Friday
9:00AM (60m) <b>Adult Fitness Kickboxing</b> (BagWork)		9:00 AM (60m) <b>Adult Fitness Kickboxing</b> (Rhythmic)		9:00AM (60m) <b>Adult Fitness Kickboxing</b> (BagWork)
11:40 AM (45m) <b>Deep Stretch</b>	4:15PM (45min) <b>Junior Strikers Kickboxing</b> (1st-5th Grade)		4:15PM (45min) <b>Junior Strikers Kickboxing</b> (1st-5th Grade)	
	5:00PM (60min) <b>KickBox Vibes Kickboxing</b> (6th-8th Grade)		5:00PM (60min) <b>KickBox Vibes Kickboxing</b> (6th-8th Grade)	
	6:00PM (60min) <b>KickStart Crew Kickboxing</b> (9th-12th Grade)		6:00PM (60min) <b>KickStart Crew Kickboxing</b> (9th-12th Grade)	6:00 PM (60m) <b>Adult &amp; KickStart Fitness Kickboxing</b> (BagWork)
7:00 PM (60m) <b>Adult Fitness Kickboxing</b> (BagWork)	7:00 PM (60m) <b>Adult Fitness Kickboxing</b> (Rhythmic)	7:00 PM (60m) <b>Adult Fitness Kickboxing</b> (BagWork)	7:00 PM (60m) <b>Adult Fitness Kickboxing</b> (Rhythmic)	

707.769.4745

[www.studiofitpetaluma.com](http://www.studiofitpetaluma.com)

822 Petaluma Blvd. N. Petaluma, Ca 94952

**CURRENT MEMBERS:** Don't forget to check out our website for the calendar and check your member app

Junior Strikes - 1st - 5th Grade

KickBox Vibes- 1st - 5th Grade

KickStart Crew - 1st - 5th Grade