



NEW MEMBERS: Try 2 weeks of kickboxing classes for \$59 with gloves included. A 1:1 orientation lesson is required for students 6-13 years old. Email studiofit.petaluma@gmail.com to sign up!

Studio Fit Schedule

EFF. Jan 2026

Monday	Tuesday	Wednesday	Thursday	Friday
9:00AM (60m) Adult Fitness Kickboxing (BagWork)		9:00 AM (60m) Adult Fitness Kickboxing (Rhythmic)		9:00AM (60m) Adult Fitness Kickboxing (BagWork)
11:40 AM (45m) Deep Stretch	4:15PM (45min) Junior Strikers Kickboxing (1st-5th Grade)		4:15PM (45min) Junior Strikers Kickboxing (1st-5th Grade)	
	5:00PM (60min) KickBox Vibes Kickboxing (6th-8th Grade)		5:00PM (60min) KickBox Vibes Kickboxing (6th-8th Grade)	
	6:00PM (60min) KickStart Crew Kickboxing (9th-12th Grade)		6:00PM (60min) KickStart Crew Kickboxing (9th-12th Grade)	6:00 PM (60m) Adult & KickStart Fitness Kickboxing (BagWork)
7:00 PM (60m) Adult Fitness Kickboxing (BagWork)	7:00 PM (60m) Adult Fitness Kickboxing (Rhythmic)	7:00 PM (60m) Adult Fitness Kickboxing (BagWork)	7:00 PM (60m) Adult Fitness Kickboxing (Rhythmic)	

707.769.4745

www.studiofitpetaluma.com

822 Petaluma Blvd. N. Petaluma, Ca 94952

CURRENT MEMBERS: Don't forget to check out our website for the calendar and check your member app

Junior Strikes - 1st - 5th Grade

KickBox Vibes - 1st - 5th Grade

KickStart Crew - 1st - 5th Grade