

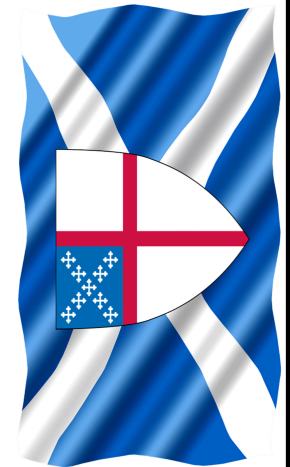
JUNE

St. Andrew's Signpost

2026

WITH GOD'S HELP, WE AT ST. ANDREW'S SHARE GOD'S WORD AND LOVE BY MINISTERING TO OUR LOCAL AND GLOBAL COMMUNITY AND EACH OTHER THROUGH PRAYER, LEARNING, WORSHIP, AND ACTIVE INVOLVEMENT

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 6:30am Morning AA 5:00pm District #23 Leadership Meeting 7:00pm Spanish AA	2 6:30am Morning AA 7:00pm Spanish AA	3 6:30am Morning AA 9:00am HDCA 7:00pm Spanish AA	4 6:30am Morning AA Noon Ladies AA 7:00pm Spanish AA	5 6:30am Morning AA	6 7:00am Morning AA 7:00pm Spanish AA
7 10:00 am Holy Eucharist	8 6:30am Morning AA 7:00pm Spanish AA	9 6:30am Morning AA 7:00pm Spanish AA	10 6:30am Morning AA 7:00pm Spanish AA	 11 6:30am Morning AA Noon ECW Ladies Luncheon Noon Ladies AA 7:00pm Spanish AA	12 6:30am Morning AA	13 7:00am Morning AA 7:00pm Spanish AA
14 10:00 am Holy Eucharist	15 6:30am Morning AA 7:00pm Spanish AA	16 6:30am Morning AA 7:00pm Spanish AA	17 6:30am Morning AA 7:00pm Spanish AA	 18 6:30am Morning AA Noon Ladies AA 2:00pm Bishop's Committee Meeting 7:00pm Spanish AA	19 6:30am Morning AA	20 7:00am Morning AA 7:00pm Spanish AA
 21 10:00am Holy Eucharist	22 6:30am Morning AA 7:00pm Spanish AA	23 6:30am Morning AA 7:00pm Spanish AA	24 6:30am Morning AA 7:00pm Spanish AA	25 6:30am Morning AA Noon Ladies AA 7:00pm Spanish AA	26 6:30am Morning AA	27 7:00am Morning AA 5:00pm Ladies AA Birthday Bash 7:00pm Spanish AA
28 10:00 am Holy Eucharist	29 6:30am Morning AA 7:00pm Spanish AA	30 6:30am Morning AA 7:00pm Spanish AA	1 6:30am Morning AA 7:00pm Spanish AA	2 6:30am Morning AA Noon Ladies AA 7:00pm Spanish AA	3 6:30am Morning AA	4 



"Even now," declares the Lord,
"return to me with all your heart,
with fasting and weeping and
mourning." Joel 2:12

Vicar's Vagaries ~ June

Summer invites a gentler kind of pilgrimage—one woven from sweetness, sunlight, and the gradual unveiling of beauty.

Start with the cherries and the first bowls of soft fruit. Approach them as contemplative acts; taste them as a form of prayer, with their ripeness serving as a reminder that grace comes in seasons, not schedules. Stroll through the orchards at dusk, when the air cools, and the light takes on a honey-thin quality. Allow each tree to become a quiet teacher, imparting lessons in patience, renewal, and generosity.

Complement this with small, sacred wanderings through town. Pause at the stained glass near the Woodin Street sidewalk when the sun sets behind it. Newly illuminated from behind, the colors burst into brilliance like a fleeting Pentecost—ordinary glass transformed by the angle of light. Stand there long enough for the image to settle within you.

Then, create simple rituals: a cherry-picking blessing, a sidewalk psalm, or a twilight examen under fruit-laden branches.

What practices can enhance our ability to engage in deep spiritual reflection?

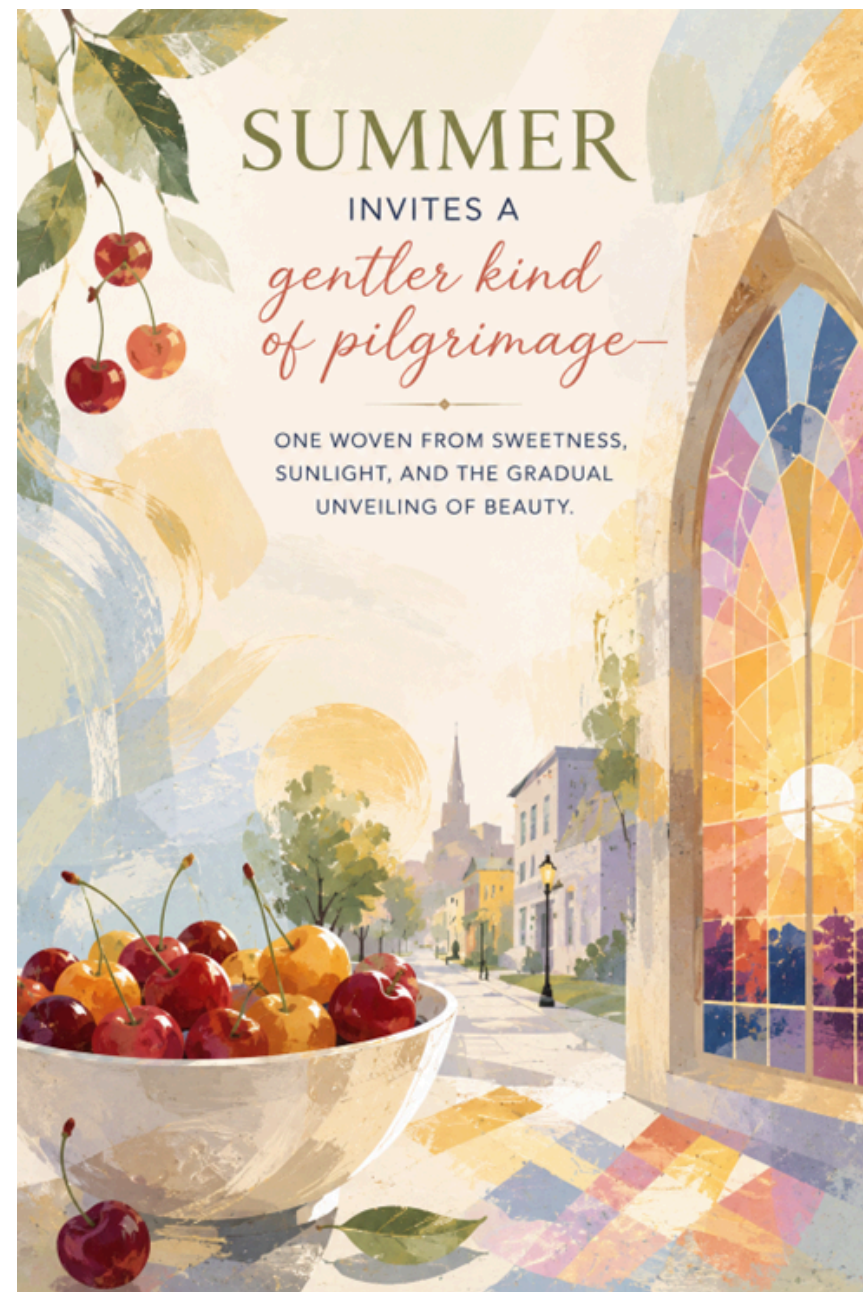
How does intentional spiritual inquiry affect our daily decision-making processes?

In what ways does community support strengthen individual spiritual exploration and growth?

How can we infuse intentional reflection into our everyday lives to deepen our understanding?

What role does mindfulness play in fostering a meaningful journey of spiritual inquiry?

If we allow it, summer can become a "spiritual charcuterie."





THANK YOU
*Fire
District
#7*



A Father's Day Blessing

For fathers, grandfathers, mentors, and friends,
 For love that guides, protects, and mends,
 We give thanks, O God, on this day of grace,
 For steady hearts and warm embrace.
 For quiet strength and faithful care,
 For whispered prayers and presence there,
 For hands that comfort, help, and raise,
 We lift our gratitude and praise.
 Bless all who father in truth and love,
 With wisdom sent from heaven above.
 And may your peace, Lord Christ, remain
 In every joy, in every pain.
 Amen.

Guess
Who
?

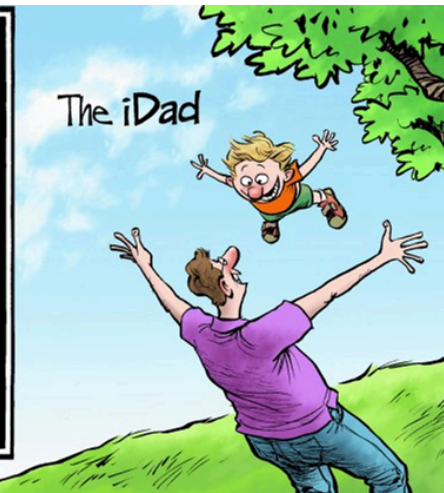
Manson Apple Blossom
 Grand Marshall
 Susan Fisher



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Greetings from Camp Cross,

Thank you to those who hold Camp Cross in your prayers, those who feature camp in your newsletters and bulletins, and those for whom it holds a special place in their hearts.

Labor of Love (This Friday June 5th - Sunday June 7th) Registration numbers are low, please help me recruit some additional help. Labor of Love is a weekend spent in community, fixing up camp to get it ready for the season and incoming guests. Tasks for all ages and abilities; mowing lawns, clearing cabin roofs of debris, clearing trails, pruning branches away from buildings, cleaning, organizing, and more! www.campcross.org

Sign up for camp: there are programs for youth, adults, and families. Please remind folks to register soon. Days at the Lake (our 4th July weekend family camp) is sold out. Fret not, there are spots available at our Labor Day Weekend Family Camp, and Queer Camp for LGBTQ+ folx and their families. All details and registration at www.campcross.org

Cabin Furniture Fundraiser update: We're at \$64,000 with a July target of \$80,000, and a stretch goal of an additional \$80,000 to create an endowment fund for maintenance. Thank you for your support! I can't wait for folks to be staying in the new cabins and retreat house.

Here to serve you and your congregations, if you'd like to schedule a tour, visit, or event, please be in touch.

Blessings 🙏

Alex Flannagan

Canon for Camp, Youth & Family Ministries
Episcopal Diocese of Spokane
425-577-1217

Adult Formation Retreat @ Camp Cross

Attend the "Love and Light Contemplative Prayer Retreat" on June 19 to 22. The retreat is designed for beginners and those practiced in contemplation. Teaching sessions will explore and practice both the ancient contemplative vision of Maximus the Confessor thereby receiving a deeper appreciation of early church tradition, and a contemporary approach by the learned, wise, and practical insights of the author and spiritual guide, Martin Laird.

The slow pace of the retreat will be conducive to both spiritual work and relaxation, with daily free time for art, yoga, naps, swimming, canoeing, forest bathing, etc. If necessary, you can depart Sunday afternoon, but you'd miss the continuing rich experience. Register through the diocesan website or simply use this link:

<https://campcross.campbrainregistration.com/>. Address questions to the Revs. Rick Matters (Rickmatters@gmail.com) or Arlen Farley (arlenf@stjohns-cathedral.org).

CAMP CROSS



SHAPED BY LOVE & LIGHT CONTEMPLATIVE PRAYER RETREAT JUNE 19-22 2026

Deepen your spiritual practices surrounded by the beauty of Camp Cross. This retreat is designed for both beginners and those practiced in contemplative prayer. Together we will be further formed in the image of Christ in a worshiping community. The slow pace is conducive to both spiritual disciplines and relaxation. There will be substance for graceful growth as well as time to rest and creative play.

Register through the Diocesan web or
using <https://campcross.campbrainregistration.com/>



Armed Forces and Federal Ministries

Dear Friends in Christ:

We are pleased to offer this Cycle of Prayer resource for members of the military, their families, and chaplains serving in the U.S. Armed Forces, Veterans Affairs medical centers, and federal prisons. It is prepared for use throughout the wider Episcopal Church as a way to hold these groups in prayer.

Each week of the year, this cycle lifts up specific chaplains, installations, and ministries across the Armed Forces and Federal Ministries. It is a tangible way for congregations, dioceses, and individuals to remain connected to the vital work of pastoral care in these unique contexts. Whether in times of peace or conflict, our chaplains serve as faithful witnesses to the Gospel, often in places of great challenge and need.

We invite you to incorporate this cycle into your parish intercessions, diocesan communications, and personal devotions. By doing so, you join a community of prayer that spans the globe and strengthens the bonds of love and support across our church.

If you have questions or would like to learn more about Armed Forces and Federal Ministries, please do not hesitate to reach out.

Faithfully,

The Rt. Rev. Ann Ritonia
Bishop Suffragan for Armed Forces and Federal Ministries
The Episcopal Church

Week of June 7

Those serving in Pennsylvania—at Carlisle Barracks, Letterkenny Army Depot, Fort Indiantown Gap, Federal Correctional Institution Schuylkill, and the VA Pittsburgh Healthcare System.

Week of June 14

All our Army service members on their 251st birthday and those serving in Puerto Rico—at Fort Buchanan, Muñiz Air National Guard Base, Coast Guard Base San Juan, and Camp Santiago.

Week of June 21

Those serving in Rhode Island—at the Navy War College, Camp Fogarty, Coast GUARD STATION Providence, the 143rd Airlift Wing Air National Guard, and the Providence VA Medical Center.

Week of June 28

Those serving in South Carolina—at Fort Jackson, Shaw Air Force Base, Marine Corps Air Station Beaufort, Joint Base Charleston, Federal Correctional Institution Edgefield, and the VA Columbia Health Care System.

Week of July 5

Those serving in South Carolina—at Fort Jackson, Shaw Air Force Base, Marine Corps Air Station Beaufort, Joint Base Charleston, Federal Correctional Institution Edgefield, and the VA Columbia Health Care System.

From Colton Bowthorpe

2026 RealLife Missions Trip Support Letter

Hello!

I hope this letter finds you well. I wanted to share what's going on in my life and invite you to be part of something important to me. I am currently a junior in high school and stay busy with wrestling, surfing, golf, and showing pigs with FFA. I also attend RealLife Church, where my faith continues to grow. This will be my second missions trip with RealLife, and I'm grateful for the opportunity to serve again.

Being involved at RealLife Church has helped shape who I am and has encouraged me to look beyond myself and serve others. My first missions trip challenged me to step outside my comfort zone, build relationships, and live out my faith in practical ways. Those experiences are what motivated me to go on another missions trip this year.

On last year's trip our team worked on a variety of service projects, from clearing roadways and improving access to properties, to building a fence and painting a church. We also delivered food to people experiencing homelessness in remote areas and shared a fun play day at the park with local kids, building meaningful connections along the way.

From August 7-15, I will be traveling once again to the Nicoya Peninsula of Costa Rica with a team from RealLife. While there, we will serve local communities through hands-on projects, relationship-building, and supporting ongoing ministry efforts. My hope is that the people we serve feel encouraged and valued, and that I continue to grow in my faith, confidence, and understanding of how I can make a positive impact.

I would love for you to be part of this trip with me. One way you can support me is through prayer — specifically for safe travel, for our team to work well together, and for meaningful connections with the people we serve. I would also be happy to talk with you more about the trip or answer any questions you may have.

In addition, I am working to raise the funds needed for this trip, which cover travel, lodging, food, and ministry expenses. I am contributing by working side jobs and participating in fundraisers, but I would be very thankful if you would consider supporting me financially. Any amount truly makes a difference and is greatly appreciated.

Thank you so much for taking the time to read this and for considering partnering with me on this missions trip. Your support, prayers, and encouragement mean a lot to me. Please feel free to reach out if you have any questions.

With gratitude,
Colton Bowthorpe
509-393-0570
ColtBow11@gmail.com
182 Shadow Hill Lane
Chelan, WA 98816

Colton Bowthorpe will be attending the
ECW Luncheon on June 11th to share
more about his upcoming trip.



This Summer, many teens from the Lake Chelan Valley will be given an amazing opportunity; an opportunity many people never have the chance to take. This August we will be traveling to the Nicoya Peninsula in Costa Rica. While there we will assist the Benedict family missionaries as they reach people in the most need in Costa Rica and other parts of Central America. While many parts of Costa Rica and Christian Churches are thriving there are still thousands who live in poverty and/or have no connection to the local church. It is our hope to bolster the Benedict's mission to reach people the church is not in order to connect them to local Christian Community.

During our week in Costa Rica we will use two primary means to meet people's physical and spiritual needs. First, we will deliver groceries to the underserved. A small bag of staples can not only keep a family afloat until their next paycheck but it can also open the door for conversation and relationship. Second, we will do work projects in the community supporting local churches and those living in deep poverty. Many statistics point to the power of stable living conditions and it is our goal to help provide that for whoever needs it. Finally, as a church in Chelan, we have made it our mission to help people who are far from God find real life in Christ and we believe that hope will help our Costa Rican friends more than anything else we can do. They say every major change starts with a small act of kindness and so we will do our part to provide as many small acts as possible.

As a youth pastor of over fifteen years I've learned first-hand how a trip like this can positively affect, not only the community we are traveling to, but also our students as well. One of the many pleasures of my job is to watch the dozens of lives changed through trips like this every year. As we plan and prepare for our trip, we ask for your support. Each person must raise \$2,000 to cover the costs of transportation, lodging, food, work project supplies and other materials. There are many ways trip members can raise money (varying fundraisers and manual labor being the most popular) but we are also encouraging them to reach out to those around them who would like to personally invest in their trip. If you are able to help financially we appreciate anything you can donate. We also ask that you would be in continual prayer for our group and ask God to mold each of us as we serve in Costa Rica.

Thanks,

-G

Please cut this section off and mail in with your donation

COSTA RICA 2026 MISSIONS TRIP

If the Lord leads you to contribute, you can make your check out to:

RealLife Church and mail it with this section of the form to P.O. Box 1376 Chelan, WA 98816

Your Name _____ Mailing Address _____

Email Address _____ Phone Number _____

Name of person(s) you are sponsoring _____ Amount of support: \$ _____

All gifts are tax-deductible

A Field Guide to Dads

As Father's Day approaches, we must recognize the many species of dads found in their natural habitats.

The Thermostat Dad can detect a one-degree temperature change from three rooms away. He may not know where his reading glasses are, but he absolutely knows who touched the thermostat.

The Grill Master Dad spends eleven months of the year waiting for the opportunity to stand over a barbecue and say, "It's not the heat, it's the humidity." His hamburgers are seasoned with equal parts skill and unsolicited cooking advice.

The Lawn Dad believes the grass is not merely vegetation but a sacred trust. Freshly cut grass is his masterpiece, and everyone is expected to admire it appropriately.

The Road Trip Dad can drive for six hours without asking for directions, stopping for snacks, or admitting he might be lost. His favorite phrase is, "We're making good time."

The Church Dad is perhaps the rarest of all. He carries folding chairs without complaint, fixes things no one knew were broken, volunteers when help is needed, and somehow manages to disappear before anyone can thank him.

Of course, while we laugh about the habits and quirks of dads, there is something deeper worth celebrating.

Good fathers teach more than they realize. They teach perseverance by showing up. They teach responsibility by keeping their word. They teach faith by praying, serving, worshiping, and trusting God even when life is difficult.

Many of us can point to a father, grandfather, stepfather, mentor, uncle, or other godly man who helped shape our lives. Their influence often comes through ordinary moments—working, listening, encouraging, correcting, and simply being present.

This Father's Day, we give thanks for all the men who have quietly invested themselves in others. They may never receive awards, headlines, or standing ovations. Yet their steady love, faithful example, and daily sacrifices leave a lasting mark.

So if you see a dad this week, feel free to thank him. And if he's standing by the grill, admiring his lawn, or explaining for the third time why the thermostat should remain untouched, remember: behind every dad joke is a man who has spent countless hours caring for the people he loves.

Happy Father's Day to all our fathers and father figures. May your coffee be hot, your grill cooperate, and your children laugh at at least one of your jokes.



Sing A New Song

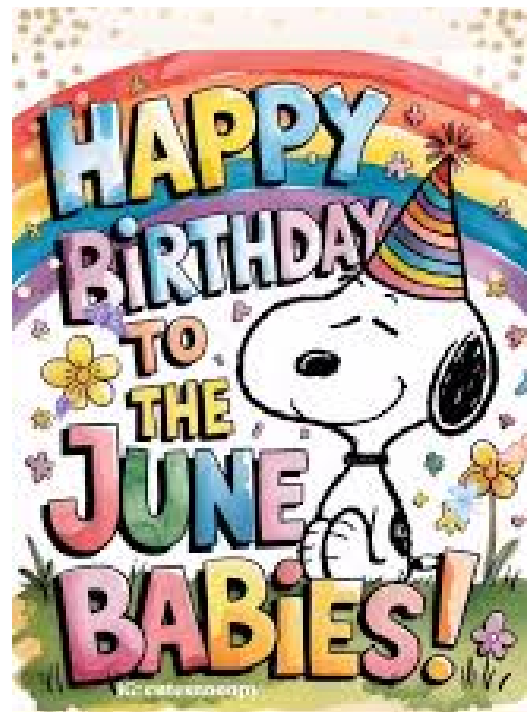


2026 Prayer for the Episcopal Diocese of Spokane

*O Holy One of steadfast love,
the fount of hope in whom we trust;
Draw near to us in our laments
and bind our broken-heartedness.*

*God, you alone our song and source,
sustainer of our every breath;
In every chorus teach your way:
do justice, mercy, humility.*

*Our melody we lift to you,
Creator of the sea sky;
Sing glory, laud, and praise utmost,
to Father, Son, and Holy Ghost.*

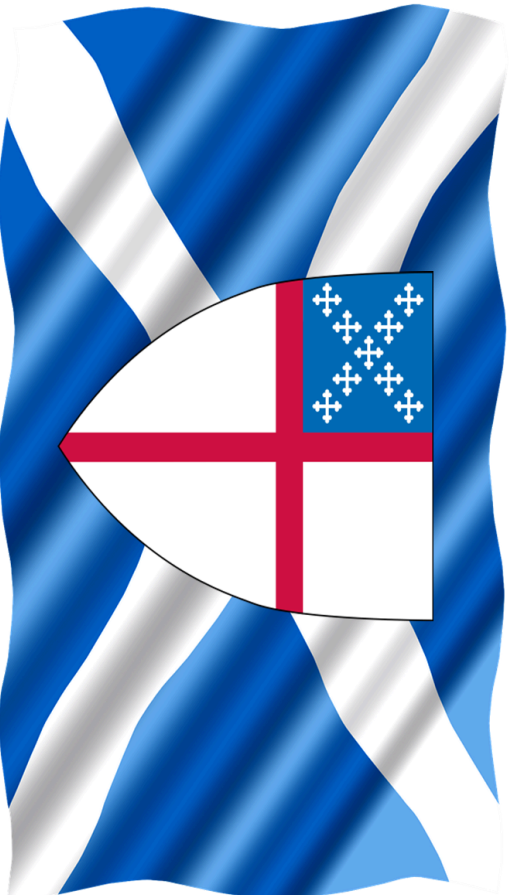


The first Father's Day card

2026

June Newsletter

St. Andrew's Episcopal Church



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Bishop's Warden Jane Farris
Jr. Warden Bob Beeson