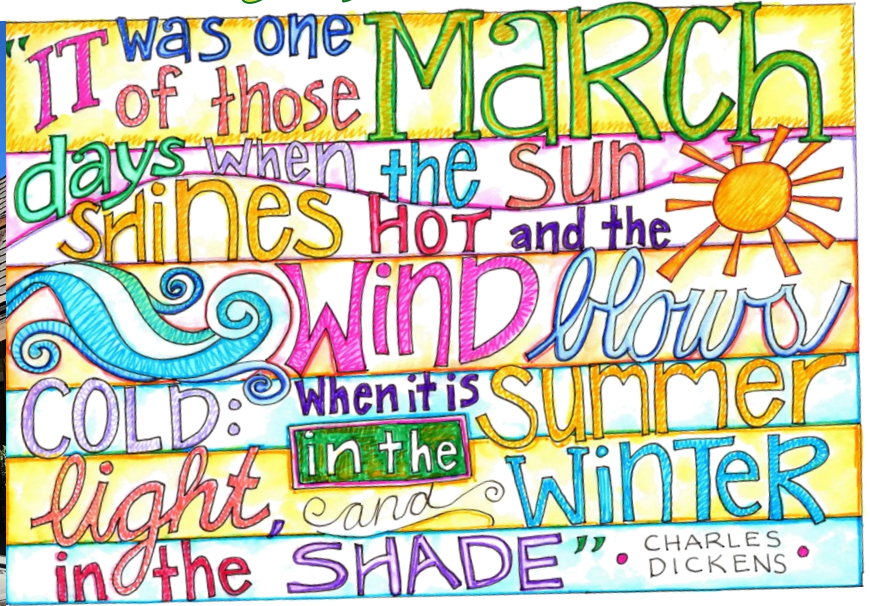



# St. Andrew's Signpost



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tony Green—Vicar Linda Cox—Bishop's Warden Bob Beeson—People's Warden						1 7:00am AA 7:00pm Spanish AA
2 10:00am Eucharist	3 6:30am AA 5:00pm Dist 23 AA Leadership Meeting	4 6:30am AA 7:00pm Spanish AA	5 6:30am AA 7:00pm Spanish AA Noon Ash Wednesday Service	6 6:30am AA Noon Ladies AA 7:00pm Spanish AA	7 6:30am AA	8 7:00am AA 7:00pm Spanish AA
9 10:00am Eucharist Lenten Bible Study Series begins 1:00pm Good Friday Community Choir Rehearsal	10 6:30am AA	11 6:30am AA 7:00pm Spanish AA	12 6:30am AA 7:00pm Spanish AA	13 6:30am AA Noon Ladies AA 7:00pm Spanish AA	14 6:30am AA	15 7:00am AA 7:00pm Spanish AA
16 10:00am Eucharist Lenten Bible Study Series continues 1:00pm No Community Choir Rehearsal today	17 6:30am AA 	18 6:30am AA 7:00pm Spanish AA	19 6:30am AA 7:00pm Spanish AA	20 6:30am AA Noon Ladies AA 3:00pm Bishop's Committee 7:00pm Spanish AA	21 6:30am AA	22 7:00am AA 7:00pm Spanish AA
23 10:00am Eucharist Lenten Bible Study Series continues 1:00pm Good Friday Community Choir Rehearsal Newsletter Deadline	24 6:30am AA	25 6:30am AA 7:00pm Spanish AA	26 6:30am AA 7:00pm Spanish AA	27 6:30am AA Noon Ladies AA 7:00pm Spanish AA	28 6:30am AA	29 7:00am AA 5:00pm Lady's AA Birthday Bash 7:00pm Spanish AA
30 10:00am Eucharist Lenten Bible Study Series begins 1:00pm Good Friday Community Choir Rehearsal	31	120 E. Woodin Avenue, Chelan, Washington 98816 Phone: (509) 682-2851 Email: StAndrewsChelan@gmail.com				





As you face the altar, on the front left, the fourth set of three windows represent the season of Lent. The pillar or column with the ring and the flagrum symbolize Christ's passion. Rooster is the symbols for St. Peter and contains a warning for steadfastness of faith. The center medallion is sacrament of Penance which prepares us for the forgiveness of our sins. The keys as the key to the Kingdom. The Celtic cross is symbolic that we can only receive absolution and forgiveness through Christ. Third medallion with cross with shroud and three nails depict the nails driven through the palms and feet of Jesus and the crown of thorns are all symbols of Christ's humiliation and suffering.



## MARCH VICAR'S VAGARIES

*"Do not be conformed to this world, but be transformed by the renewing of your minds,  
so that you may discern what is the will of God—what is good and acceptable and perfect."  
Romans 12:2*

Lent is an invitation for real transformation and renewal. One of the most striking moments in this annual opportunity is lost to many, because of the manner in which it is under presents in so many areas.

It's never been thought of as a "Holy Day of Obligation" in either Roman or Orthodox circles. Some make sure their ashes are cleaned off before they enter work or school, lest they be outed as Christians.

We all have a deep internal desire to be truly known and still loved. Yet we often hide parts of ourselves, fearing rejection if we're fully known. Ironically, many people feel most acutely lonely during holidays meant to celebrate togetherness.

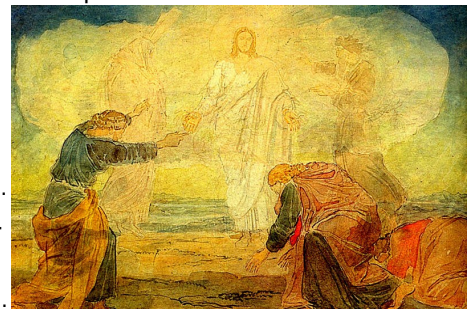
- God chooses to become knowable, touchable, present. "Ths Word became flesh and dwelt among us" isn't just theology, it's God saying, "I want to be known by you,"
- God wishes us to be fully know and not left naked and ashamed, but rather clothed in God's own righteousness. It's intimate care from one who knows us completely.
- The same God who knows each star intimately knows us, "healing the brokenhearted." Being known by name is powerful.
- In Galatians, Paul speaks about our adoption by God - not just a legal status, it's being fully known and chosen. The "fullness of time" shows God's patient desire to bring us into this intimate relationship.

It's interesting that Ash Wednesday is preceded in Anglican, Reformed, and Protestant circles by a "Last Sunday of Epiphany," focusing on the Transfiguration - acknowledging sacred substance - the substance of our bodies, minds, and spirits - particularly, but not exclusively in the God made Man, Jesus.

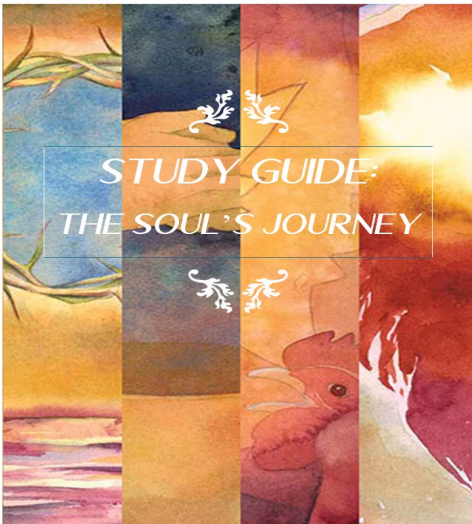
In the past, I've maligned Peter, James, and John, as creatures wanting to "hold in time" this miraculous event, by proposing the pitching of tents for the three creatures before them.

The problem wasn't and isn't that they couldn't capture the sacred, but they couldn't recognize that in that moment they failed to see that they too were part of the miraculous vision.

Lent prompts us to recognize as well, that we are already part and parcel of that very vision.



## BE IN THE KNOW - IMPORTANT ST. ANDREW'S NEWS



### **Beginning March 9<sup>th</sup> after Coffee Hour**

#### **~ Lenten Bible Study, The Soul's Journey**

This study guide has been designed for use during the Season of Lent, the five weeks beginning the week after Ash Wednesday and ending on Good Friday. Exploring a deeper personal understanding of the Passion of Christ yields many riches, making the story alive and relevant, and experiencing the Stations of the Cross can strengthen our relationship with God. It is our hope that this guide will facilitate and inspire each participant to relate this story of self-sacrifice and profound love to his or her own personal story and relationship with Jesus.



### *Community Choir Rehearsal begins*

*The Community Choir will begin rehearsals for the Good Friday concert on April 18<sup>th</sup>. Rehearsals will be from 1:00 - 3:00 at North Shore Bible Church on March 9<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>, April 6<sup>th</sup>, and 13<sup>th</sup>.*

*If you are interested in participating, contact Marci Hale at (509) 687-3791*



Friday Night Out  
presents

## Music from Ireland

and neighboring Isles

Friday, March 14  
7:00pm

featuring regional musicians

Connie Celustka	Sherry Krebs
Kathryn Castrodale	Kara Hunnicutt
Mark Boersma	Ruth Anderson

Instruments include hammered dulcimer, harp, piano, cello, recorders, drum and guitar.

Come celebrate St. Patrick's Day at this FREE concert.  
*Donations accepted at the door.*

Grace Lutheran Church, 1408 Washington Street, Wenatchee

## Holden Village MARCH WOMEN'S RETREAT



Spend a winter weekend at Holden Village for our annual Women's Retreat. Through teaching sessions, conversations, reflections, crafts, and outdoor adventures like snowshoeing and skiing, Women's Retreat will provide opportunities to build new relationships, reconnect with the self, and join other women in conversation and recreation.

### Teaching Faculty:

**The Rev. Maria Gwyn McDowell** is the Rector of Christ Episcopal Church in Tacoma, WA, a teacher, and public theologian in love with the God who calls all to liberation and compassion. She is committed to working and playing alongside God in communities seeking to practice justice, mercy, and joy in our world.

**Heather Murphy** is a Pacific Northwest notecard artist, wildlife biologist, watercolorist, and nature writer. She holds a Forest Technology degree from Wenatchee Valley College and a Bachelor of Science in Wildlife Habitat Management from the University of Washington, where she also studied drawing. She will lead sessions on nature journaling through art and writing.

Holden Village uses an inclusive definition of women and welcomes trans women and non-binary folks. Attendees only need to identify as a woman in a way that is significant to them.

**March 21st-24th 2025**

**Register Now!**

[www.holdenvillage.org/visit/](http://www.holdenvillage.org/visit/)

## News from Episcopal Relief & Development

Working Together for Lasting Change

Dear Friend in Christ,

Every new year at Episcopal Relief & Development is filled with plans and hopes for what's ahead. But it's important to take some time to reflect on all the good we achieved together over the previous year. And when I do, *I feel tremendous gratitude for your commitment and generosity.*

In 2024, this community helped us directly touch the lives of individuals, families and communities around the world. [And if you decide to partner with us in 2025, your meaningful impact will travel far. So please make a gift today.](#)

Here's a snapshot of what we accomplished together last year:

- In Central America where climate change is impacting farming and livelihoods, you helped us provide food for individuals and families, particularly in remote rural areas and communities that are often overlooked.
- You helped parents and caregivers in Zambia, Kenya, Ghana and Malawi build skills and provide their children with more nutritious food, improved health care and precious time in play and exercise to help them flourish.
- Through our Savings with Education programs, you helped women save and invest in small businesses, using their profits for essential needs such as medicine and education for their children.
- You enabled us to respond quickly to natural and human-made disasters last year, including violence and displacement in Haiti, Kenya and the DR Congo, severe flooding in Brazil, wildfires in Virginia and California and Hurricanes Helene and Milton in the southern US.

Our work at Episcopal Relief & Development touches so many lives because people like you act on your care and compassion for your neighbors — no matter who they are or where they live.

Because of friends like you, I am hopeful about what we can accomplish in the months to come.

With my deep appreciation,

*Betsy Deisroth*

Betsy Deisroth  
Vice President, Advancement

*Lent*  
"He fasted for forty days  
and forty nights..."

## Join us on March 29th for Spring Gathering Day!

**SPRING  
GATHERING  
DAY** MARCH 29  
9:30AM - 3:30PM

VISIT THE WEBSITE FOR MORE INFO



Our diocesan theme this year is "Called and Compelled by Love" and this theme will drive our day.

Coffee and morning treats

at 9:30, meeting starts formally at 9:50, and we end by 3:30.

See you Saturday, March 29, at the Gathering Day at St. Martin's in Moses Lake!



## BE IN THE KNOW - ST. ANDREW'S NEWS

### Flower Calendar

The new Flower Calendar is hanging up in the Parish Hall.

Please take a moment to sign up if you would like to help provide flowers for our services, or in celebration or memory of a loved one.

~ Thank you

### Sunday Volunteer *Serving Opportunities*

Are you looking for a way to connect and serve?

Your talents and servant hearts are needed on Sunday mornings. There are many ways to serve. We are looking for people to help with Eucharistic and Acolyte ministries, Lector readings, Ushering, preparing for Coffee Hour, and helping with Altar Guild responsibilities. A sign-up sheet is available in the Parish Hall. Please take a moment to see how you can serve.

## ST. ANDREW'S AROUND TOWN ~ OPPORTUNITIES FOR INVOLVEMENT



### Winter Wear Drive

Your help is needed to support the youth in our community. We are collecting new and gently used coats and warm winter wear (hats, gloves, mittens, scarves, snow pants, etc.).

Thank you for your help. A collection box is available in the Parish Hall for your donations.

### FOOD BANKS NEED YOUR SUPPORT.



In 2024, the Food Bank fed 10,973 families (over 37,000 individuals) and made 764 home deliveries to shut-ins. January 2025 numbers have exceeded the January 2024 numbers. Please consider giving to the Chelan Food Bank to help them meet this pressing need.

### The Food Pantry

We are collecting **non-perishable, no/low prep** (open & eat) meals/food items for the 24/7 (monitored) Food Pantry. Examples of acceptable items: Heat & Eat soups/stews, tuna/meat (pouches or cans), Spam, nuts, trail mix, individual servings/packages of jerky, boxed milk, pre-packaged meals, etc. *Note: cans should have pull tab lids for ease of use/preparation.*

### The Hygiene Pantry

We are also collecting travel or motel sized hygiene items such as soaps, shampoo/conditioner, toothpaste, toothbrushes, etc. There is a box in the Parish Hall for donations.

## LAKE CHELAN BACH FEST

EST. 1981

Lake Chelan Bach Fest is looking for a few good volunteers for the 2025 festival July 5<sup>th</sup>-12<sup>th</sup>. There are many ways to get involved (musician housing, fundraising, logistics, moving things around, and many other volunteer opportunities).



If you would like to volunteer to be part of this event or for more information, contact Hannah Hubbard at (509) 679-1758.



# *St. Andrew's Signpost*

*120 E. Woodin Avenue, Chelan, Washington 98816*

*Phone: (509) 682-2851*

*Email: [StAndrewsChelan@gmail.com](mailto:StAndrewsChelan@gmail.com)*

Tony Green—Vicar

Linda Cox—Bishop's Warden

Bob Beeson—People's Warden

## *March 2025 Newsletter*