# St. Andrew's Signpost

PO Box 1126 ~ 120 E. Woodin Avenue Chelan, Washington 98816 Phone: (509) 682-2851 Email: StAndrewsChelan@gmail.com Tony Green - Vicar Linda Cox - Bishop's Warden Bob Beeson - People's Warden

10:00am Eucharist

6:30am AA

7:00pm Spanish AA

6:30am AA

7:00pm Spanish AA



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5 6:30am AA	6 7:00am AA 9:30am Regional Women's Retreat (Ellensberg) 7:00pm Spanish AA
7	8	9	10	11	12	13
10:00am Eucharist	6:30am AA 5:00pm Dist 23 AA Leadership Meeting 7:00pm Spanish AA	6:30am AA 7:00pm Spanish AA	6:30am AA 10:00am Yoga Class 7:00pm Spanish AA	6:30am AA 10:00am Balance Class Noon Ladies AA 7:00pm Spanish AA	6:30am AA	7:00am AA Noon Clergy Gathering 7:00pm Spanish AA
14	15	16	17	18	19	20
10:00am Eucharist	6:30am AA 7:00pm Spanish AA	6:30am AA 7:00pm Spanish AA	6:30am AA 10:00am Yoga Class 7:00pm Spanish AA	6:30am AA 10:00am Balance Class Noon Ladies AA 3:00pm Bishop's Committee 7:00pm Spanish AA	6:30am AA	7:00am AA 7:00pm Spanish AA
21	22	23	24	25	26	27
10:00am Eucharist	6:30am AA 7:00pm Spanish AA	6:30am AA 7:00pm Spanish AA	6:30am AA 10:00am Yoga Class 7:00pm Spanish AA	6:30am AA 10:00am Balance Class Noon Ladies AA 7:00pm Spanish AA	6:30am AA	7:00am AA 5:00pm Ladies AA Birthday Bash 7:00pm Spanish AA
28	29	30	Golden light on cooler days,			
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Golden light on cooler days,
September hums in gentle ways.
Harvest gifts and skies so clear,
God's deep grace draws ever near.





#### VICAR'S VAGARIES

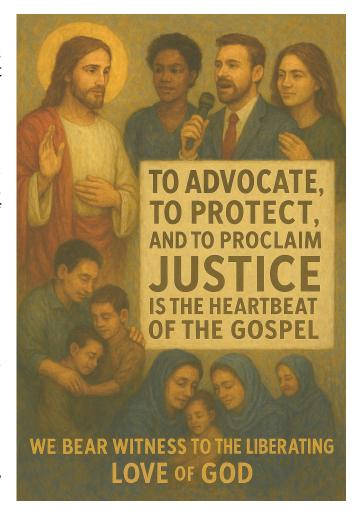
## Scriptural Reflection: Mercy, Justice, and the Witness of Truth

In Luke 4:18, Jesus declares, "He has sent me to proclaim freedom for the prisoners... to set the oppressed free." This proclamation is not abstract—it is a divine mandate to confront systems that bind, silence, and exclude. When people are detained unjustly and voting rights are suppressed under false pretenses, we witness a distortion of truth and a betrayal of the imago Dei in every person.

Scripture consistently calls us to defend the vulnerable. Proverbs 31:8 urges, "Speak up for those who cannot speak for themselves... defend the rights of the poor and needy." These words echo through the cries of families torn apart and communities disenfranchised. To remain silent is to collude with injustice.

The Church must embody the prophetic imagination—seeing beyond fear and falsehood to the kingdom vision where all are welcomed, all voices heard. In Christ, human dignity is not defined by borders or bureaucracy, but by belonging to a community of mercy and truth.

Let us be bold in our discipleship: to advocate, to protect, and to proclaim that justice is not optional—it is the heartbeat of the gospel. And in doing so, we bear witness to the liberating love of God.



#### September Lectionary Reflections

This September, the lectionary leads us deeper into the season after Pentecost, inviting us to consider humility, repentance, and faithful discipleship.

#### Proper 18 (Sept 4-10):

Jeremiah reminds us that God is the potter, shaping us when we turn toward him. Psalm 139 celebrates that we are "fearfully and wonderfully made." In Luke, Jesus speaks of the cost of discipleship, calling us to count the cost of following him with full hearts.

#### Proper 19 (Sept 11-17):

Jeremiah warns of judgment while the psalmist laments human folly. The Gospel points us toward God's mercy that seeks the lost, reminding us of the shepherd who leaves the ninety-nine for the one.

#### Proper 20 (Sept 18-24):

Jeremiah's grief for his people becomes a prayer for healing. Paul urges prayers for all, for God desires everyone to be saved. Jesus teaches on faithful stewardship in Luke 16, reminding us we cannot serve both God and wealth.

Throughout these weeks, we hear God's call: to be formed in grace, to repent and return, and to live faithfully with what we have been given. The prophets teach us to lament, the psalms give us words of prayer, and Jesus challenges us to follow him with humility and faith.

#### **Questions for Reflection:**

- •Where is God reshaping your life, like clay in the hands of the potter?
- •How does counting the cost of discipleship challenge your daily choices?
- •In what ways can you practice faithful stewardship with what God has entrusted to you?

#### Praver:

Grant us, O Lord, grace to follow you with humble hearts, to be reshaped by your hand, and to live as faithful stewards of your mercy; through Jesus Christ our Lord. Amen.

## St. Andrew's News and Around Town



In 2024 the food bank supported 10,973 families (37,000 individuals) and made 764 home deliveries to shut-ins. They are in need of: financial donations, Food Pantry items [non-perishable, no/low prep (open & eat) meals/food items for the 24/7], and travel sized hygiene items. There is a collection box in the Parish hall for your donations.

The Food Pantry

We are collecting *non-perishable*, *no/low prep* (open & eat) meals/food items for the 24/7 (monitored) Food Pantry. Examples of acceptable items: Heat & Eat soups/stews, tuna/meat (pouches or cans), Spam, nuts, trail mix, individual servings/packages of jerky, boxed milk, pre-packaged meals, etc. *Note: cans should have pull tab lids for ease of use/preparation*.

The Hygiene Pantry

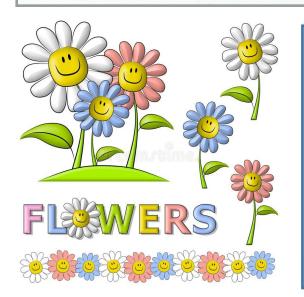
We are also collecting travel or motel sized hygiene items such as soaps, shampoo/ conditioner, toothpaste, toothbrushes, etc.



## VOLUNTEER

Please take a moment to see how you can serve.





Our Flower Calendar is hanging in the Parish Hall.

We have a few open dates in September.

Please take a moment to sign up if you would like to help provide flowers for our services, or in celebration or memory of a loved one.

~ Thank you

## Dr. Rufino Ramos MD

BIRTH DATE: AUG 19, 1933 - DEATH DATE: AUG 20, 2025

Rufino Recardo Ramos was born on August 19, 1933 in Pampanga, Philippines. He enjoyed village life as a young child in a loving and growing family, but the formative years came hard and fast on December 7, 1941, when Japanese forces bombed their neighborhood. Along with his mother and three younger siblings, he fled for his life. On that day, as a third grader, Rufino began his journey into

manhood, stepping into the role of protector as the oldest male in the family.

After helping his family survive World War II, Rufino's work ethic and desire to help others became the hallmark of his life. He went on to medical school, then to a residency in the United States, and worked as a psychiatrist until his final day of practice at the age of 85.

He is lovingly survived by his wife, Judy; his children, Maria (Robbie) and Paul (Angela); and his cherished grandchildren, Luna, Zidane, Jude, and Ilios, who brought immense joy to his life. He joins his beloved

parents, Agustin and Jesusa. He was one of eleven siblings: Lolita, Loreto, Delfin, Amelita, Joseph, Esther, Agustin, Rodrigo, Violeta, and Milagros. His legacy lives on in the hearts of his family, whose lives he touched with wisdom, kindness, and unwavering love.

#### Call to Worship

Leader: Come into the presence of the Lord, who is our beginning and our end.

People: We bring our grief and our hope, trusting in Christ's promise of life eternal. Leader: Jesus said, "I am the resurrection and the life."

People: In Him shall all the faithful find rest and peace.

Leader: Let us worship the God of mercy and everlasting light.



## Beverly Fritz Allen-Hill

Beverly Fritz Allen-Hill, 95, of Manson, WA, passed away on Friday, August 1st, 2025, in her own home per her longstanding wishes. Her daughter, Bicklee; son, Dewey and daughter-in-law, Jennifer; and a home care aide were by her side.

She was born and raised in the small town of Cathlamet, WA, on the Columbia River, to Dr. Harold Dewey Fritz and Margaret Lillian (Vollmer) Fritz. After graduating high school in Cathlamet, she attended Washington University in St. Louis before transferring to the University of Washington graduating with a teaching degree. At "U Dub", she met her future husband, Doug Allen of Omak, WA, who started his US Navy career as a carrier pilot. After their marriage, they moved from Navy base to Navy base for 15+ years and had two children: Dewey and Bicklee. When stationed at the Pentagon in the early mid-1960s, they bought a house in Arlington, VA, where they returned in 1969. Their two children finished high school in Arlington and Doug retired from the Navy and joined the US Senate as a senior staffer.

In late 1980, Doug retired from the US Senate, and Doug and Bev returned to their home state of Washington, deciding to live in the stunningly beautiful Lake Chelan area. They bought and moved into a "spec house" in Manson, WA in 1981 and proceeded to make it their own.

Doug died in 1986 of cancer and Beverly remained in her Manson home where she continued her quest to make it a showcase estate. In the late 1980s, she met her second husband, Orlo Hill, also a widower who owned an apple orchard in Manson. They were married in 1991 and shared a life of fun adventures including trips on the Concorde SST, the Queen Elizabeth 2, and the Orient Express. Orlo died in 2013.

Beverly is survived by her daughter, Bicklee; and son, Dewey; their spouses; four grandchildren; and three great-grandchildren.

Interment will be at her beloved church, Saint Andrews Episcopal in Chelan. Per her wishes, there will be no funeral service. A Celebration of Life is planned for a future date.

FOR THE REPOSE OF THE SOUL

O Christ, who calms the storm and sea,
Receive this soul, now set free.

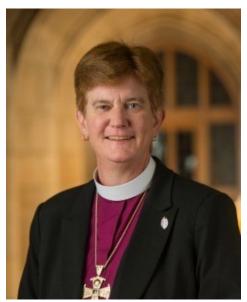
Through waters deep, through trials past,
Bring them to Your light at last.

No night can dim the love You give,
In You they die, in You they live.
At Heaven's gate, Your mercy calls,
Where grace uplifts and darkness falls.

Grant rest, O Lord, and let them be, At peace, at home, eternally. Till trumpet sounds and saints arise, They dwell with You beyond the skies.

#### St. Andrew's News

## The Rt. Rev'd Gretchen M. Rehberg will be coming to Chelan to visit St. Andrew's on October 12<sup>th</sup>



Bishop Gretchen Rehberg, Ph.D., D.Min. was ordained and consecrated March 18, 2017 as ninth bishop of the Episcopal Diocese of Spokane.

She is passionate about proclaiming the inclusive love of God and equipping the people of God for transformation and growth. Christian formation for all ages is of vital importance to Gretchen, and she stresses the need for both rigorous engagement and the need for openness and humility in learning. She served as the Rector of the Episcopal Church of the Nativity from 2006 to 2017, after having been elected bishop in 2016.

She has served as the Chair of the Commission on Ministry, a Canon for Regional Mission, and a trainer for the College for Congregational Development. In these ministries, she combined her passion for equipping people for ministry and assisting congregations in becoming more faithful, healthy, and effective communities of faith. She has a M.Div. from General Seminary, a D. Min. from Wesley Seminary, and Ph.D. in Chemistry. Previously she was a professor of organic chemistry, and served her community as an EMT/firefighter.

#### Please join us in prayer for Bishop Rehberg's ministry and visit. We also lift her physical needs up in prayer.

Heavenly Creator, who makes us whole, we offer our prayer for a donor for Bishop Gretchen Rehberg. May she be strengthened in her weakness and may she have confidence in your loving care.

When You welcome a donor into your loving arms, provide comfort to those who will feel their loss and help them find peace and solace knowing that even in death the donor will be providing life for another. In Jesus Christ, the great healer's name, we pray. Amen

### **AROUND TOWN**

Do you wonder what the nurse and volunteers at Chelan Valley Community Nurse do?



Here is a snapshot of what those wonderful folks did in July.

- 22 home visits, including 2 special visits with the LCH Treatment Team (Dr. Goeser, RN Clinical Care Coordinator Allie, CHW George, and family) to trial a home treatment plan for clients with complex needs.
- 10 individual clients served, with 1 client moving to hospice care.
- 4 referrals, 3 initial visits, and 1 additional referral scheduled for July.
- Caregiver support & Care Coordination sessions for caregivers and families.
- Collaborative care coordination with EMS, Confluence Cardiology, Home Health RN, LMC Community Health Workers, LCH PCP and Urgent Care, CVCH PCP, TLC Director, volunteers, families, and POAs.
- 7 medication sets prepared, along with pharmacy pick-ups.
- 9 in-home blood pressure checks conducted.
- Numerous meetings supporting daily operations and growth, including those focused on grants, in-home care, volunteers, board leadership, and information-sharing.

## **DIOCESAN NEWS**



We've arrived at the heart of hurricane season. Deadly flooding has already devastated communities in West Texas.

One key part of our mission is to provided disaster assistance to thos most affected. We do so through the Episcopal Relief & Development Disaster Fund. With natural disasters increasing worldwide, your gift will help ensure we're ready to respond.

Members of our team are hard at work within communities that have already been impacted by disaster. Others are poised to mobilize after the next. At times like these, as hurricanes and other disasters are occurring more frequently and severely, we all must stand together with our neighbors.

For more information or to donate to one of our Disaster Relief Funds, go to www.episcopalrelief.org/what-we-do/priorities/disaster-response

## DIOCESAN NEWS

Called and Compelled by Love....

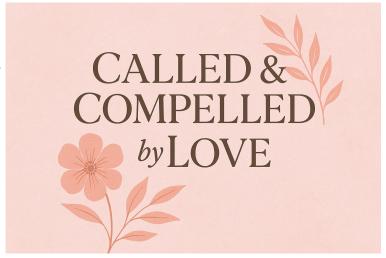
Please join us for a day Regional Women's Retreat on Saturday, September 6. 9:30 – 2:30 pm at Grace Church, Ellensburg (1201 N. B Street)

Please pre-register by emailing your name to: church@graceellensburg.org

Please indicate any dietary restrictions in your email. The cost will be \$15.00 per participant to cover refreshment/lunch costs\* (Plan to pay at the door with cash or check.)

We will participate in a "Leading with Heart Circle" and explore ways that we can enrich our leadership styles.

\*Scholarships available. Contact Sandi Peck at 509-607-4268.





## **Belief and Other Problems:** A Deep Dive on the Nicene Creed

September 4—November 20

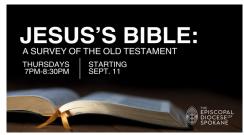


In honor of the 1700th anniversary of the Nicene Creed, this class offers a rich opportunity to explore one of Christianity's most enduring statements of faith. Belief and Other Problems will delve into the creed's historical

origins, theological context, and the ways it continues to shape Christian belief today.

Classes meet over Zoom on alternating Thursdays from 7:00–8:30 PM on the following dates: **September 4, September 18, October 2, October 23, November 6, and November 20.** 

**Register at:** https://theepiscopaldioceseofspokane.churchcenter.com/registrations/events/3071190 Curious minds and open hearts welcome—no prior background required!



#### Jesus's Bible: A Survey of the Old Testament September 11—December 4



#### **Details**

Join us for an engaging exploration of the Hebrew Scriptures in Jesus's Bible: A Survey of the Old Testament. Building on the foun-

dation of our New Testament class last spring, this course will guide students through the diverse genres of the Old Testament, introduce key insights from contemporary biblical scholarship, and invite thoughtful reflection on how Christians engage with these ancient texts.

Classes meet over Zoom on alternating Thursdays from 7:00–8:30 PM on the following dates: September 11, September 25, October 9, October 30, November 13, and December 4.

Register at: https://theepiscopaldioceseofspokane.churchcenter.com/registrations/events/3071130 All are welcome—no prior experience required!

# St. Andrew's Signpost

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