

St. Andrew's Signpost

The Rev. Canon Linda Mayer—Vicar

Linda Cox—Bishop's Warden

Bob Beeson—People's Warden

JANUARY



Bishop's Committee News—

1. **St. Andrew's Annual meeting** will be held February 6, 2022 with a potluck dinner.
2. **In Barb Sutor's honor**—The Outreach committee will continue to send birthday cards to church members. Terry and Jane will donate cards and stamps.
3. **Enzyme treatments**—Susan Fisher will begin enzyme treatments again now that the Parish Hall is being used regularly.



Perfect Poached Chicken Breasts

Last month's newsletter featured a sweet and sour chicken recipe from Marci Hale. As a follow-up, this month includes the poached chicken recipe used in the recipe:

4 – Trimmed 6 to 8 ounce boneless/skinless chicken breasts

Brine:

½ – cup soy sauce

¼ - cup salt

2 – T sugar

6 – cloves garlic – peeled & smashed

4 – quarts water

- In a large pot or Dutch oven, combine ingredients. Stir until salt & sugar dissolve. Place steamer basket in pot and place chicken in brine (chicken should be fully submerged)
- Let chicken sit in brine at room temperature for 30 minutes.
- After 30 minutes, heat pot over med/high heat, stirring occasionally until brine water registers 175 degrees F. about 20-25 minutes.
- Turn off heat & cover pot.
- Let stand until chicken breasts register 160 degrees – about 25-30 minutes.
- Remove chicken & cool before cutting.

“Hats Off” for Heritage Heights in Holiday Headgear Giveaway

Senior citizens receive seasonal hats and gloves for Christmas from local store

Hazel (not her real name to protect her privacy) was among the 25 elderly Heritage Heights residents who chose among a variety of warm, narrow-brimmed millinery for women and stocking caps for men. The hats and coordinating gloves were donated by The Main Street Gallery fashion boutique and fine art arcade as part of a Christmas outreach program coordinated by the store’s co-owners April Marcel and Lacy Boosinger, plus several parishioners at St. Andrew’s Episcopal Church.



First one then another, the elderly women and men slowly pushed their walkers into the crowded Heritage Heights lobby to select among new hats displayed on a low table. Smiles of delight and gasps of wonder spread across their faces as each style was tried on.

Even though they had not shopped recently, the women knew the hat ritual that stemmed from a bygone time when all ladies and gentlemen wore fashionable hats for church and when going out. Hats, for decades, were part of everyone’s fashion habit and winter attire.

“For me?” questioned one woman as she picked up a variegated gray hat with a jaunty side bow. Smiling with amazement she asked no one in particular, “Can I try on the black one, too?” she quizzed excitedly.

One new male resident at Heritage Heights exclaimed “I don’t have a cap like this!” when he lifted a bright orange knit version to his balding head. “This will really keep my head warm...”

April Marcel and her daughter, Lacy Boosinger, dreamed up the holiday gesture when they discovered a big box of new hats locked in a storeroom. The fashion duo recently acquired The Main Street Gallery on Woodin Avenue in Historic Downtown Chelan and re-opened the boutique.

“We want to demonstrate our gratitude to the community for warmly welcoming us to the local retail scene,” Boosinger gushed. “I can’t tell you how much fun this project was. Mom called Heritage Heights Executive Director, Deseria Bare and found a time in their daily schedule where the residents would be getting together in the lobby.

“The hat-distribution caper was hatched,” Marcel said with a smile.

**Story continued on next page*

“Hat’s Off” continued

Sisters Joan Hazelton and Jane Farris accompanied by Joan’s husband Larry, lent an air of organization and festivity to the headgear giveaway.

“Many of these residents don’t get out much, so it was a genuine and timely surprise for all of them,” explained Joan. “What’s more, it warms your heart to make someone’s day during Christmas time.”

“We Christians pattern our gift-giving much like the Wise Men did for baby Jesus two thousand years ago.”

“The winter hat program was lots of fun,” said Harris after the distribution and when the recipients, wearing their new chapeaus sauntered off to the dining room. “It seemed to bring back fond memories for many of them,” She added. “Plus, they all look so stylish.”

Terry J. LaBrue, APR



Happy Birthday

April Clayton—11

Linda Mayer—14

Johanna Clayton—23

Hannah Hubbard—26

Jordana LaPorte--30



January

January Calendar

January 2—Holy Eucharist—10:00 a.m.

January 9— Holy Eucharist—10:00 a.m.

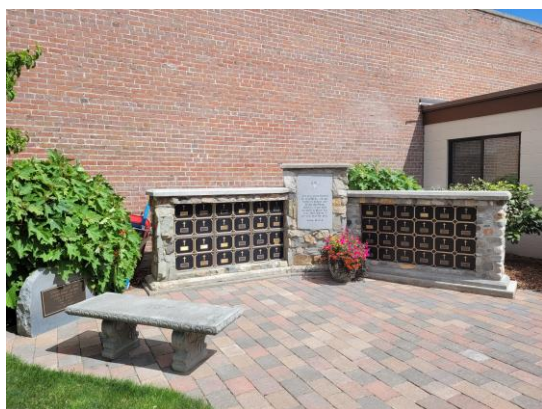
January 16— Holy Eucharist—10:00 a.m.

January 20—Bishop’s Committee—3:00 p.m.

January 23— Holy Eucharist—10:00 a.m.



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January 2022