

NEW PATIENT SCIT BRIEFING

- Review each of the five (5) questions: Is Your Answer Yes to Any of These Questions?
- Review verification of patient name and date of birth on vial(s) before each injection.
- Review use of oral antihistamine (Zyrtec, Allegra, Xyzal, Claritin or Clarinex) the evening before or morning of injection(s) as this will decrease the risk of a systemic reaction.
- Review that 30-minute wait period begins when injections are given.
- Review that it is patient's responsibility to set 30- minute timer on their cell phone.
- Review form on refrigerator with build-up schedule, supportive therapy for local reactions, and dose adjustment schedule for breaks in therapy for both build-up and maintenance schedules.
- Review form on refrigerator with signs and symptoms of anaphylaxis and our treatment protocol for a systemic:
 - Bring patient back into an exam room.
 - Give a dose of epinephrine in the anterolateral thigh.
 - Observe patient for 60 min after epinephrine until all signs and symptoms have resolved.
 - Patient can come back as soon as two (2) days later.
 - Dose will be adjusted 10-fold (e.g. 0.3 mL 1:10 v/v yellow would be 0.3 mL 1:100 v/v blue at the next visit).
- Review that allergy shots are billed for payment every 2-3 months so there is NO need to pay at each allergy shot visit. We will send an account statement with any balances due and a payment portal link.
- Review that patient should use bathroom before they get their injections.
- Review annual red vial refills and need for 5 build-up visits after year 1 and cluster injections with the annual refills after 2 years at maintenance. Review 6 month expirations for green and blue vials.
- Review required follow-ups with Dr. Tankersley at 1 month after starting shots, 2 months after 1st visit, 4 months after 2nd visit then every 6 months.
- Appointments for allergy shots are walk-in, an appointment is not required.