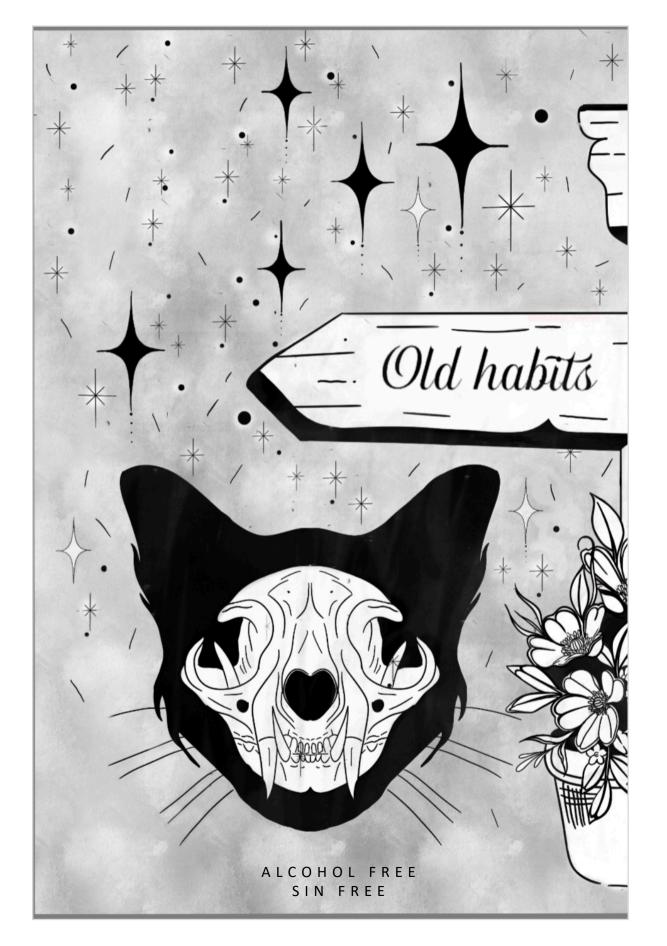


67 CALVERLEY ROAD, TN1 2UY



WELCOME TO SINBAR

It's not the alcohol that gives you the buzz, it's you and those around you. We've all heard of Dry January, Sober Spring or Stop-tober, but more and more people are choosing an AF (Alcohol Free) as a healthier lifestyle and it doesn't have to restrict your social life!

Reap the benefits of being free from alcohol and discover new flavours and freedom of the mind and soul.

Here at Sin Bar we offer all your 'normal' drinks but all Sin Alcohol.

Sober-Curious: Benefits of an Alcohol-Free Lifestyle

Exploring an alcohol-free or "sober-curious" lifestyle is one of the latest health and wellness trends. There are many reasons to consider an alcohol-free lifestyle. From incorporating healthier choices to examining your relationship with alcohol Reducing or eliminating your alcohol consumption can impact your overall physical and emotional health, so why not give it a try!?

What is sober-curious?

The term "sober-curious" is used to describe the decision to decrease the amount of alcohol you consume. As the name implies, it encourages participants to scale-back their alcohol consumption and/or begin to experiment with an alcohol-free lifestyle. The sober-curious lifestyle takes a holistic approach to wellness by encouraging healthier lifestyle choices. By reducing your alcohol consumption, you may experience significant health benefits. To quit or not to quit; it's all about balance.

We're not here to preach, only here to offer you your tasty tipple but with lower calories and without the headache. All in a creative space.

Sit back in our lounge, have a drink, grab some pens and design your ink!

Cheers!

SIN DRINKS

WINES

The grapes are picked at full maturity and macerated to extract colour and tannins. Fermentation takes place with a cultured yeast at temperatures between 25 and 28°C. After the fermentation is complete, the wine is left in the fermentation tank with the skins for another 2 weeks to ensure integration and full development of the tannin structure. The alcohol is then carefully removed using a vacuum spinning cone process. This allows the alcohol to be removed without affecting the integrity of the wine.

Red: Cabernet, Syrah or Shiraz	175ml	5,00
Whites: Sauvignon or Chardonnay	175ml	5,00
Rose	175ml	5,00
Sparking White	125ml	4,25
Sparkling Cans – White & Rosè	250ml	5,50



All drinks served are alcohol free which is under 0.5% ABV. No alcohol is served on this premises

BEERS

Alcohol free beers have probably been around the longest and the variety available now is outstanding so where do you start? We thought he same so have tried and tasted a fare few and these are our favourites so far but watch this space for new additions!

Corona Cero	330ml	3,20
Asahi Dry	330ml	3,40
Birra Moretti	330ml	3,80
Drop Bear Lager	330ml	3,80
Drop Bear Stout	330ml	4,50
Lucky Saint Lager	330ml	4,60
Beaver Town Lazer Crush	330ml	4,60
Gipsy Hill Craft IPA	330ml	5,00
Force Majure Triple Hop	330ml	5,00







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Gree your creativity....



FABLE WISE TATTOOS



SPIRITED

All of our 'spirits' are created with the taste and flavour of the named favourites and none of the alcohol. You can have the same drink with all of the fun and non of the sin. Ask for a taster if you don't believe us!

Ginsin – Botanic, Pink or Orange	50ml	3,00
Usko 'Vodka'	50ml	3,00
270 Cocount & Vanilla 'Rum'	50ml	3,25
270 Dark Caribbean 'Rum'	50ml	3,25
Sobour 'Whiskey'	50ml	3,50
Solerera 'Tequila'	50ml	4,00

APERITIF & LONG DRINKS

New London Light & Tonic	5,50
Pentire Margarita	5,50
Sentia * & Lemonade	5,50
Three Spirit * - Livener, Social, Nightcap with mixer	5,50
Mixers: Cola, Lemon, Tonic & soda	2,50
	_, -, -

^{*} Contain gaba spirit or 'feel good' botanics



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SENTIA: THAT TWO-DRINK 'SWEET SPOT'

SENTIA is an alcohol-free spirit that hits all the right notes, creating the harmonies & rhythms that enrich how we socialise. Because of its unique blend of active botanicals that naturally enhance the mood, raising a glass of SENTIA hits your sweet spot, without hitting you with a hangover.

STRAIGHT 4,50

25-35ml SENTIA neat or with Ice

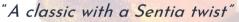
"A direct experience of this unique liquid and everything it has to offer"

SIGNATURE 5,50

25ml SENTIA and premium tonic with orange wedge "A super simple signature drawing out SENTIA's flavours for optimal sensation"

MOJITO 6,00

25ml SENTIA, mint leaves, sugar, soda and lime.





SIN DRINKS

COLD & REFRESHING

Natural water – still or sparkling	300ml	3,00
Orange juice	300ml	3,00
Pink grapefruit juice	300ml	3,00
Passionfruit juice	300ml	3,50
Pepsi, lemon Fanta or tonic	300ml	2,50

Kaytea Ice Teas: 300ml 3,00

Pineapple, Passionfruit & Hibiscus

Jasmin, Grapefruit Green Tea

Mango Yuzy White Tea

White Peach Green Tea

Milkshakes – thick and creamy made with fresh milk

Chocolate, Vanilla or Strawberry with toppings







4,50

HOT & COMFORTING

Our newest featured product gives you the opportunity to try the award-winning, full bodied Moka Italia blend. Roasted in Kent and tasting of a gentle, sweet acidic aroma of cocoa, it leaves a rich, deep body flavour that lingers modestly on the palette.

Not a coffee drinker? Why not try our incredible hot chocolates that are rich and indulgent, dark or original chocolate with or without creamy toppings. Or our fine teas that are delicate and not your regular home brews!

	8oz	12oz
Espresso	2,00	2,50
Americano	2,70	3,00
Cappuccino	3,20	3,50
Latte	3,20	3,50
Flat white	3,40	3,70
Mocha	3,40	3,70
Hot chocolate – Original & Dark (V)	3,20	3,60
Hot chocolate deluxe with cream	4,00	4,50
Fine Tea –English, Earl Grey, Chamomile & Green		2,50
Syrups & milk alternatives (oat or soya,) per shot	,50
Extra shot of coffee		,50
Decaf		,50

All milk drinks are made with FRESH semi skimmed milk unless otherwise requested







Hi, I'm Torz.

Owner and founder of Love & Ink. I often stay in the background, either in the treatment rooms or busy busy on my laptop but I thought it was time to say hi properly and introduce our latest new evolution and where it all came from.,

How was Love & Ink born? Back in 2016 I saw an opportunity; I wanted to bring a loving comfortable



feel to the body adornment world without it being scary for those new to the scene. With my passion for ink (having many many hours worth of work on me), I bought together an awesome team to offer quality body piercings, beautiful tattoos, stunning jewellery curation and body beautiful services.

So where did Sin Bar come from? Long story short, when I was at art college I lived in my parent's pub so my career started in hospitality (then a few restaurants and then some corporate bits followed) before taking over In Skin. I have always 'worked hard, played hard' and got shit done.

Having a drink at the end of a long day or week has been the norm and socialising to relax but I became tired of juggling that too. So over the last year I've been working with rehabilitation and recovery groups to change my relationship with alcohol and discover a whole new world of non-dependence and self care.

I found it so difficult to find tasty alternatives that matched my 'usual' tipple, I'm not a beer drinker for instance but that's what's normally only on offer in AF. I tried loads of zero wines and spirits I found scattered in shops but they were so hit and miss. I did find some 'hits' which allowed me to still enjoy a glass of wine or two at home. But I still wanted to go out once in a while....lightbulb!

From 2024, I'm excited to announce a move and expansion to a new premises which will home to Kent's first and only Sobriety Bar. Offering No/Low alcohol wines, beers, cocktails and coffee in a fun and artistic space..

The Sin Bar and Creative Lounge offers 'great match' alcohol free alternative drinks and delicious award-winning coffee along with drawing pads and tattoo design sheets for budding artists to free the mind and join others.

We hope you enjoy our Sin Bar at Love & Ink, here for you to love the skin you're in. Much love, TJ xx

