

Chipotle Almond Hummus (Low Carb)

Ingredients

1/2 cup	Water
1/2 cup	Olive Oil
1/2 cup	Raw Almonds
1/4 cup	Lemon Juice
3 tbsp	Nutritional Yeast
1-2 cloves	Garlic
2 tsp	Liquid Aminos or Soy Sauce
1/4 tsp	Cumin
1/4 tsp	Coriander
1/4 tsp	Paprika
1/2 tsp	Chili Powder
1/2 tsp	Chipotle Powder
1/2 tsp	Sea Salt
1 tbsp	Tahini

Instructions

Toss all ingredients into a high power blender or food processor. Blend for 2-3 minutes until smooth.

Enjoy with vegies or a low carb chip. Best served chilled.

Store in fridge in airtight container.

Nutrition Information: Entire 2 cup recipe contains 151 grams of fat, 33 grams of protein and about 14 grams of carbs.