



Get In Touch

Contact Information

It would be a pleasure to see you participate in one of our services to the community.



Website

www.gardenparktower.ca



Phone Number

604-853-5532



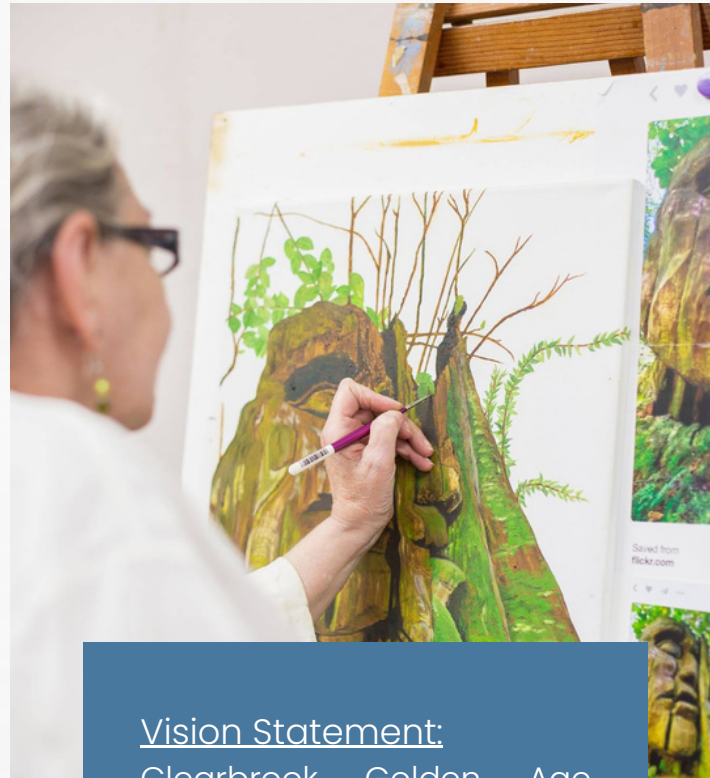
E-mail Address

reception@gardenparktower.ca



Our Location

Garden Park Tower
202-2825 Clearbrook Road
Abbotsford, BC V2T 6S3



Vision Statement:

Clearbrook Golden Age Society aspires to provide a premier, self-sustaining living community for seniors.

Mission Statement:

Clearbrook Golden Age Society operates a multi-purpose facility for retired or semi-retired persons that includes cultural, recreational, educational, and Judeo-Christian based spiritual activities.



Clearbrook Golden Age Society Garden Park Community Center

We love seniors! At Garden Park Tower we prioritize the physical and mental well-being of our seniors. We believe that an active lifestyle is essential for health and well-being. By encouraging purpose and providing opportunities for fulfilling experiences, we aim to enhance our seniors' overall quality of life.





Introduction

Our Seniors are Active

During the week our seniors can be found in various activities; participating in painting classes, working on projects in the wood shop, strengthening their core in our health and wellness exercise classes, or improving their score at carpet bowling. We also have regular social events throughout the year, celebrating each season with music and excellent dining, catered by our kitchen staff and chef in the Rose Room Coffee Shop. Garden Park Tower is a very special place to enjoy life.

Our seniors keep their minds and hands busy and feel a part of a friendly

community. It's a great place to make lasting friends with like-minded individuals who want to serve and help the community. We would love for you to come and join our community and take advantage of all our services.



Services Provided

What We Can Do

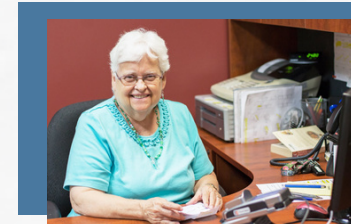


At Garden Park Tower we want our seniors to be active physically and mentally. This ensures a wholesome and a healthy life. With purpose, our seniors find meaning and fulfillment.

- ✓ Well equipped exercise Room
- ✓ Income Tax Returns
- ✓ Picture Framing
- ✓ Bookbinding
- ✓ Carpet Bowling
- ✓ Special Events
- ✓ Painting Class
- ✓ Rose Room Coffee Shop
- ✓ Woodshop (Residents only)



Community Service Volunteers



Our center provides seniors with diverse volunteering opportunities: answering phones and greeting guests at our front desk, providing picture framing and bookbinding services, helping out in the Rose Room Coffee Shop or planning the next social event. Also, in collaboration with the CRA, every tax season, March through April, we have experienced volunteers file the tax returns for earners under \$45,000. This service is free of charge.

