

John H. Redekop, Editor

Nadia Baran, Production Assistant

**From the Executive Director's Desk**

In the 30 years that I've managed non-profit organizations, I have heard many myths, misunderstanding and misconceptions about non-profit organizations. In my 9 months at the Clearbrook Golden Age Society, I have heard myths told by residents, commercial tenants, and outsiders that made me think that I should address some of these issues.

When these myths are repeated often, they can feel like they have become the truth. The Clearbrook Golden Age Society is a not-for-profit organization registered with the Societies Act of British Columbia since 1978. For British Columbia's regulation on Societies, please visit bclaws.gov.bc.ca/civix/document/id/complete/statreg/15018_01. In this *Newsletter* and the next two, I will attempt to debunk these myths that undermine the true existence of a Society like CGAS.

The term "nonprofit" is a bit of a misleading term because non-profits can make a profit. The profit will ensure the sustainability of the non-profit organization. I hear many say, CGAS should not make a profit. Well, that is a myth. The truth is that the difference between a for-profit and non-profit is that a non-profit organization cannot distribute its profit to any private individual. This is because the basis of a non-profit is not "private interest" but rather "public benefit." To say it bluntly, any resident or anybody outside of GPT who pays their dues as a member of CGAS cannot receive

compensation or profit from the Society. Any "profit" has to be redirected to support the mission, vision, and objective of the Society spelled out in its Constitution. CGAS has expensive operating costs, utilities, bills, salaries, investing in office equipment and capital investment. These are referred to as "overhead" or "administrative costs." These costs are essential to deliver and in order to attain to our non-profit mission. In order to "pay the bills", managing the income of a non-profit is crucial in order to operate in the black, just the same as any business wants to operate. For-profit and non-profit need to operate in the black.

Non-profits do make money. It is up to the non-profit to explain how the funds are reinvested in the cause, unlike for-profits where the profit goes to the owners and shareholders. As of June 30, 2023 Year-to-Date, CGAS finances records show that after paying all overheads, we are in the black by \$3,884, however once we apply the depreciation on our capital we are under by -\$18,548. So, technically, we do not have extra funds to reinvest in the society. By December 31, 2023, I will be glad to give a report on how the profit would be put back into the mission, vision and objective of CGAS, if we did make a profit. (*To be continued in September*).

Luc Sabot

"Beware of concern for money, position, or glory. Some day you will meet a man who cares for none of these things. Then you will know how poor you are."

Rudyard Kipling

Guest Column: Two Skirmishes in the Current Culture War. Editor's Note. On July 6 *The Christian Post* carried a report about the treatment of a professor at the University of Cincinnati. Three days later the same publication carried a report about a puzzling and disturbing event in The Netherlands. Excerpts and summaries of these two reports appear below.

The University of Cincinnati has formally "reprimanded" professor Melanie Nipper after she gave a student, Olivia Krolezyk, a grade of 0 out of 20 for a "final project" in a course entitled, "Gender in Popular Culture".

The single reason given for the lowest possible mark was that in her project report, Melanie had used the phrase "biological woman". Professor Nipper's justification for assigning the mark of 0 was that Melanie's use of two words, "biological woman", constituted an idea that "framed trans individuals as oppressors". The professor added, "I felt it was necessary to educate her regarding inclusive language to ensure a safe learning environment for other students."

Importantly, the university has ordered professor Nipper "to complete free speech training". She was also told "that any other violations of the university's policies may result in termination."

The lead story in the July 9 issue of *The Christian Post* had this headline. "Biological male crowned winner of Miss Netherlands beauty pageant". Reporter Samantha Kamman wrote as follows. "A male model who identifies as a female won the Miss Netherlands crown, making him the first trans-identified individual to win the title."

The winner, Rikkie Valerie Kolle, previously known as Rik, is a 22-year-old Dutch actor and model.

As quoted in the same report, conservative Dutch commentator Eva Vlaardingbroek stated that Kolle's win was "a loss for the women,...a man just won Miss Netherlands."

The message sent is not always the message received.

An adult to a four-year-old girl "Your shoes are on the wrong feet."

The four-year-old girl, after a pause. "I don't have any other feet."

"We have two central tasks in life. One is to find out what is going on around us; the other is to decide what we are going to do about it."

Quoted

HEALTH HINTS It is said that falling asleep is a blessing. Most nights I receive several such blessings. I could do with fewer! As we all know, many seniors suffer from insomnia. Sleep seems to come more easily sitting in a church service or watching a TV program than at night. Thanks to a report in *The Epoch Times*, kindly passed on to me by Wilf Hein, we insomniacs can improve our sleep patterns by eating significant amounts of beneficial foods.

Columnist David Chu, who asserts that "one-third of adults in Canada do not get enough sleep", (the percentage for seniors is surely much higher), the following foods can be very beneficial.

1. **Almonds.** They "are rich in melatonin...which regulates the sleep-wake rhythm in the human body." Almonds are also rich in magnesium and calcium "that promote muscle relaxation and sleep".
2. **Chamomile Tea.** This drink "is widely known as a mild sedative and sleep inducer." A major 2019 study showed that drinking a cup of this tea before bedtime helped people who had "generalized anxiety disorder".
3. **Kiwis.** "Kiwi is rich in nutrients such as vitamin C, potassium, and vitamin E." Eating kiwi fruit before bedtime "can help people with sleep disorders fall asleep faster, stay asleep longer, and reduce the frequency with which they wake up at night."
4. **Bananas.** This generally low-cost fruit provides vitamin B6, vitamin C, potassium, fibre, magnesium, and manganese. All of these items are helpful to improve sleep.
5. **Cherries.** This fruit helps the body produce melatonin. It also contains other ingredients that "effectively improve insomnia".
6. **Milk.** "Drinking a glass of milk before bed is a common home remedy for insomnia." Rich in calcium and other key health boosting ingredients, milk also contains tryptophan and vitamin D, both connected to improved sleep. Milk also stimulates the production of serotonin, "a crucial inhibitor of insomnia".

JHR

Did You Know? According to a June 24, 2023 blog by Gregory Tomchysyn of the CitizenGO Organization, "over 1,500 born-alive babies were killed after failed abortion attempts in Canada" in recent years. CitizenGO, an international Judeo-Christian pro-life pressure group, has asked the RCMP to launch a criminal investigation.

This group argues that babies born alive have a right for medical aid instead of being left to die without receiving the care and medical assistance normally given to newborn infants. Although the request was sent some time ago, there has been no response.

Editorial A New Church Service

Initially, as recorded in Scripture, the Christian church assembled primarily for worship and fellowship. Over the millennia various other categories of services were added. These ranged from cornerstone laying to building dedication, from child dedication to anniversary celebration, and from song fests to missions auction sales. Now an entirely new undertaking has been added, by at least one church.

As reported in a *ChristianNewsNow* blog by Jesse T. Jackson, the Churchill Park United Church in Winnipeg has adopted a resolution which authorizes the church to hold a service for those who wish to end their lives in a church setting. The resolution affirms a “case-by-case approach to medical assistance in dying.” The resolution states that “There are occasions where unrelenting suffering and what we now know about the effect of pain on the human body can make Medical Assistance In Dying a preferred option. To this end, we advocate community-focused robust discernment on a case-by-case basis that also ensures the protection and care of those potentially made vulnerable” by the legalization of MAID (Medical Assistance In Dying).

This new church policy was put into practice in the case of Betty Sanguin. This 86-year-old church member was diagnosed with Amyotrophic Lateral Sclerosis (ALS), which is the gradual failing of the nerve cells in the brain and spinal cord for which there is at present no cure. This painful affliction eventually, and sometimes quickly, is fatal. Within six months of being diagnosed with ALS, Betty Sanguin’s illness had reached a crisis point. When her physicians noted that a feeding tube would be needed because she could no longer swallow, Betty began thinking of the MAID alternative. Her daughter, Lynda, stated that her mother “didn’t want” the insertion of a feeding tube. The upshot was that Betty decided to accept MAID as administered in her church. The service was called a Crossing Over Ceremony. Betty’s family and her congregation met in the church for this event.

Apparently, they met at 12 noon. The blog notes that “Sanguin visited with her family and friends during the ceremony hosted at the church. The lethal injection started at 1PM. An hour later, she was no longer present on earth. At 4PM the funeral home arrived to take her body.”

Sanguin was described as someone with a servant’s heart and an inspiration to others.” She left behind “six children, twelve grandchildren, and eleven great-grandchildren.”

While we all need to be respectful towards fellow believers who adopt views and beliefs with which we may disagree, it seems appropriate to ask some questions. At a time when modern medicine seems to provide major relief from

even excruciating pain, is it right for Christians to choose MAID? Can the church muster Biblical arguments for or against the use of MAID? If a Christian opts for MAID, should this decision be affirmed by the affected church? Finally, even if the church allows for the intervention of MAID to end a very difficult and painful life, should such an event be done in, or even celebrated by, the church?

I am the first to acknowledge that good arguments may not all align with one side of the issues but something about this church service in Churchill Park United Church leaves me less than at inner peace. I look to theologians, Christian ethicists, Christian physicians, and relatives of ill people who have opted for MAID, to give us guidance.

John H. Redekop

A Political Item

Although we have critiqued social concerns related to government policies, the *Newsletter* has in the past made no political statement about governments. In this issue and the next, we shall express concerns which seem to be so blatantly flawed that published criticism seems warranted.

The current national Liberal government has undertaken some praiseworthy and some not praiseworthy policies. Some present realities could be termed financial profligacies: ”shamelessly bad” and “unjustifiably extravagant”.

*When the Trudeau Liberal government was elected in 2015, the federal public service numbered 257,034. On July 11, 2023, the *National Post* reported that it had mushroomed to 357, 247, a nearly 40 per cent increase. About a third of these were COVID--related emergency hires. All special COVID programs have ended. There has not been an announcement that these special hires have been released.

*In two years, from 2019-2020 to 2021-2022, the cost of operating the public service increased 32 per cent, from \$87.5 billion to \$115.9 billion.

*In June, 2023 the *National Post* reported that although less than 60 per cent of public service divisions met their Performance Goals, 89 per cent of federal executives received bonuses.

*Although the Reykjavik Conference Centre in Iceland is located half a kilometre from the hotel where Governor General Mary Simon stayed for four days in 2022, and no tourist attraction is remotely located, Canada’s Head of State racked up a limousine charge of over \$70,000. This fact should, however, not surprise Canadian taxpayers. In October, 2021, the Governor General and her entourage attended the Frankfurt Book Fair in Germany. Justification for such a trip seems unavailable. The cost to Canadian taxpayers was \$700,000. (*National Post, July 12, 2023*)

Pictures and Comments from 1956



“Who would have thought gas would some day cost more than 20 cents a gallon.”
(Note the components of the price.)



“The fast food restaurant is convenient for a meal but I doubt they will ever catch on.”

Meet N Greet

Well August is here and plans are underway for a fun Meet ‘n’ Greet on Monday, August 28th at 5:00. Plan to bring your favourite picnic dish so we can celebrate the last lazy days of Summer. A few suggestions are: cold cuts, chicken, pasta, Caesar salad, broccoli, Greek salad, devilled eggs, pickles and buns, squares, perishki, Rice Krispie cakes, etc. The sign-up sheet will be posted in the Mail Room the week before the event. Looking forward to being together again and getting to know our new residents. And don’t forget to bring your own plate, cutlery and cup.

Dorothy, on behalf of the Meet ‘n’ Greet Committee: Marcia, Doreen, Hedy, Anne & Lydia

A Reminder

To keep a current and updated picture board in the mail room, please feel free to call Dorothy (1002) at 604-220-5569 to make arrangements to have your picture taken or retaken.

Obedience, then Honesty

A mother and her seven -year-old son needed to take the bus to go downtown. The mother knew that children who were 6 and under could ride free. As the bus approached the bus stop, the mother told her son, “When the conductor asks how old you are, just say 6.” After the bus stopped, the mother and her son waited for others to get aboard. Then it was their turn. The son got on first.

As he stepped into the bus the driver asked him, “Sonny, how old are you?” “6”, answered the boy. “And when will you turn 7?” asked the driver. “As soon as I step out of the bus”, answered the boy.

“I offer my opponents a bargain. If they will stop telling lies about me, I will stop telling the truth about them.”

Adlai Stevenson, Democratic presidential candidate, 1952, 1956

“Though we can step out of God’s will, it’s good to know that we will never step out of God’s care.”

Pastor Dan Jongsma

Publisher: luc.sabot@gardenparktower.ca

Editor: jhredekop@shaw.ca