

RESEARCH INTERESTS

Mentorship program development and evaluation in undergraduate social work education, with particular attention to how theoretical grounding shapes student outcomes. Related interests include behavioral health equity among sexual minority populations, substance use disorder, experiential learning initiatives, and sustainability and justice-centered pedagogy in social work curricula.

EDUCATION

Doctor of Philosophy in Social Work

August 2025 – Present

Saint Louis University, School of Social Work · St. Louis, MO

In progress

Master of Social Work (MSW)

May 2024

Middle Tennessee State University · Murfreesboro, TN

GPA: 4.0 / 4.0

Bachelor of Science (BS) — Integrated Studies

May 2022

Organizational Leadership / Behavioral and Health Sciences

Middle Tennessee State University · Murfreesboro, TN

Honors: Cum Laude

Associate of Science (AS) — Social Work

May 2021

Columbia State Community College · Columbia, TN

Honors: Cum Laude

ACADEMIC APPOINTMENTS

Faculty Member

Fall 2024 – Present

Middle Tennessee State University, Department of Social Work · Murfreesboro, TN

Courses Taught:

SW-2750 (EXL) *Introduction to Substance Abuse*

SW-2570 (EXL) *Introduction to Social Work*

SW-3000 *Social Policy*

SW-4690 *Integrative Seminar in Social Work*

SW-3200 *Cultural Diversity: Competency for Practice*

SW-6240 *Social Policy Analysis (graduate)*

Selected Contributions:

- Served on the Department Curriculum Committee, contributing to CSWE curriculum alignment, syllabus review, and course shell standardization during the LMS transition to Canvas (Sp25–F26).
- Collaborated with MTSU instructional developers to design three new online social work courses: SW-5720 Crisis Intervention; SW-4050 Introduction to Substance Use and Misuse; and the graduate counterpart SW-5050 (Su26–F26).
- Provide direct mentorship to one graduate and two undergraduate social work students (F25–Sp26).
- Serve as BSW practicum supervisor, providing weekly supervision and professional development oversight (F24–Sp25).
- Developed and delivered a professional development session on assertive and ethical behavior in social work practice as part of BSW Practicum Orientation (Sp26–F26).
- Designed and delivered structured instructional workshops guiding graduate students through MSW capstone academic poster development across multiple terms (F24–Sp26).
- Integrated student-centered and inquiry-based strategies including collaborative discussion teams, multimedia case analysis, and structured peer synthesis.

- Developed applied and reflective assignments linking theory to practice, including the Engage component for Introduction to Social Work and the EXL designation for Introduction to Substance Abuse.
- Completed New Faculty Learning lecture series on Backward Design through the Learning, Teaching, and Innovative Technologies Center (LT&ITC), MTSU (F24).

Graduate Teaching Assistant

August 2023 – May 2024

Middle Tennessee State University, Department of Social Work · Murfreesboro, TN

Courses Taught:

- SW-3000 Social Policy (in-person) — Supervising Professor: Dr. Cathy McElderry
- SW-4690 Integrative Seminar in Social Work (in-person) — Supervising Professor: Dr. Carmelita L. Dotson

RESEARCH & SCHOLARSHIP

Textbooks:

Coble, S., & Dotson, C. L. (2026). *Introduction to substance use and misuse*. Middle Tennessee State University. <https://mtsu.pressbooks.pub/substanceuseandmisuse/>

Book Chapters:

Dotson, C. L., & **Coble, S.** (in press). Reflection as resistance: A justice-centered framework for transformative social work education. In *Teaching for Transformation: Embedding Justice and Sustainability in the Social Work Curriculum*.

Coble, S., & Dotson, C. L. (in press). Building connection through sustainability: A three-week team learning module for social work education. In S. V. Ouedraogo, C. Gyan, & A. Taiwo (Eds.), *Social Work and Sustainability: An Inseparable Relationship to the Natural World*.

Journal Articles:

Coble, S. (2024). LGBTQ rights policy analysis. *Scientia et Humanitas: A Journal of Student Research*, 14(1), 94–106. <https://libjournals.mtsu.edu/index.php/scientia/article/view/2491>

Manuscripts Under Review:

Story, C. R., Dotson, C. L., **Coble, S.**, Ekundayo, O., Dopwell, D., Weakley, A., & Dixon, L. (2026). Building community capacity (BCC) project to address mental illness in the context of COVID-19. Manuscript submitted for publication to *Progress in Community Health Partnerships: Research, Education, and Action*.

Policy Reports & Other Publications:

Stickle, B., **Coble, S.**, & Schuster, S. S. (2025). Futures reclaimed: The power of education in prisons. *Mackinac Center for Public Policy*. <https://www.mackinac.org/s2024-13>

Coble, S. (2023, November 15). Intimate partner violence [Podcast episode]. *MPower Podcast | A Call to Our Community*. Motlow State Community College.

Manuscripts in Preparation:

Coble, S., Dotson, C. L., & Smith, C. M. (2026, in preparation). *P.O.W.E.R. mentorship program development: An exploratory assessment of student support, belonging, and mentorship needs in undergraduate social work education*.

Coble, S., Vaughn, M., & Chen, J. (2026, in preparation). *Access without adequacy: Psychological distress and unmet mental health need among sexual minority adults with substance use disorder*.

Coble, S. (2026, in preparation). *Empowerment-structured mentorship: A critical review and conceptual framework*.

Dotson, C. L., **Coble, S.**, & Smith, C. M. (in preparation). *Critical pedagogy in contested times: A case report from a BSW capstone seminar course*.

Dotson, C. L., Postlethwait, A., Sullenberger, S., & **Coble, S.** (in preparation). *DEI field preparation manual*.

Conference & Academic Presentations

Presenter — National Conferences

- Coble, S.** (2026, April 13–15). From crisis to calling: Rebuilding a life through resilience and recovery [Workshop presentation]. *ResilienceCon 2026*, Nashville, TN.
- Coble, S.**, Dotson, C. L., & Smith, C. M. (2026, February 26–28). Building mentorship pathways in BSW education: Preparing students for an evolving profession [Workshop presentation]. *43rd Annual BPD Conference: Social Work Education in a Time of Accelerated Change*, New Orleans, LA.
- Dotson, C. L., & **Coble, S.** (2026, February 26–28). Transforming BSW curriculum through experiential learning: A multi-model response to rapid change [Workshop presentation]. *43rd Annual BPD Conference: Social Work Education in a Time of Accelerated Change*, New Orleans, LA.
- Story, C., Dotson, C. L., Dopwell, D., Townsend, J., **Coble, S.**, & Weakly, A. (2024, October 27–30). Building community trust and capacity for mental health through culturally appropriate assessment [Poster presentation]. *American Public Health Association Annual Meeting & Expo*, Minneapolis, MN.

Contributor — National Conferences

- Gibson, D., Dotson, C. L., **Coble, S.**, & Robinson, S. (2024, March 6–10). The impact of religion on attitudes towards LGBTQ+ inclusion with child adoption [Workshop presentation]. *41st Annual BPD Conference*, New Orleans, LA.
- Gibson, D., Dotson, C. L., & **Coble, S.** (2022, November 10–13). African Americans' plight from Civil Rights to DEI in society: The importance of self-care [Workshop presentation]. *Council on Social Work Education 68th Annual Program Meeting*, Anaheim, CA.

Presenter — Regional Conferences

- Coble, S.** (2024, September 26–27). Inclusive substance use disorder recovery: Advancing equity for LGBTQ individuals [Workshop presentation]. *6th Annual East Tennessee State University Equity and Inclusion Conference*, Johnson City, TN.

Research Projects

- Dopwell, D., Dotson, C. L., & **Coble, S.** (2025, August). *Reflection as resistance: ePortfolios elevating student voice and sustaining social justice pedagogy in an anti-DEI landscape*. Unpublished research project, Tennessee State University and Middle Tennessee State University.
- Stickle, B., Harden, V., & **Coble, S.** (2022, November). *Rutherford County Correctional Work Center's Keeping Family Connections*. Grant evaluation report funded by the Bureau of Justice Assistance.

GRANTS & FUNDING

Funded

Experiential Learning (EXL) Faculty Grant

Fall 2025 · \$300

Middle Tennessee State University

Produced video interviews highlighting individuals in recovery for the redesigned Introduction to Substance Use and Misuse course.

Affordable Course Materials Grant (OER) — Co-PI

Fall 2025 · \$1,000

Middle Tennessee State University

Instructional Support Grant — Sway ePortfolio Development

Spring 2025 · \$250

MTSU MT Engage

Tina Stewart Campus Nonviolence Fund

Spring 2025 · \$500

Middle Tennessee State University

Coordinated a student experiential learning project for Introduction to Social Work, including transportation to the Domestic Violence & Sexual Assault Center and facilitation of the campus-wide “Real Love Doesn’t Leave Bruises” social media campaign.

Experiential Learning (EXL) Faculty Grant

Fall 2024 · \$84

Middle Tennessee State University

Provided students with day passes to experience challenges faced by individuals dependent on public transportation.

PRACTICUM EXPERIENCES

Research Intern — MSW Advanced Generalist Practicum

January – April 2024

People3, Inc. (Supervised by Candace Warner)

- Conducted research and curriculum development for disability diversity and inclusion initiatives, contributing to client-facing educational presentations and training materials.
- Observed organizational training sessions, documented client engagement processes, and provided analytical feedback to support executive team planning and evaluation.

Project Manager — MSW Advanced Generalist Practicum

May – December 2023

Middle Tennessee State University and Tennessee State University

Supervised by Chandra Story, Carmelita L. Dotson, and Donna Dopwell

Project: Building Community Capacity: Addressing Mental Health Challenges for Non-White Communities in the Context of COVID-19

- Managed project coordination and grant activities, facilitating collaboration among principal investigators, student interns, and community stakeholders.
- Contributed to survey development, community engagement, IRB documentation, literature reviews, town hall meetings, academic writing, and research presentations.

Research Intern — MSW Foundation Practicum

May – August 2023

Middle Tennessee State University, Department of Criminal Justice Administration (Supervised by Ben Stickle)

- Conducted research on prison education initiatives and rehabilitation programming, supporting development of educational resource databases and institutional partnership materials.
- Compiled literature reviews and qualitative research indexes examining the effectiveness of prison education programs and correctional education strategies.

Intern — MSW Foundation Practicum

January – May 2023

Behavioral Health Foundation (Supervised by Elliot Pinsky)

- Analyzed Tennessee legislative committee meetings and policy activity related to mental health and substance use initiatives within a macro-focused practicum setting.
- Collaborated on advocacy and policy development through engagement with legislators, stakeholder meetings, and research activities supporting a data-driven nonprofit policy center.

GRADUATE RESEARCH ASSISTANTSHIPS

Graduate Research Assistant

August 2022 – May 2023

Middle Tennessee State University, Department of Social Work · Murfreesboro, TN

Supervised by Carmelita L. Dotson and Donna Gibson

- Contributed to research and grant initiatives focused on poverty simulations, dual enrollment programming, accessibility, diversity, equity, and inclusion, and departmental technology enhancement projects.
- Co-authored and edited scholarly and professional materials addressing African American social workers, rural ethics, and LGBTQ adoption barriers while supporting departmental survey transition and data management through Qualtrics.

Graduate Research Assistant (Summer)

May 2022 – August 2022

Middle Tennessee State University, Departments of Social Work and Criminal Justice · Murfreesboro, TN

Supervised by Vickie Harden and Ben Stickle

- Conducted literature reviews and prepared research summaries on re-entry initiatives, trauma-informed care, parenting interventions, COVID-19 impacts within correctional settings, and therapeutic support for justice-involved populations.
- Assisted with grant-related reporting and evaluation activities through analysis of the Adult-Adolescent Parenting Inventory (AAPI-2) and Adverse Childhood Experiences (ACE) measures.

CLINICAL & PROFESSIONAL EXPERIENCE

Clinician

February 2025 – May 2026

As You Are Therapy · Murfreesboro, TN (Supervised by Nicole Bryant)

- Provided trauma-informed, evidence-based psychotherapy to adolescents and adults experiencing substance use, anxiety, depression, relational concerns, and sexual health-related issues.
- Applied CBT, DBT, and Reality Therapy while coordinating care with interdisciplinary professionals and community resources.

Research & Curriculum Specialist (Part-Time)

June 2024 – April 2025

People3 · Nashville, TN (Supervised by Candace Warner)

- Supported DEI training initiatives through curriculum development, case study creation, and presentation research.
- Assisted with focus groups, interview protocols, survey design, and organizational assessment projects informed by demographic research and DEI best practices.

Research and Reporting Consultant (Contract)

September 2023 – October 2024

Stickle Consulting LLC · Murfreesboro, TN (Supervised by Ben Stickle)

- Conducted qualitative research interviews with educational institutions participating in Education in Prison initiatives to identify program practices and implementation strategies.
- Developed Qualtrics-based assessments, prepared instructional materials for correctional training programs, and contributed to applied research and reporting projects.

HONORS, AWARDS & RECOGNITIONS

Best Poster Presentation Award

April 2024

Empirical Social Work Academic Research Poster Presentation
Department of Social Work, Middle Tennessee State University

Marian Clark Scholarship — Recipient

May 2023

Department of Social Work, Middle Tennessee State University

LICENSURES & CERTIFICATIONS

Licensed Master Social Worker (LMSW)

#15557

Valid through September 30, 2028

Certified Peer Recovery Specialist (CPRS)

#000-1383

Tennessee Department of Mental Health and Substance Abuse Services (expired — active through February 2024)

TF-CBT (Trauma-Focused Cognitive Behavioral Therapy) — 11 continuing education hours (July 2022)

WRAP I and BRIDGES — Mental Health Recovery Training

CITI Program: Human Research (Social & Behavioral Research)

PROFESSIONAL MEMBERSHIPS

- Council on Social Work Education (CSWE) — member (2024–present)
- Society for Social Work and Research (SSWR) – member (2026-present)
- National Association of Social Workers (NASW)
- National Association of Black Social Workers (NABSW)
- Student Social Work Organization (SSWO)

SERVICE & PROFESSIONAL ACTIVITIES

Department Curriculum Committee, MTSU Social Work Spring 2025 – Fall 2026

Contributed to CSWE curriculum alignment, syllabus review, course shell standardization, and LMS migration to Canvas.

Social Work Day on the Hill — NASW Tennessee Chapter 2024, 2025

- 2025: Sponsored a student policy presentation and coordinated a visit with 20 students from Social Policy course sections to the Tennessee State Capitol for the NASW Conference. Facilitated meetings with legislators on key legislative priorities.
- 2024: Organized an on-campus virtual Watch Party for the statewide advocacy event. Led promotion, coordinated faculty to combine classes, and increased departmental participation. Received commendation from Department Chair Dr. Cathy McElderry for record attendance.

Peer Recovery Services — Rutherford County Recovery Court March – August 2022

Certified Peer Recovery Specialist, Murfreesboro, TN

- Facilitated weekly high-risk group sessions with an average attendance of 10–12 individuals.

Ruby Gala 2022 — Vanderbilt University Medical Center December 2022

Nashville, TN

- Participated in the video presentation and attended the event to raise funds and awareness for HIV treatment access and the recruitment of HIV practitioners.

“Slave Narratives: An Adaptation of Unchained Memories” Spring 2021

Columbia State Community College, Columbia, TN

- Read the narrative of Tennessee Governor Robert Taylor in this video production (available at <https://www.youtube.com/watch?v=6oDENWyE7DE>).

Grant Writing Enhancement Program (GEP) Fall 2023 – Spring 2024

Middle Tennessee State University

- Participated in a professional development initiative designed to build grant writing capabilities among faculty, administrators, and staff.

Department of Social Work Black History Month Lecture Series February 2022

- Coordinated and managed Zoom sessions, facilitating user engagement and addressing participant inquiries.

ADDITIONAL PROFESSIONAL EXPERIENCE

Admin and Research Support Assistant (Part-Time) August 2021 – May 2022

Middle Tennessee State University, Department of Social Work (Supervised by Sarah Pruitt)

- Provided administrative, clerical, and research support through data organization, report preparation, statistical analysis, and departmental presentation development.
- Assisted with departmental communications and event coordination, including development of marketing materials and facilitation of virtual lecture series via Zoom.

Certified Peer Recovery Specialist

September 2020 – April 2021

Tennessee Mental Health Consumers' Association

- Delivered peer recovery and psychosocial rehabilitation services to individuals experiencing mental health and substance use challenges within a telehealth environment during the COVID-19 pandemic.
- Facilitated virtual support groups, maintained HIPAA-compliant documentation, and developed staff training on data collection and record management.

Consultant / Sole Proprietorship

October 2017 – January 2020

JS Enterprises · Nashville, TN

- Provided strategic consulting to startup and small business clients focused on operational development, leadership training, organizational growth, and process improvement.

Chief Business Development Officer

April 2016 – May 2017

Time Logistics, Inc.

- Directed national sales operations, client engagement initiatives, and strategic business development activities.
- Led logistics training programs for corporate partners and contributed to vendor recognition achievements and measurable revenue growth.

Chief Operating Officer (Co-Founder)

August 2001 – April 2016

Time Logistics, Inc.

- Helped start as “first employee” and managed company operations through strategic planning, infrastructure development, personnel oversight, and organizational growth initiatives.
- Directed operational systems development that contributed to sustained business expansion and recognition on the D&B Fastest Growing Companies list.