



Florence Comite MD

CEO & Founder

Comite Center for Precision Medicine & Healthy Longevity
Groq Health, Inc

Clinician-Scientist, Author, and Leading Pioneer in the field of Precision Medicine

PERSONAL DATA

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EDUCATION

1973 - B.S.	Summa Cum Laude (Biology), Brooklyn College of the City University of New York
1976 - M.D.	Yale University School of Medicine
1976 - 1977	Intern, Internal Medicine, Yale-New Haven Hospital, New Haven, Connecticut
1977 - 1978	Resident, Internal Medicine, Yale-New Haven Hospital, New Haven, Connecticut
1978 - 1981	Clinical Associate and Fellow, Adult, Pediatric and Reproductive Endocrinology, Developmental Endocrinology Branch (DEB), National Institute of Child Health and Human Development (NICHD), National Institutes of Health (NIH), Bethesda, Maryland

MEDICAL LICENSE

1978 – Present	Connecticut
2000 – Present	California
2003 – Present	Pennsylvania
2005 - Present	New York
2020 - Present	Florida

BOARD CERTIFICATION

1977	Diplomat, National Board of Medical Examiners
1979	Diplomat, American Board of Internal Medicine
1981	Board Eligible - Endocrinology

CURRENT RESEARCH

- A. **Precision Medicine:** In contrast to conventional medicine, precision medicine and health demands the knowledge of a unique individual as an n-of-1 vs 1-size-fits-all, biomarkers at the molecular and cellular level vs. imprecise lab tests that may be meaningless for many reasons.

The study of genomics, personal and family history, metabolomics, hormones, microbiomics, bone studies (bone density and body composition), lifestyle and digital data (sleep, nutrition, fitness and apps that inform and monitor in real time) to

optimize a health span that matches a lifespan, to detect, predict, reverse, and prevent emerging disorders of aging.

Other elements:

- a. Epigenetics
 - b. Telomeres
 - c. Inflammation
 - d. Stem Cells
 - e. Intervention
 - i. Medical
 - ii. Hormonal
 - iii. Supplements
 - iv. Sleep, Nutrition, Exercise
 - v. Stress, Anxiety, Depression
- B. **Reproductive Endocrinology:** Periandropause and andropause in men – mechanism, hypothalamic-pituitary-gonadal interaction, role of hCG and Testosterone, Premenopausal, perimenopausal and menopausal physiology in women- hormonal dynamics; current and potential therapeutic modalities. Impact of mixed estrogen agonist/antagonist, Clomiphene, on bone turnover.
- C. **Male and Female Aging:** Hypothalamic-Pituitary-Gonadal Function. Relationship to Metabolic Disorders, Diabetes, Insulin Resistance, Cardiovascular Disease, Neurodegenerative Disorders, Cancer, Osteoporosis

PRIOR RESEARCH

- A. **Patient Education as Medical Intervention:** Designing and implementing outcome studies in health, socio-cultural, economic, and financial areas based on utilization and impact of patient education tools and interventions.
- B. **Early Detection and Prevention of Osteoporosis:** Relationship of hormonal status and bone mass in men and women. Effects of hormonal alterations (BCPs, low testosterone, hypogonadism) on bone density.
- C. **GnRH Analogs in Gynecology:** Applications include endometriosis, leiomyomata, ovarian cysts, in-vitro fertilization (IVF), hyperandrogenism, premenstrual syndrome.
- D. **Puberty and Maturation:** Precocious puberty, physiological and psychological interactions, therapy with GnRH, short and long-term outcomes on growth and fertility.

GRANT AND CONTRACT FUNDING

Principal Investigator

1986 - 1992	Reversible Hypothalamic-Pituitary-Gonadal Suppression using GnRH Analogs
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1986 - 1995	Therapy of Precocious Puberty with Nafarelin Acetate, a Luteinizing Hormone Releasing Hormone Analog
1987 - 1989	Treatment of Endometriosis with Nafarelin Acetate, an LHRH Analog
1987 - 1989	Defining a Relationship Between Changes in Bone Mass and Hormonal Levels in Premenopausal Women
1987 - 1989	Leuprolide Depot, A GnRH Analog, Versus Danazol in Women with Endometriosis
1987 - 1989	Leuprolide Depot, a GnRH Analog, in the Treatment of Uterine Fibroids
1987 - 1989	Leuprolide Depot, a GnRH Analog, in Endometriosis Associated with Pain
1987 - 1994	Fertility and Bone Mass in Endometriosis
1987 - 1994	Clomiphene: Bone Formation and Fertility
1988 - 1989	Zoladex, a GnRH Analog, Versus Danazol for Endometriosis
1988 - 1991	A Randomized Comparative Trial of Lupron (leuprolide acetate) + Metrodin (urofollitropin) vs. Metrodin Alone in Infertile Women with Polycystic Ovarian Syndrome
1990 - 1993	A Study of Young Women with Anorexia Nervosa: Bone Mineral Density Evaluation
1992 - 1994	Clomiphene Add-Back to Protect Against Osteoporosis in Women with Endometriosis Treated with a GnRH Agonist
1993	The Nutritional Intake of Midlife Women in the Northeast
1994 - 1997	The Effects of Postmenopausal Estrogen/Provera Hormone Replacement Therapy (HRT) on Endometrial Histology and Bone Mineral Density
1995 - 1998	A Triple-Blind, Randomized, Active-Controlled, Parallel-Group Multicenter Study to Evaluate and Compare the Efficacy and Tolerability of Alendronate Sodium with Calcium Supplementation in the Treatment of Osteoporosis in Postmenopausal Women
1995 - 1996	Patient Education as a Medical Intervention
1997	Impact of Patient Education Videos on Depression as it relates to managing patients in a clinical setting Potential impact of Patient Education on the management of depression
1998	Developing and creating Women's Health Syllabus for Yale Telemedicine Network of Women's Health experts for videoconferencing and long-distance second opinion services Developing and creating Women's Health Syllabus for Yale Telemedicine Project for world-wide distant

learning and standardization of care

- 1998 Physician Counseling of Post-Menopausal Women Regarding Health Promotion and Hormone Replacement Therapy Informed Decision-Making Regarding the Use of Hormone Replacement Therapy

Other Grants

- 1993 BRSG Fluid Fund, Yale University School of Medicine Endometriosis and Bone: Relationship of bone density and cytokines
- 1993 - 1995 The Shannon Award (NIH): Leukocyte Chemo attractions in Endometriosis

Collaborative Research

- 1994 Use of 24, 25 Dihydroxyvitamin D Supplementation Corrects Hyperparathyroidism and Improves Skeletal Abnormalities in X-Linked Hypophosphatemic Rickets (Thomas Carpenter, MD, Principal Investigator)
- 1994 Radix Angelicae sinensis (Duong Kuai): A Non-Estrogenic Herbal Preparation to Alleviate Vasomotor Symptoms in Perimenopausal Women (Marie Henderson Bakas, MD, Principal Investigator)
- 1996 PROJECT 6: Evaluation of a Low Back Pain Patient Education Intervention Utilizing Books, Video Tapes, and the Internet (Kate Lorig, DrPH, Principal Investigator)
- 1996 Depression Chronicity Prevention Randomized Trial (Wayne Katon, MD, Principal Investigator)
- 1996 Depression Relapse Prevention Randomized Trial (Wayne Katon, MD, Principal Investigator)
- 1996 Self-Management Training for Recurrent Chronic Back Pain: Group Intervention (Michael von Korff, ScD and Jim Moore, PhD, Principal Investigators)
- 1996 Self-Management Training for Recurrent Chronic Back Pain: Individual Intervention (Michael von Korff, ScD and Jim Moore, PhD, Principal Investigators)

ARTICLES

1. Comite F., Burrow G.N., and Jorgensen E.C.: Thyroid Hormone Analogs and Fetal Goiter. Endocrinology 102:1670, 1978.
2. Crowley W.F., Jr., Comite F., Vale W.W., Rivier J., Loriaux D.L. and Cutler G.B. Jr.:

Therapeutic Use of Pituitary Desensitization with a Long-acting LHRH Agonist: A Potential New Treatment for Idiopathic Precocious Puberty. J. Clin. Endocrinol. Metab. 52:370-2, 1980.

3. Comite F., Cutler G.B. Jr., Vale W.W., Rivier J., Loriaux D.L., and Crowley W.F. Jr.: Short-term Treatment of Idiopathic Precocious Puberty with a Long-acting Luteinizing Hormone Releasing Hormone (LHRH) Analog: A Preliminary Report. N. Eng. J. Med. 305:1546-550, 1981.
4. Ehrenkranz J.R.L., Tamarkin L., Comite F., Johnsonbaugh R.E., Bybee D.E., Loriaux D.L., and Cutler G.B. Jr.: Daily Rhythm of Plasma Melatonin in Normal and Precocious Puberty. J. Clin. Endocrinol. Metab. 55:307-10, 1982.
5. Comite F.: Treatment of Idiopathic Precocious Puberty. (correspondence) N. Engl. J. Med. 306:1110, 1982.
6. Goldman L., Weinberg M., Weisberg M., Olshen R., Cook E., Sargent R., Lamas G.A., Dennis C., Wilson C., Deckelbaum L., Fineberg H., Stiratelli R., and The Medical Staffs at Yale-New Haven Hospital (Comite F.) and Brigham and Women's Hospital. A Computer-Derived Protocol to Aid in the Diagnosis of Emergency Room Patients with Acute Chest Pain. N.E.J.M. 307:588-596, 1982.
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9. Raphaelson M.I., Stevens J.C., Elders J., Comite F., and Theodore W.H.: Familial Spastic Paraplegia, Mental Retardation and Precocious Puberty. Archives of Neurology 40:809- 810, 1983.
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11. Comite F., Schiebinger R.J., Albertson B., Cassorla F.G., Vander Ven K., Cullen T.F., Cutler G.B. Jr., and Loriaux D.L.: Isosexual Precocious Pseudopuberty Secondary to a Feminizing Adrenal Tumor. J. Clin. Endocrinol. Metab. 58:435-440, 1984.
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McGeachie,Tavis Mendez, Florence Comite, Karsten Suhre, Ryan Smith, Varun B. Dwaraka,Jessica A. Lasky-Su Leveraging DNA methylation to create Epigenetic Biomarker Proxies that inform clinical care: A new framework for Precision Medicine. medRxiv 2024

ABSTRACTS

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23. Comite F., Lavy G., Russell J.B., Boyers S.P., DeCherney A.H.: GnRH Analog Preceding Ovulation Induction for in vitro Fertilization and Embryo Transfer (IVF-ET) in Endometriosis. The Vth World Congress - In Vitro Fertilization and Embryo Transfer, 1987.
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26. Brzyski R.J., Comite F.: Nafarelin, an Intranasal GnRH Analog, for Infertility Associated with Endometriosis. The American Fertility Society, Reno, Nevada, Sept. 1987, #177.
27. Jensen P.S., Delman M., Lewis A., Hutchinson K., Comite F.: New Risk Factors for Osteoporosis. Presented at the Radiology Society of North American (RSNA), Chicago, Illinois, November 1987. Radiology 165(P):23, #11, 1987.
28. Zawin M., McCarthy S.M., Comite F.: High-Field-Strength MR Imaging of Endometriosis. Presented at the Radiology Society of North American (RSM+NA), Chicago, Illinois, November, 1987. Radiology 165(P):328, #1046, 1987.
29. Comite F., Jensen P.: Bone Density Changes Associated with GnRH Analogs. International Symposium on GnRH Analogues in Cancer and Human Reproduction. Geneva, Switzerland, February, 1988.
30. Zawin M., McCarthy S., Scoutt L., Comite F.: High Field MRI of Uterine Fibroids and Comparison with Ultrasound. Society of Magnetic Resonance Imaging (SMRI), Boston, Massachusetts, February, 1988.
31. Parvizi S.T., Jensen P., DeCherney A.H., Polan M.L., Comite F.: Elevated Interleukin-1 (IL-1) Synthesis by Peripheral Monocytes in Endometriosis. Society for Gynecologic Investigation, Baltimore, Maryland, March, 1988, #450.
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33. Comite F., Parvizi S.T., DeCherney A.H., Jensen P.S.: Bone Loss in Endometriosis (Et): The Effect of Danazol. The Endocrine Society, New Orleans, Louisiana, June, 1988, #214,74.
34. Parvizi S.T., Gundberg C.M., Jensen P.S., DeCherney A.H., Comite F.: Elevated Serum

Osteocalcin in Women with Endometriosis. The American Society for Bone and Mineral Research, New Orleans, Louisiana, June, 1988, #364.

35. Comite F., Zawin M., McCarthy S.: Role of Magnetic Resonance Imaging (MRI) in Endometriosis (Et). The American Fertility Society, Atlanta, Georgia, October, 1988, #P-244.
36. Parvizi S.T., Grundberg C.M., Polan M.L., DeCherney A.H., Comite F.: Serum Osteocalcin (SBGP) Indicates Higher Turnover Bone Loss in Women with Endometriosis (Et). The American Fertility Society, Atlanta, Georgia, October, 1988, #011.
37. Hutchinson-Williams K., Insogna K., Jensen P., Comite F.: Disordered Calcium Homeostasis and Decreased Bone Mass in Endometriosis. The American Fertility Society, Atlanta, Georgia, October, 1988, #069.
38. Zawin M., McCarthy S., Scoutt L., Comite F.: MRI Appearance of the Pelvis in Women Receiving GnRH Analog for Uterine Fibroids. Presented to The Society for Magnetic Resonance Imaging, Los Angeles, California, February, 1989.
39. Zawin M., McCarthy S., Scoutt L., Comite F.: MRI Appearance of the Pelvis in Women Receiving GnRH Analog for Endometriosis. Presented to The Society for Magnetic Resonance Imaging, Los Angeles, California, February, 1989.
40. Delman M., Jensen P., Comite F.: Bone Loss in Women with Irregular Menstrual Cyclicity. Presented to Society for Gynecological Investigation, San Diego, CA, March, 1989.
41. Ezekowitz W., Pike K., Weissberg R., Timko C., Comite F.: Intellectual and Adaptive Functioning in Children with Precocious Puberty. Presented to the Eastern Psychological Association, Boston, Massachusetts, March, 1989.
42. Delman M., Belanger K., Jensen P., Comite F.: Decreased Bone with Increasing Age at Menarche in Premenopausal Women. Presented to the American Federation for Clinical Research, Washington, D.C., April, 1989.
43. Comite F., DeCherney A., Vulté J.: GnRH Analog Use in Reproductive-Aged Women: Impact on Bone. Presented to the Endocrine Society, Seattle, Washington, June, 1989.
44. Lavy G., Grifo J., Im D., Comite F., Holm C.: GnRH-a in Low and Poor Responders to Gonadotropin Therapy. Presented to the American Fertility Society, San Francisco, California, November, 1989, #O-007.
45. Comite F., Zawin M., Vulté J., Lange R., DeCherney A.H., McCarthy S.: Depot GnRH Analog Use in Leiomyomata Uteri: Efficacy and Safety. Presented to the American Fertility Society, San Francisco, California, November, 1989, #P-237.
46. Comite F., Berkowitz J., McCarthy S., Vulté J., Lange R.: Relative Fibroid Sensitivity to GnRH Analog. Presented to the American Fertility Society, Washington, D.C., October 1990, P-184.

47. Henzl M.R., Goodpasture, J., Rosenfield R., Kaplan S., Kirkland J., Lin T.H., Comite F., Jones K., Kaufmann S.: Nafarelin in the Management of Central Precocious Puberty. Presented at the Second International Symposium on GnRH Analogs in Cancer and Human Reproduction, Geneva, November 1990.
48. Schwartz L.B., Panageas E., Lange R., Comite F., McCarthy S.: Pelvic MRI: Does It Alter Patient Management?" Accepted for oral presentation to the American Fertility Society, New Orleans, Louisiana, November, 1992.
49. Bronen, R.A., Schowalter, C.R., Comite, F.: MRI of Cerebral Abnormalities in Central Precocious Puberty. Presented to the Annual Meeting of the American Society of Neuroradiology. Vancouver, Canada, May 1993, #258.
50. Comite, F., Barden, A., Vulte, J., Gundberg, C., Fakh, H., Vignery, A.: Endometriosis is a Risk Factor for Osteoporosis: Cellular and Immune Mechanisms. Presented to the American Society for Bone and Mineral Research, Tampa, Florida, September, 1993.
51. Kotler, L., Anyan, W., Katz, L., Comite, F.: Bone Mineral Density After Recovery from Anorexia Nervosa. Accepted by Eastern Section of the American Federation for Clinical Research, New York, New York, October 1993.
52. Comite, F., Barden, A., Gundberg, C., Olive, D., Fakh, H., and Vignery, A.: Endometriosis is a Risk Factor for Osteoporosis: Cellular and Immune Mechanisms. Accepted to the World Congress on Endometriosis, Salvador Bahia, Brazil, May 1994.
53. Comite, F., Nachtigall, M., Lalwani, S., Olive, D., Vignery, A; Bone Evaluation Following Long Term GnRH Agonist and Clomiphene Citrate for Endometriosis. Accepted to the American Fertility Society, San Antonio, Texas, November 1994.
54. Comite, F., Bronen, Richard., Fulbright, Robert K., Reynders, Claudia S., Lange, Robert C., Notarfrancesco, A., MR Imaging of Central Precocious Puberty: The Importance of Subtle Contour Changes of the Hypothalamus. Accepted to the Radiological Society of North America, December 1994.
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56. Gallagher TC, FitzGibbons JD, Comite F. "Prevalence, correlates, and consequences of counseling midlife women about hormone replacement therapy." In Abstracts of the 16th annual meeting of the Association for Health Services Research, Chicago, IL: June 27-29, 1999, p.345.
57. Comite F. Baek, J. Hormonal Expression of Androgen Decline in Aging Men (ADAM). Endocr Rev June 2013; 34 [Abstract]: SAT-563.

58. Comite F, Martin L, Braun J, Carreno-Galvez F, Onunkwo A, Dudley J. Lab Test Variability: A Road-Block in Precise, Proactive Diabetes Diagnosis and Intervention. 99th Annual Meeting of Endocrine Society; April 1 – 4, 2017; Orlando, FL; June 2017 *Endocrine Reviews*; [Abstract]: SUN-611.
59. Comite F, Fisch M, Lehman S, Shekarkhand T, Stoeffels G. Variability of Laboratory Test Results Impedes the Precise Diagnosis and Intervention of Thyroid Disorders. 100th Annual Meeting of Endocrine Society; March 2018; Chicago, IL.
60. Comite F, Santostasi G, Sansaricq G, Fisch M (2019). Imprecision in Biomarker Analysis: Major Hurdle to Detection and Reversal of Disorders of Aging? Journal of the Endocrine Society, 3 (Supplement 1): Annual Meeting of Endocrine Society; March 23-26, 2019. New Orleans.
61. Comite F, Mateja K, Klein L, Sansaricq G, Santostasi G, Arboleda C, Riordan S, (May 8-9, 2019). Select DNA Variants and Biomarkers Predict Metabolic Disorders of Aging. Genetics and Genomics, 2019, LabRoots Virtual Symposium, Yorba Linda, CA.
62. Comite F, Heard M, Izhar A. Abbott FreeStyle Libre versus Dexcom G6: Detecting Disorders of Carbohydrate Metabolism in a Youthful Non-Diabetic Cohort Pilot Study. Annual Meeting of Endocrine Society; March 20-23, 2021. Virtual Event.
63. Comite F, Heard M, Bednarski E, Izhar A, Optimizing Body Composition in Men with Androgen Deficiency secondary to Hypogonadotropic Hypogonadism. Annual Meeting of the Androgen Society; April 21-23, 2022. Orlando, Florida
64. Comite F, Kim L, Heard M, Assessing ABO and Rh Blood Group as a COVID-19 Risk Factor. Annual Meeting of Endocrine Society; June 11-14, 2022. Atlanta, Georgia.
65. Comite F, Fallahzadeh R, Heard M, Kim L, Izhar A, Chaiken, E, Optimizing Sexual Function & Libido in Men with Androgen Deficiency from Hypogonadotropic Hypogonadism. Annual Meeting of Endocrine Society; June 11-14, 2022. Atlanta, Georgia.
66. Comite F, O'Malley K, Synergistic Outcomes of hCG & GLP-1 RA Combination Therapy: Improved Body Composition & Carbohydrate Metabolism, Annual Meeting of Endocrine Society: June 3-5, 2024

CASE REPORTS

1. Comite F. Case Studies: Precocious Puberty. A Review of Endocrinology: Diagnosis and

Treatment. The Foundation for Advanced Education in the Sciences, Bethesda, MD. October 1981, p. 497.

REVIEWS, CHAPTERS, BOOKS

Reviews

1. Comite F.: Treatment of Central Precocious Puberty with LHRH Analog. In: Cutler G.B. Jr., moderator. Therapeutic Applications of Luteinizing Hormone Releasing Hormone (LHRH) and LHRH Analogs. Ann. Intern. Med. 101:643-57, 1985.
2. Cutler G.B. Jr., Cassorla F.G., Ross J.L., Pescovitz O.H., Barnes K.M., Comite F., Feuillan P.P., Laue L., Foster C.M., Kenigsberg D., Caruso-Nicoletti M., Garcia H.B., Uriarte M., Hench K.D., Skerda M.C., Long L.M. Loriaux D.L.: Pubertal Growth: Physiology and Pathophysiology. Recent Progress in Hormone Research 42:443-470, 1986.
3. Comite F.: GnRH Analogs and Safety. In: Comite F and Hodgen G, moderators. Role of Gonadotropin Hormone Releasing Hormone (GnRH) Agonist in Obstetrics & Gynecology. Obstet. Gynecol. Surv. 44:319-25, 1989.

Chapters

1. Cutler G.B. Jr., Comite F., Rivier J., Vale W.W., Loriaux D.L., and Crowley W.F. Jr.: Pituitary Desensitization with a Long-acting Luteinizing Hormone Releasing Hormone (LHRH) Analog: A Potential New Treatment for Idiopathic Precocious Puberty. In Brooks-Gunn J. and Petersen A. (eds.): Female Puberty, Plenum Publishing Corp., New York, 1981.
2. Comite F., Crowley W.F. Jr., Rivier J., Vale W.W., Loriaux D.L., and Cutler G.B. Jr.: Luteinizing-Hormone Releasing Hormone Analog Therapy of True Precocious Puberty. In: Grumbach M.M. (ed.): Second International Conference on the Control of the Onset of Puberty, Sero Symposia, Stresa, Italy, 1981.
3. Cutler G.B. Jr., Schiebinger R.J., Albertson D., Cassorla F.G., Chrousos G.P., Comite F., Booth J.D., Hobson W.C., and Loriaux D.L.: The Andrenarche (Human and Animal). In: Grumbach M.M. (ed.): Second International Conference on the Control of the Onset of Puberty, Sero Symposia, Stresa, Italy, 1981.
4. May B., Burrow G.N., Comite F., and Jansen M.: Maternal and Fetal Thyroid Function. In: Seligson D. and Spencer R.P. (eds.): Clinical Laboratory Science, Section A: Nuclear Medicine Vol II, CRC Press Inc., Boca Raton, Florida, 1982.
5. Comite F., Cutler G.B. Jr., and Loriaux D.L.: LHRH Analog Therapy of Precocious Puberty. In: Vickery B. and Nestor J. (eds): LHRH and Analogs: Contraception and Therapeutic Applications, 1983.
6. Comite F., Pescovitz O.H., Foster C.M., Cassorla F., Hench K., McNemar A., Skerda M., Loriaux D.L., and Cutler G.B. Jr.: LHRH Analog Effect on Pubertal Development, Growth and Maturation in Precocious Puberty: In Labrie F. (ed.): Proceedings of the International Symposium on LHRH and its Analogues, Elsevier Science Publishers B.V., Amsterdam,

1984.

7. Comite F., Pescovitz O.H., Sonis W.A., Klein R.P., Loriaux D.L., and Cutler G.B. Jr.: Premature Adolescence: Neuroendocrine and Psychosocial Studies. In: Lerner R.M. and Foch T.T. (eds.): Biological-Psychosocial Interactions in Early Adolescence: A Life-Span Perspective, Lawrence Earlbaum Associates, Inc., New Jersey, 1986.
8. Brzyski R.G., Comite F.: Precocious Puberty. In: Bardin, W. (ed.): Current Therapy in Endocrinology and Metabolism. 3, B.C. Decker, Inc., Philadelphia, 1988.
9. Comite F.: GnRH Analogs and Safety. In: Vickery B., Lunenfeld B. (eds.): Volume IV: Precocious Puberty, Contraception and Safety Issues. Kluwer Academic Publishers, Boston, 1990.
10. Comite F.: Precocious Puberty. In: Berkow R. (ed.) 16th Edition: The Merck Manual, February 1992.
11. Comite F. and DeCherney A: Endometriosis and Bone Loss. XIII World Congress of Gynaecology & Obstetrics (FIGO), Singapore, 1992.
12. Henzl M.R., Goodpasture J., Rosenfield R., Kaplan S., Kirkland J., Lin T.H., Comite F., Jones K., Kaufmann S.: Nafarelin in the Management of Central Precocious Puberty. In: Lunenfeld, B. (ed.): Advances in the Study of GnRH Analogues, Volume 2: The Basic Science of GnRH Analogues, The Parthenon Publishing Group, International Publishers in Medicine, Science and Technology, Park Ridge, New Jersey, 1992.
13. Jubanyik, K.J. and Comite, F. Extrapelvic Endometrisis. Obstetrics and Gynecology Clinics of North America. W.B. Saunders Co. 0889-8545/ 1997.
14. Jubanyik, K.J. and Comite F.: Calcium and Parathyroid Glands. Medical Complications During Pregnancy. Edited by Gerard N. Burrow and Thomas P. Duffy. W.B. Saunders Co. Fifth edition, Philadelphia, Pennsylvania, 1999.

Books and Articles

1. Dr. Koop's Self-Care Advisor, The Essential Home Health Guide For You And Your Family, Koop, C.E., and Comite, F. Editors and Medical Advisors, The Health Publishing Group, 1996.
2. Booklets in the Time-of-Diagnosis Time Life Medical Video Series, Comite F., Editor and Deputy Medical Director: Alcoholism, Alzheimer's Disease, Anorexia & Bulimia, Arthritis (Osteoarthritis), Asthma in Children, Back Pain (Lower Back), Breast Cancer, Breast Lumps, Cataracts, Colon & Rectal Cancer, Coronary Artery Disease, Depression, Diabetes, Endometriosis, Gallstones, High Blood Pressure, Infertility, Insomnia, Menopause, Migraine & Other Headaches, Osteoporosis, Overweight & Obesity, Pregnancy, Prostate Cancer, Prostate Disorders, Skin Cancer, Stress & Anxiety, Stroke, Thyroid Disorders, Ulcers (Gastrointestinal), 1996.

3. Time Life Medical Pharmacist Reference and Patient Guide Book, Koop, C.E., and Comite, F. Editors and Medical Advisors, Time Life, 1996.
4. Back Pain (Recurrent), Time Life Medical's Self-Care Companion for Better Living, Koop, C. E. and Comite, F., Medical Advisors, 1996.
5. Depression (Recurrent & Chronic), Time Life Medical's Self-Care Companion for Better Living, Koop, C. E. and Comite, F., Medical Advisors, 1996.
6. Henrich J. and Comite, F. Testing in Women, in The Yale University School of Medicine Patient's Guide to Tests and Procedures, Houghton-Mifflin, New York, New York, 1997.
7. Keltz, M.D., Berger, S.B., Comite, F., Olive, D.L.: Duplicate Cervix and Vagina Associated with Infertility, Endometriosis and Chronic Pelvic Pain.
8. *Complementary and Alternative Medicine (CAM) in the United States*; Institute of Medicine of the National Academies; January, 2005. Committee on the Use of Complementary and Alternative Medicine by the American Public, Board on Health Promotion and Disease Prevention. The National Academies Press, 500 Fifth Street, Washington, D.C. 20001.
9. Taylor, James & Comite, Florence: *Blood Sport: Do -or- Die Time*; American Demographics, November 2004; pg. 35-43.

Comite, Florence. *Keep It Up: The Power of Precision Medicine To Conquer Low T And Revitalize Your Life*. New York: Rodale Inc. October 2013.

Comite, Florence. *INVINCIBLE: Defy Your Genetic Destiny to Live Better, Longer. The New Science of Healthy Longevity*. New York: Little Brown Spark. Spring 2026

PATENTS AND TRADEMARKS

1. Jensen P. and Comite F.: Use of Clomiphene to Predict Fertility in a Human Female. United States Patent #4,820,736, 1987.
2. Jensen P. and Comite F.: Use of Clomiphene to Increase Bone Mass in Premenopausal Women. United States Patent #4,970,237, 1990.
3. U.S. Patent Appln. S.N. 60/281,720 of Florence Comite entitled "Integrated Online/Offline Health Service and Health Portfolio Management System," Filed: April 6, 2001.
4. U.S. Service Mark Registration no. 2,480,663 (DestinationsHealth, Class 42). Issued August 21, 2001 for medical services, in Class 9.

GRAND ROUNDS, CONFERENCES, SYMPOSIA, AND LECTURES

Grand Rounds

1. Invited Speaker, Grand Rounds, Medical Center of Central Georgia, "Therapeutic Applications of GnRH Agonists in Gynecology"; March 30, 1988.
2. Invited Speaker, Grand Rounds, West Virginia University Medical Center, "Gynecologic Applications of GnRH Agonists in Endometriosis and IVF"; April 28, 1988.
3. Invited Speaker, Florida State OB/GYN Society Annual Meeting, "New Advances in Endometriosis"; May 21, 1988.
4. Invited Speaker, Grand Rounds, Hospital of St. Raphael, New Haven, Connecticut, "Medical Treatment of Endometriosis and Fibroids"; June 15, 1988.
5. Invited Speaker, Grand Rounds, Saginaw General Hospital, Saginaw, Michigan, "GnRH Agonists: Applications in Endometriosis and Fibroids"; June 20, 1988.
6. Invited Speaker, Grand Rounds, Waterbury Hospital, Waterbury, Connecticut, "New Advances in Endometriosis and Fibroids"; August 9, 1988.
7. Invited Speaker, Grand Rounds, St. Vincent's Hospital, New York City, "General Applications of GnRH Analogs in Reproductive Endocrinology"; November 17, 1988.
8. Invited Speaker, Grand Rounds, George Washington University Hospital, Washington, D.C., "Medical Advances in the Treatment of Endometriosis"; November 30, 1988.
9. Invited Speaker, Grand Rounds, Bellevue Hospital, New York City, "GnRH Analogs in the Treatment of Endometriosis"; December 7, 1988.
10. Invited Speaker, Grand Rounds, Huntington Hospital, Huntington, New York, "General Applications of GnRH Analogs"; January 6, 1989.
11. Invited Speaker, Grand Rounds, North Shore University Hospital, Manhasset, New York, "GnRH Analogs in OB/GYN Applications"; January 18, 1989.
12. Invited Speaker, Grand Rounds, City Hospital at Elmhurst, Elmhurst, New York, "General Applications of GnRH Analogs"; February 3, 1989.
13. Invited Speaker, Grand Rounds, Franklin General Hospital, Valley Stream, New York, "GnRH Analogs in Endometriosis"; February 9, 1989.
14. Invited Speaker, Grand Rounds, Winthrop University Hospital, Mineola, New York, "Clinical Management of Fibroids with GnRH Agonists"; February 10, 1989.

15. Invited Speaker, Grand Rounds, Maimonides Hospital, Brooklyn, New York, "General Applications of GnRH Analogs"; March 3, 1989.
16. Invited Speaker, Grand Rounds, St. Vincent's Hospital, Bridgeport, Connecticut, "GnRH Analogs in Obstetrics & Gynecology: Endometriosis and Fibroids"; March 31, 1989.
17. Invited Speaker, Grand Rounds, Dartmouth-Hitchcock Medical Center, Hanover, New Hampshire, "Recent Advances in Endometriosis and Fibroids"; May 3, 1989.
18. Invited Speaker, Grand Rounds, Charleston Area Medical Center, Charleston, West Virginia, "General Applications of GnRH Analogs: Endometriosis and Fibroids"; July 12, 1989.
19. Invited Speaker, Grand Rounds, St. Francis Hospital, Hartford, Connecticut, "Endometriosis and Fibroids"; August 9, 1989.
20. Invited Speaker, Grand Rounds, Georgetown Hospital, Washington D.C., "Endometriosis"; September 27, 1989.
21. Invited Speaker, Grand Rounds, Hartford Hospital, Hartford, Connecticut, "New Concepts in Endometriosis," March 15, 1990.
22. Invited Speaker, Grand Rounds, University of Florida, Gainesville, Florida, "Precocious Puberty," March 1, 1991.
23. Invited Speaker, Grand Rounds, Bridgeport Hospital, Bridgeport, Connecticut, "Precocious Puberty," April 17, 1991.
24. Invited Speaker, Grand Rounds, Park City Hospital, Bridgeport, Connecticut, "Precocious Puberty," May 15, 1991.
25. Invited Speaker, Grand Rounds, University of Michigan, Saginaw, Michigan, "Endometriosis: Therapy with GnRH Analogs," August 8, 1991.
26. Invited Speaker, Grand Rounds, Hospital of St. Raphael, New Haven, Connecticut, "Therapeutic Use of GnRH Analog with Steroid Add-Back," September 9, 1992.
27. Invited Speaker, Grand Rounds, Kaiser Permanente, East Hartford, Connecticut, "Safety Aspects of GnRH Analog and Add-Back," December 17, 1992.
28. Invited Speaker, Inter City Ob/Gyn Grand Rounds, London, Ontario, Canada, "Safety Aspects of GnRH Analog and Add-Back," February 3, 1993.
29. Invited Speaker, Grand Rounds, Lawrence & Memorial Hospital, New London, Connecticut, "Menopause," February 5, 1993.
30. Invited Speaker, Grand Rounds, Massachusetts General Hospital, Boston,

Massachusetts, "Safety Aspects of GnRH Analog and Add-Back," March 4, 1993.

31. Invited Speaker, Grand Rounds, Obstetrics/Gynecology, Yale University School of Medicine, New Haven, Connecticut, "Women's Health Initiative at Yale," March 11, 1993.
33. Invited Speaker, Grand Rounds, Lawrence & Memorial Hospital, New London, Connecticut, "Safety Aspects of GnRH Analog and Add-Back," May 7, 1993.
34. Invited Speaker, Grand Rounds, New Britain General Hospital, New Britain, Connecticut, "Safety Aspects of GnRH Analog and Add-Back," May 12, 1993.
35. Invited Speaker, Grand Rounds, University of Toronto, Toronto, Ontario, Canada, "Endometriosis and Osteopenia," June 18, 1993.
36. Invited Speaker, Grand Rounds, Hadassah, Mt. Scopus, Israel: "Reproductive Issues in Women: The Global Perspective", July 1994.
37. Invited Speaker, Grand Rounds, Lawrence Memorial Hospital, New London, Connecticut, "Medical Management of Reproductive Disorders," December 9, 1997.
38. Invited Speaker, Grand Rounds, Danbury Hospital, Danbury, Connecticut, "Medical Management of Reproductive Disorders," December 10, 1997.
39. Invited Speaker, Grand Rounds, Annenberg Center for Health Sciences at Eisenhower Medical Center, Palm Springs, CA "Osteoporosis in Post Menopausal Women: New Strategies for Prevention and Treatment," March 4, 1999.
40. Invited Speaker, Grand Rounds, Allegheny General Hospital, Pittsburgh, PA. "New Trends in the Prevention and Treatment of Osteoporosis," July 18, 2000.
41. Invited Speaker, Grand Rounds, Bridgeport Hospital, Bridgeport, CT. "Women's Health: New Frontiers in Healthcare," August 23, 2001.
42. Invited Speaker, Grand Rounds, Greenwich Hospital, Greenwich, CT. "Integrative Medicine: Academic to Alternative Practices in the 21st Century," February 2005.

Conferences and Symposia

1. Organizing Committee - Chairman, Safety Workshop, International Symposium on GnRH Analogues in Cancer and Human Reproduction, Geneva, Switzerland, February 1988
2. Invited Speaker, Serono Symposia, USA, Randolph, Massachusetts, In-House Speaker Series Seminar, "GnRH Analogs in Reproductive Endocrinology", Medical Advances and Safety Issues; August 11, 1988.
3. Invited Speaker, National Institute of Health/National Institute of Child Health and

Human Development (NICHD) and the World Health Organization (WHO), Washington, D.C., Conference on Potentials of Molecular Biology in Fertility Regulation: Growth Regulatory Factors, "Peripheral Interleukins in Endometriosis"; September 22-24, 1988.

4. Co-chairperson, Role of GnRH Analogs in Obstetrics and Gynecology, Naples, Florida, "GnRH Analogs and Safety"; October 3-6, 1988.
5. Invited Speaker, Cleveland Clinic Symposium on GnRH Agonist: Clinical Update in Gynecologic Disorders, Cleveland, Ohio, "Precocious Puberty"; August 11, 1989.
6. Invited Speaker, Cleveland Clinic Symposium on GnRH Agonist: Clinical Update in Gynecologic Disorders, Cleveland, Ohio, "GnRH Analogs: Concerns About Safety"; August 11, 1989.
7. Invited Speaker, Hadassah Conference, "Advances in Endometriosis", Israel, June 1989.
8. Faculty, Role of GnRH Agonists in Obstetrics and Gynecology, Palm Desert, California, "The Safety of GnRH Analogs"; November 30 - December 3, 1989.
9. Faculty, Role of GnRH Agonists in Obstetrics and Gynecology, Orlando, Florida, "The Safety of GnRH Analogs"; February 8-11, 1990.
10. Faculty, Role of GnRH Agonists in Obstetrics and Gynecology, Lake Buena Vista, Florida, "The Safety of GnRH Analogs"; March 29 - April 1, 1990.
11. Invited Speaker, American College of Obstetricians and Gynecologists, Annual Meeting, San Francisco, California, "Progress Report on the Gynecological Applications of GnRH Agonists," May 6, 1990.
12. Invited Speaker, Eli Lilly Pediatric Endocrinology Nursing Symposium, Indianapolis, Indiana, "Precocious Puberty", August 9, 1990.
13. Invited Speaker, Tap Pharmaceuticals National Launch Meeting: Lupron Depot 3.75, Orlando, Florida, "Endometriosis: A Female Physician's Perspective," October 18-19, 1990.
14. Faculty, The Role of GnRH Agonists in Gynecology, Orlando, Florida, "Safety and Side Effects of GnRH Agonists," February 7-10, 1991.
15. Reproductive Biology Working Group for NIH Conference on Research Opportunities on Women's Health, Hunt Valley, Maryland, September 4-6, 1991.
16. Panel meeting of the Obstetrics and Gynecology Advisory Panel of the United States Pharmacopeia Convention, Inc., Rockville, Maryland, November 8, 1991.
17. Invited Speaker, Harvard Medical School Affiliate GYN Symposium, Pharmacology in Obstetrics and Gynecology, Mount Auburn Hospital, Cambridge, Massachusetts,

- "GnRH Analog Applications: Concepts and Safety," November 28, 1991.
18. Panel meeting of the Obstetrics and Gynecology Advisory Panel of the United States Pharmacopeia Convention, Inc., Rockville, Maryland, January 20, 1992.
 19. Invited Speaker, Yale University School of Medicine, Symposium: Bone Up On Osteoporosis, New Haven, Connecticut, "Overview of Osteoporosis," March 20, 1992.
 20. Co-Chairperson, Women's Health Issues of the '90's: Recent Advances in Clinical Reproductive Endocrinology, Old Greenwich, Connecticut, "GnRH Analogues - Current and Future Management Issues - Safety," January 30, 1993.
 21. Yale's First Forum on Women's Health, New Haven Lawn Club, Chairperson and Invited Speaker, "What every woman should know about hormones". November 3, 1993.
 22. Symposium Chairwoman and Speaker, Trumbull Marriott, "Hearts and Minds" Trumbull, Connecticut. May 18, 1994.
 23. Chairwoman and Moderator, Scientific Program, "Body-Mind Connection", Connecticut Tennis Center, New Haven, Connecticut, August 26, 1994.
 24. Invited Speaker, Community Health Care Forum, Panelist, "Complementary Medical Care". Marriott Melville Hotel, Long Island, New York, October, 15, 1994.
 25. Women's Health Symposium, Invited Speaker and Chairperson, Northeast Permanente Medical Group, Amherst, Massachusetts, "Overview of Perimenopausal and Menopausal Issues", May 23 - 24, 1995.
 26. Invited Speaker, Health Expo and Breast Cancer Conference Healthy Women 2000, Hart Senate Office Building, Washington, D.C., "New Directions in Women's Health Today", May 3, 1995.
 27. Invited Speaker and Panelist, Huntington Hospital, Pasadena, California, "Perimenopause: Change before The Change", May 13-15, 1995.
 28. Invited Speaker and Panelist, Office of Research on Women's Health, NIH, Washington, D.C. "Hormone Replacement Therapy: Risks and Benefits. Complementary and Alternative Approaches", September 11, 1995.
 29. HII 96: The Emerging Health Information Infrastructure. Washington, D.C. "Mass Medical Communication in the Age of Enlightened Consumerism", April 14-16, 1996.
 30. WorldMed 96. The World Congress on Complementary Therapies in Medicine. Washington, D. C., "The Role of Patient Education and Its Economic Impact on Medical Care", May 24-26, 1996.
 31. Panel meeting of the Obstetrics and Gynecology Advisory Panel of the United States Pharmacopeial Convention, Rockville, Maryland, July 11, 1996.

32. Invited Keynote Speaker, Women's Health Conference, Union Bank of Switzerland, New York, New York. "Women's Health: Substance vs Hype", March 6, 1997.
33. Invited Commentator, Charting the Future of the Doctor-Patient Relationship, International Conference, The Royal Society of Medicine Foundation, Washington, D.C., April 6, 1997.
34. Chair, Workshop in Advanced Women's Health Techniques, organized by Dr. Hossam Rasekh for physician trainers/educators in Obstetrics & Gynecology & Family Practice throughout Egypt, May 11-19, 1997.
35. Invited Panelist, HealthCare 2007: Creating a Better HealthCare System, CIGNA HealthCare, St. Pete Beach, Florida, June 2-5, 1997.
36. Invited Speaker, "Development of Health Plan Standards for Women Nationally", Women's Health Care Standards Conference, NEA and The American Federation of Teachers, Washington, D.C., August 5, 1997.
37. Invited Speaker, "What Industry Looks for in an Academic Partner/What Academia Looks for In a Commercial Partner", Medical Academics, Government & Industry Conference, CoMed Communications, Washington, D.C., December 5-6, 1997.
38. Invited Speaker, Eli Lilly and Company, Lilly Conference Speaker, Philadelphia Art Museum, Philadelphia, Pennsylvania, "New Treatment Methods in the Prevention of Osteoporosis" Therapeutic Options In the Management of Postmenopausal Osteoporosis", February 26, 1998.
39. Consultant to Eli Lilly and Company, Managed Care Women's Health Advisory Board Meeting, Aspen, Colorado, July 25-27, 1998.
40. Gallagher TC, FitzGibbons JD, Gran J, Aforismo J, Comite F. Estrogen replacement therapy: Are women making an informed decision? Presented at ninth annual meeting of the North American Menopause Society, Toronto, Canada, September 1998.
41. Invited Faculty Member, The Journal of Managed Care Publication Conference, Postmenopausal Health & Disease Prevention, Pragmaton, Chicago, Illinois, November 12-13, 1998.
42. Invited Speaker, A Better Way to Midlife Health, Woman to Woman Meeting, Women First HealthCare, San Diego, California, November 17, 1998.
43. Invited Speaker, "Smoke Free in the 21st Century", Columbia University, New York, NY, March 24, 1999.
44. Conference, Gallagher TC, Comite F. "Are women being counseled about estrogen replacement therapy?" Presented at the fifth annual "Building Bridges" Conference, sponsored by American Association of Health Plans, Agency for Health Care Policy

Research, and the Centers for Disease Control and Prevention, Chicago, IL, April 1999.

45. Conference, Gallagher TC, Comite F. "Prevalence, correlates, and consequences of counseling midlife women about hormone replacement therapy." Presented at 16th annual meeting of the Association for Health Services Research, Chicago, Illinois, June 1999.
46. Conference, Gallagher TC, Comite F. "Are primary care providers counseling women about hormone replacement therapy?" Presented at 10th annual meeting of the North American Menopause Society, New York City, September 1999.
47. Invited Speaker, "Women's Health: Futuristic View ", 2nd Yale Conference on Women's Health & Fitness, New Haven, Connecticut, October 22, 1999.
48. Invited Speaker, "L.A. Times Festival of Health", Campus of USC, "the Health Spa Experience", October 16, 1999.
49. Invited Participant on behalf of VIACTIV to their meeting, "Energy Crisis Summit", roundtable discussions of nutrition and lifestyle issues important to women's health, Ojai Valley Inn & Spa, Ojai, California. February 28-29, 2000.
50. Invited Speaker, Women 360 Future, 2000 Main Event, Panel on "Health", Sony Studios, New York, New York, April 5, 2000.
51. Invited Speaker panel discussion, Women's Health Summit, Institute for the Future, Palo Alto, California, June 14-16, 2000.
52. Conference, Gallagher TC, Comite F. "Missed opportunities for osteoporosis prevention in primary care." International Congress on Osteoporosis, Chicago, June 2000.
53. Invited Speaker, "Spa Medicine: The Future Track". International Spa Association Annual Conference, Las Vegas, Nevada, November 7, 2000.
54. Invited Speaker, "Strategies in Women's Health: Focus on Osteoporosis", West Virginia Chapter of the American Association of Clinical Endocrinologists, White Sulphur Springs, West Virginia, November 10, 2000.
55. Lecturer, 4th Year Yale Medical Student Talk, Integrated Clinical Medicine Course, Yale University School of Medicine, New Haven, CT "A Spoonful of Sugar Helps the Medicine Go Down", March 15, 2001.
56. Keynote Speaker, Healthy Women Healthy Lives, Jewish Community Center of Greater New Haven, Woodbridge, CT. "A Spoonful of Sugar Helps the Medicine Go Down," April 22, 2001.
57. Invited Speaker, International Spa Association, Palm Springs, CA. "The Health Portfolio: Setting a Standard for Integrative Care in the Spa Environment,"

October 16, 2001.

58. Invited Participant for “Ask the Experts” – Panel Discussion, International Spa Association, Palm Springs, CA. “Integrating Medicine into the Spa,” October 16, 2001.
59. Invited Speaker, Aspen Center for New Medicine, Aspen, CO. Second Annual Prevention Symposium, “Setting the Standard for Preventive and Integrative Medicine,” August 19, 2002.
60. Invited Speaker, International SPA Association, Anaheim, California. 2002 Annual Conference, “Integrating Medicine into Spas”, October 20 – 23, 2002.
61. Invited Speaker, Medical Spa Expo and Conference (Medi-Spa Expo), New York, NY. “The Place of Spas in 21st Century Medicine: How Good Medicine Can Still be Good Business”, April 26-27, 2003.
62. Keynote & Invited Speaker, Medical Spa Workshop & Expo, Sao Paulo, Brazil. “The Future of Medicine and Spa: New Frontiers in Health Care,” June 14-16, 2003.
63. Invited Speaker, Ke Kumu ‘O Mauna Lani in Kona, Big Island of Hawaii, November 13-17, 2003: “Strategies to Preserve Health for Men & Women: What We Need- What We Get!”, “Maximize Health Assets: Create Your Health Portfolio.”, “Integrating Spa into 21st Century Medicine: A Natural Alliance.”
64. Invited Speaker, Department of Internal Medicine Conference: “Medical Management of Reproductive Disorders.” Hospital of St. Raphael, New Haven, Connecticut, August 30, 2004.
65. Invited Speaker, Pangkor Laut Resort, Pangkor Laut, Malaysia,:
“Catching the Wave: Life Extension Communities & Integrative Health Services.” December 3-6, 2004
66. Keynote & Invited Speaker, MediSpa Expo, Miami Beach, FL, December 10-13, 2004: SPA Partners Special Session & Workshop
I. “Catching the Wave: Emergence of the Medical Spa”
II. “Catching the Wave: Life Extension Communities.”
67. Keynote & Invited Speaker, SISPA 2005, Wellness & Spa Conference, Seoul, Korea, March 12-13, 2005:
“Integrating Destinations Health Medical Spa into Your Hospital or Medical Facility”
“Comite Clinics™”: Emergence of the Medical Spa”
“Catching the Wave: Life Extension Communities & Integrative Health Services”
“Integrative Medicine - Academic to Alternative Practices in the 21st Century.”
68. Symposium & Speaker: New Developments in Women’s Health: Atlanta, Georgia: September 2006
69. Invited Speaker –Clinical Applications in Women’s Health; Age

Management Medicine Conference; Las Vegas, Nevada; November 2007.

70. Invited Speaker: New Developments in Women's Health: Atlanta, Georgia; Feb.2008.
71. Invited Speaker –Risks & Prevention: Proactive Strategies; Age Management Medicine Conference; Las Vegas, Nevada; November 7, 2009.
72. Invited Speaker, Updates in New Technology & Treatment Protocols; 63rd Annual Medical Conference; Ogden Surgical-Medical Society; Keynote: "Health Strategies for Life;" Ogden Utah, May 14-16 2008.
73. Invited Speaker, Updates in New Technology & Treatment Protocols; 63rd Annual Medical Conference; Ogden Surgical-Medical Society; Workshop: "Hormone Modulation;" Ogden Utah, May 14-16 2008.
74. Invited Speaker –Interactive Case Discussion: Therapeutic Interventions; Age Management Medicine Conference; Las Vegas, Nevada; November 11, 2010.
75. Invited Speaker –Detecting Risk Of Cardiovascular Disease: The Evaluation and Management of Hyperlipidemia and other Contributory factors to prevent and reverse emerging disease in an Age Management Medicine practice; Age Management Medicine Conference; Las Vegas, Nevada; November 5, 2011.
76. Invited Speaker – Case Presentations & Panel Discussion – Nutrition, Genetics, Autologous Stem Cells, Fitness; Age Management Medicine Conference, Hollywood, Florida; May 5, 2012.
77. Invited Speaker – Genetics in Age Management Medicine; Age Management Medicine Conference, Hollywood, Florida; May 6, 2012.
78. Invited Speaker – Practical Applications for Genetics – Case Presentation & Discussion; Age Management Medicine Conference, Hollywood, Florida; May 6, 2012.
79. Invited Speaker – Clinical Genetics and Epigenetics: The Emergence of Precision Medicine for Age Management; Age Management Medicine Conference, Las Vegas, Nevada; November 1, 2012.
80. Invited Speaker – Genetic Scrutiny: Perception of Disorders of Aging; Age Management Medicine Conference, Las Vegas, Nevada; November 2, 2012.
81. Invited Speaker – Dispelling the Myths Surrounding Men's Health: How do hormones impact metabolism and fertility? United Arab Emirates Reproductive Symposium, Dubai, UAE; February 22, 2013.

82. Invited Speaker – Precision Medicine: Defining anti-aging vs. age management for lifelong health. United Arab Emirates Reproductive Symposium, Dubai, UAE; February 23, 2013.
83. Invited Speaker, Age Management Medicine Group, “Precision Medicine: The Science of Genetics and Genetic Testing in Age Management Medicine. Hollywood, Florida, May 2, 2013.
84. Invited Speaker, Age Management Medicine Group, Presentations and Panel Discussion of Innovations in Telomere, Genetic Testing, and Stem Cells. Hollywood, Florida; May 3, 2013.
85. Invited Speaker, Age Management Medicine Group, Las Vegas, “Clinical Genetics and Epigenetics: The Emergence of Precision Medicine for Age Management.” Nevada, November 1, 2013.
86. Invited Speaker, Age Management Medicine Group, “Clinical Genetics and Epigenetics: The Emergence of Precision Medicine for Age Management.” Las Vegas, Nevada; November 1, 2013.
87. Invited Speaker, Age Management Medicine Group, “Genomics: Integration into Age Management Medicine.” Grand Lakes, Florida, April 24, 2014.
88. Invited Speaker, Age Management Medicine Group, “Clinical Case Presentations in Age Management Medicine.” Grand Lakes, Florida, April 27, 2014.
89. Invited Speaker, Age Management Medicine Group, “The Physician’s Role in Precision Medicine.” Orlando, Florida, April 24, 2015.
90. Invited Speaker, Age Management Medicine Group, “Preview of the AMMG Spring 2016 Track: Understand Your Genome - Integrating Genomics into Your Practice.” Las Vegas, Nevada, November 5, 2015.
91. Invited Speaker, Tiger 21, New York City, NY. “Precision Medicine: Health ReDefined,” December 2015.
92. Invited Speaker, Tiger 21, New York City, NY. “Exposing the Stark Truth About Your Health: The Revealing Power of Precision Medicine,” January, February, March 2016.
93. Keynote Speaker, Understand Your Genome, San Diego, CA, March, 2016.
94. Invited Speaker, Age Management Medicine Group; Orlando, Florida, May 12, 2016, “The Integration of Genomics & Precision Medicine in Age Management.”
95. Symposium Host, *Understand Your Genome: Focus on Precision Medicine*, New York City June 23-24, 2016. Hosted by Comite Center for Precision Medicine in

collaboration with Illumina, Inc., (leading provider of DNA sequencing systems).

Keynote presenters:

- Michael Snyder, PhD, Director, Center for Genomics and Personalized Medicine, Stanford University
- David Neeleman, Founder, Jetblue, Azul Airlines, Personal Precision Medicine Journey
- Joel Dudley, PhD, Director, Institute for Next Generation Healthcare, Icahn School of Medicine, Mount Sinai

96. Invited Speaker, Age Management Medicine Group, Las Vegas, Nevada, November 10, 2016, "Clinical Outcomes with Interventions that Incorporate Telomere Activation."
97. Invited Speaker, Age Management Medicine Group; Las Vegas, Nevada; November 11, 2016, "Clinical Introduction to the Emerging Field of Precision Medicine."
98. Invited Speaker, Age Management Medicine Group, Orlando, Florida; April 28, 2017, "Precision Medicine: The Future of Medicine Today."
99. Invited Speaker, Sozo Ventures Annual Meeting, Tokyo, Japan, May 31, 2017, "Precision Medicine: The Future of Health Care. Today!"
100. Invited Speaker, Understand Your Genome, Tokyo, Japan, June 4, 2017, "Precision Medicine: The Practical Application of Genomics in the Clinic."
101. Invited Speaker, XVI International Congress of the Spanish Society of Anti-Aging Medicine and Longevity, Madrid, Spain, "Precision Medicine: The Future of Medicine Today." October 2017
102. Invited Speaker, Age Management Medicine Group, Tucson, AZ, November 2, 2017, "Precision Medicine: Making Omics Data Actionable."
103. Invited Speaker, Age Management Medicine Group, Tucson, AZ, November 3, 2017:
 - I. "Testosterone Therapy & Hormonal Balance in Women"
 - II. "*n-of-1*™ Precision Medicine: Proof of Concept Case Report, Certification Module.
104. Invited Speaker, American Academy of Anti-Aging Medicine, Las Vegas, Nevada; December 15, 2017, "Precision Medicine: The Future of Anti-Aging Medicine, Today."
105. Invited Speaker: Healer Entrepreneur Conference, New York, New York, February 1, 2018, "Precision Medicine from the Front Line."
106. Invited Speaker, Age Management Medicine Group, Orlando, Florida; April 27, 2018, "Precision Medicine Innovations in The Digital Health Era."

107. Invited Speaker, 18th Scientific Meeting of the Japanese Society of Anti-Aging Medicine, Osaka, Japan, May 2018.
108. Invited Speaker. Asociación Latino Americana de Medicina Personalizada,. “Practical Application of Precision Medicine in the Clinic.” Guadalajara, Mexico. Aug. 24, 2018.
109. Invited Speaker. A4M Men’s Health Symposium. “Keep It Up! The Power of Precision Medicine to Optimize Vitality and Performance” Boston, MA. Oct. 26, 2018.
110. Invited Speaker. Age Medicine Management Group. “Precision Medicine Innovation: Continuous Glucose Monitors for N-of-1 Health Management.” Orlando FL; Tucson AZ. Nov. 3, 2018.
111. Invited Speaker. A4M World Congress. “Actionable Precision Medicine: Leveraging N-of-1 Data to Predict and Reverse Disease.” Las Vegas, NV. Dec. 15, 2018.
112. Invited Speaker. Precision Medicine World Conference, “Where Tech Meets Medicine, an MD Perspective: Leveraging N-of-1 Data for Optimal Health.” San Francisco, CA, Jan. 21, 2019.
113. Invited Speaker. Docs & Hackers. “Hacking Longevity: Leveraging N-of-1 Data to Optimize Health.” Palo Alto, CA. Jan 22, 2019.
114. Invited Lecturer, LabRoots Precision Medicine, “Precision Medicine & Health in Action: Practicing an N-of-1 Approach in the Clinic,” Webinar, June 20, 2019.
115. Invited lecturer. Clinical Peptide Society. “Prescribing Peptides: Precision Medicine Protocols for *N-of-1* Health.” Webinar. Oct. 23, 2019.
116. Invited Lecturer & Preconference Workshop Host. 27th Annual World Congress, A4M “Precision Medicine & Health: A Personalized Approach to Reverse Diabetes” Las Vegas, NV. December 12, 2019.
117. Invited Speaker, YPO Global Summit. “Precision Medicine: Investing in Your Healthspan Adds Vitality to Your Lifespan” San Diego, CA. March 6, 2020.
Cancelled
118. Invited Lecturer, 30th Clinical Applications for Age Management Medicine Conference. “AI Meets Precision Medicine: Leveraging ‘N-of-1’ Data to Predict and Reverse Aging and Disease.” Miami, FL. Apr 16, 2021.
119. Invited Panelist, Rock Health Digital Health CEO Summit. Webinar. April 20, 2021.

120. Invited Panelist, Become CEO of Your Health: Champion Your Wellbeing With Science & Tech, Athena Leadership Program. Webinar. May 25, 2021.
121. Invited Panelist, ScaleHealth 2021 Summer Summit: COVID Silver Linings. Webinar. July 22, 2021
122. Invited Lecturer, 31st Clinical Applications for Age Management Medicine Conference. “Continuous Glucose Monitoring (CGM) in Precision Medicine: Leveraging Real-Time Data to Detect and Reverse Metabolic Abnormalities.” Dallas, TX. Nov 7, 2021.
123. Invited Speaker, Lobby Conference. Waimea, Hawaii. October 13-15, 2022.
124. Keynote & Invited Speaker, Panelist, WISE & WIB Cultural Awareness & Advocacy Event (Valley Bank). Webinar. January 13, 2022.
125. Invited Speaker, Lobby Conference. Waimea, HI. March 16-18, 2022.
126. Invited Lecturer, 32nd Clinical Applications for Age Management Medicine Conference. “Precision Medicine & Health: Is it Time to Explore the Genome to Optimize Health for Life?” Miami, FL. April 8, 2022.
127. Invited Speaker, Tiger 21. “Grow Younger. Tap the Power of Precision Medicine to Lengthen Your Healthspan” NYC, NY. September 8, 2022.
128. Invited Speaker, Lobby Conference. Waimea, HI. October 5-8, 2022.
129. Invited Lecturer, 33rd Clinical Applications for Age Management Medicine Conference. “Innovations in Precision Medicine to Improve Patient Outcomes in Age Management Medicine.” Denver, CO. Oct. 28, 2022.
130. Invited Lecturer, Clinical Applications for Age Management Medicine. Miami, FL. April 27, 2023
 - I. “Testosterone Therapy & Hormonal Balance in Women”
 - II. “Case Presentations, Testosterone for Women”
131. Invited Speaker, Lobby Conference. Waimea, HI. October 18-20, 2023
132. Invited Panelist, Rock Health CEO Summit. “Healthcare Handshakes: CEO Insights on B2B Channels + Partnerships” NYC, NY, March 19, 2024.
133. Invited Speaker & Panelist, Longevity Docs Mastermind, NYC, NY. April 27, 2024.
134. Invited Panelist, HLTH, “The Future of Patient Engagement: Leveraging Wearables for Proactive Healthcare”, Las Vegas, NV. October 22, 2024.
135. Invited Lecturer, Clinical Applications for Age Management Medicine, “Predict

Disease Early to Reverse Biological Aging.” Salt Lake City, UT. November 1, 2024

136. Invited Panelist, RAISE Global, “Exciting Opportunities on Aging Innovation” San Francisco, CA. March 27, 2025.
137. Invited Speaker & Panelist, 33rd Annual Spring Congress, American Academy of Anti-Aging Medicine, West Palm Beach, FL, April 24, 2025 “Targeting Cellular Senescence: Therapeutic Interventions.”
138. Invited Moderator & Panelist, WHIS (Women’s Health International Summit), Boston, MA, November 11, 2025 “Health Data in Women’s Hands and Clinical Practice”
139. Invited Speaker, Barron’s Advisor Women’s Summit, The Breakers, Palm Beach, FL December 3-5, 2025.

Lectures

1. Invited Speaker, St. Vincent's Hospital, Hartford, Connecticut, "GnRH Analogs in Obstetrics & Gynecology"; July 27, 1988.
2. Invited Speaker, Conference Series, Long Island College Hospital, Brooklyn, New York, "GnRH Analogs"; September 16, 1988.
3. Invited Speaker, Danbury Hospital, Danbury Connecticut, "General Applications of GnRH Analogs in Reproductive Endocrinology"; November 14, 1988.
4. Invited Speaker, Endometriosis Association of Greater New York, New York City, "GnRH Analogs in the Treatment of Endometriosis and Infertility"; February 9, 1989
5. Invited Speaker, Role of GnRH Analogs in Obstetrics and Gynecology, Orlando, Florida, May 11-14, 1989.
6. Invited Speaker, Charleston Area Medical Center, Charleston, West Virginia, "Use of GnRH Analogs in Precocious Puberty"; July 11, 1989.
7. Invited Speaker, Montgomery OB/GYN Society, Montgomery, Alabama, "General Applications of GnRH Analogs: Endometriosis and Fibroids"; July 31, 1989.
8. Invited Speaker, The Role of GnRH Agonists in Gynecology, Scottsdale, Arizona, "Safety and Side Effects of GnRH Agonists," March 8-9, 1991.
9. Invited Speaker, University of Minnesota Medical School, Annual Autumn Seminar: Obstetrics & Gynecology, Minneapolis, Minnesota, "Precocious Puberty," September 26, 1991.

10. Invited Speaker, New Haven Community Physicians, New Haven, Connecticut, "Add-Back with Clomiphene," June 2, 1992.
11. Invited Speaker, TAP Medical Research Associates, educational program, Westbrook, Connecticut, "Precocious Puberty," September 30, 1992.
12. Invited Speaker, The Niagara Society of Obstetricians and Gynecologists, Ancaster, Ontario, Canada, "Safety Aspects of GnRH Analog and Add-Back," February 2, 1993.
13. Invited Speaker, Community Gynecologists, Toronto, Ontario, Canada, "Safety Aspects of GnRH Analog and Add-Back," February 3, 1993.
14. Invited Speaker, Danbury Hospital, Controversies in Primary Care Symposium, Danbury, Connecticut. "Strategies for Women's Health in the 21st Century". April 28, 1994.
15. Invited Speaker, The Garden City Hotel, Garden City, New York, "Long-Term Use of GnRH Agonists: Add-back, Therapy", October 14, 1994.
16. Invited Speaker, Disney's Yacht Club, Orlando, Florida, "Controversies in Gynecology: A Managed Care Perspective", October 20-22, 1994.
17. Invited Speaker, Meriden Wallingford Medical Society, Dr. Michael Hollander Memorial Lecture: "Strategies for Women's Health in the 21st Century", November 3, 1994.
18. Invited Speaker, Park Ridge Hospital, Rochester, New York, "Strategies for Women's Health in the 21st Century", March 14, 1995.
19. Invited Speaker, St. Vincent's Medical Center, Bridgeport, Connecticut. "Medical Management of Reproductive Disorders", October 27, 1995.
20. Invited Speaker, Hospital of St. Raphael, New Haven, Connecticut. "Osteoporosis", February 21, 1996.
21. Invited Speaker, Norwalk Hospital, Norwalk, Connecticut. "Osteoporosis", November 6, 1996.
22. Invited Speaker, University Hospital, SUNY Health Center, Stony Brook, State University of New York at Stony Brook, "Gender Disparities In Medicine", May 27, 1997.
23. Invited Speaker, United States Naval Hospital, Groton, Connecticut, "Beyond Menopause", June 11, 1997.
24. Invited Speaker, Hospital of St. Raphael, New Haven, Connecticut, "Cardiac Disease and Hormone Replacement Therapy", October 8, 1997.

25. Invited Speaker, Hospital of St. Raphael, New Haven, Connecticut, “Dynamic Strategies in Women’s Health”, April 1, 1998.
26. Invited speaker, Institute for Continuing Healthcare Education, Salt Lake City, Utah, “Optimizing Health in Post Menopausal Women: Incorporating the Patients Perspective”, May 24, 1998.
27. Invited speaker, University Hospital, SUNY Health Center, Stony Brook, State University of New York at Stony Brook, “Gender Disparities in Medicine”, June 2, 1998.
28. Invited speaker, University Hospital, SUNY Health Center, Medical Student Lecture, Stony Brook, State University of New York at Stony Brook, “Gender Disparities in Medicine”, June 11, 1999.
29. Invited Speaker and Panelist, The Permanente Medical Group. Inc., Kaiser Permanente-Northern California, Medicine in the Nineties Videoconference, “Women’s Health”, Oakland, California, April 9, 1998.
30. Organized Lecture & Seminars for Yale Medical School, 1st-year class Integrative Medicine: Complementary & Alternative Medicine.
“The Realities of Practicing Medicine in the 21st Century.” March 2004.
31. Seminar workshops, Integrative Medicine Course for 4th year Yale University School of Medicine February/March 2002 – 2008.
32. CAM Lecture & Case Reports for Yale University School of Medicine, yearly, 1st-year class, March 31st, 2005 – present.
33. CAM Lecture & Case Reports for Yale University School of Medicine, 1st-year class, December 11, 2008.
34. Featured Speaker – Strategies to Preserve Health; Women of the Channel Winter Workshop, New York, NY; December 3, 2013.
35. Invited Speaker – Hormonal & Metabolic Optimization in Men & Women: The Emergence of Precision Medicine, Hadassah Mt. Scopus Hospital, Jerusalem, Israel; March 24, 2014.
36. Invited Speaker: IDNY Panel Discussion: Genomics in the Clinic; November 13, 2017.

Community Lectures, Guest and Expert Talks, Interviews, and Podcasts:

1. Invited Guest, Fairfield Exchange T.V. Cable, “Precocious Puberty”, March 1988.
2. Invited Guest, Fairfield Exchange T.V. Cable, “Endometriosis”, June 1990.
3. Invited Speaker, Bridgeport Jewish Community Center, Bridgeport, Connecticut,

"Menopausal Issues," November 7, 1991.

4. Invited Speaker, First Congregational Church of Guilford, Guilford, Connecticut, "Menopausal Issues," February 18, 1992.
5. Invited Speaker, International Women's Day, Women's Coalition, Westport, Connecticut, "Status of Women's Health Issues in America," March 7, 1993.
6. Invited Speaker, Women's Health Forum, New York, New York, Symposium "Menopause," and Workshop on "Weight, Nutrition and Exercise at the Midlife," March 13, 1993.
7. Invited Guest, Fairfield Exchange T.V. Cable, "Lack of Research in Women's Health," March 15, 1993.
8. Invited Speaker, Women and Family Life Center, Guilford, Connecticut, "Menopause, Power Surges and Related Phenomena at the Midlife," April 20, 1993.
9. Invited Guest Expert, Sally Jessy Raphael television show, New York, New York, "Precocious Puberty: When Puberty Comes Too Soon," May 5, 1993.
10. Invited Speaker, Financial Women of America, "Strategies for Women's Health in the 21st Century," January 25, 1994.
11. Invited Guest, Sally Jessy Raphael television show, New York, New York, "Women's Health Crisis: Empowering Women with Knowledge about Medicine and Research," March 1994.
12. Invited Speaker, Y's Women, Westport, CT. "New Concepts on Total Health Care for Women, A How-To on Preventing Fragmented Medical Attention," March 14, 1994.
13. Invited Speaker, Young President's Organization. "Strategies for Women's Health in the 21st Century," April 21, 1994.
14. Invited Speaker, Yale University School of Medicine, Alumni Reunion Weekend, "What Every Woman Should Know About Hormones," June 4, 1994.
15. Invited Speaker, Burlington Marriott, Burlington, Massachusetts. "Safety Issues of GnRH Analogues," June 8, 1994.
16. Invited Speaker, St. Mark's Church, New Canaan, Connecticut, Seven Sister Schools Alumnae Seminar, "Women's Health: What We Need - What We Get!" October 19, 1994.
17. Invited Speaker, The Sisterhood of the Washington Hebrew Congregation, Washington, D.C., "Your Health Strategies for the 21st Century," February 6, 1995.
18. Yale New Haven Hospital Auxiliary and Women's Health Initiative at Yale, New Haven, Connecticut, "Prescription for Prevention; Health Strategies for Women", March 9, 1995.

19. Invited Speaker, Metropolitan President's Organization, New York, New York, "Women's Health Today: A New Approach," June 14, 1995.
20. Invited Speaker, Women in Management, Noelle Spa, Stamford, Connecticut. "Strategies for Women's Health in the 21st Century, January 11, 1996.
21. Faculty Development Course on Women's Health: Approach to Management of Menstrual Abnormalities. Yale University School of Medicine, Department of Medicine and the Women's Health Program at Yale. June 14, 1996.
22. Invited Speaker, Golden Door, Escondido, California. "Women's Health: Conventional and Complementary Approaches," July 26-28, 1996.
23. Invited Speaker, International Spa Luncheon, New York, New York. "From Enlightened Consumer to Empowered Patient: New Strategies in Women's Health," July 29, 1996.
24. Invited Speaker, Women in Focus: A Day of Women's Issues, New Haven, Connecticut, "Women's Health Issues," September 7, 1996.
25. Invited Speaker, Hadassah, Woodbridge, Connecticut, "Women's Health Issues," November 4, 1996.
26. Invited Speaker, Community Lecture Series on Women's Health, Education and Policy Council, Women's Health Program at Yale, "Women's Health Today: The Future is Now," March 4, 1997.
27. Invited Speaker, Westport, Connecticut, Fairfield Network of Executive Women, "Women's Health Today," May 7, 1997.
28. Invited Speaker, KVIE, PBS Television, Sacramento, California, Speaking of Women's Health, "Healthy Aging: A Woman's Choices," November 14, 1997.
29. Invited Speaker, WICC Radio, Bridgeport, Connecticut "Futuristic Medical Practices," June 5, 2000.
30. Invited Speaker, University Club, New York, NY; "Impact of Hormones and Metabolism on Aging in Men and Women: Your Health Portfolio," January 11, 2010.
31. Invited Guest: The Curtis Sliwa Show, Big Apple Radio, New York, NY, "Hormones and Metabolism in Men," January 19, 2010.
32. Invited Guest: Take Charge of Your Health - with Corinne Furnari, WABAI 99.5, April 9, 2010.
33. Invited Guest Expert: *CBS News*, Telomere Television Segment, New York, NY. October 12, 2010.
34. Invited Speaker, New York Professionals Network, Core Club, New York, NY, "The

Emergence of Age Management Medicine: Investing in Health,” February 17, 2011.

35. Invited Speaker, Crier Luncheon for TA Sciences, New York, NY, “Combat Aging from the Inside Out with Telomerase Activation,” June 2012. Invited Guest Expert *My 9* “The 10 O’clock News,” TA Sciences Segment, September 17, 2012. Television segment.
36. Invited Speaker, *Solution to Cellular Aging* Conference, New York, NY. “The Emergence of Precision Age Management,” October 4, 2012.
37. Invited Speaker, University Club, New York, NY. “Strategies for Healthy Aging,” January 12, 2013.
38. Invited Guest: Health & Wellbeing Report with Pat Farnack, WCBS Radio, September 26, 2013.
39. Selected Guest Expert: *Balance* the Documentary. Birds Nest Productions. In production 2013.
40. Invited Guest: Health & Wellbeing Report with Pat Farnack, WCBS Radio, September 26, 2013.
41. Invited Guest: It’s Your Health Radio with Lisa Davis, October 2, 2013.
<http://audio.itsyourhealthnetwork.com/media/women100113florencecomitemd20min10sec.mp3>
42. Invited Guest: News and Views Radio, October 25, 2013.
43. Invited Guest: DayBreak USA, November 6, 2013.
44. Invited Guest: KTLK, Los Angeles, November 7, 2013.
45. Invited Guest: The Wall Street Journal This Morning, November 14, 2013.
46. Invited Guest: Late Nights with Jim Bohannon, December 13, 2013.
<http://audio.itsyourhealthnetwork.com/media/women100113florencecomitemd20min10sec.mp3>
47. Invited Guest: America in the Morning with Jim Bohannon, December 16, 2013.
<http://www.jimbohannonshow.com/pg/jsp/jimbo/audioarchive.jsp?pid=39275>
48. Interviewed Expert: *First for Women* Magazine, December 16, 2013.
49. Interviewed Expert: *U-T San Diego* Newspaper, December 27, 2013.
50. Interviewed Expert: *Glamour.com*, January 2, 2014.

51. Interviewed Expert: *Shape.com*, January 3, 2014.
52. Interviewed Expert: *Family Circle Magazine*, January 3, 2014. Print Publication in March 2014. Online Publication: <http://www.familycircle.com/health/emotional/self-improvement/family-circle-survey-mom-confessions/>
53. Interviewed Expert: *TotalBeauty.com*, January 8, 2014.
<http://www.totalbeauty.com/content/blog/workout-for-your-period-140116>
54. Interviewed Expert: *Max Sports & Fitness Magazine*, January 8, 2014.
55. Invited Guest: Health & Wellbeing Report with Pat Farnack, WCBS Radio, January 9, 2014.
56. Interviewed Expert: *Oxygen Magazine*, January 17, 2014.
57. Interviewed Expert: *Natural Health Magazine*, January 20, 2014. Print Publication in July 2014.
58. Interviewed Expert: *MarketWatch.com*, January 24, 2014.
<http://www.marketwatch.com/story/why-your-doctor-wants-to-be-your-hormone-guru-2014-01-30>
59. Interviewed Expert: *Fitness Magazine*, January 27, 2014.
60. Invited Guest: Men's Health Radio, January 28, 2014.
61. Invited Guest: Health & Wellbeing Report with Pat Farnack, WCBS Radio, January 30, 2014.
62. Interviewed Expert: *Rodale News*, January 30, 2014.
63. Invited Guest Expert: *CBS News*, Oil Pulling Segment, New York, NY. April 2, 2014.
<http://newyork.cbslocal.com/2014/04/02/seen-at-11-some-swear-by-oil-pulling-to-provide-health-beauty-boost/>
64. Interviewed Expert: *Prevention Magazine*. Print Publication in February 2014. Online publication: <http://www.prevention.com/health/health-concerns/are-testosterone-therapy-drugs-worth-it>
65. Interviewed Expert: *Health Monitor Magazine*, February 7, 2014.
66. Interviewed Expert: *Medshadow.org*, February 14, 2014.
<http://medshadow.org/features/low-t-separating-facts-from-frenzy/>
67. Interviewed Expert: *Medshadow.org*, February 14, 2014.
http://medshadow.org/medshadow_blog/low-t-story-hunting-

truth/

68. Invited Guest: Health & Wellbeing Report with Pat Farnack, WCBS Radio, February 27, 2014.
69. Interviewed Expert: *More Magazine*, February 28, 2014.
70. Interviewed Expert: *All You Magazine*, March 6, 2014.
71. Interviewed Expert: *Better Homes and Gardens Magazine*, March 26, 2014.
72. Interviewed Expert: *BeautyHigh.com*, April 23, 2014
<http://beautyhigh.com/dietary-supplements/>
73. Invited Guest: Health & Wellbeing Report with Pat Farnack, WCBS Radio, April 24, 2013.
74. Interviewed Expert: *Better Homes and Gardens Magazine*, May 13, 2014.
Metabolism, Hormones and Supplements in Diabetes.
75. Interviewed Expert: *About.com*, May 19, 2014. Gender Specific Hormones and Metabolism Throughout the Decades.
76. Interviewed Expert: *Men's Journal*, May 20, 2014. Libido in Men.
77. Interviewed Expert: *WebMD*, June 2, 2014. Reverse Middle-Age Weight Gain.
78. Interviewed Expert: *Cooking Light*, June 6, 2014. Metabolism and Weight Gain.
79. Invited Expert: CNBC Closing Bell, June 10, 2014. JetBlue Founder, David Neeleman and Precision Medicine.
80. Invited Expert: Good Morning America, June 23, 2014. Testosterone.
81. Interviewed Expert: *Natural Health Magazine*, July 1, 2014. Strike a Pose.
82. Invited Expert: NBC News 4 New York, June 23, 2014. Sedentary Activities.
83. Interviewed Expert. *About.com*. August 1, 2014 Ways to Lose Weight in Your 50's and 60's.
84. Interviewed Expert: *SheKnows.com*. August 19, 2014. Stress.
85. Interviewed Expert: *Real Simple*, September 4, 2014. Changes in Women as They Age.
86. Interviewed Expert: *The Atlantic*, September 15, 2014. When You Can't Afford Sleep.
87. Invited Expert: Fox News, Your World with Neil Cavuto. September 30, 2014. Enterovirus and Ebola.
88. Interviewed Expert: *WhatToExpect.com*, September 30, 2014. Diabetes and Pregnancy.

89. Interviewed Expert: *Medical Economics*, October 10, 2014. Challenges that Doctors Face Maintaining an Independent Practice.
90. Interviewed Expert: *Chicago Tribune*, October 15, 2014. Diabetes and Sleep.
91. Interviewed Expert: *Women's Health Magazine*, October 22, 2014. Signs You Should Call Out Sick.
92. Interviewed Expert: CBS 2 New York, November 6, 2014. Active Sitting.
93. Interviewed Expert: A Healthy You & Carol Alt. November 22, 2014. Sedentary Behavior and Active Sitting.
94. Interviewed Expert: *Medical Economics*, December 4, 2014. Top 5 Financial Challenges Facing Physicians in 2015.
95. Interviewed Expert: Dr. Oz. Papillary Thyroid Cancer. December 2014.
96. Interviewed Expert: *Prevention Magazine*, December 2014. We Paid A Writer To Find Out How She's Going To Die. And She Feels Pretty Good About It.
97. Interviewed Expert: *Yahoo! Health*, December 17, 2014. Science-Backed Ways to Stay Young Forever.
98. Monthly Radio Interview Series: Pat Farnack, *Health and Wellbeing*, CBS
The Patient of the Future, September, 2014
Aspirin and Cancer, November, 2014.
Active Sitting, December, 2014.
Chocolate and Memory, December, 2014.
The Human Microbiome, February, 2015.
Genetic Testing, December, 2015.
Smart Drugs and Cancer 'Moonshot,' January, 2016.
Genetic Testing, February, 2016
Meditation, March, 2015
Qigong, April, 2016
Precision Medicine: Making Genomics Actionable, June, 2016
Telomere Biology, July, 2016
Presidential Health, September, 2016
Hydration Therapy, October, 2016
Holiday Weight Gain, December, 2016
Personalize Your Workout, January, 2017
Lab Variability, April, 2017

'Good for You' Chocolate, May, 2017
Primer on Peptides, July, 2017
Intermittent Fasting, September, 2017
Detecting Stage 0 Cancer, November 2017
Sleep Trackers, January 2018
Concierge Medicine, February 2018
Seasonal Change, March 2018
Testosterone Therapy, April 2018
All Of Us, June 2018
CBD Oil, July 2018
Quantified Self, Jan 2019
Health Myths, Feb 2019
Human Tech, March 2019
Heart Disease, May 2019
EmSculpt, June 2019
Personalized Genomics, August 2019
Anti-Aging, September 2019
Talking about COVID-19, April 2020
COVID-19 - A 'Spectrum' Disease, July 2020
A Race for the Vaccine, September 2020
Optimizing One's Health - Groq, March 2022
Sex and Food, November 2022

99. Interview: *Genetic Engineering and Biotechnology News*, December 11, 2014. Genomic Medicine: Balancing Cost and Value.
100. Interview: RadioMD, January 3, 2015. Gut microbiome.
101. Interview: *Yahoo! Health*, January 6, 2015. The Top Health Buzzwords of 2015.
102. Author: *CNBC.com*, January 27, 2015. Precision Medicine Takes Genetic Mapping to the Next Level.
103. Featured Expert: *Becker's Hospital Review*. February 2, 2015. The Promise of Precision Medicine.
104. Author: *New York Times Letter to the Editor*, February 8, 2015. Moonshot Medicine? Not So Fast.
105. Interview: *Healthcare Info Security*, February 18, 2015. Precision Medicine Privacy

Issues.

106. Invited Guest: *The Staying Young Show Radio*, March 13, 2015. Personalized Medicine and Genetics.
107. Interviewed Expert: *Prevention.com*, March 31, 2015. 7 Ways to Lose Weight When the Odds are Seriously Stacked Against You.
108. Featured Expert: *Business News Daily*, April 1, 2015. Bright Ideas: 6 Bold Startups Reinventing Their Industries.
109. Interviewed Expert & Contributor: *Buzzfeed*, 2015. Body Fat, Weight Lifting, Metabolism & Hair Growth.
110. Comite, Florence: *CNBC.com*. "Precision Medicine Takes Genetic Mapping to the Next Level." January 27, 2015.
111. Comite, Florence: *New York Times Letter to the Editor*. "Moonshot Medicine? Not So Fast." February 8, 2015.
112. Comite, Florence. *CNBC.com*, "Mark Cuban is Half Right on Blood Tests." April 6, 2015.
113. Comite, Florence. MarketWatch, "Opinion: The Apple Watch and its rivals are big with doctors." May 8, 2015.
114. Comite, Florence. VentureBeat, "Some Doctors DO Want Your Fitbit Data." September 3, 2015.
115. Comite, Florence. *CNBC.com*, "Market Volatility is Bad for Your Health." September 9, 2015.
116. Comite, Florence. VentureBeat, "Precision Medicine Ideas for VCs and Angel Investors." September 3, 2015.
117. Comite, Florence. VC Journal, "What Theranos and 23andMe Teach Us." January 7, 2016.
118. Comite, Florence. Huff Post, "7 Mind-Blowing Digital Health Tools That Could Disrupt Health Care in 2016." January 12, 2016.
119. Author: Huffington Post, Feb. 14, 2016. 6 Simple Health Tips for Buying Chocolate.
120. Author: Huffington Post, Feb. 23, 2016. What Rob Kardashian Should Know About Diabetes.
121. Interviewed Expert, National Educators' Associations, Feb. 2016. 7 Steps to Keep Cortisol in Check.
122. Interviewed Expert, BuzzFeed, Jun. 8, 2016. Here's How to Eat Lots of Fat and Actually

Still be Healthy.

123. Interviewed Expert, *Men's Health*, Jun. 22, 2016. Can HGH Really Help You Grow Muscle, Burn Fat, and Delay Aging?
124. Author: Business Insider, Jul. 28, 2016. Doctors Weigh in on Theranos: 'I want Elizabeth Holmes to have every benefit of the doubt.'
125. Author: Entrepreneur, Oct. 11, 2016. How to Use Healthcare to Out-Recruit Rivals.
126. Author: VentureBeat, Oct. 15, 2016. Beyond Theranos: Next options for a better blood draw.
127. Interviewed Expert: Best Life, May 17, 2017. Topic: Metabolism.
128. Author: CNBC.com, Mar. 1, 2016. Is Obamacare a main roadblock to cancer 'moonshot'?
129. Author: TechCrunch, May 11, 2016. Treating the Healthcare Issue with Tech.
130. Author: Entrepreneur, Sept. 7, 2016. Patient, Quantify Thyself.
131. Interview, Managed Healthcare Executive, Oct. 22, 2016. Obama's precision medicine initiative: an update.
132. Author: *Marketwatch*, May 8, 2015. The Apple Watch and its Rivals Are Big with Doctors.
133. Interview, Workforce Magazine, June 21, 2015. Prescribing Precision Medicine for Your Wellness Plan.
134. Invited Guest, Health Media Roundtable, July 27, 2017, Precision Medicine.
135. Interview: Future Health Index, October 18, 2017. Do Doctors Want Your Wearable Data?
136. Interview: Age Management Medicine Group, January 2018. Innovative Wearables for Clinical Medicine.
137. Interviewed Guest: A4M Redefining Medicine Podcast. Jan 8, 2019.
138. Interview: Eat This Not That Magazine. "Is the Ketogenic Diet Safe for Everyone?" June 2019.
139. Interview: Capsule Blog. "Dear Doctor: Florence Comite" Oct. 3, 2019.
140. Interview: The Laymen Podcast "Medicine: Doctor Florence Comite." Oct. 27. 2019.
141. Interview: The Practice Podcast, Sara Gottfried "Can We Predict, Detect, and Mitigate Disease Through Epigenic Approaches?" November 6, 2019.

142. Interview: PIX 11 News: “Key to Losing Weight Could be Balancing Hormones, this doctor says”. February 10, 2022.
143. Interview: NY1 News: “How the COVID-19 Pandemic Magnified Our Diabetes Problem.” April 14, 2022.
144. Interview: Practically Healthy by Dr. Melina Podcast, “Transform Your Health Through Precision Medicine: Dr. Florence Comite.” August 17, 2022.
145. Interview Expert, Eat This, Not That: “7 Toxic Fad Diets That Could Shorten Your Life, Say Experts.” January 28, 2023
146. Interview Expert, DailyMail.com : “EXCLUSIVE: The Wegovy side effect they DON’T want you to know about: Doctors say patients lose more MUSCLE than fat while taking drug.” February 6, 2023
147. Interview Expert, Giddy: “Birth Control Can Be Helpful, But Are There Any Long-Term Effects?” February 14, 2023
148. Interview Expert, EatingWell, Yahoo!Life,: “Does Drinking Alcohol Affect Your Risk for Heart Disease?” February 25, 2023
149. Interview: KUSI News Television, Evening News: “What to know about Ozempic weight loss drug” February 26, 2023
150. Interview, ABC 7 News: “Doctor urges that cardiovascular health be a year-round priority as American Heart Month ends.” March 1, 2023
151. Interview, FOX5 NEW YORK Good Day New York, March 10, 2023
152. Interview Expert, DailyMail.com: “Are fat-loss shots a ticking timebomb? Doctors warn Ozempic and Wegovy are shrinking patient’s muscle at an alarming rate – raising risk of health woes down the line.” March 14, 2023
153. Interview Expert, MSN: “Doctors warn Ozempic & Wegovy are shrinking patients’ muscles.” March 14, 2023
154. Interview Expert, theCHECKUP: “Do you need to monitor glucose if you don’t have diabetes?” March 21, 2023
155. Interview Expert, healthline: “Losing Any Amount of Weight is Good for Your Heart – Even if You Gain Some Back” March 28, 2023

156. Interview Expert, Diabetes Daily: “Ozempic and Muscle Loss – Do You Need to Worry?” March 29, 2023
157. Interview Expert, The Healthy, MSN: “7 Simple Secrets to Increase your Metabolism, From Doctors.” March 29, 2023
158. Interview Expert, Women’s Health: “Family Ties” March 20, 2023
159. **Podcast Host:** Healthy Longevity with **Florence Comite MD** - A science-based podcast that explores practical solutions to fine-tune your health, systematically reverse your aging process, and stop disorders of aging like diabetes, dementia, heart disease, and obesity.
Launched: August 30, 2024 – ongoing.

ACADEMIC APPOINTMENTS

1981 - 1984	Senior Clinical Associate, Developmental Endocrinology Branch (DEB), National Institute of Child Health and Human Development (NICHD), National Institutes of Health (NIH), Bethesda, Maryland.
1982 - 1985	Consultant, Assistant Clinical Professor of Pediatrics, Section of Pediatric Endocrinology, Yale University School of Medicine, New Haven, Connecticut.
1985 - 1992	Assistant Professor of Medicine, Yale University School of Medicine, New Haven, Connecticut.
1985 - 1992	Assistant Professor of Pediatrics, Yale University School of Medicine, New Haven, Connecticut.
1985 - 2010	Attending Physician, Yale-New Haven Hospital
1986 - 1992	Assistant Professor of Obstetrics & Gynecology, Yale University School of Medicine, New Haven, Connecticut
1992 - 1998	Associate Professor of Medicine, Pediatrics, and Obstetrics & Gynecology, Yale University School of Medicine, New Haven, Connecticut
1994 - 1995	Senior Clinical and Research Advisor, Office of Alternative Medicine (OAM) and the Office of Research in Women's Health (ORWH), National Institutes of Health (NIH)
1998 - 2009	Associate Clinical Professor, Yale University School of Medicine, New Haven, Connecticut.
2005 - Present	Attending Physician, Lenox Hill Hospital, Northwell Hospital, New York, NY

ADMINISTRATIVE APPOINTMENTS

1985 - 2005	Thesis Advisor, Yale University School of Medicine
1992	Founder, Women's Health Initiative, Yale University School of Medicine and Yale- New Haven Hospital, New Haven, Connecticut
1992 - 1994	Director, Yale Endometriosis Center, Yale University School of Medicine, New Haven, Connecticut
1992 - 1995	Director, Women's Health at Yale, Yale University School of Medicine and Yale- New Haven Hospital, New Haven, Connecticut
1992 - 1995	Executive Director of the Advisory Board to Women's Health at Yale, Yale University School of Medicine, Yale-New Haven Hospital
1994 - 2000	Yale University School of Medicine Representative to the United States Pharmacopoeia (USP-DA) Convention
1995 - 1998	Member, Advisory Board of the Women's Health Program at Yale
1996 - 1998	Director, Yale Patient Education Research Center
2000 - 2010	Member, Yale Medical School Admissions Committee, Yale University School of Medicine
2003 - 2010	Member, Society of Clinical Preceptors, Yale University School of Medicine.
2007- 2010	Yale University School of Medicine Representative to The Consortium of Academic Health Centers for Integrative Medicine (CAHCIM), Group on Educational Affairs (GEA)

NON-YALE APPOINTMENTS

1981 - 1991	Consultant, Workshop on LHRH and Analogs, National Institute of Child Health and Human Development (NICHD), National Institutes of Health (NIH)
1983 - 1984	Consultant, Ad Hoc Study Section (Oral Contraceptives), National Institute of Child Health and Human Development (NICHD), National Institutes of Health (NIH)
1988	Member, Organizing Committee and Chairman, Safety Workshop, International Symposium on GnRH Analogues in Cancer and Human Reproduction, Geneva, Switzerland
1991 – 1993	Consultant, Roberts Pharmaceutical Medical Advisory Board, Roberts Pharmaceutical Corporation
1991	Member, Reproductive Biology Working Group for NIH; Conference on Research Opportunities in Women's Health, Hunt Valley, Maryland, September 4-6

1993	Member, Medical Editorial Advisory Board, The Woman's Guide to Health for Life, International Masters Publishers (IMP), Stamford, Connecticut, Headquartered in Sweden
1994 - 1996	Deputy Medical Director, Time Life Medical/Patient Education Media; Co-Chair (with C. Everett Koop, MD), Medical Board; Chair, Policy Committees: Research, Generalists, Education Time Life Medical/Patient Education Media, Inc.
1990 – 2000	Consultant, Expert Advisory Panel on Obstetrics and Gynecology & for the United States Pharmacopeial Convention
2000 – 2005	Consultant, Expert Advisory Panel on Obstetrics and Gynecology
1995 - 1996	Member, Steering Committee for Health Information Infrastructure; The Koop Foundation for the Department of Commerce
2000	Attendee as Yale University Representative United State Pharmacopeial (USPDA)
1996 - 2000	Patient Education Expert, National Institutes of Health, Office of Behavioral and Social Science Research, Working Task Group, "The Integration of Behavioral and Biomedical Sciences in Clinical Care".
1997- 2000	Advisor to H. E. Minister of Health & Population, Professor Ismail Sallam, MD, Cairo, Egypt. Consultation to establish Women's Health Center at Nasser Institute Hospital (Model based on Women's Health at Yale), Cairo, Egypt with Professor Ahmed Rashed, MD
	Implementing the Women's Health Project throughout Egypt, directed by Professor Wagida Anwar, MD, Advisor to the Minister for Scientific Research, Director of Foreign Relation Department Ministry of Health & Population, Cairo, Egypt
1997 - 2006	Director, Board of Directors, Conceptus(CPTS)
2000 - 2006	ISPA Medical Advisory Board
2003 - 2005	Committee Member; Institute of Medicine (IOM) Committee of the National Academies of Science: The Use of Complementary and Alternative Medicine by the American Public
2011 - 2018	Age Management Medicine Group; Member, Conference Planning Committee

HONORS AND AWARDS

1972	Sigma XI (3rd year, college)
1972	Salk Research Award (3rd year, college)
1976	Award for outstanding paper at the Eastern Section of the American Federation for Clinical Research (4th year, Medical School): <u>In Utero Treatment of Fetal Goiter with a Non-Halogenated Thyroxin Analog.</u>
1976	Louis G. Welt Prize for outstanding medical school thesis: <u>In Utero Treatment of Fetal Goiter with a Non-Halogenated Thyroxin Analog.</u>
1981	Plenary presentation at the American Society for Clinical Investigation (ASCI) and American Federation for Clinical Research (AFCR): <u>Pituitary Desensitization with a Long-acting Luteinizing Hormone Releasing Hormone (LHRH) Analog: A Potential New Treatment for Idiopathic Precocious Puberty</u>
1981	Award for presentation at the First Joint Meeting of the Lawson Wilkins Pediatric Endocrine Society and the European Society for Pediatric Endocrinology: Mechanism of Precocious Puberty in the McCune-Albright Syndrome (MAS).
1989	Honorary appointment to the Florida Obstetric & Gynecologic Society
1993	Participation in the International Women's Day celebration, Women's Coalition of Fairfield County, Westport, Connecticut, with Lowell Weicker Jr., Governor, State of Connecticut
1996	Frank Netter Award of the Vesalius Trust for The Most Outstanding Contribution to Medical Education, awarded to the Time Life Medical <i>at Time of Diagnosis</i> series, Florence Comite, MD, Deputy Medical Director
1996	American Medical Association's International Health Medical Film Competition, The Outstanding Series Award to the Time Life Medical <i>at Time of Diagnosis</i> series, Florence Comite, MD, Deputy Medical Director
1996	International Health and Medical Film Competition Time Life Medical <i>at Time of Diagnosis</i> series, Florence Comite, MD, Deputy Medical Director
1996	Worldfest-Houston International Film and Video Awards, The Gold Award to the Time Life Medical <i>at Time of Diagnosis</i> series, Florence Comite, MD, Deputy Medical Director
1996	CINE Golden Eagle Award for the Time Life Medical <i>Menopause at Time of Diagnosis</i> video, Florence Comite, MD, Principal Editor
1998	Women in Management Recognition Award, to Florence Comite, MD, for her pioneering work and career-long commitment to advancing women's health, notably through her integrated and multi-disciplinary approach to delivery of healthcare. Deloitte & Touche

REVIEWER

- Journal of Clinical Endocrinology and Metabolism
- Fertility and Sterility
- Obstetrics and Gynecology
- Journal of Women's Health
- American Scientist
- Adolescent and Pediatric Gynecology
- Bone
- Pediatric Research

EDITORIAL EXPERIENCE

1993 - 1994 Member, Medical Editorial Advisory Board for "Women's Health Alerts", M.J. Powers and Co., Millburn, N.J.

1994 Editor, "Women's Health Today" Newsletter, Women's Health Initiative at Yale, Yale University School of Medicine, Yale New Haven Hospital

1994 -1996 Medical Co-Editor, Time Life Medical/Patient Education Media, Patient Education Materials:

Alcoholism, Alzheimer's Disease, Anorexia & Bulimia, Arthritis (Osteoarthritis), Asthma in Children, Back Pain (Lower Back), Breast Cancer, Breast Lumps, Cataracts, Colon & Rectal Cancer, Coronary Artery Disease, Depression, Diabetes, Endometriosis, Gallstones, High Blood Pressure, Infertility, Insomnia, Menopause, Migraine & Other Headaches, Osteoporosis, Overweight & Obesity, Pregnancy, Prostate Cancer, Prostate Disorders, Skin Cancer, Stress & Anxiety, Stroke, Thyroid Disorders, Ulcers (Gastrointestinal)

1995 Principal Editor: *Menopause at Time of Diagnosis*. Time Life Medical/Patient Education Media, Inc.

PROFESSIONAL SOCIETIES

- Society of Salk Scholars
- American Federation for Clinical Research
- Endocrine Society
- Lawson Wilkins Pediatric Endocrine Society
- American Fertility Society
- Society for Gynecologic Investigation

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- American Society for Bone and Mineral Research
 - Age Management Medicine Group (AMMG)
 - American Academy of Anti-Aging Medicine (A4M)