

## **TATTOO AFTERCARE INSTRUCTIONS**

**Day one:** Your new tattoo will be somewhat tender and will feel like a new sunburn. The care of your tattoo is your responsibility. How your care for your tattoo, while it's healing, will determine how it will look forever.

### **DO:**

Wash your hands thoroughly with soap and water  
Remove bandage carefully after a few hours once at home - in the shower if it seems to stick  
IF SANIDERM WAS APPLIED: please keep saniderm on tattoo for up to 7 days. If saniderm starts to peel exposing tattoo please remove immediately  
Wash tattoo with warm water and mild soap, gently lather with hand  
Rinse tattoo well with warm water until surface feels squeaky clean  
Pat tattoo dry with a clean, disposable paper towel  
Wait 24 hours after tattoo before applying any aftercare cream  
Blot excess cream away with a clean paper towel  
The tattoo should not be greasy - LESS IS MORE!

### **DO NOT:**

Do NOT rebandage tattoo, unless specified by me  
Do NOT use a washcloth, loofa, or sponge to wash the tattoo  
Do NOT dry with a towel - cloth can harbor bacteria  
Do NOT touch with dirty hands (yours or anyone else's!)  
Do NOT use excessive lotion or ointment, tattoo should not look soggy  
Do NOT use products with aloe, scent, alcohol, or cortisone  
Do NOT expose tattoo to natural or artificial sunlight for at least 4 weeks  
Do NOT soak in tub, pool, lake, ocean, etc.  
Do NOT pick or scratch your new tattoo. If it's itchy use a bit of lotion

**Days 2-14:** Healing tattoos will scab, peel, and flake, with bits of tattooed skin coming off in the process (this is normal).

Your new tattoo may not look as "crisp" for the first few weeks and will instead look "hazy". This is also completely normal and will clear up in 2-3 weeks.

Continue to wash and dry your tattoo twice a day, morning and night, as directed. Apply a small amount of lotion as needed 4-6 times per day, but remember LESS IS MORE and your new tattoo needs oxygen to heal.

**Too much aftercare cream will slow the healing process and may harbor bacteria which can lead to infection.**

If you have any questions feel free to call/ message me at 778-554-8703

### **Products we recommend:**

- **Soap:** Unscented dove or ivory soap
- **Aftercare:** Lubriderm fragrance-free lotion

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